

ADME Issues in Children: Pediatric Pharmacokinetics

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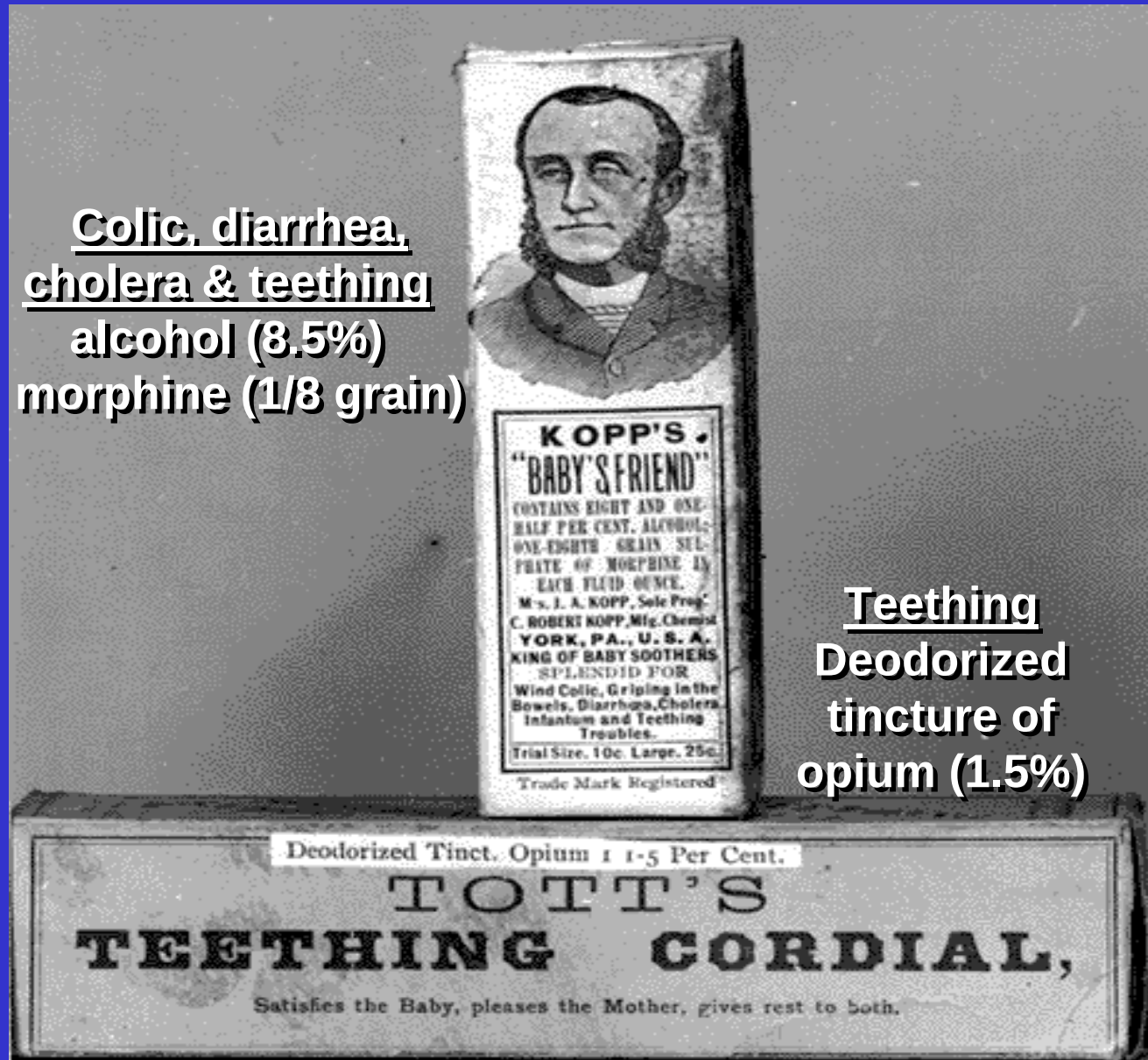
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Adjunct Professor of Pediatrics, Erasmus MC-Sophia Children's Hospital,
Rotterdam, the Netherlands



Historical Drug “Development” in Children

Colic, diarrhea,
cholera & teething
alcohol (8.5%)
morphine (1/8 grain)



Teething
Deodorized
tincture of
opium (1.5%)

Historical Drug “Development” in Children



Historical Drug “Development” in Children

**ECKMAN'S
ALTERATIVE**

(Contains Twelve Per Cent. of
Alcohol by Weight, or Fourteen
Per Cent. by Volume.
Used as a Solvent.)

**FOR
ALL THROAT and LUNG DISEASES
INCLUDING
BRONCHITIS, BRONCHIAL CATARRH, ASTHMA,
RAY FEVER, COUGHS AND COLDS, AND
CATARRH OF THE STOMACH AND BOWELS,
AND
TUBERCULOSIS
(CONSUMPTION)**

DIRECTIONS
For ADULTS.—Take a teaspoonful about one-
half hour before meals and when retiring. After
taking the contents of the first bottle the dose
may be increased to two teaspoonfuls. When
accustomed to it tablespoonful doses should be
taken.
CHILDREN.—Half dose.
If the taste of the ALTERATIVE is not
liked, it may be combined with milk or water,
or a mouthful of water may be taken immedi-
ately after.
Shake well before taking.

TWO DOLLARS A BOTTLE

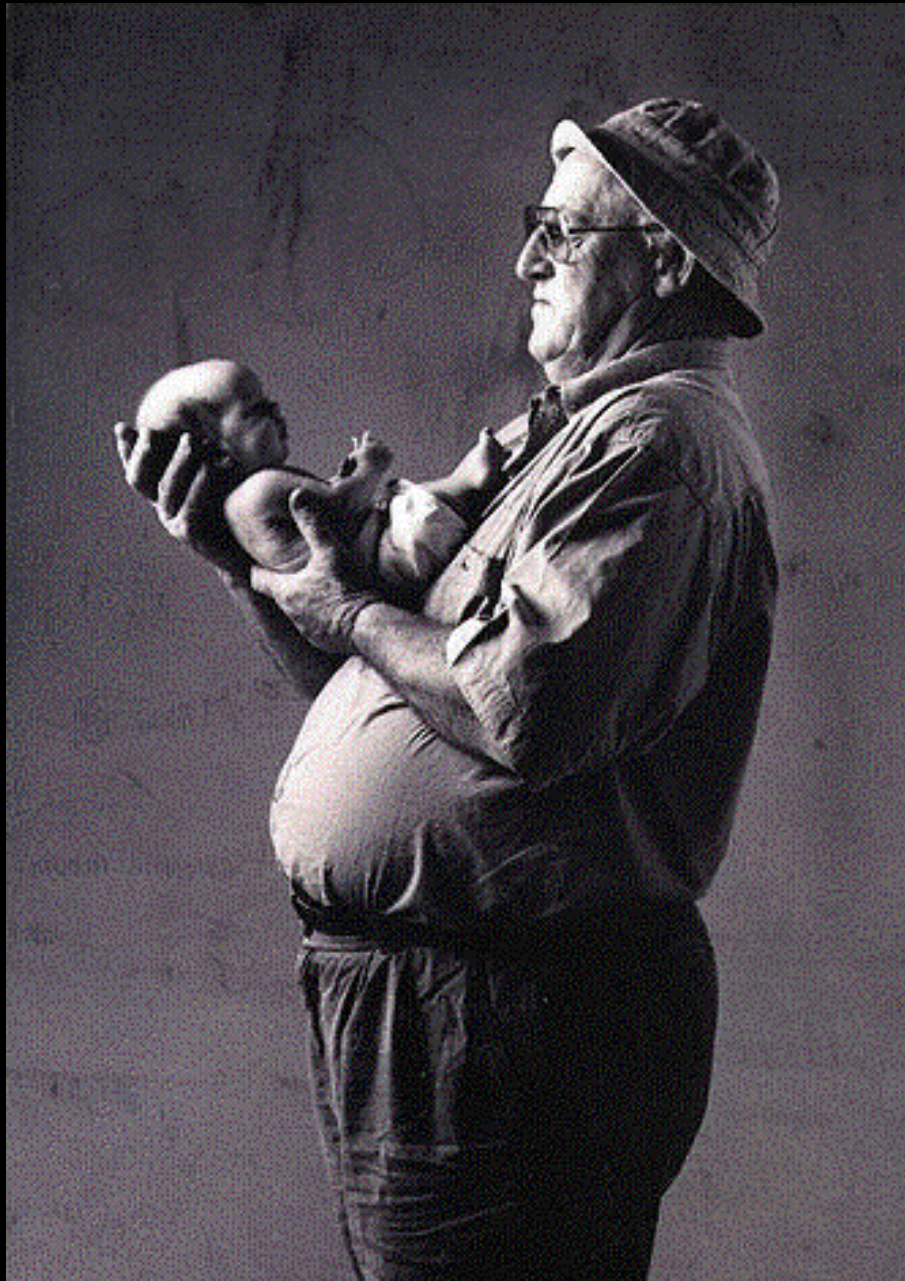
PREPARED ONLY BY
ECKMAN MFG CO.
LABORATORY
PHILADELPHIA, PENNA.
U. S. A.

Contains 12% of alcohol by weight
or 14% per volume.
Used as a solvent.

DIRECTIONS

For adults: Take a teaspoonful
about one-half hour before meals
and when retiring.

For children: Half dose.
If the taste is not liked, it may be
combined with milk or water or a
mouthful of water may be taken
immediately after.



Pediatrics does not deal with miniature men and women, with reduced doses and the same class of diseases in smaller bodies, but...it has its own independent range and horizon..."

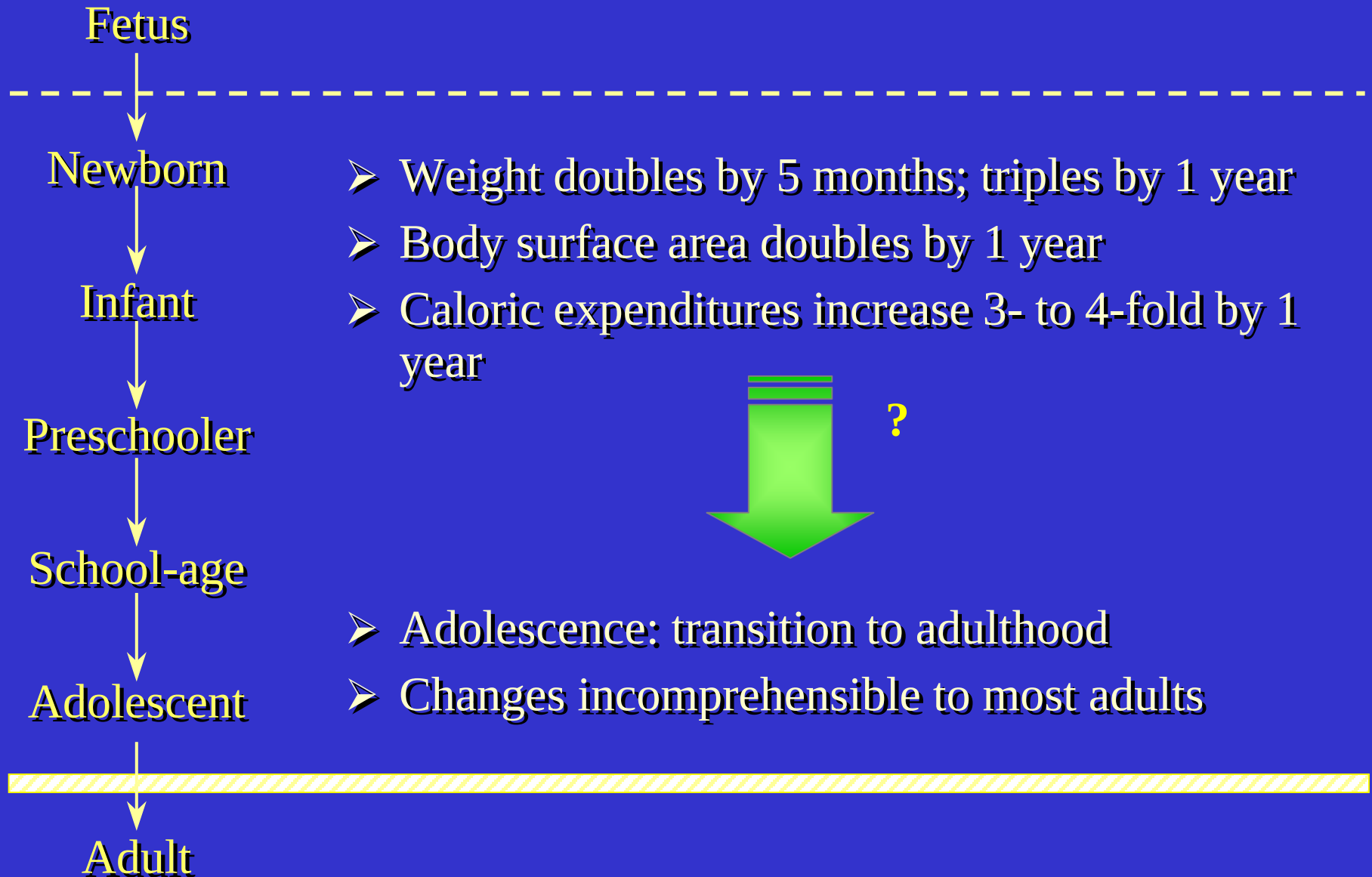
Dr. Abraham Jacobi, 1889

Inadequacy of traditional dosing schema

Comparison of total daily gabapentin (Neurontin®) maintenance doses calculated via “traditional” and current dosing guidelines for a 4-year-old, 17 kg child

	Young	Cowling	Clark	BSA	2003 Peds Dosing Handbook
Fraction of adult dose	25%	21%	25%	N/A	N/A
Total daily dose (mg)	225 – 450			391-783	680
Total daily dose (mg/kg)	13 - 26			23 - 46	40

The Developmental Continuum



The Developmental Continuum

Fetus



Newborn



Infant



Preschooler



School-age



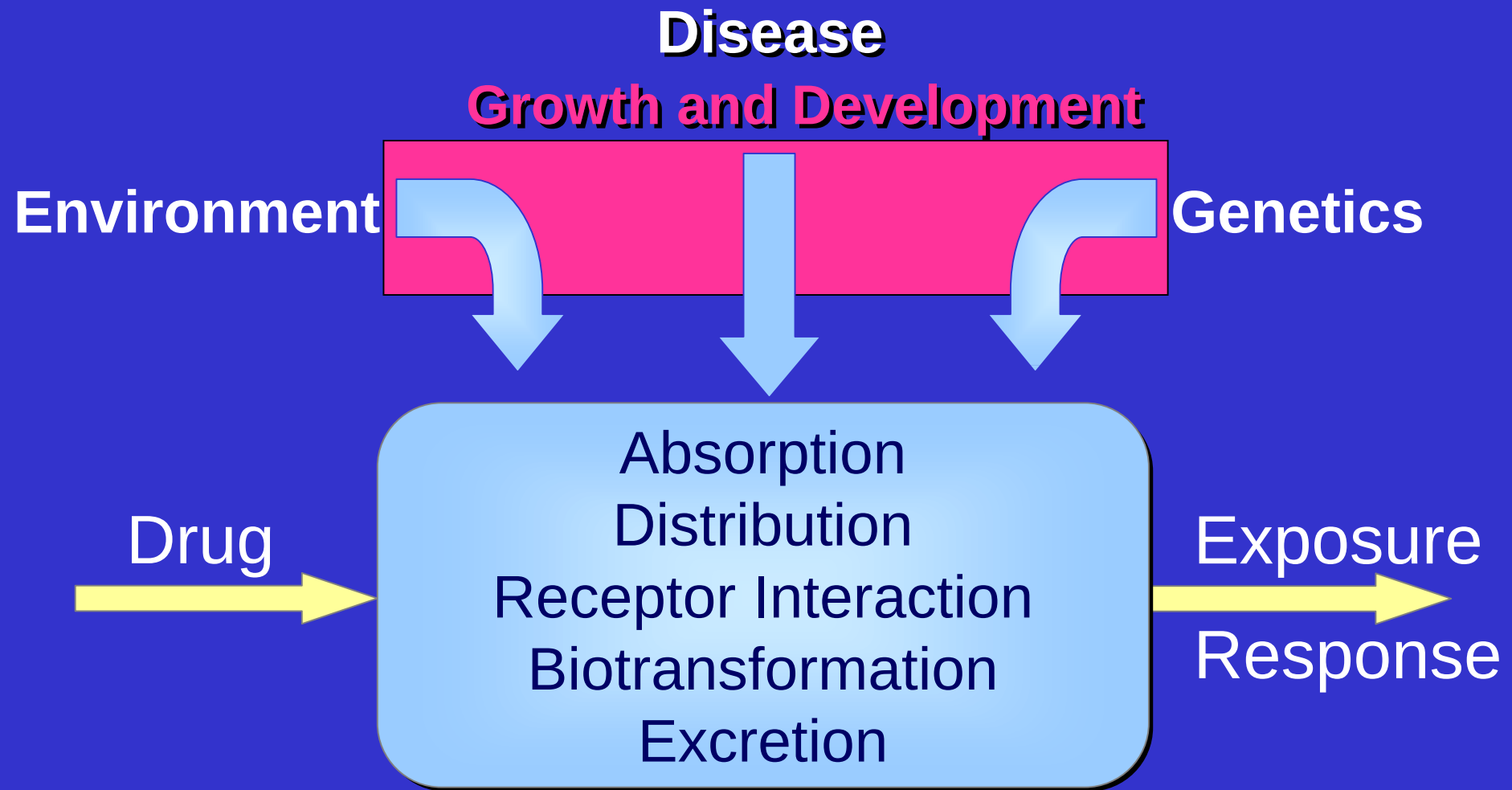
Adolescent



Adult



Determinants of Drug Response in Children



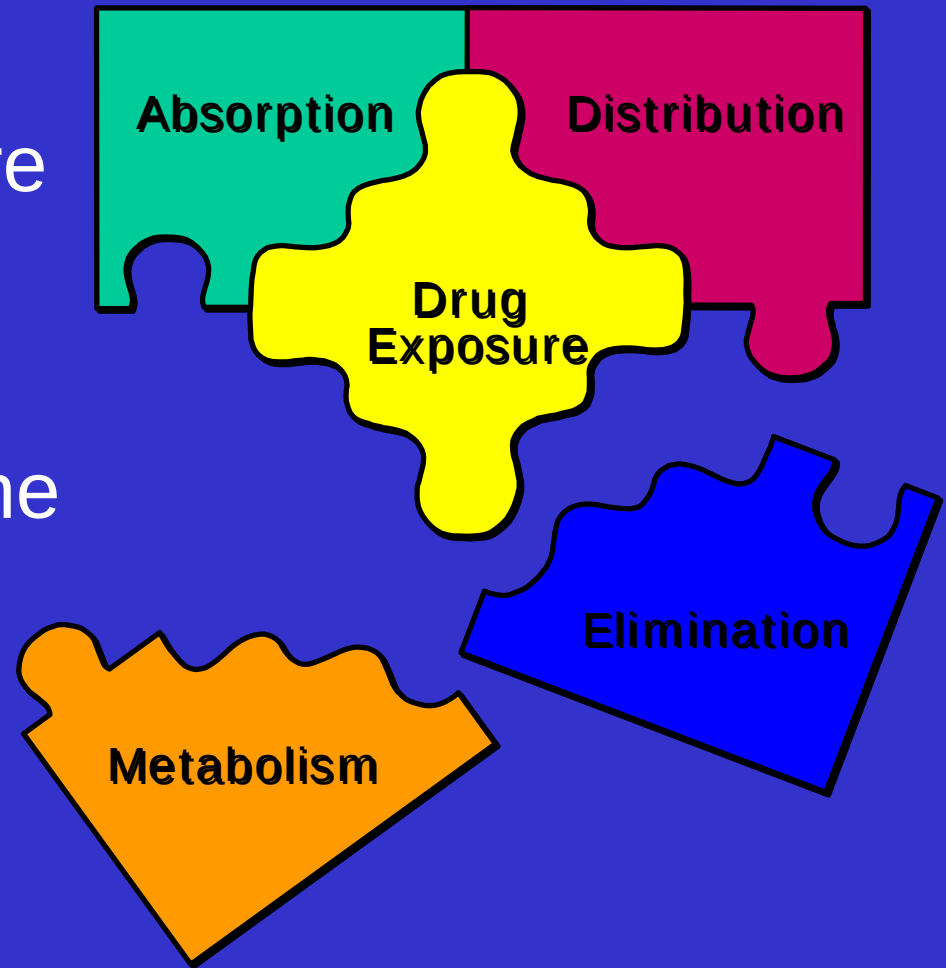






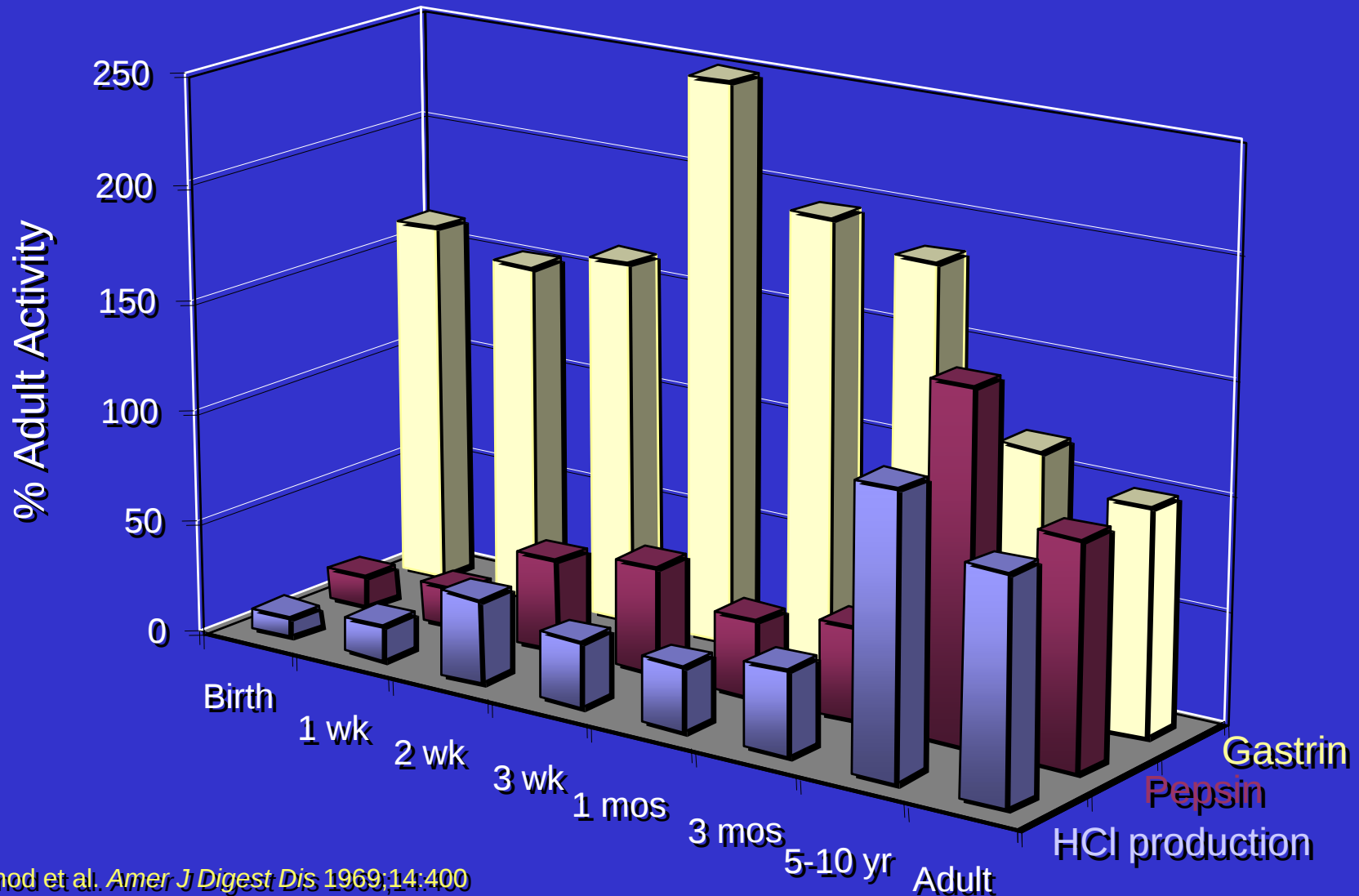
Critical Role of Pharmacokinetics in Pharmacotherapy.....

- The combination of ADME dictate exposure which dictates dose.
- Exposure along with the interaction with therapeutic targets (e.g., receptors) dictates response.



Drug Absorption

Developmental Changes in Gastric pH



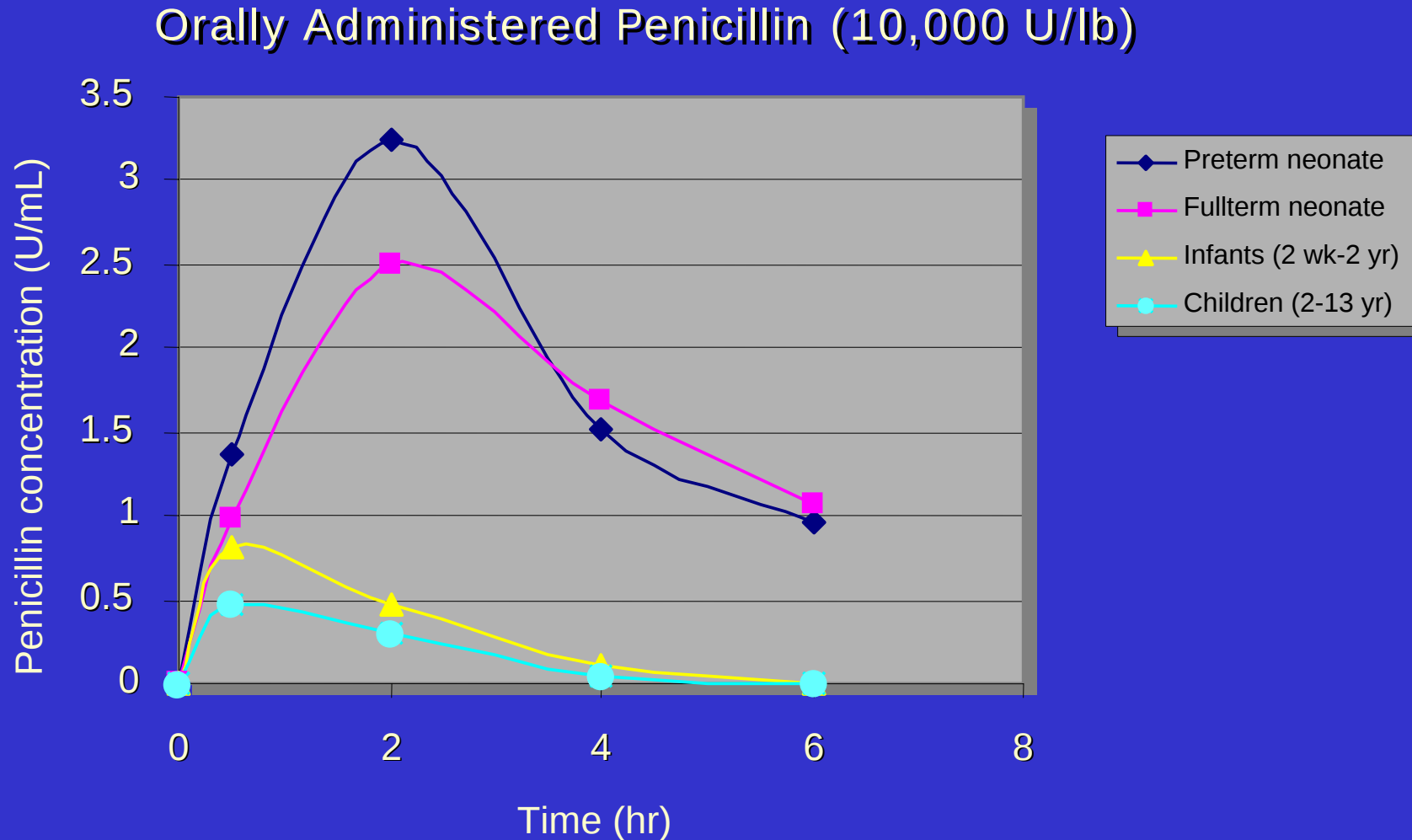
Agunod et al. *Amer J Digest Dis* 1969;14:400

Mozam et al. *J Pediatr* 1985;106:467

Rodgers et al. *J. Pediatr Surg* 1978;13:13

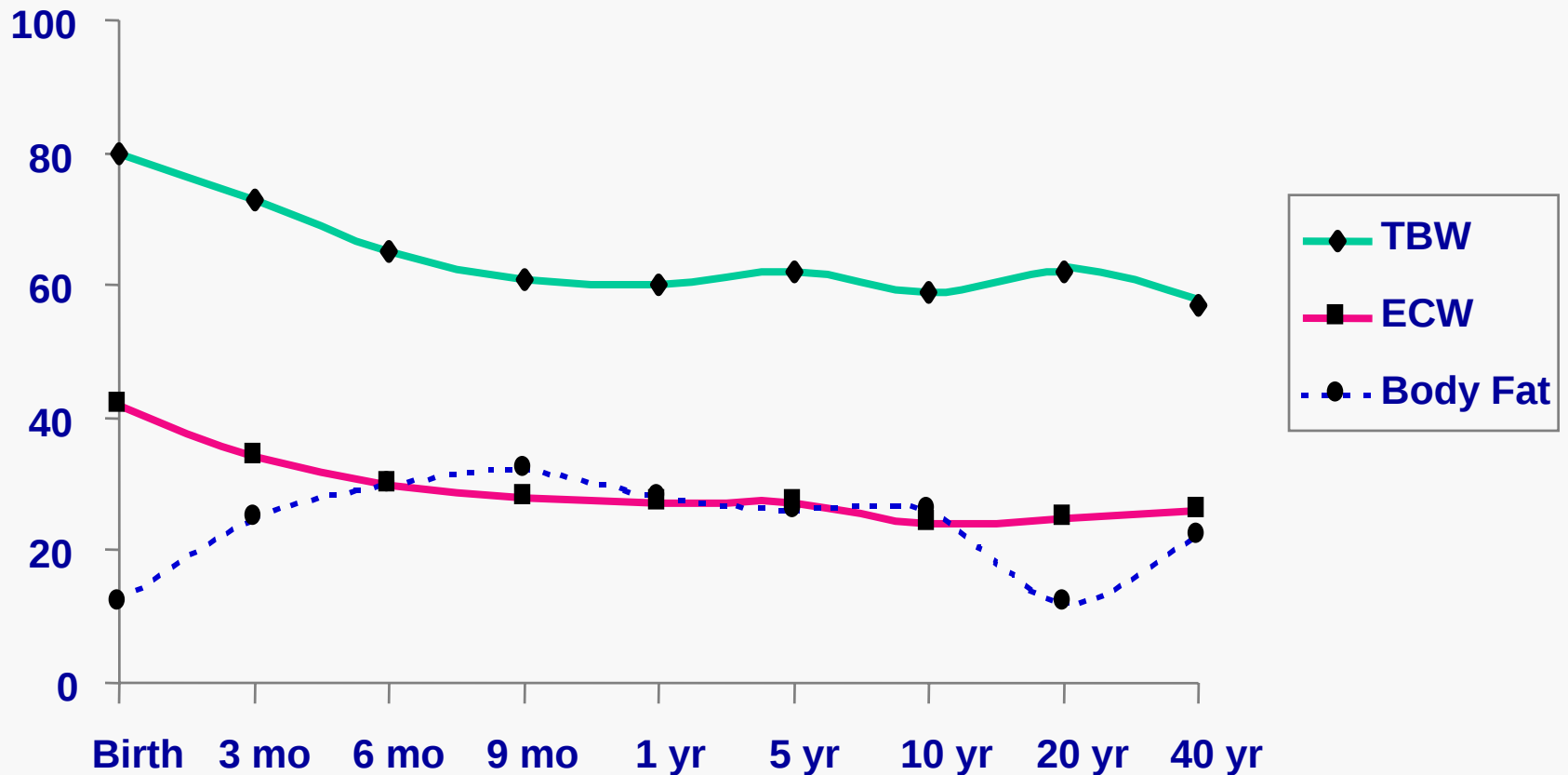
Developmental Alterations in Intestinal Drug Absorption

Influence of Higher Gastric pH



Drug distribution

Age-dependent changes in body composition

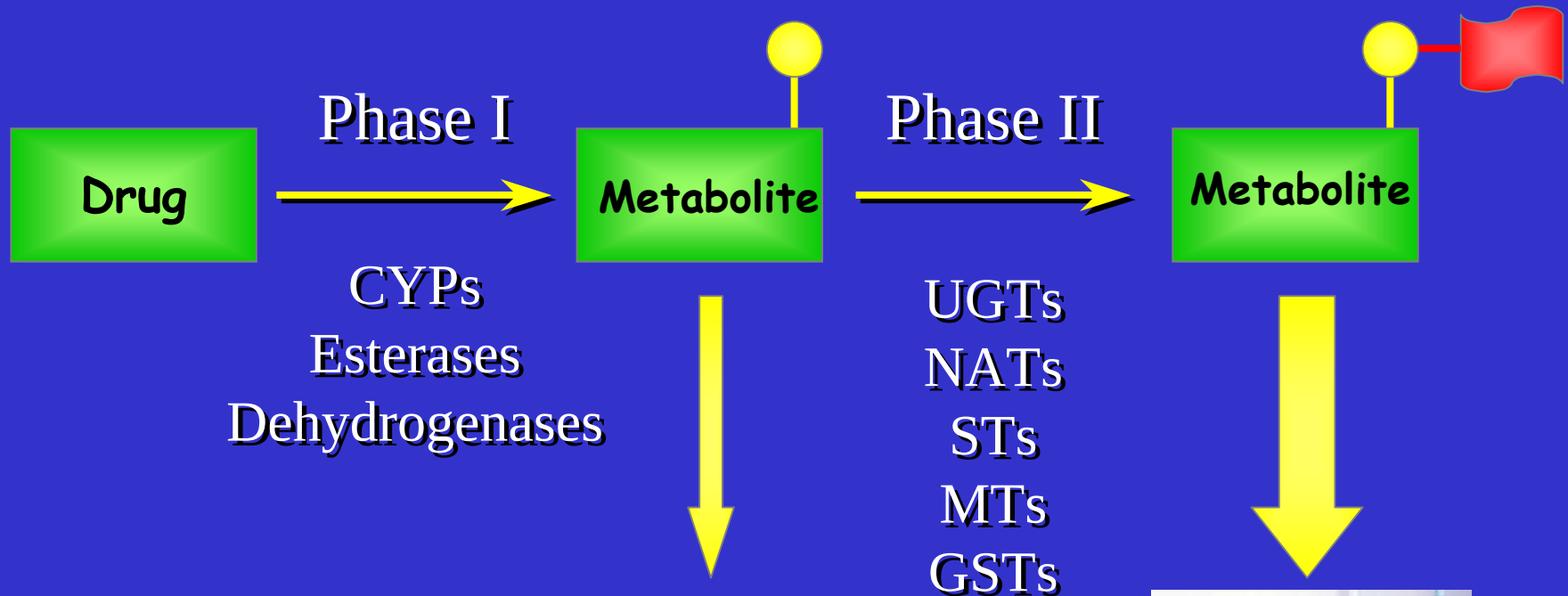


Impact of Age on Linezolid Pharmacokinetics

Parameter	Adult (n=57)	Child (n=44)	Infant (n=10)
Vdss (L/kg)	0.63 ± 0.13	0.71 ± 0.18	0.83 ± 0.18
Cl (L/hr/kg)	0.10 ± 0.03	0.30 ± 0.12	0.52 ± 0.15
t _{1/2} (hr)	4.6 ± 1.7	3.3 ± 0.9	2.0 ± 0.9
Cmax _{norm} (mg/L)	19.7 ± 4.9	17.0 ± 5.2	12.5 ± 3.5
C _{12 pred} (mg/L)	3.3 ± 2.1	0.41 ± 0.72	0.03 ± 0.05
T>MIC ₉₀ (%)	70-100%	35-70%	20-35%

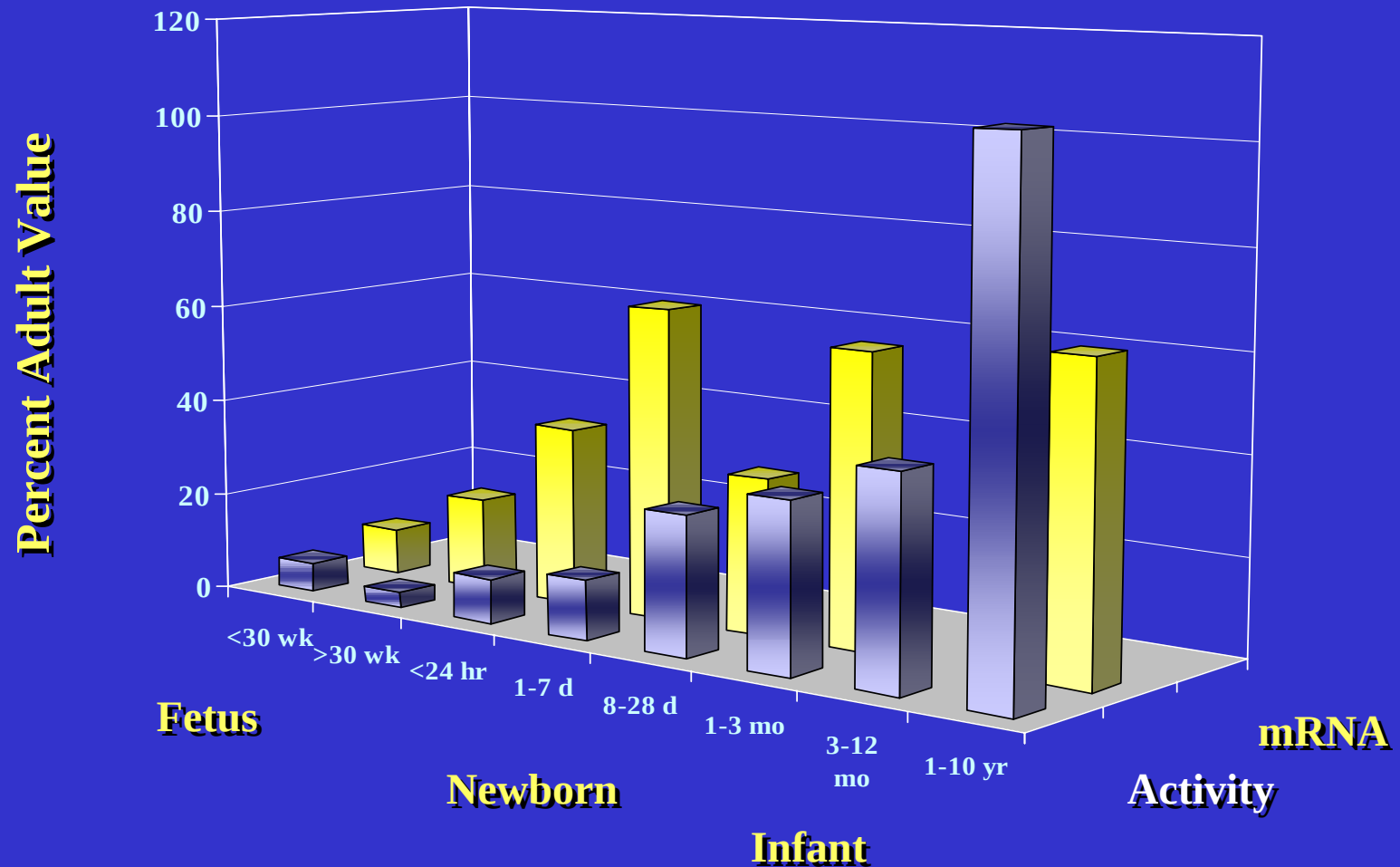
Kearns, Jungbluth, Abdel-Rahman, Hopkins, Welshman, Grzebyk, Bruss, van den Anker. Clin Pharmacol Ther 2003;74:413-22.

Drug Biotransformation



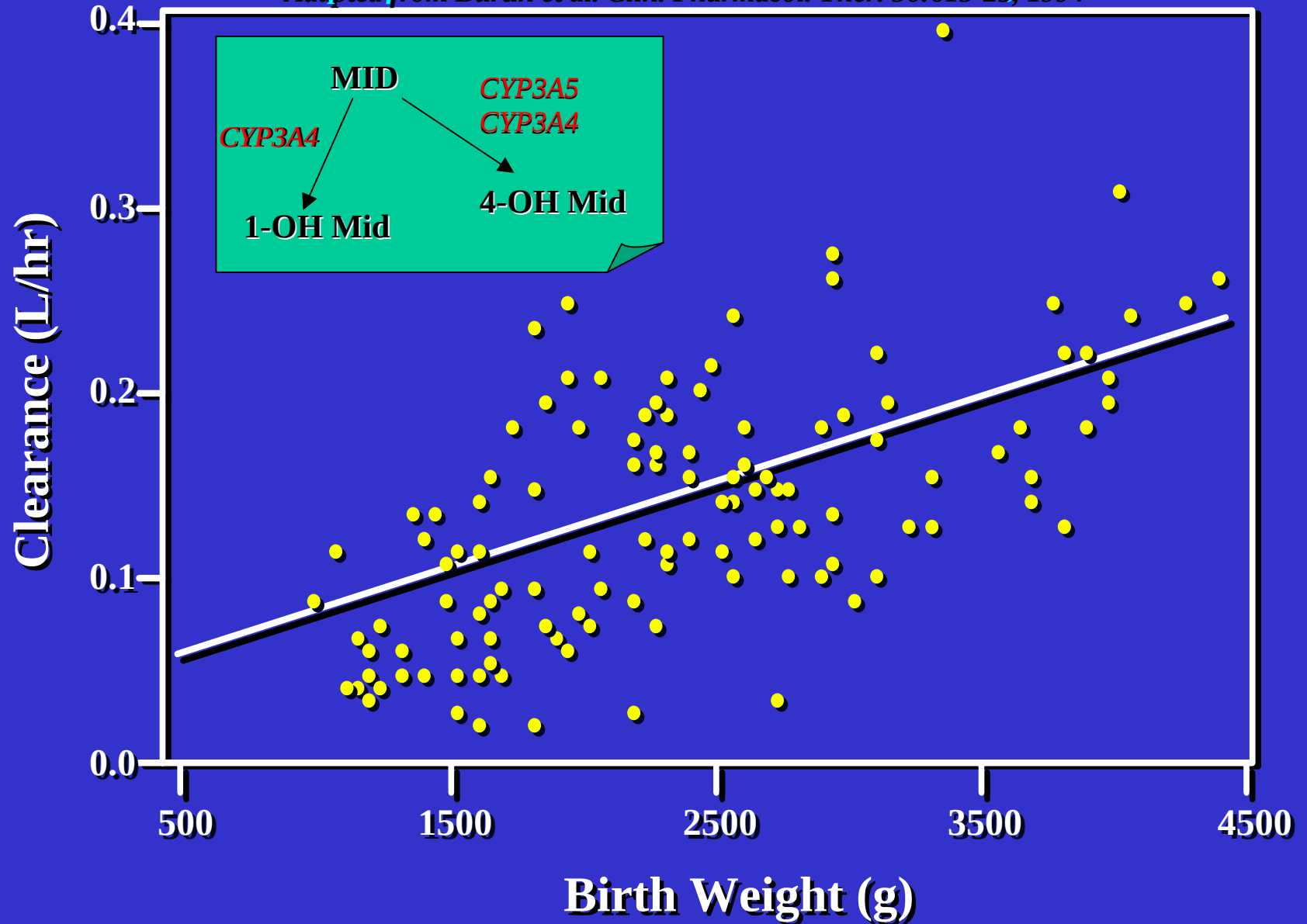
Ontogeny of CYP3A4

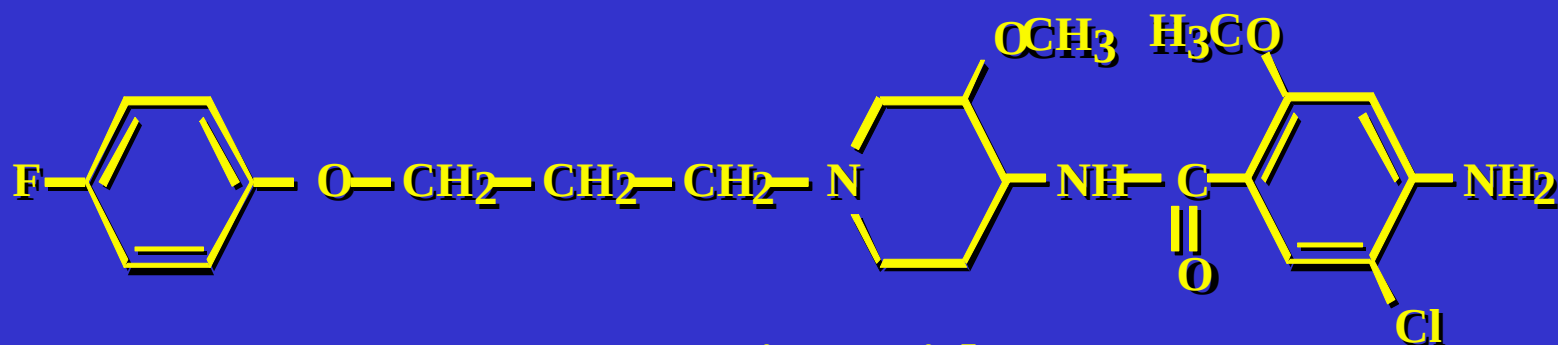
From Lacroix D et al. *Eur. J. Biochem.* 247: 625-634, 1997



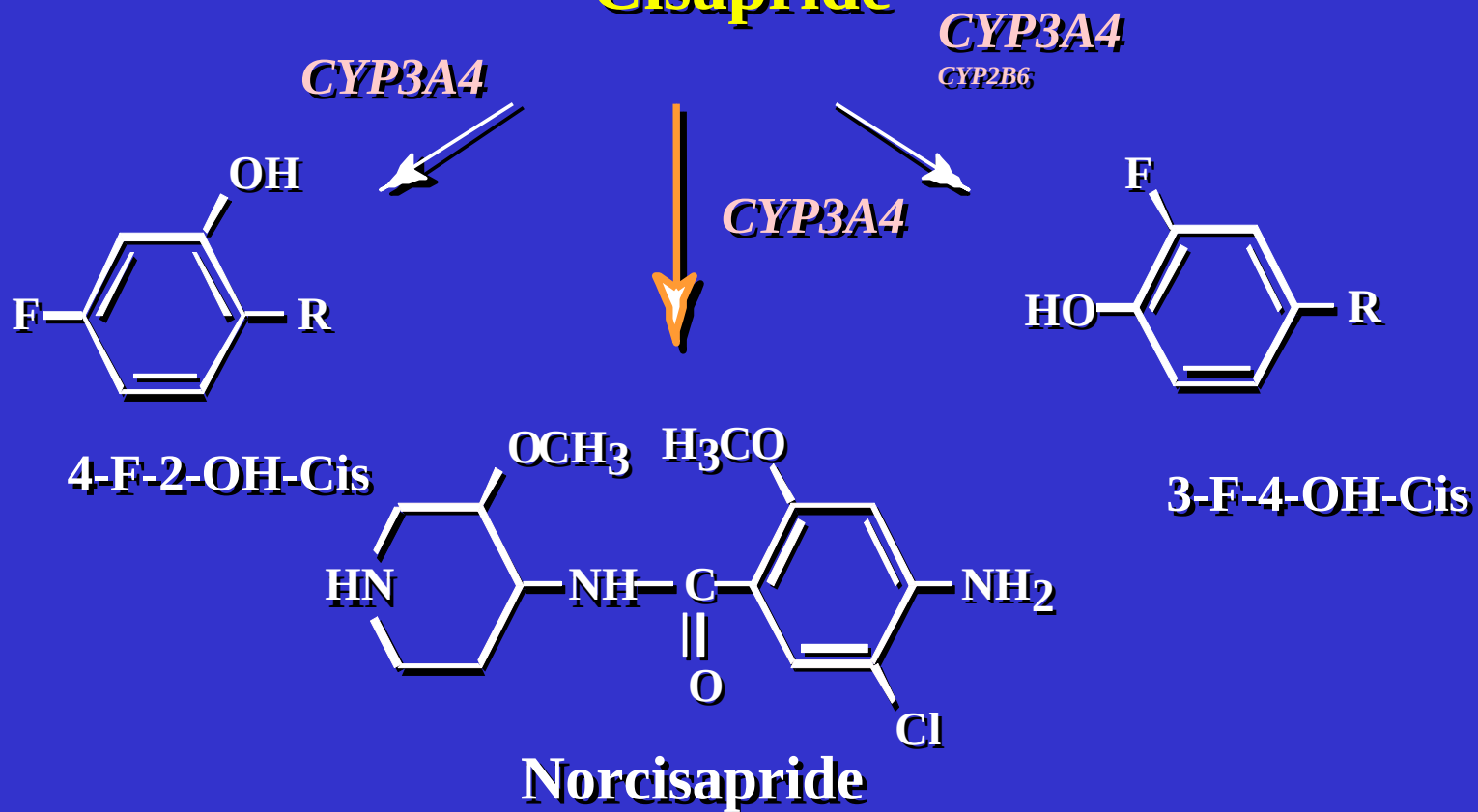
Midazolam Clearance in Neonates

Adapted from Burtin et al. Clin. Pharmacol. Ther. 56:615-25, 1994





Cisapride



Single-Dose (0.2 mg/kg)

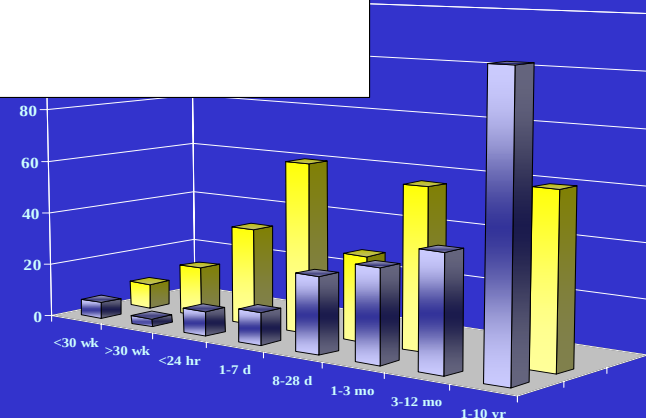
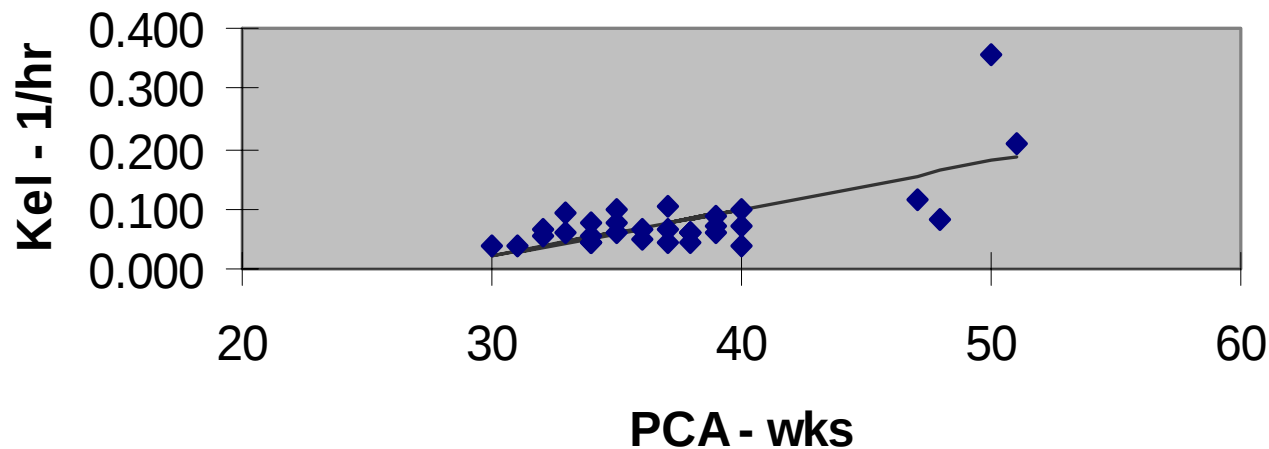
Pharmacokinetics of Cisapride in Neonates and Young Infants

	Postconceptional Age		
	28-36 wks. (n = 17)	36-42 wks. (n = 13)	42-54 wks. (n = 5)
C_{max} (ng/ml)	30.0(17.5)	23.3(11.7)	44.5(19.5)
T_{max} (hr)	5.0(2.6)	4.3(3.3)	2.2(1.1)
T_{1/2} (hr)	11.6(3.0)	11.5(3.0)	4.8(3.0)
AUC (ng/ml*hr)	568(257)	362(198)	364(249)
VD_{ss}/F (L/kg)	7.4(4.7)	12.7(9.1)	4.1(1.5)
Cl/F (L/hr/kg)	0.45(0.26)	0.75(0.46)	0.85(0.69)

Kearns, Robinson, Wilson-Costello, Knight, Ward, van den Anker. *Clin Pharmacol Ther* 2003;74:312-325
 -Data expressed as mean (S.D.)

Impact of Development on Cisapride Elimination in Infants

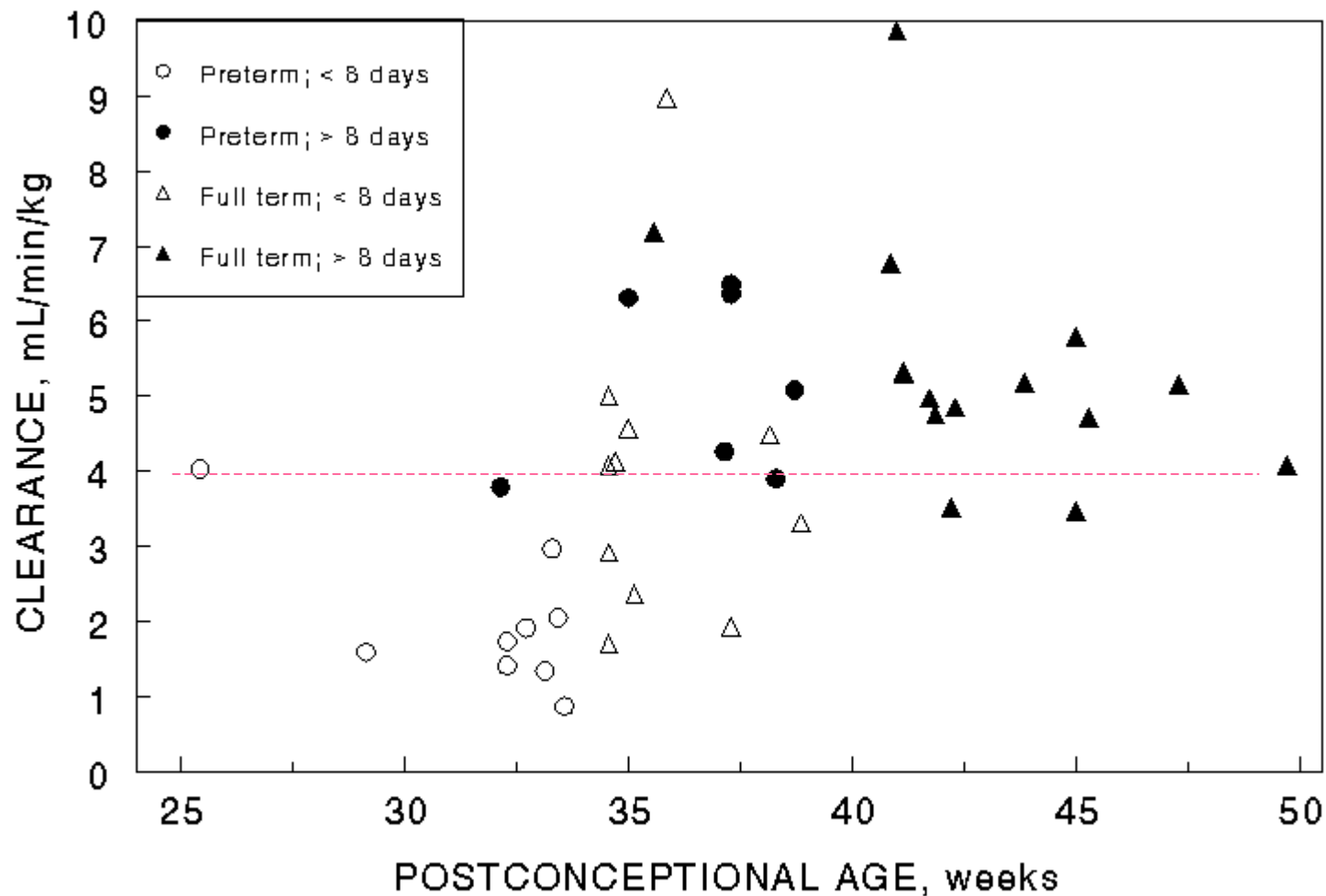
Cisapride in Neonates and Infants: Kel vs. Postconceptional Age



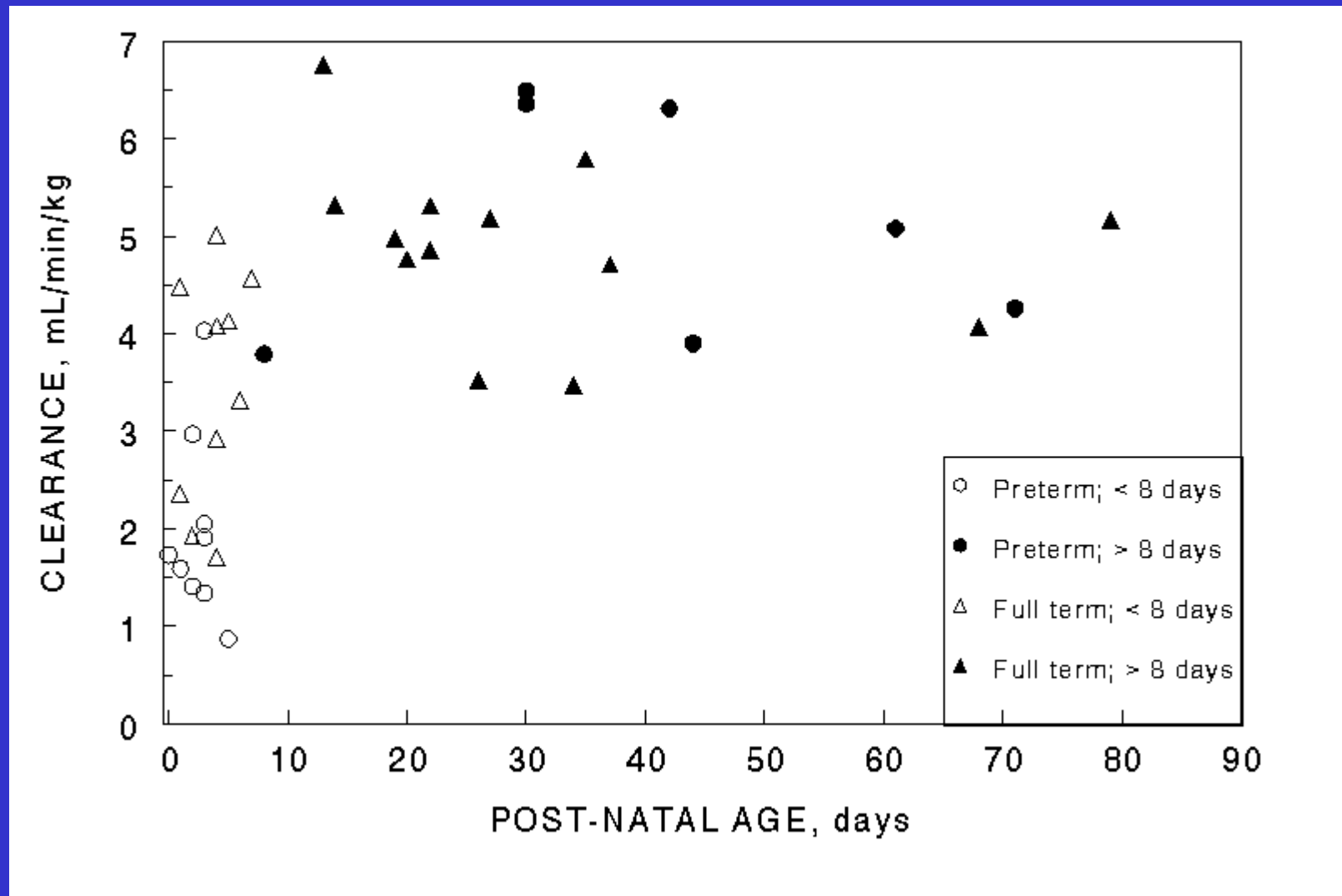
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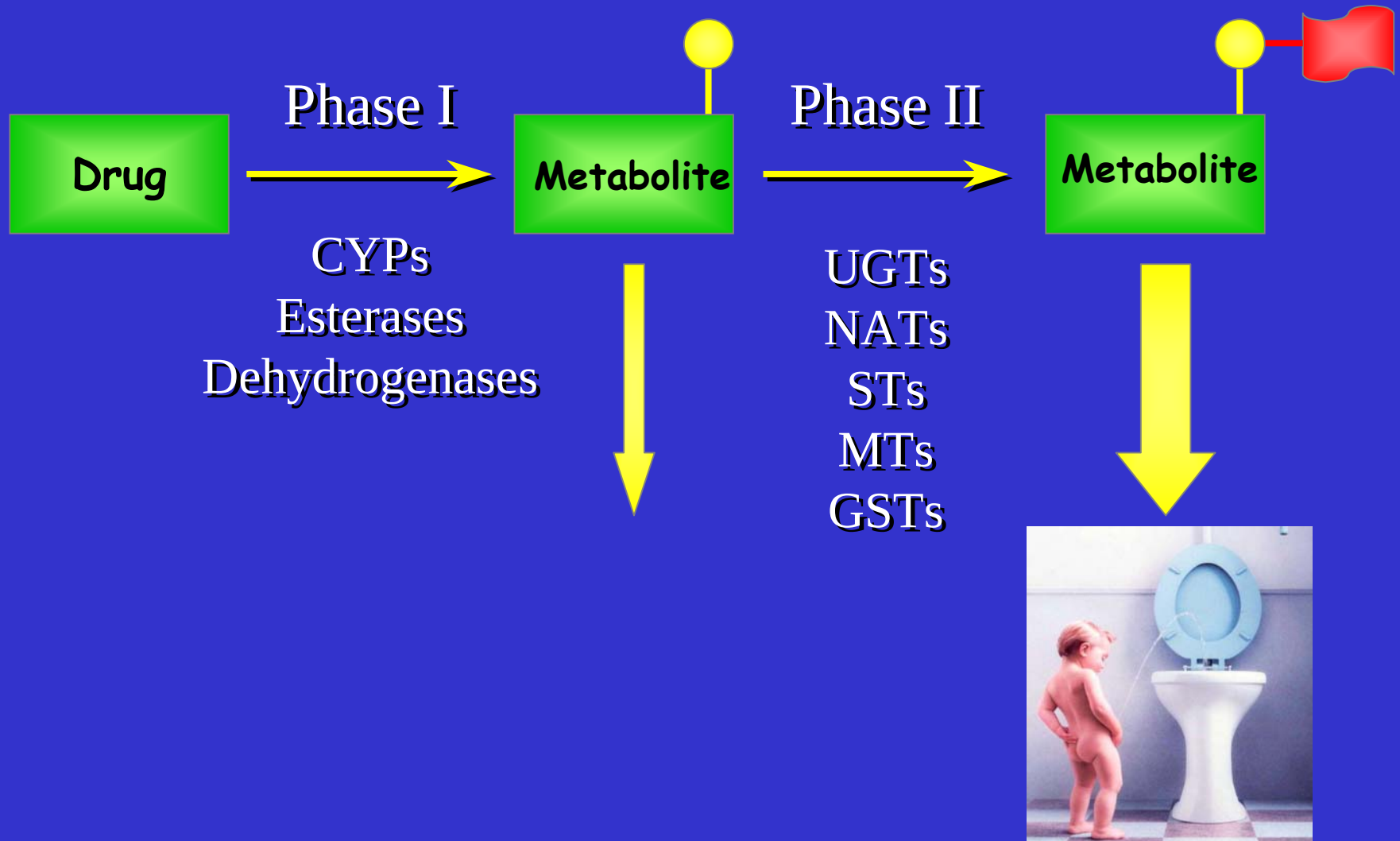
Linezolid Plasma Clearance Association with PCA



Linezolid Plasma Clearance Association with PNA



Drug Biotransformation



NEWBORN RENAL FUNCTION

- **Very low Glomerular Filtration Rate (GFR)**
- **Delicate balance between vasoconstrictor and vasodilatory renal forces**
- **Low mean arterial pressure and high intrarenal vascular resistance**
- **Limited postnatal renal functional adaptation to endogenous or exogenous stress**

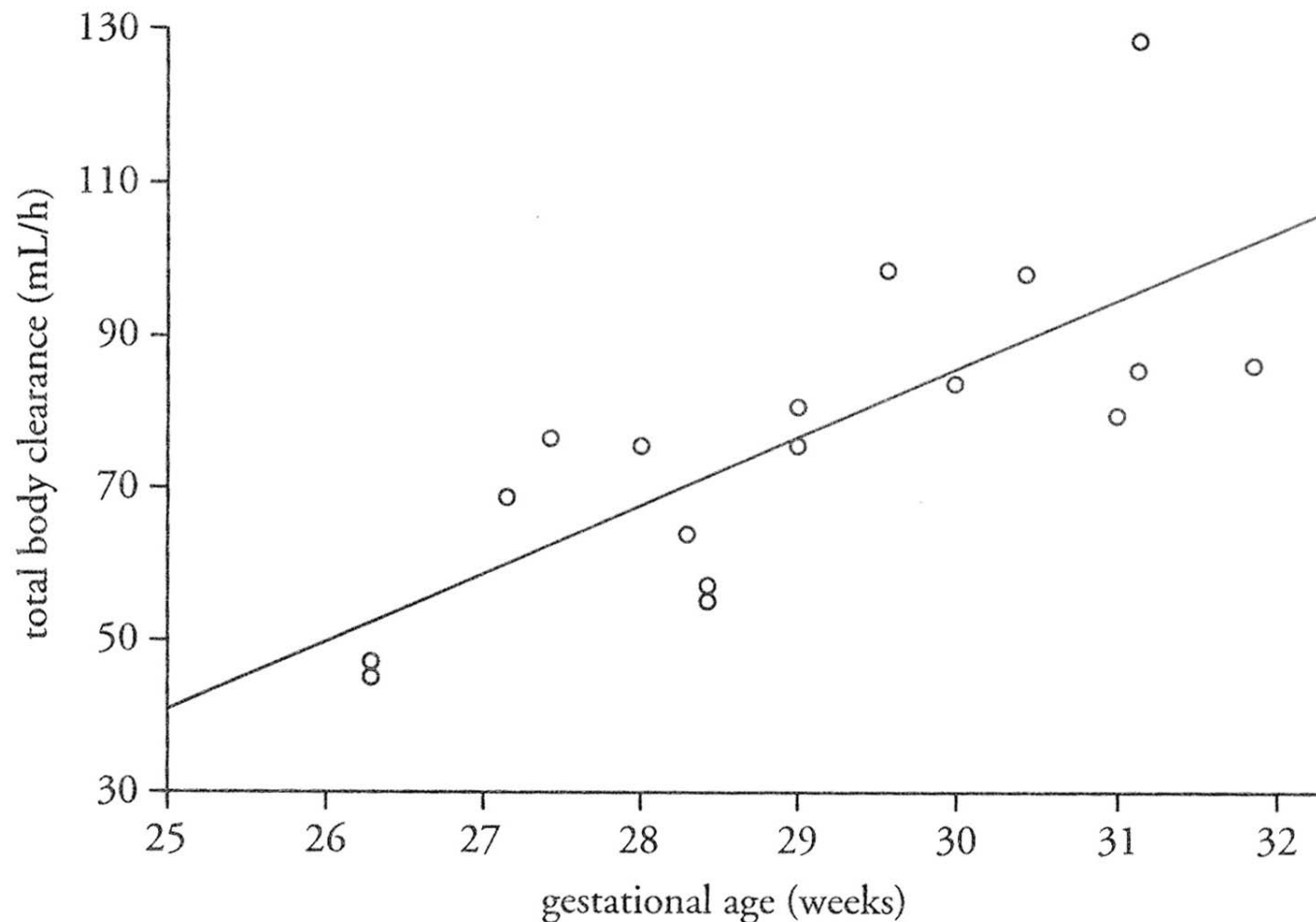


Figure 2. Linear regression analysis of total body clearance of amoxicillin (mL/h) versus gestational age (weeks) in 17 preterm infants on day 3 after birth ($r=0.75$, $p<0.001$, $y=8.88x - 181.2$)

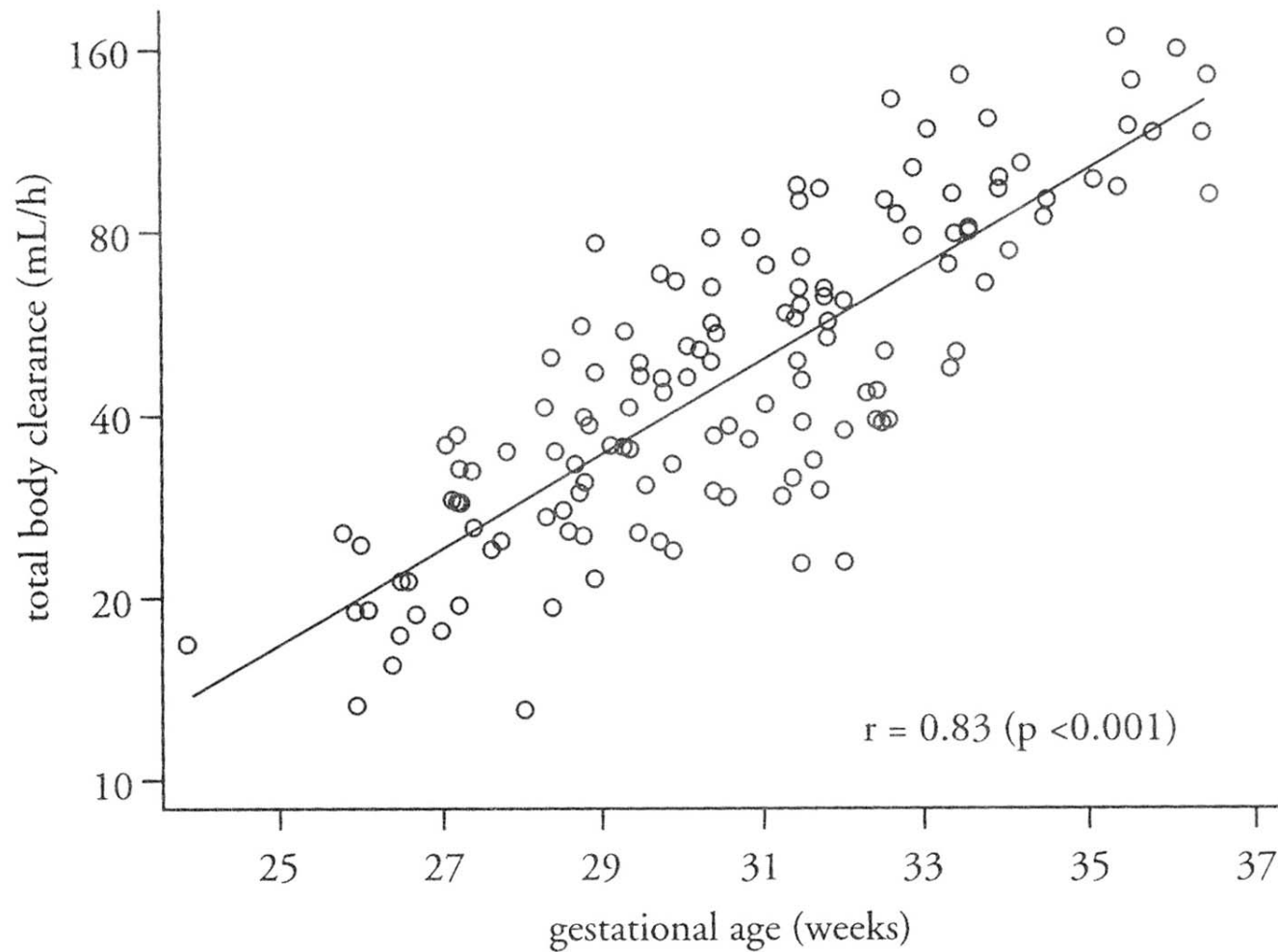
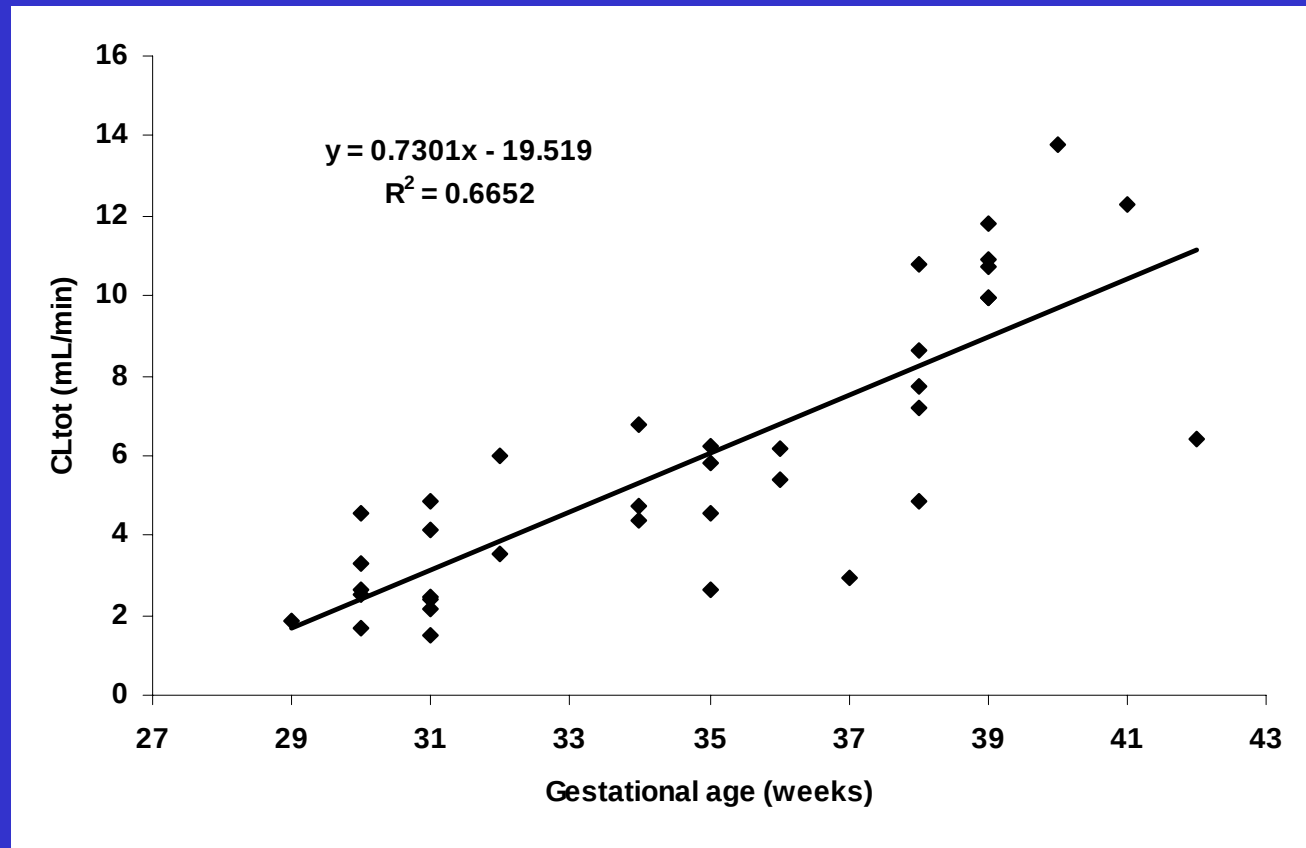


Figure 1. Linear regression analysis of total body clearance of ceftazidime (mL/h) versus gestational age (weeks) in 136 preterm infants on day 3 after birth. Note the logarithmically transformed vertical axis

Meropenem pharmacokinetics in the newborn

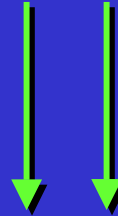


Factors influencing drug disposition in infants, children and adolescents.....



- Genetics
- Environment
- Disease
- Treatment
- Growth and development

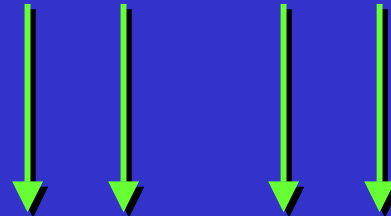
PHARMACOG**ENOMICS**



PHARMACOG**ENETICS**



PHARMACOG**KINETICS**



PHARMACOG**DYNAMICS**

PHARMACOGENETICS

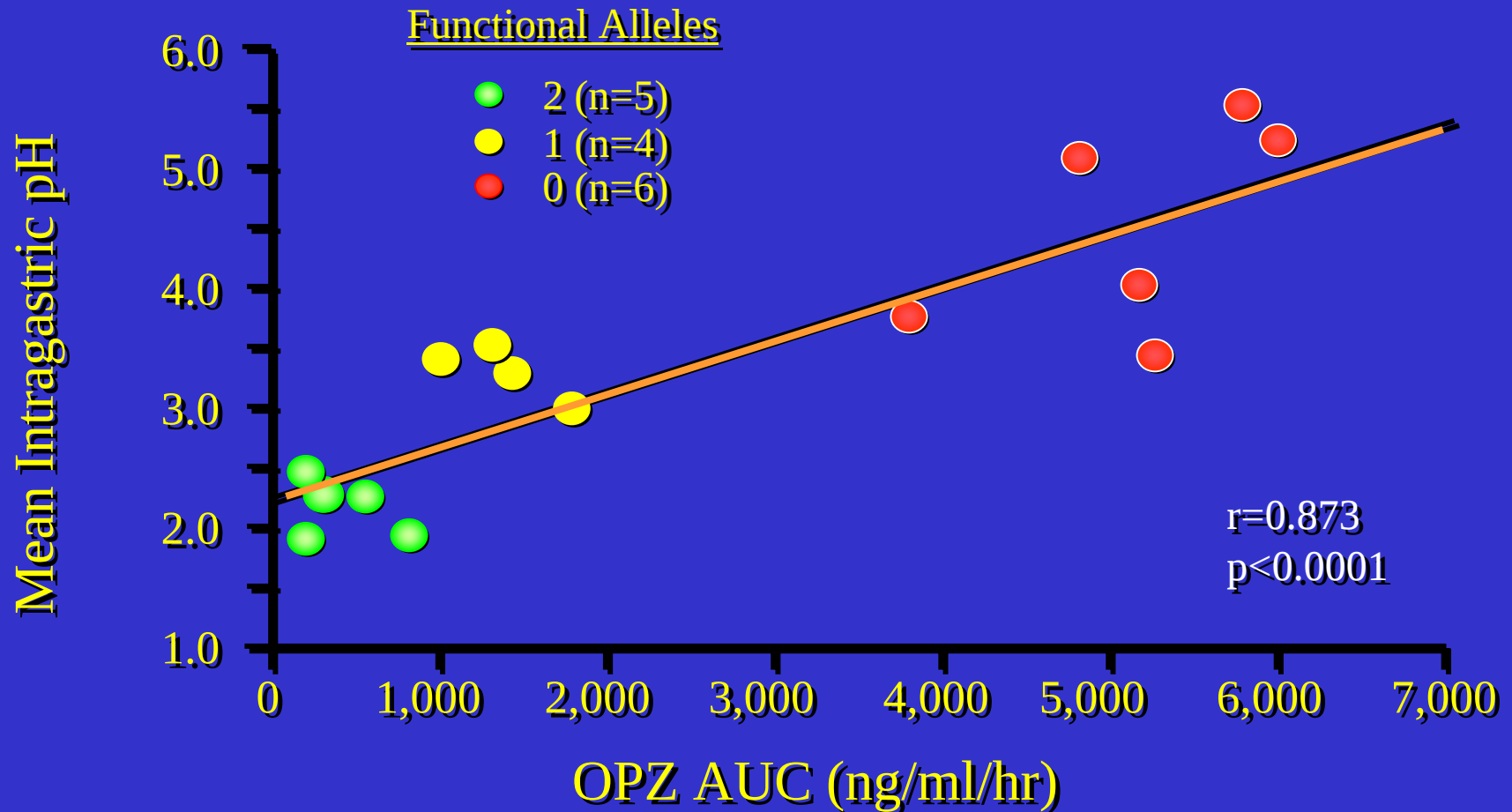
The study of the role of genetic factors in drug disposition, response and toxicity - relating variation in human genes to variation in drug responses at the level of the individual patient (the right drug for the right patient)

CYP2C19 Pharmacogenetics

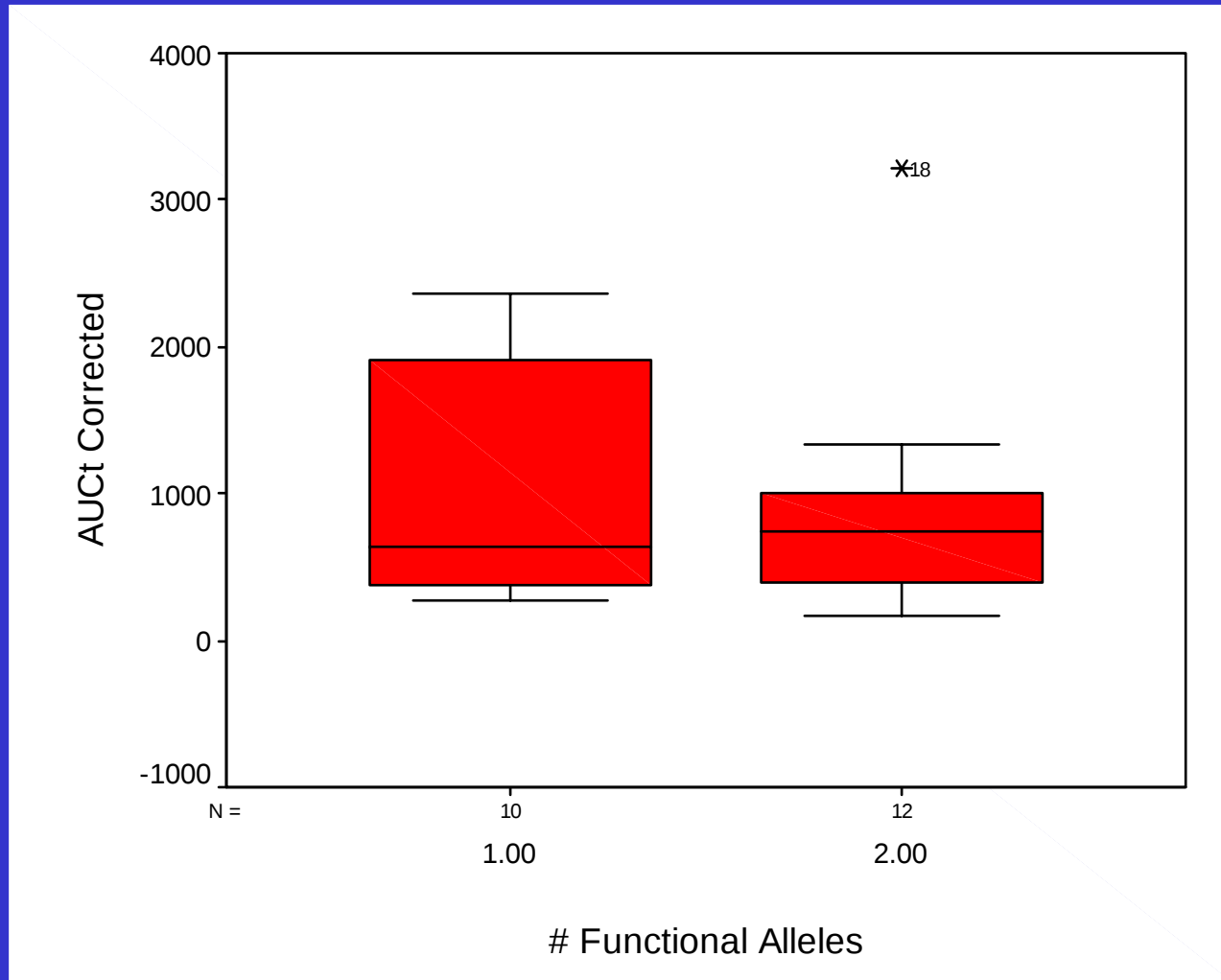
- 1984: Unusual sedation in a subject receiving anticonvulsant mephenytoin
- Impaired 4-hydroxylation of S-mephenytoin
- Affects 2-5% of Caucasians; 20-25% of Asians
- Affected drugs include omeprazole, lansoprazole, pantoprazole, diazepam
- Major clinical consequence at present related to omeprazole pharmacodynamics and efficacy

Impact of CYP2C19 Pharmacogenetics on Omeprazole PK and PD.....

Omeprazole PK After a Single 20 mg Oral Dose)



Lack of an Effect of *CYP2C19* Genotype on Omeprazole Exposure in Pediatric EMs



Kearns, Andersson, James, Li, Gaedigk, Kraynak, Kuczmanski, Ramabadran, van den Anker. *J Clin Pharmacol*;2003;43:840-848

CYP2D6 Pharmacogenetics



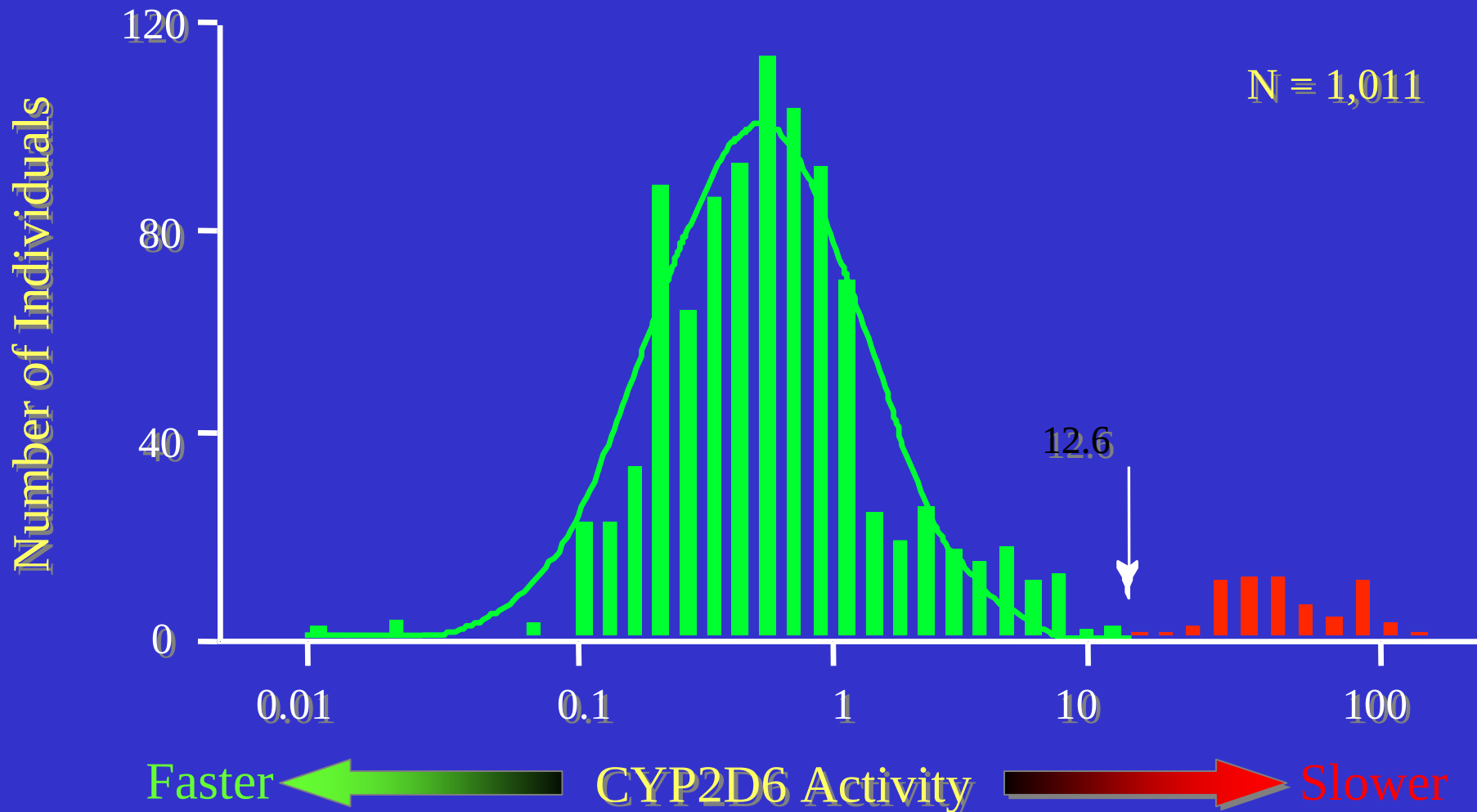
“Functional” overdose

CYP2D6 Pharmacogenetics

- ❖ CYP2D6 activity displays bimodal distribution in Caucasian subjects
- ❖ 5-10% of Caucasian population deficient in CYP2D6 activity
- ❖ “Poor metabolizers” or “PMs” have two “inactive” forms (alleles) of the CYP2D6 gene
- ❖ PMs at increased risk for concentration-dependent side effects with “normal” drug doses
- ❖ Some drugs may not work (codeine; tramadol)

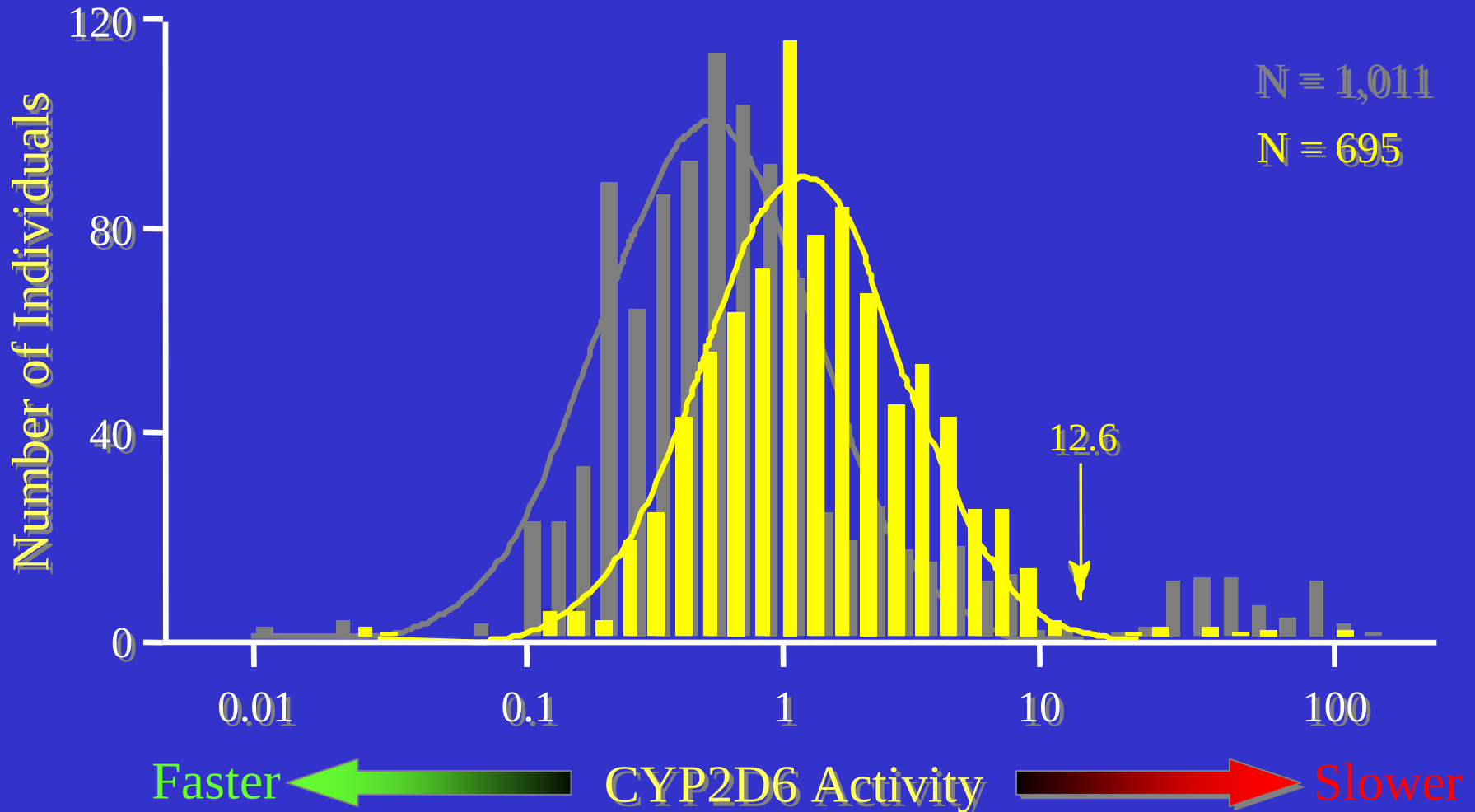
CYP2D6 Pharmacogenetics: Caucasians

Bertilsson *et al.* Clin. Pharmacol. Ther. 51:288-97, 1992



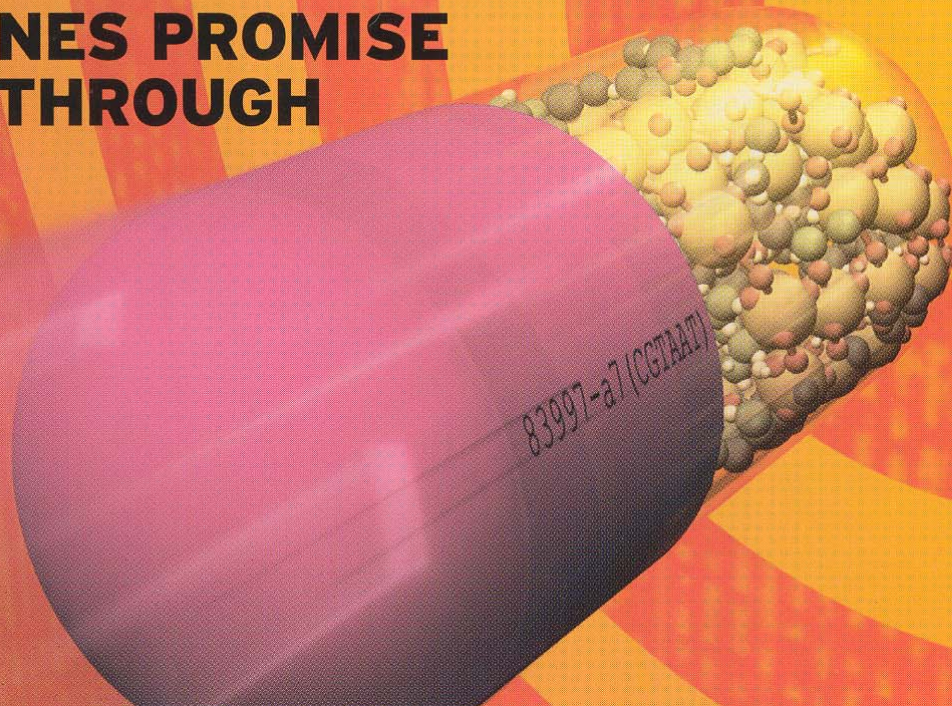
CYP2D6 Activity: Chinese

Bertilsson *et al.* Clin. Pharmacol. Ther. 51:288-97, 1992



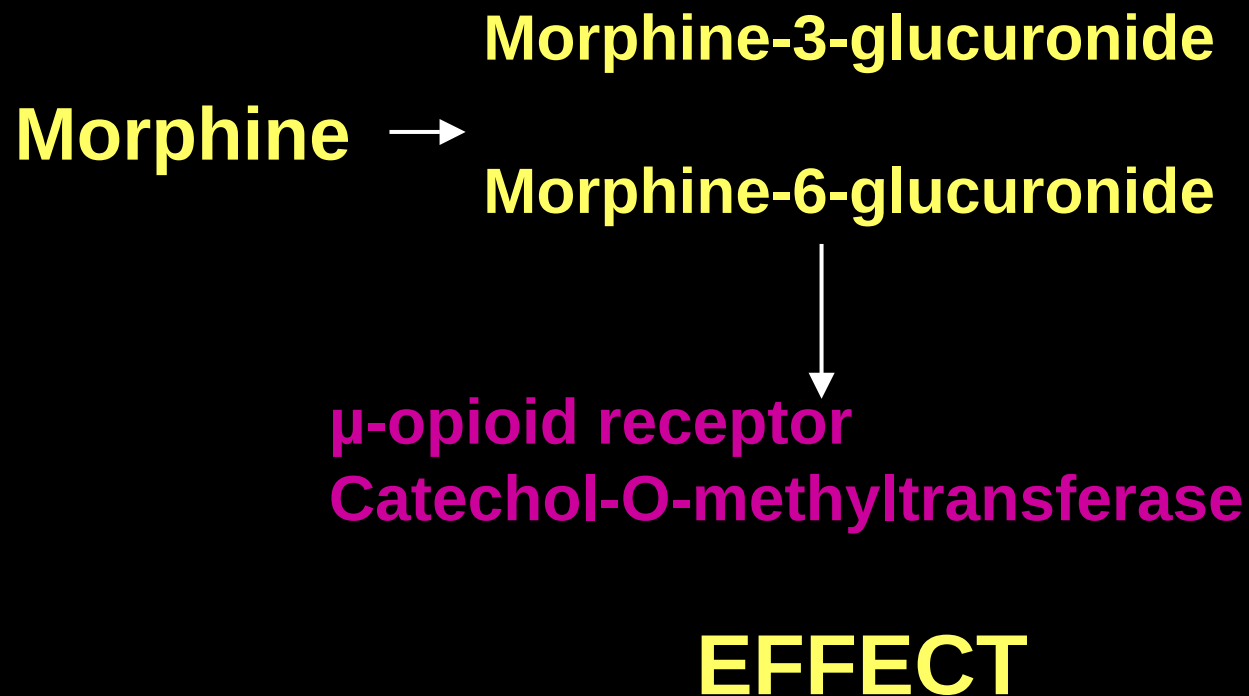
THIS DRUG'S FOR YOU

**NEW TARGETED
MEDICINES PROMISE
BREAKTHROUGH
CURES**



U.S. News and World Report, 14 January 2003





- **μ-opioid receptor gene (OPRM)**

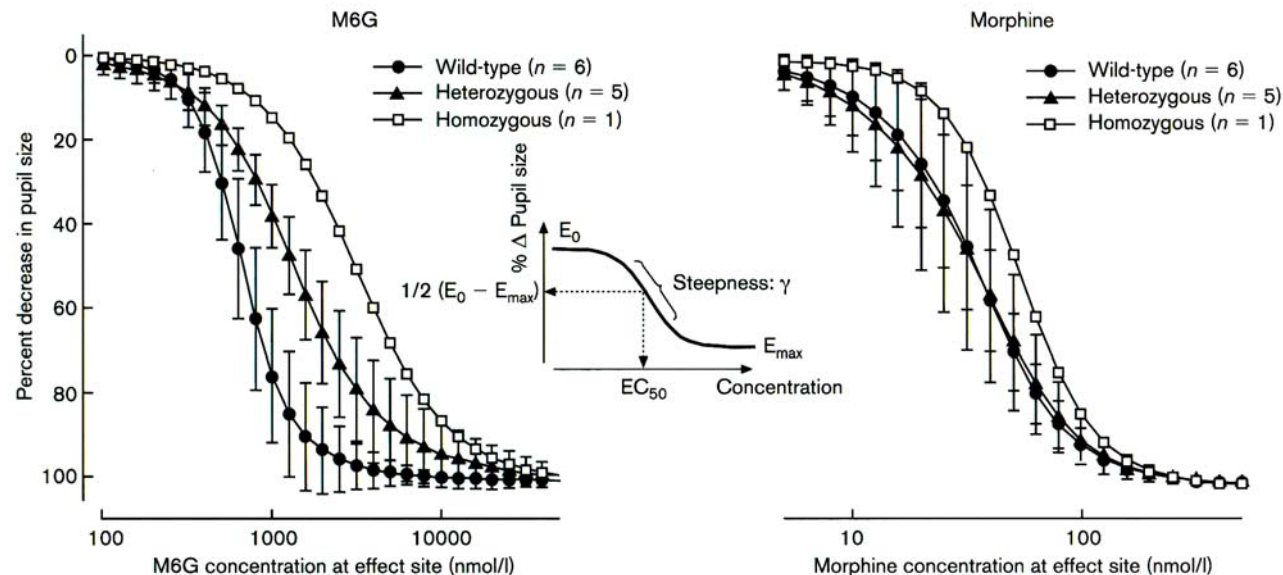
The genetic polymorphism A118G of the human μ-opioid receptor gene decreases effect of morphine-6-glucuronide

Lotsch et al 2002, Pharmacogenetics 12:3-9

μ -opioid receptor gene

The genetic polymorphism A118G of the human μ -opioid receptor gene decreases effect of morphine-6-glucuronide
Lotsch et al 2002, Pharmacogenetics 12:3-9

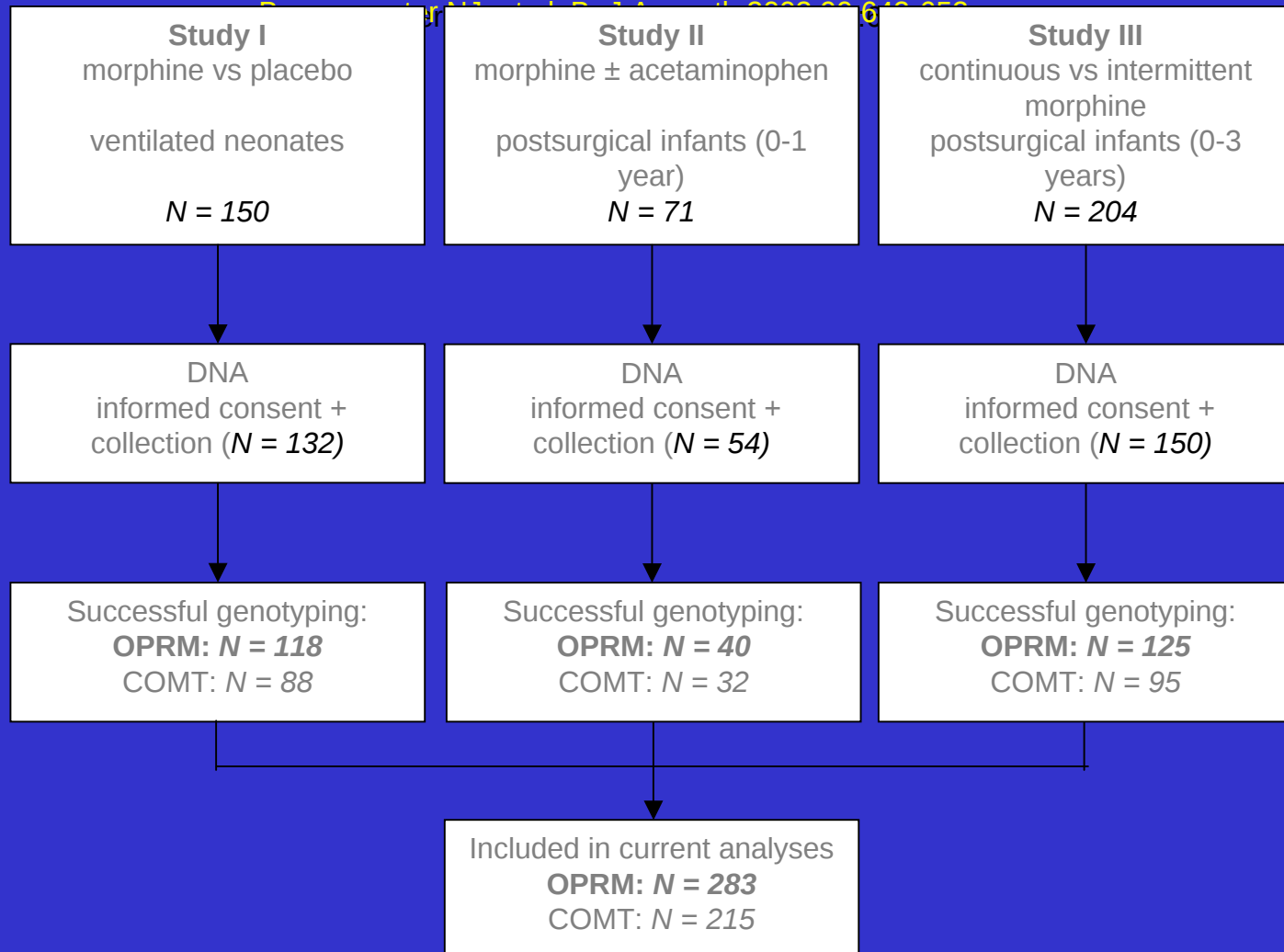
Fig. 2



Concentration effect relationship of M6G and morphine in subjects with the A118G SNP in the μ -opioid receptor gene and wild-type subjects. The curves were calculated from the individual estimates of the parameters of the sigmoid E_{max} pharmacodynamic model (Table 1) that described the dose-response relationship. They represent the mean $\pm$ SD per group. While the SNP resulted in a right shift of the curve for M6G, indicating lower potency, it had no effect on the potency of morphine. A schematic drawing of the E_{max} model with indication of the parameters from equation 1 is also given.

OPRM and COMT

Simons SH, et al. JAMA 2003;290:2419-2427

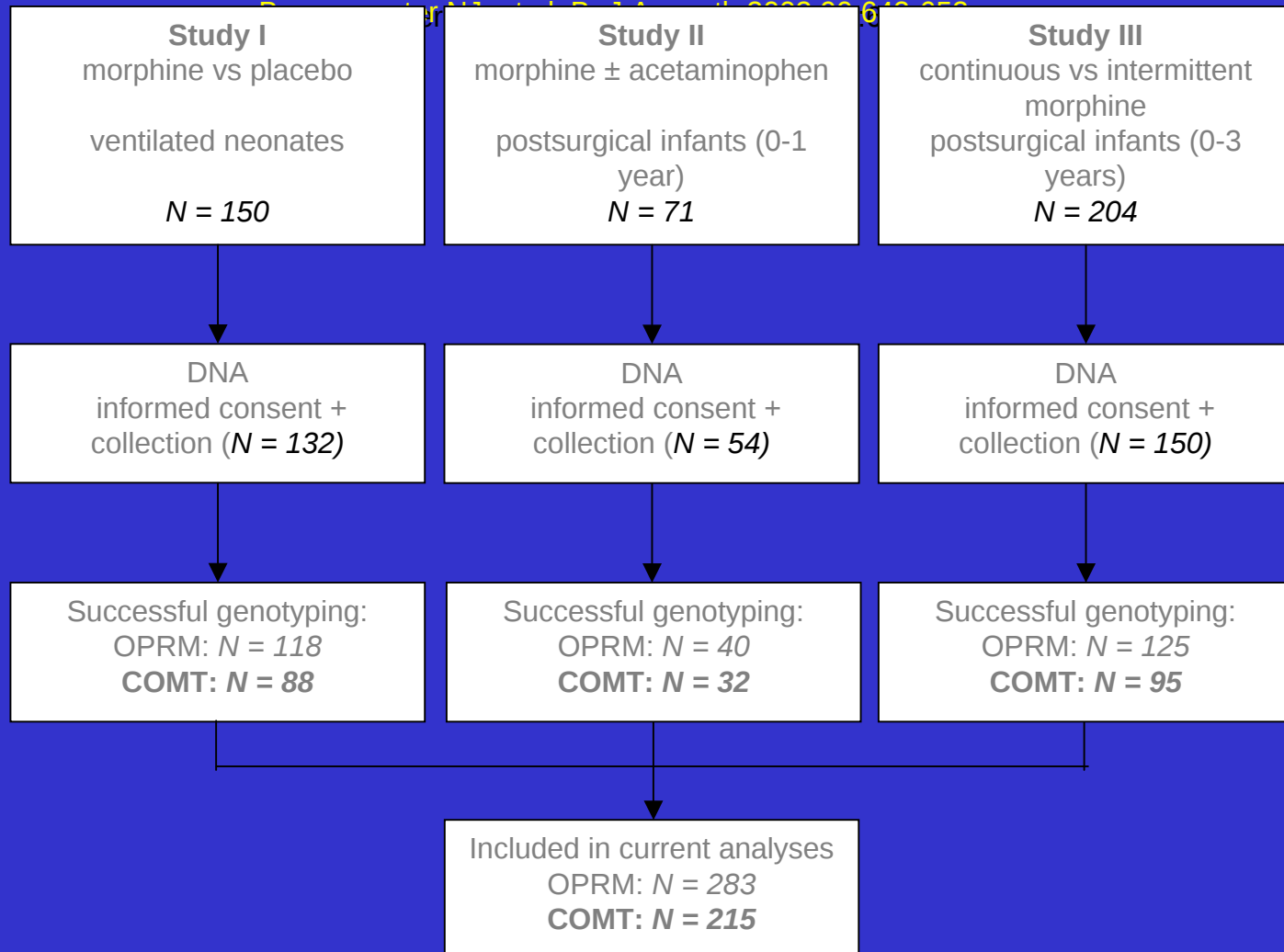


μ-opioid receptor gene (OPRM)

	Study I	Study II	Study III	Total
OPRM gene (asn ⁴⁰ asp)				
Wild type	84	30	100	214
Heterozygous	30	9	24	63
Homozygous	4	1	1	6
Total	118	40	125	283

OPRM and COMT

Simons SH, et al. JAMA 2003;290:2419-2427



Catechol-O-methyltransferase (COMT)

COMT is an enzyme that metabolises catecholamines that work as neurotransmitters.

The Val158Met variant influences the human experience of pain:

patients with Met/Met variant experience more pain

(Zubieta 2003, Science)

Catechol-O-methyl transferase (COMT)

	Study I	Study II	Study III	Total
COMT gene (val ¹⁵⁸ met)				
Wild type	21	7	26	54
Heterozygous	47	17	41	105
Homozygous	20	8	28	56
Total	88	32	95	215

Future perspectives: The Perfect Neonatal Pain Assessment Instrument



The need for drug studies in children

- Drug studies in adults or animal models may not adequately predict pharmacokinetic or pharmacodynamic properties in pediatric patients
- Unable to reliably extrapolate adult data to the pediatric population
- Drugs must be studied in children to determine their pharmacokinetics, pharmacodynamics, appropriate dose, safety and efficacy



There are two ways to live your life.
One is as though nothing is a miracle.
The other is as though everything is a miracle.

Albert Einstein (1879–1955)