

HIV and HIV chemotherapy

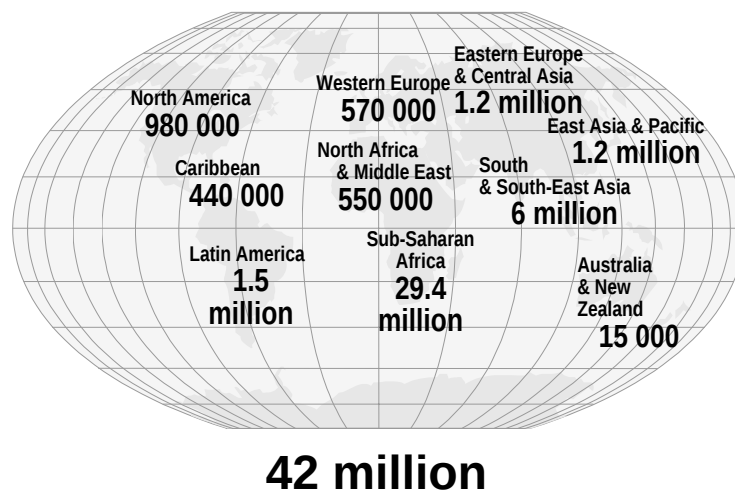
Adapté des exposés

- de la Chaire Franqui 2003
"Antiviral drugs and Discoveries in Medicine"
Prof. E. De Clercq, KU-Leuven
<http://www.md.ucl.ac.be/chaire-franqui/>
- du Dr J. Nachega, Johns Hopkins University
donné à l'Ecole de Pharmacie en 2003

HIV 19/03/2005

1

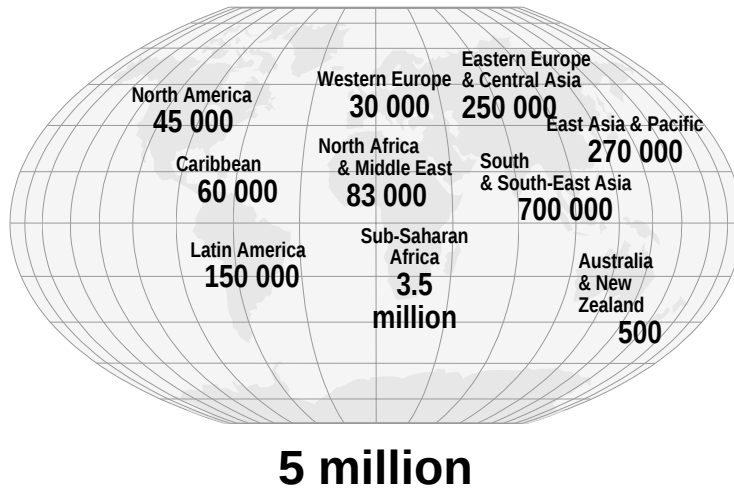
Adults and children estimated to be living with HIV/AIDS as of end 2002



HIV 19/03/2005

2

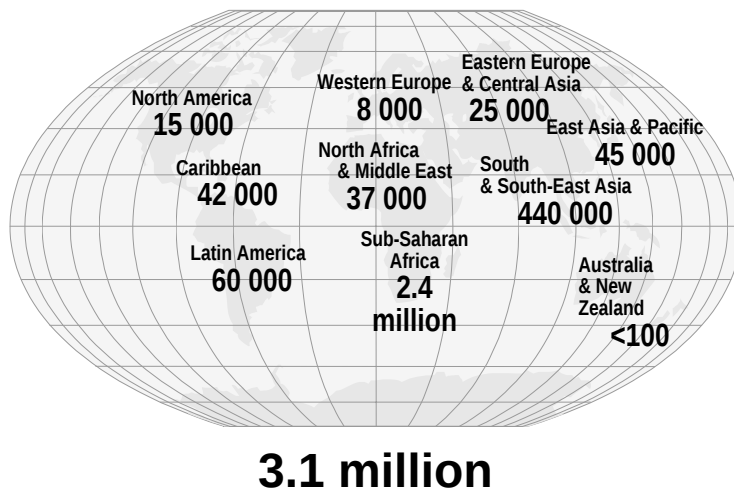
Estimated number of adults and children newly infected with HIV during 2002



HIV 19/03/2005

3

Estimated adults and child deaths due to HIV/AIDS during 2002



HIV 19/03/2005

4

Progress update on the global response to the AIDS epidemic, 2004

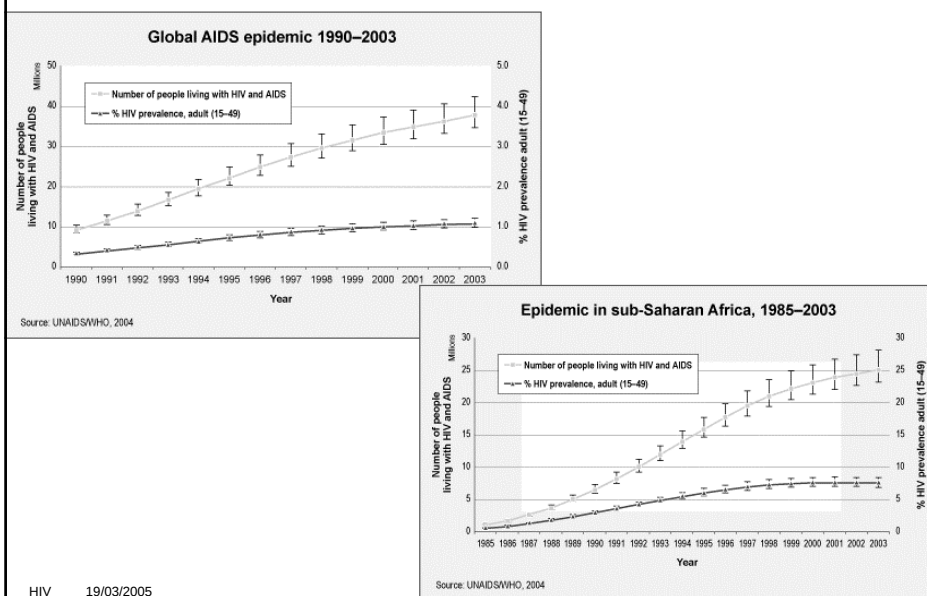
- **AIDS epidemic continues to expand; vulnerable populations at greatest risk**
- **Sub-Saharan Africa is most heavily affected**
- diverse epidemics are under way in Eastern Europe and Central Asia. Injecting drug use is the main driving force behind epidemics across the region.
- In many high-income countries, sex between men plays an important role in the epidemic.
- Drug injecting accounted for more than 10% of all reported HIV infections in Western Europe

Source: UNAIDS

HIV 19/03/2005

5

Progress update on the global response to the AIDS epidemic, 2004



HIV 19/03/2005

6

Leading causes of death in Africa, 2001

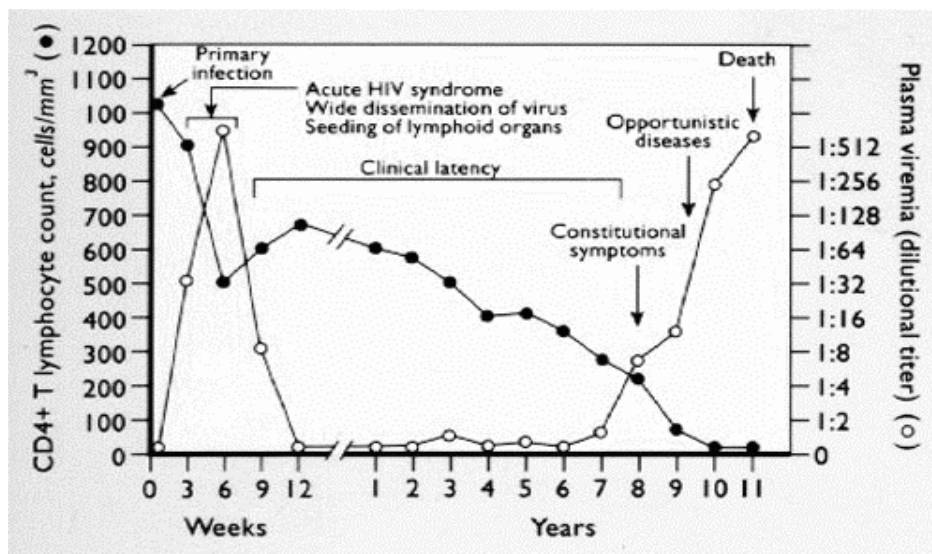
Rank		% of total
■ 1	HIV/AIDS	20.6
■ 2	Acute lower respiratory infections	10.3
■ 3	Malaria	9.1
■ 4	Diarrhoeal diseases	7.3
■ 5	Perinatal conditions	5.9
■ 6	Measles	4.9
■ 7	Tuberculosis	3.4
■ 8	Cerebrovascular disease	3.2
■ 9	Ischaemic heart disease	3.0
■ 10	Maternal conditions	2.4

Source: The World Health Report 2000, WHO

HIV 19/03/2005

7

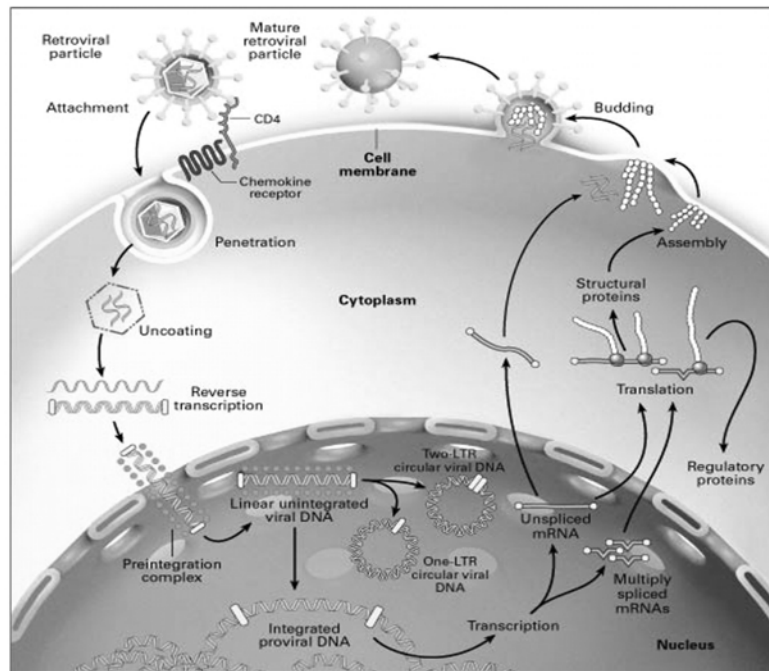
Natural History of HIV disease



HIV 19/03/2005

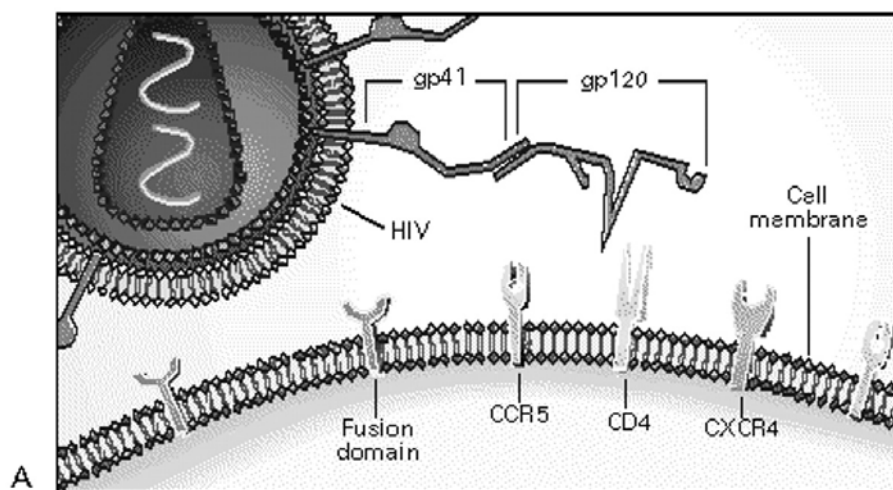
8

HIV-1 Life Cycle



HIV 19/03/2005

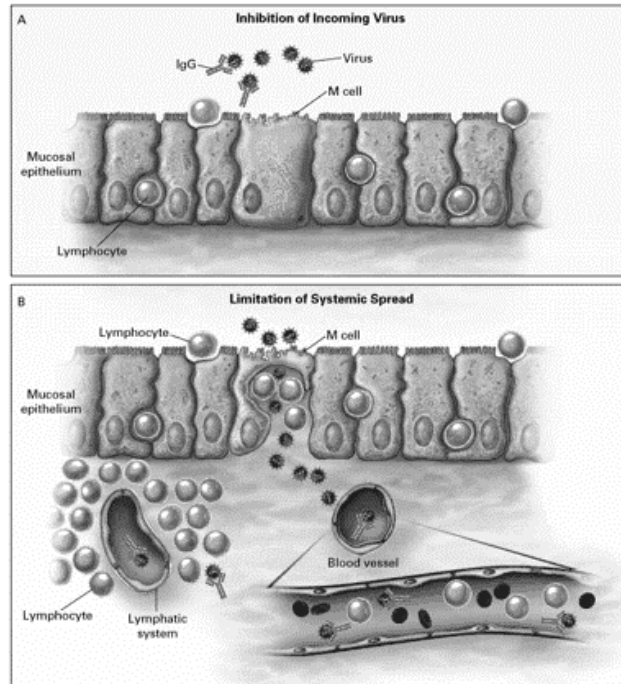
HIV Receptors



HIV 19/03/2005

10

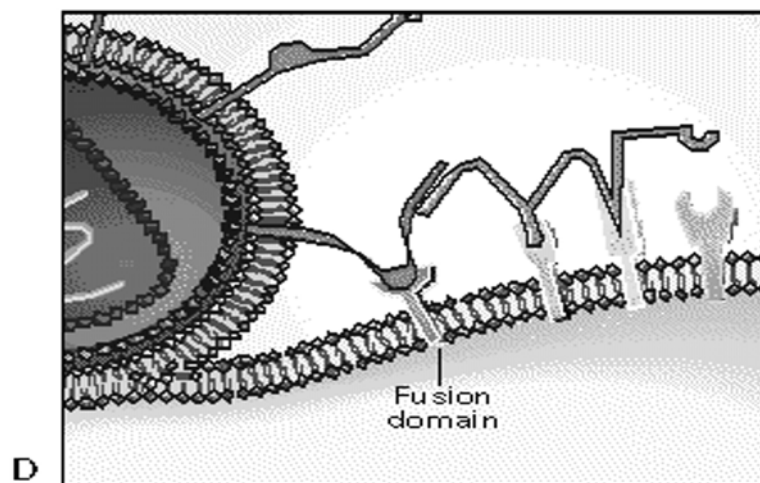
Mucosal Entry HIV



HIV 19/03/2005

11

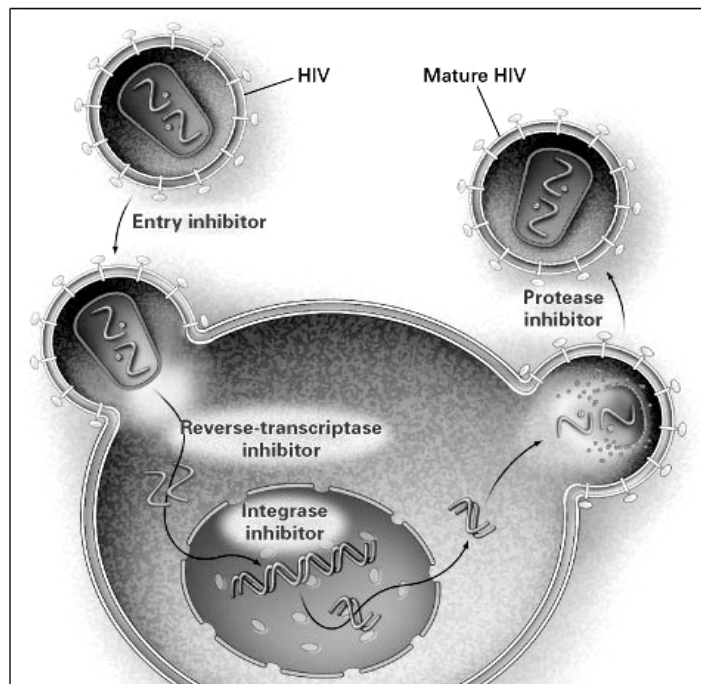
HIV Binding



HIV 19/03/2005

12

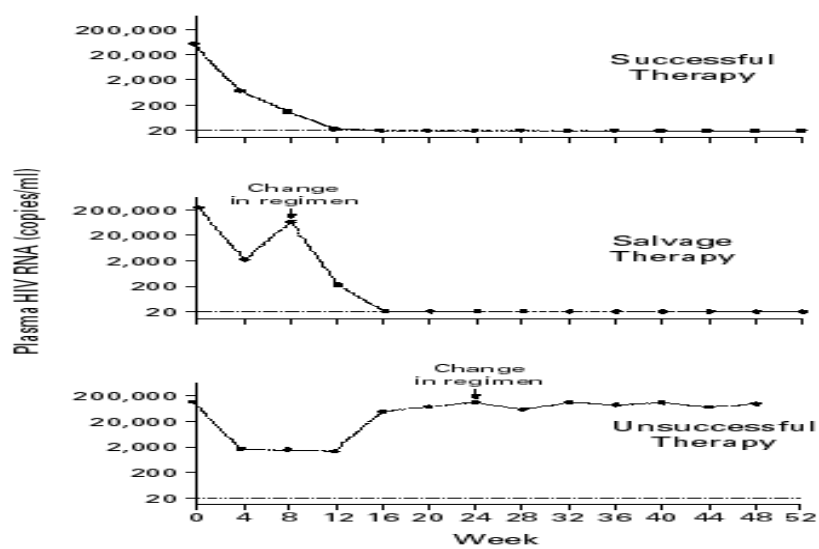
HIV Drug Targets



HIV 19/03/2005

13

HIV Therapeutic Possibilities



HIV 19/03/2005

14

AIDS definition - CDC

- | | |
|--|--|
| <ul style="list-style-type: none"> ■ CD4 < 200 / mm³ or ■ AIDS-defining illness <ul style="list-style-type: none"> ◆ Candidiasis ◆ Cervical cancer ◆ Coccidioidomycosis ◆ Cryptococcosis ◆ Cryptosporidiosis ◆ CMV ◆ HSV > 1 month ◆ Histoplasmosis ◆ HIV-related dementia ◆ HIV wasting ◆ Isoporosis | <ul style="list-style-type: none"> ◆ Kaposi's sarcoma ◆ Burkitts Lymphoma ◆ NH Lymphoma ◆ MAI - disseminated ◆ MTb ◆ Nocardia ◆ PCP ◆ Bacterial PNA (>2 in 12 mos) ◆ PML ◆ <i>Salmonella</i> septicemia ◆ Strongyloidosis ◆ Toxoplasmosis |
|--|--|

WHO Staging System

- | | |
|---|--|
| <ul style="list-style-type: none"> ■ Clinical Stage I <ul style="list-style-type: none"> ◆ Aysmptomatic ◆ Persistent Generalized Lymphadenopathy ◆ Performance scale - 1 ■ Clinical Stage II <ul style="list-style-type: none"> ◆ Weight loss < 10% body wt ◆ Minor skin manifestations ◆ HSV ◆ recurrent URI ◆ Performance scale- 2 | <ul style="list-style-type: none"> ■ Clinical Stage III <ul style="list-style-type: none"> ◆ Weight loss > 10% body wt ◆ Chronic diarrhea ◆ Fever ◆ Thrush, OHL, Pulmonary TB ◆ Severe bacterial infections ◆ Performance scale - 3 ■ Clinical Stage IV <ul style="list-style-type: none"> ◆ AIDS by CDC definition ◆ HIV wasting syndrome ◆ Disseminated mycosis ◆ HIV encephalopathy ◆ Performance scale - 4 |
|---|--|

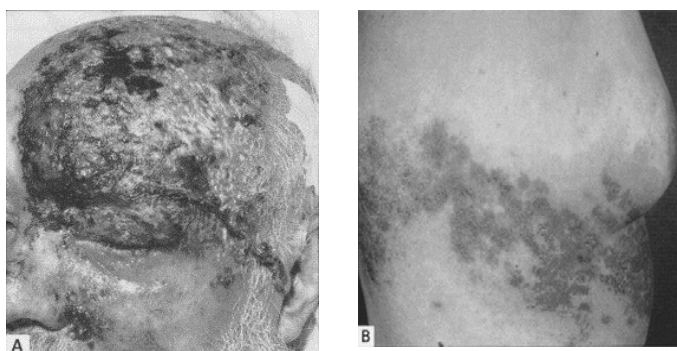
Primary HIV Infection



HIV 19/03/2005

17

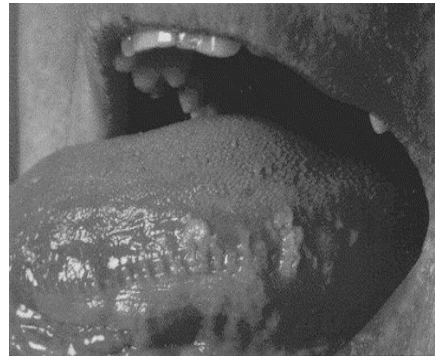
Varicella-Zoster Infection



HIV 19/03/2005

18

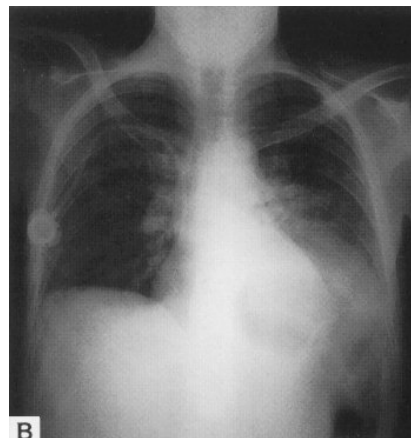
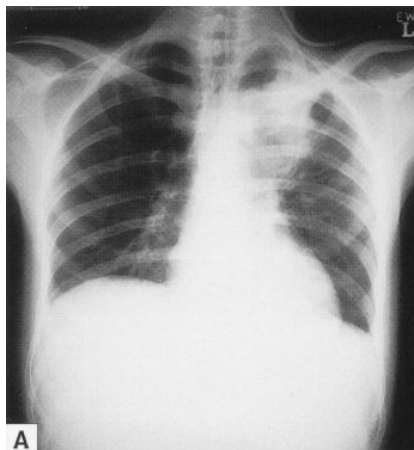
Oral Candidiasis(Thrush) vs. Oral Hairy Leukoplakia (OHL)



HIV 19/03/2005

19

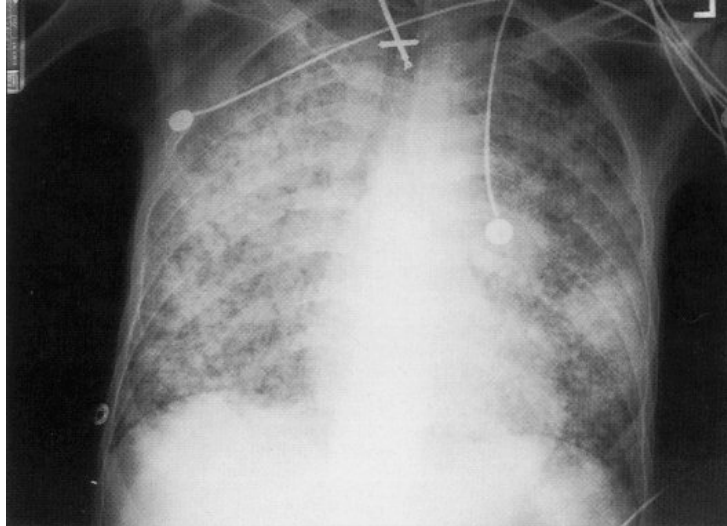
AIDS related Tuberculosis



HIV 19/03/2005

20

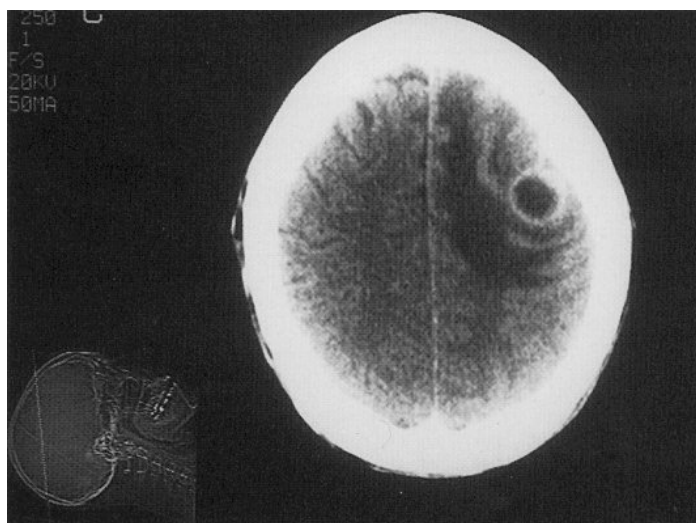
Pneumocystis Carinii Pneumonia



HIV 19/03/2005

21

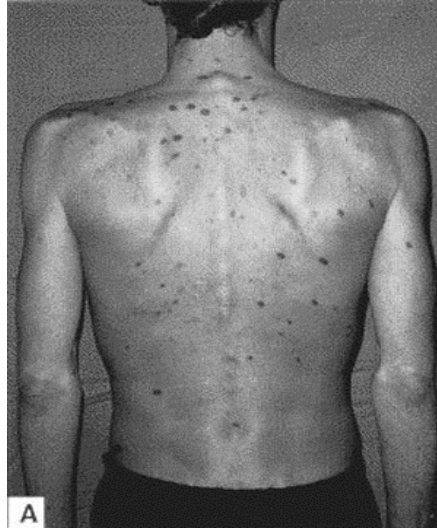
Cerebral Toxoplasmosis:CAT-SCAN



HIV 19/03/2005

22

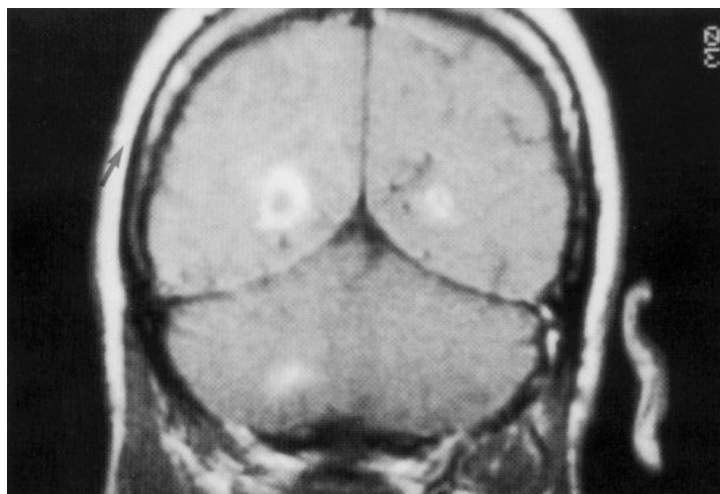
Kaposi Sarcoma



HIV 19/03/2005

23

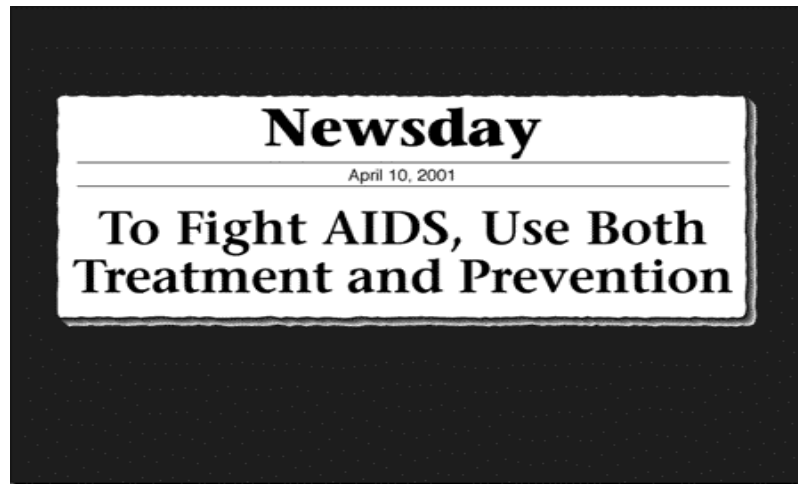
Cerebral Toxoplasmosis: MRI



HIV 19/03/2005

24

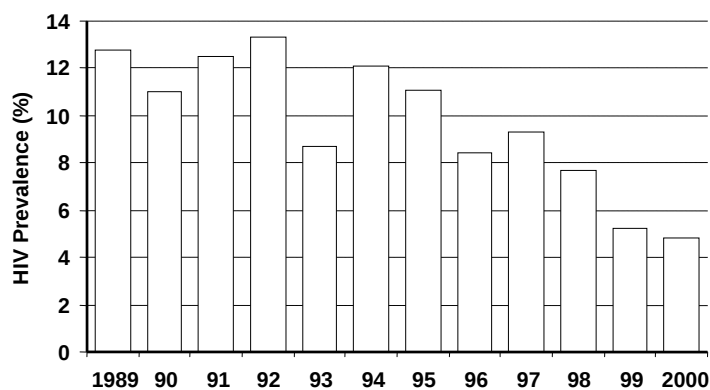
Prevention vs. Rx



HIV 19/03/2005

25

Prevalence among pregnant women, outside major urban areas, Uganda

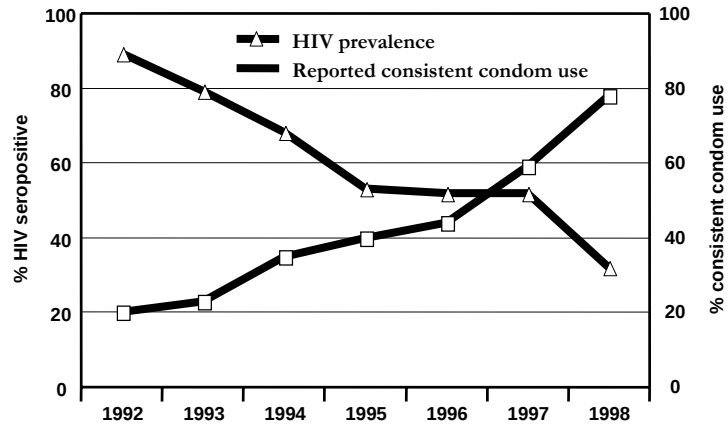


Source: Uganda National AIDS Programme

HIV 19/03/2005

26

HIV prevalence and reported consistent condom use among female sex workers, Abidjan, Côte d'Ivoire, 1992-1998



Source: Ghys PD et al. (2002) *AIDS*

HIV 19/03/2005

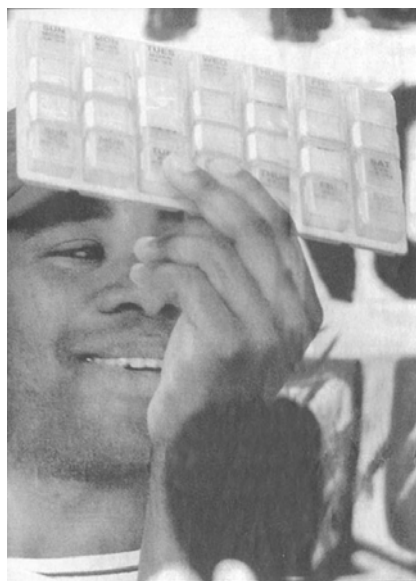
27

Patent Rights vs. Patient Rights



HIV 19/03/2005

28



‘Aids drugs made me well again’

LYNNE ALTERRODEL
and JO-ANNE SMITHERHAM

DOCTORS gave Matthew Damane just a few years to live after he was diagnosed with HIV, the virus that causes Aids, in 1997.

At that time, life-saving Aids medicines, widely available in the West, were too expensive for poor people in countries like South Africa.

The brand-name medicines, which cost R1 400 a month, even with discounts offered by drug companies, are still too expensive.

But Damane, 25, from Khayelitsha, has had access to less expensive generic versions, imported from Brazil, and he credits the drugs with restoring his health.

"I am now well," he told a packed news conference in Johannesburg yesterday as he held up a plastic pill box. It has one pill compartment for each day of the week, helping him take his Aids medicines on schedule.

Damane, a nervous smile showing under his blue base-

ment Activist Campaign (TAC), had imported the medicines from Brazil in violation of drug company patent rights but with the full blessing of the Medicines Control Council (MCC). Citing preliminary results from a pilot project in Khayelitsha, the activists said the Aids drugs had reduced the presence of the virus in people's bloodstreams to undetectable levels after less than one year of treatment. They said patients were getting off their deathbeds and returning to productive work and family lives.

"We literally resuscitated people," said Edie Gommers, who heads the Aids clinic run by Medicines Sans Frontières (MSF) in Khayelitsha.

The preliminary results of the Khayelitsha pilot study - which has reported findings for 85 patients taking the Aids medicines - are the first evidence from a township clinic in South Africa that the Aids drugs can be taken on a long-term basis and can have the same dramatic effect in improving health as they have had in industrialised countries.

ment Activist Campaign (TAC), Oxfam and Coats - pointed to the findings yesterday to urge the government to set up pilot projects to provide the drugs to appropriate Aids patients in each province. They also referred to the results to support their argument that the government should follow Brazil's lead and make its own low-cost generic versions of the drugs. "It is difficult but it is feasible to develop generic versions of the drugs," said Jack Heywood, TAC secretary.

The government did not comment on the activists' calls. It said the MCC would check whether the Brazil import was legal.

The drug companies that own the patent rights to the drugs do not have plans to sue the activists. Peter Moore, medical director at GlaxoSmith-Kline, said the company would wait for the MCC to act.

Boehringer-Ingelheim spokesman Kevin McKenna said he was not surprised at the developments. "I don't think we're falling off our chairs at the moment,"

HIV 19/03/2005

29

SIDA et pharmaciens ...

http://www.ascp.com/public/pubs/tcp/1998/nov/hivaids.shtml

ascp AMERICAN SOCIETY OF CONSULTANT PHARMACISTS

Membership	Practice Resources
Meetings & Education	Government Affairs
Publications & Products	ConsultNet™
Students & New Practitioners	ASCP Calendar
ASCP Foundation	News

Quick jump to...

Current Concepts in

HIV/AIDS Pharmacotherapy

Pharmacists have assumed an increasingly important role in monitoring and fine-tuning HIV drug therapy for maximal effectiveness....

http://www.fip.org/activities/activities_working_aidsmember.html

The International Pharmaceutical Federation (FIP) and World Health Organisation (WHO) Working Group on AIDS and Drug Addiction

PHARMACISTS AS KEY FOR PREVENTION AND PHARMACEUTICAL CARE PROVIDERS FOR PEOPLE LIVING WITH HIV

COMPOSITION OF THE WORKING GROUP

BELGIUM

M. Laurent RAVEZ - Conseiller Ethique
Association Chrétienne des Institutions Sociales et de Santé,

M. F. DE BRABANTER - Directeur du Secrétariat National
Ordre des Pharmaciens Belges

M. HANOT - Président
Conseil National de l'Ordre des pharmaciens

HIV 19/03/2005

30

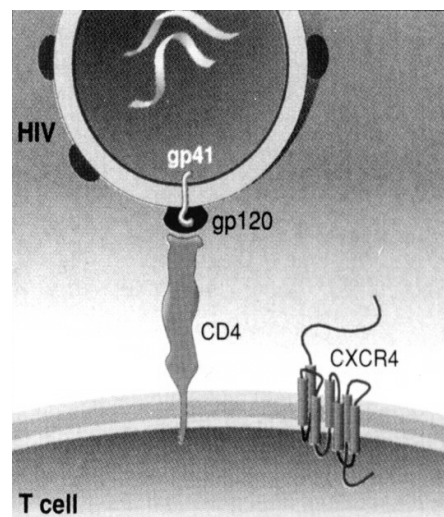
HIV REPLICATIVE CYCLE

1. Virus adsorption
2. Virus-cell fusion
3. Virus uncoating
4. Reverse transcription
5. Proviral DNA integration
6. Proviral DNA replication
7. Proviral DNA transcription to viral mRNA
8. Viral mRNA translation to viral precursor proteins
9. Maturation (proteolysis/myristoylation/glycosylation)
10. Budding (Assembly/Release)

HIV 19/03/2005

31

VIRUS ADSORPTION

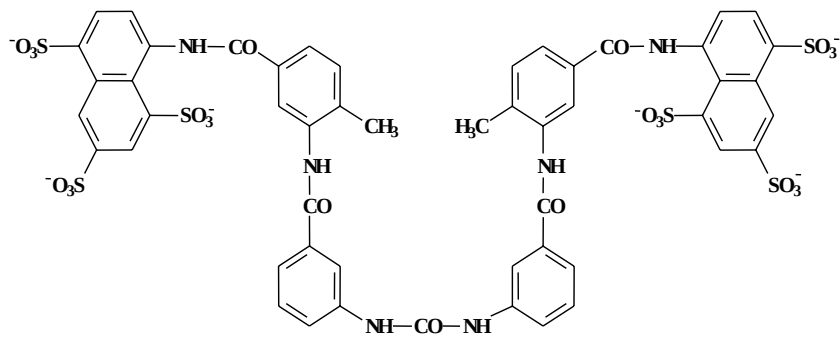


J. Cohen, Science 274, 502 (1996)

HIV 19/03/2005

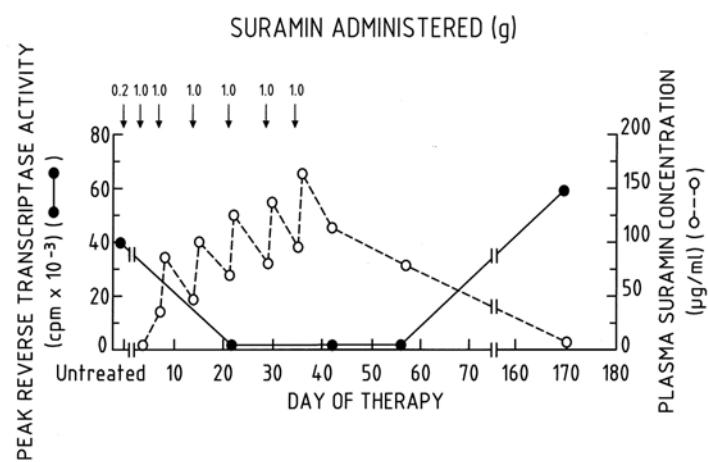
32

Suramin



HIV 19/03/2005

33



Broder *et al.*, Lancet ii, 627-630 (1985)

HIV 19/03/2005

34

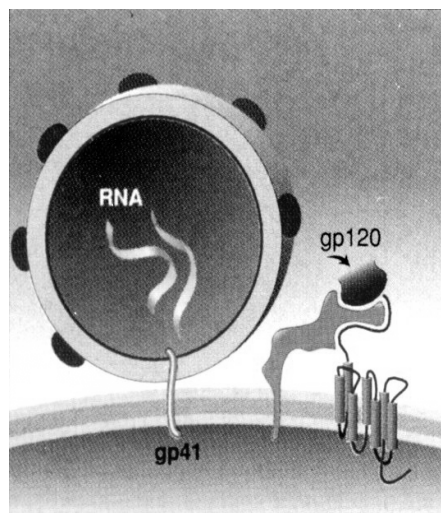
HIV REPLICATIVE CYCLE

1. **Virus adsorption**
2. **Virus-cell fusion**
3. **Virus uncoating**
4. **Reverse transcription**
5. **Proviral DNA integration**
6. **Proviral DNA replication**
7. **Proviral DNA transcription to viral mRNA**
8. **Viral mRNA translation to viral precursor proteins**
9. **Maturation (proteolysis/myristoylation/glycosylation)**
10. **Budding (Assembly/Release)**

HIV 19/03/2005

35

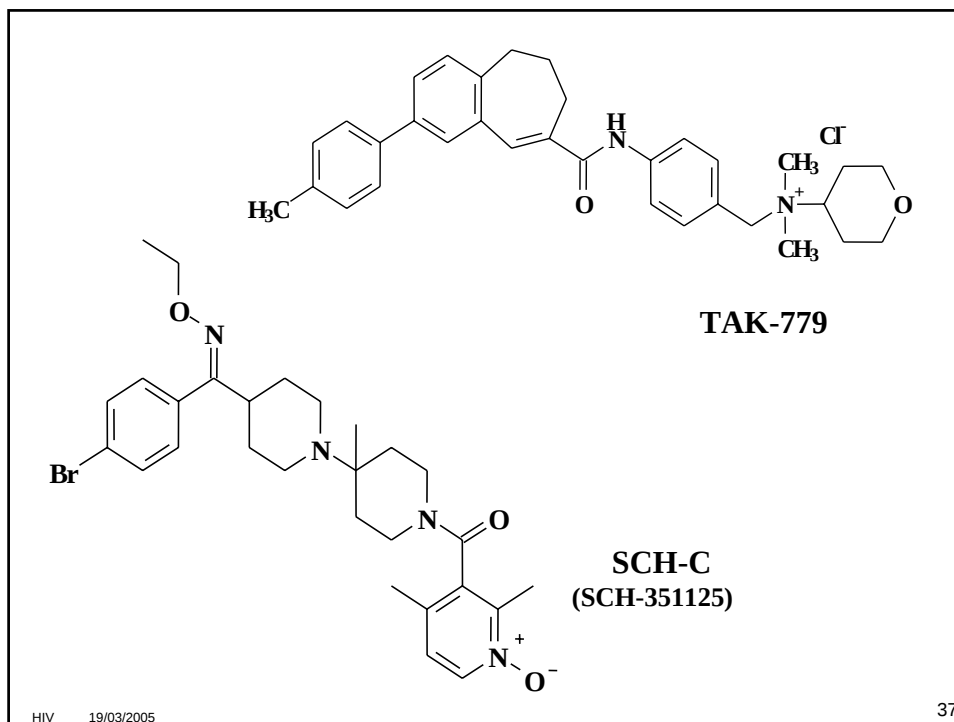
VIRUS-CELL FUSION



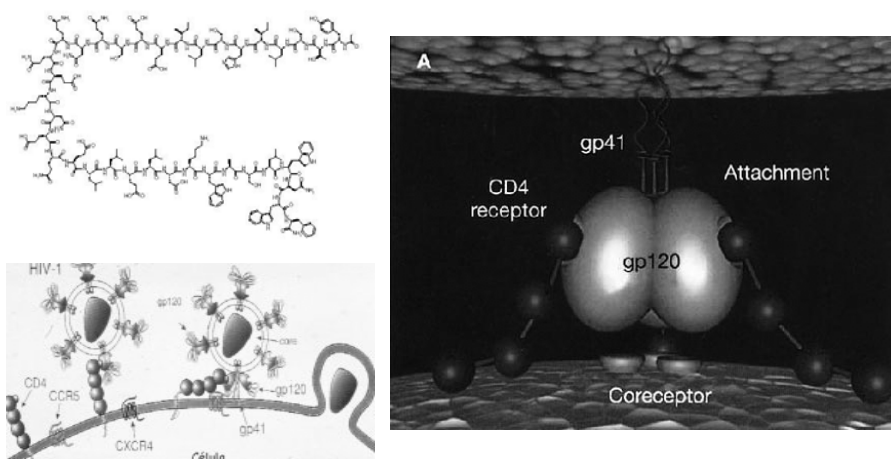
J. Cohen, Science 274, 502 (1996)

HIV 19/03/2005

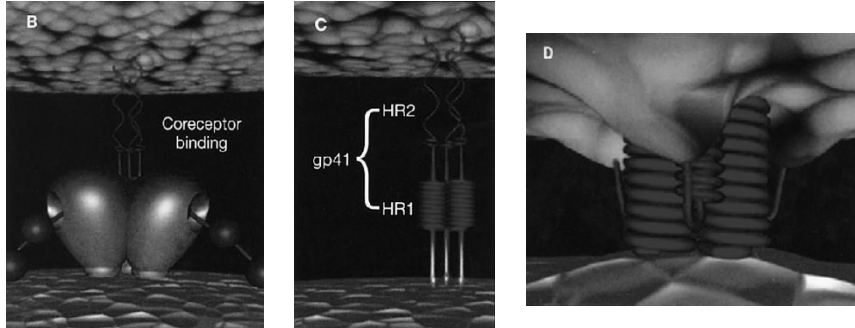
36



Inhibiteur de fusion: l'enfuvirtide



Inhibiteur de fusion: l'enfuvirtide



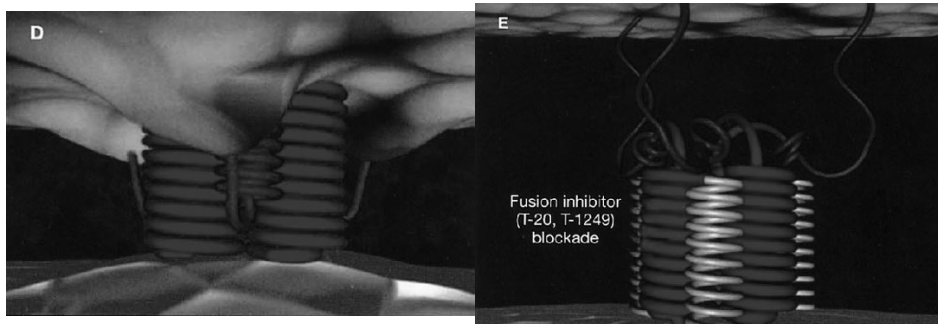
The extracellular domain of gp41 contains a fusion peptide (FP) and 2 helical regions (HRs), HR1 and HR2. The FP region is made up of hydrophobic, glycine-rich residues essential for initiation of penetration into target cell membranes [1, 3, 4]. When fusion occurs, FP inserts into the target cell membrane, and HR1 and HR2 alter their conformation to form a 6-helix structure. The process results in the formation of a fusion pore through which the HIV capsid passes into the CD4+ cell.

Cervia & Smith, Clinical Infectious Diseases 2003;37:1102-1106

HIV 19/03/2005

39

Inhibiteur de fusion: l'enfuvirtide



ENF is a synthetic peptide corresponding to the 36-aa sequence of the HR2 domain in gp41. ENF binds to the HR1 domain in the gp41 subunit of the viral envelope protein, which prevents the formation of the 6-helix structure and interferes with the conformational changes required for membrane fusion. ENF, in effect, binds to a structural intermediate of the fusion process, which impedes the transition of gp41 into a fusion-active state

Cervia & Smith, Clinical Infectious Diseases 2003;37:1102-1106

HIV 19/03/2005

40

Clinical uses of entifurvide

- must be used in combination with other antiretrovirals
- lack a bioavailable oral formulation (repeated subcutaneous injections are necessary)
- Therefore, use is restricted to patients with advanced disease who have few remaining antiretroviral treatment options (deep-salvage therapy)

Cervia & Smith, Clinical Infectious Diseases 2003;37:1102-1106

HIV REPLICATIVE CYCLE

1. **Virus adsorption**
2. **Virus-cell fusion**
3. **Virus uncoating**
4. **Reverse transcription**
5. **Proviral DNA integration**
6. **Proviral DNA replication**
7. **Proviral DNA transcription to viral mRNA**
8. **Viral mRNA translation to viral precursor proteins**
9. **Maturation (proteolysis/myristoylation/glycosylation)**
10. **Budding (Assembly/Release)**

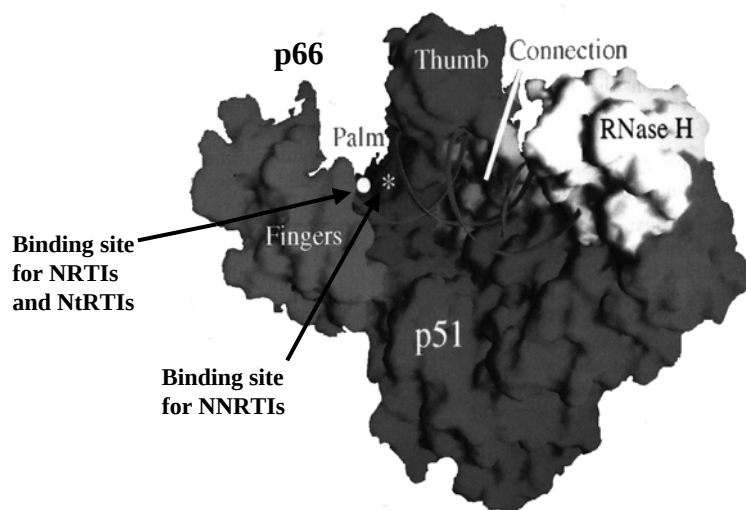
HIV REPLICATIVE CYCLE

1. **Virus adsorption**
2. **Virus-cell fusion**
3. **Virus uncoating**
4. **Reverse transcription**
5. **Proviral DNA integration**
6. **Proviral DNA replication**
7. **Proviral DNA transcription to viral mRNA**
8. **Viral mRNA translation to viral precursor proteins**
9. **Maturation (proteolysis/myristoylation/glycosylation)**
10. **Budding (Assembly/Release)**

HIV 19/03/2005

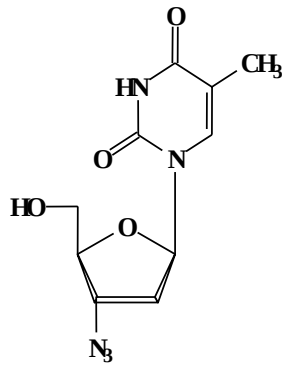
43

HIV Reverse Transcriptase



HIV 19/03/2005

44

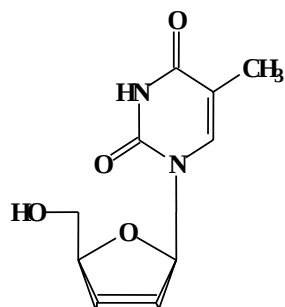


Zidovudine

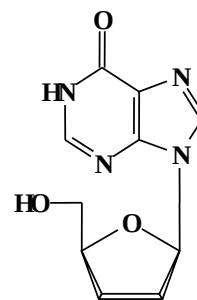
**3'-Azido-2',3'-dideoxythymidine
AZT**

HIV 19/03/2005

45



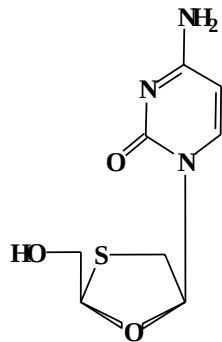
**2',3'-Didehydro-
2',3'-dideoxythymidine
D4T**



**Didanosine
2',3'-Dideoxyinosine
DDI**

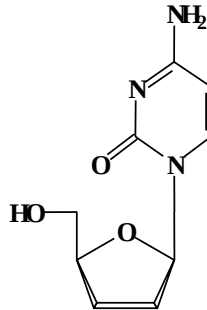
HIV 19/03/2005

46



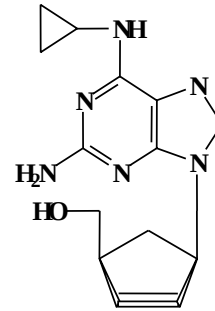
Lamivudine

2',3'-Dideoxy-
3'-thiacytidine
3TC



Zalcitabine

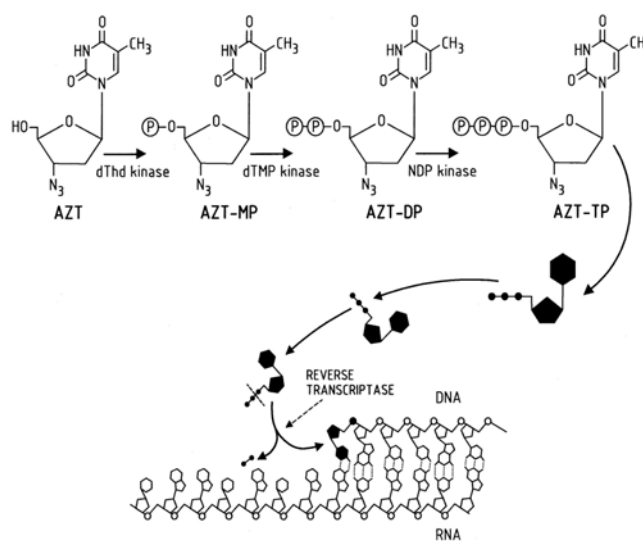
2',3'-Dideoxycytidine
DDC

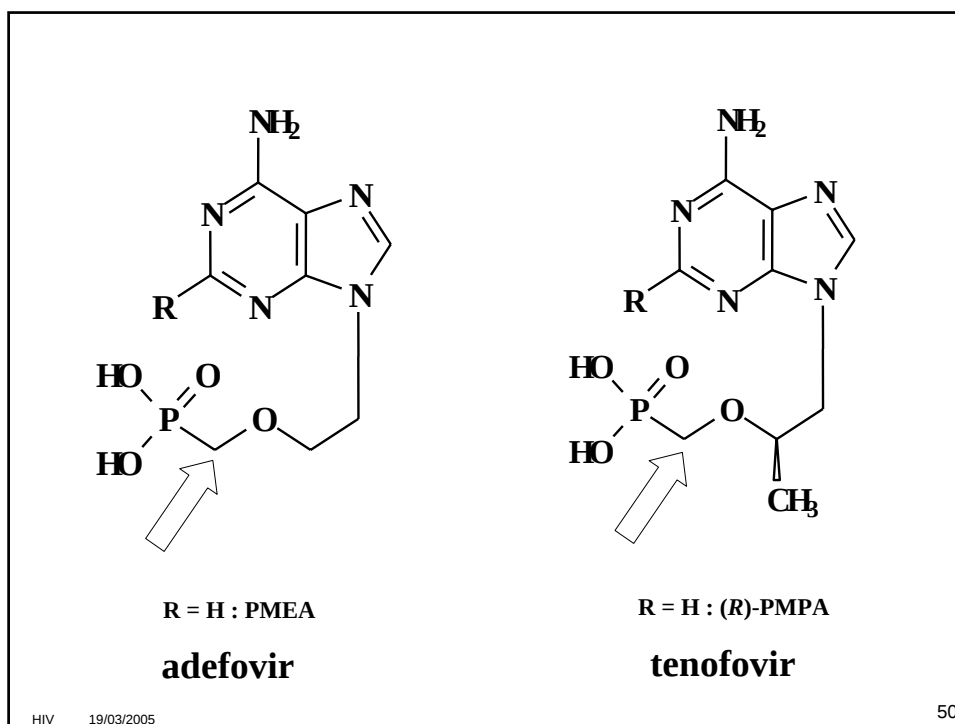
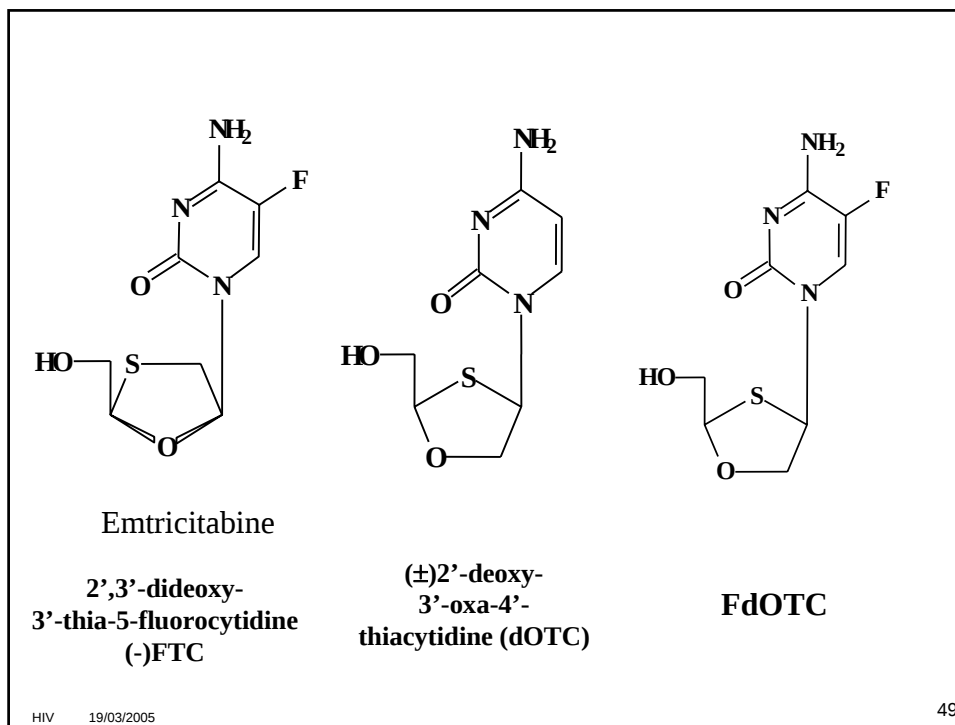


Abacavir

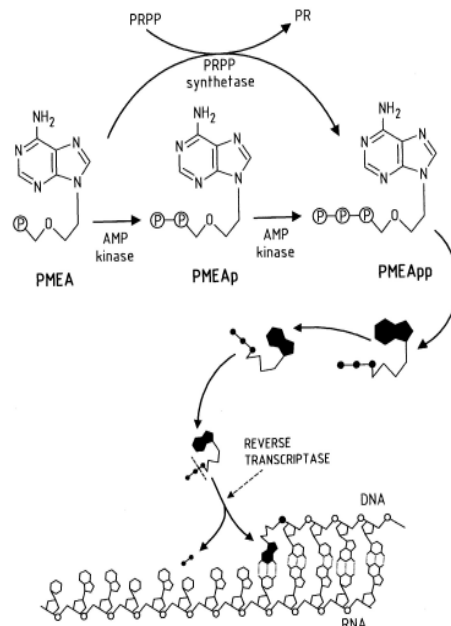
1592U89

Mechanism of action of 2',3'-dideoxynucleoside analogues, as exemplified for AZT





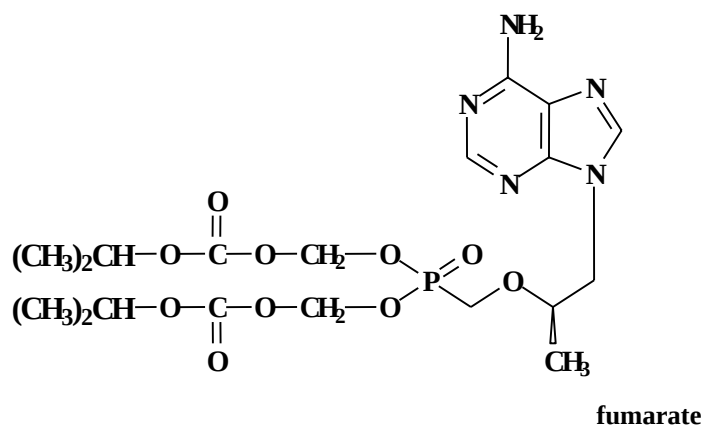
Mechanism of action of adefovir (PMEA)



Similar mechanism of action applicable to tenofovir (PMPA)

HIV 19/03/2005

51

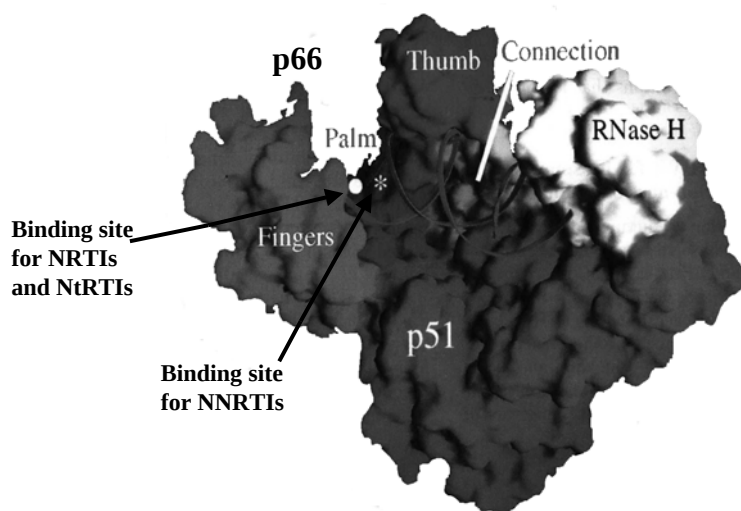


**bis(POC)-PMPA
Tenofovir disoproxil
Viread®**

HIV 19/03/2005

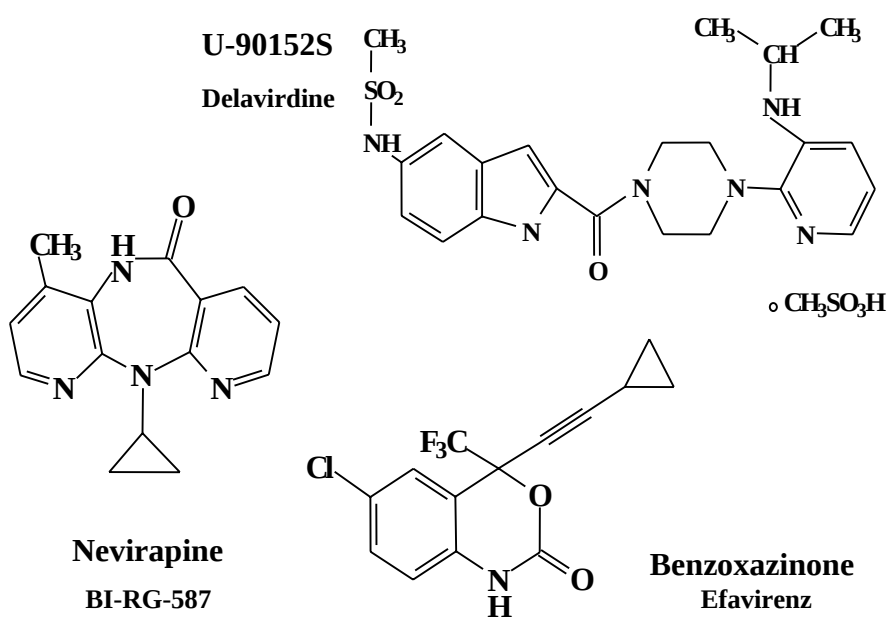
52

HIV Reverse Transcriptase



HIV 19/03/2005

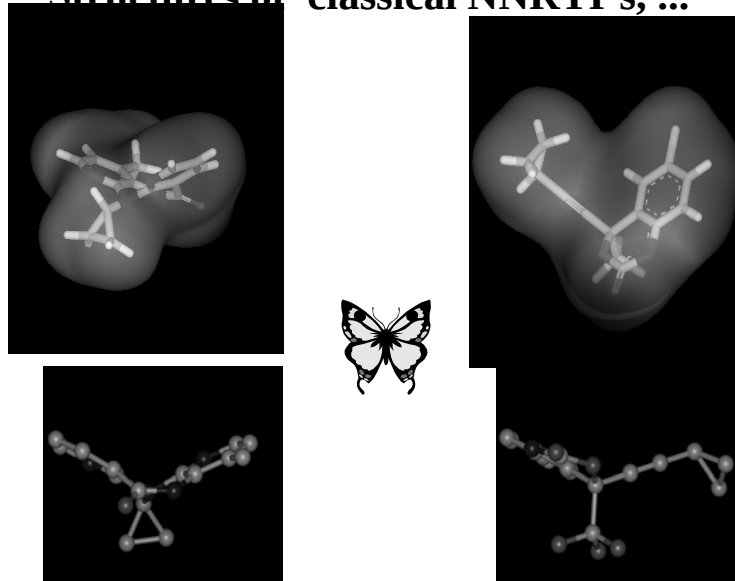
53



HIV 19/03/2005

54

Structures of classical NNRTI's, ...

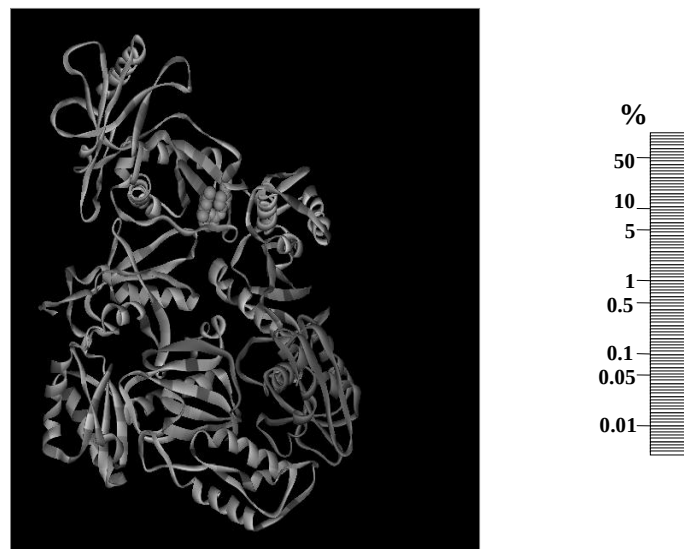


Pauwels - HIV Dart 2002 – December 15-19, Naples, Florida

HIV 19/03/2005

55

HIV RT genetic variability after drug pressure (N = 30,000)



Pauwels - HIV Dart 2002 – December 15-19, Naples, Florida

HIV 19/03/2005

56

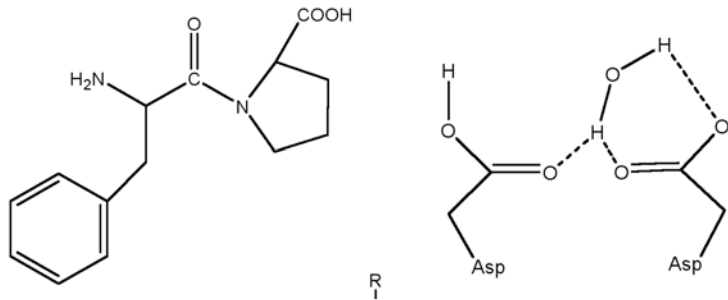
HIV REPLICATIVE CYCLE

- Virus adsorption
- Virus-cell fusion
- Virus uncoating
- Reverse transcription
- Proviral DNA integration
- Proviral DNA replication
- Proviral DNA transcription to viral mRNA
- Viral mRNA translation to viral precursor proteins
- Maturation (proteolysis/myristoylation/glycosylation)
- Budding (Assembly/Release)

Processing of peptide synthesized by the HIV genome

- Retrovirally encoded proteases are responsible for the maturation of immature viral particles yielding mature, infectious virus.
- This is done by self-activation of the protease (PR) from a larger viral gag-PR-(pol) protein (zymogen) precursor and subsequent processing of the viral reverse transcriptase (RT) and integrase (IN), and the gag protein precursor into mature gag proteins.
- Blocking this proteolytic process results in production of immature, non-infective virions.
- **All retroviral proteases are aspartic-type proteases and act on a Phe-Pro scissile bond of the gag/pol gene polyprotein product.**

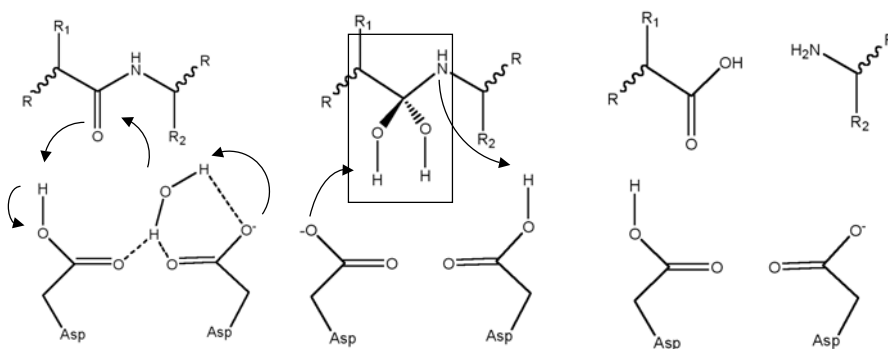
Lien Phe-Pro et aspartate protease ...



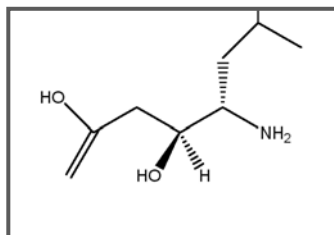
HIV 19/03/2005

59

Mechanism of aspartate protease and typical inhibitor (pepstatin)

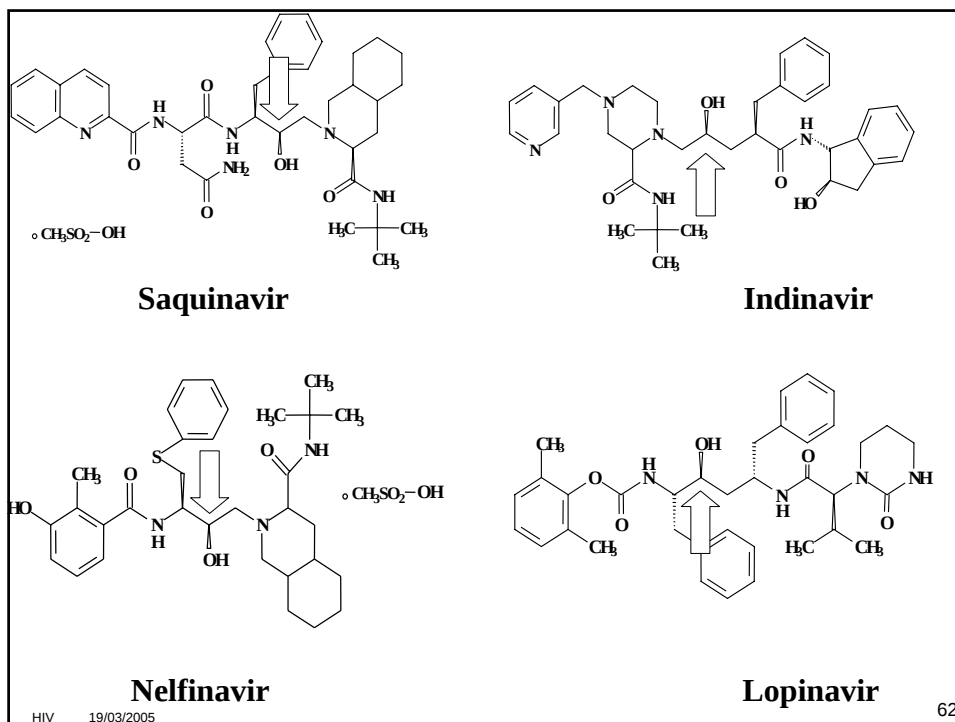
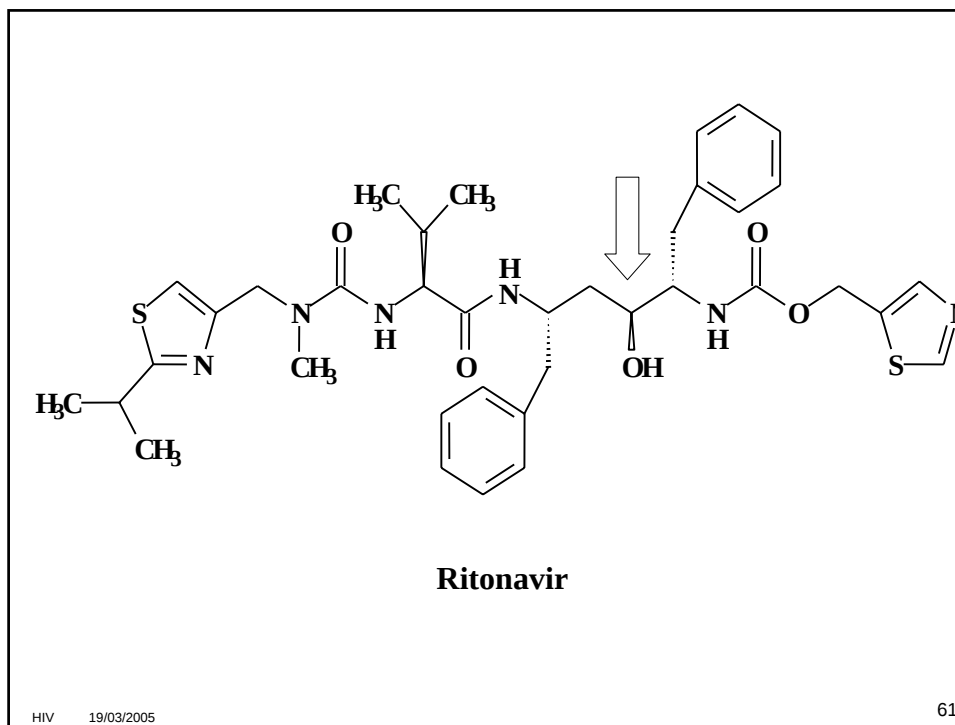


Pepstatine...



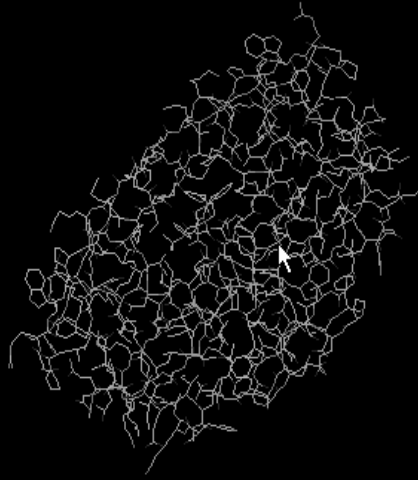
HIV 19/03/2005

60



HIV protease

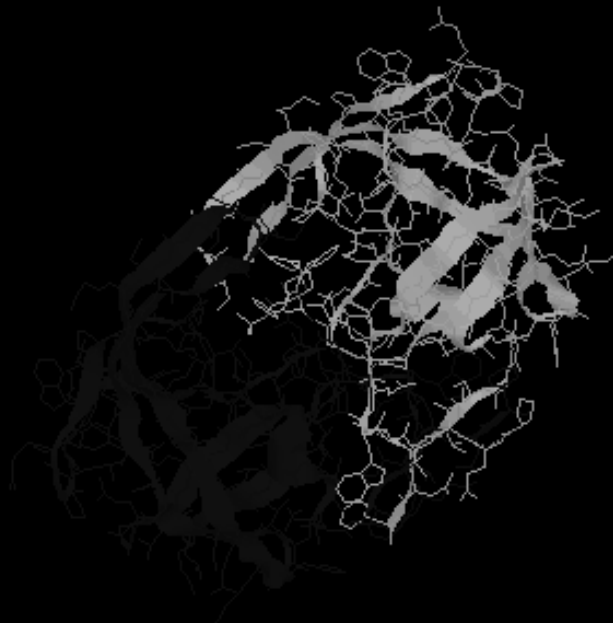
HIV 19/03/2005



MDL

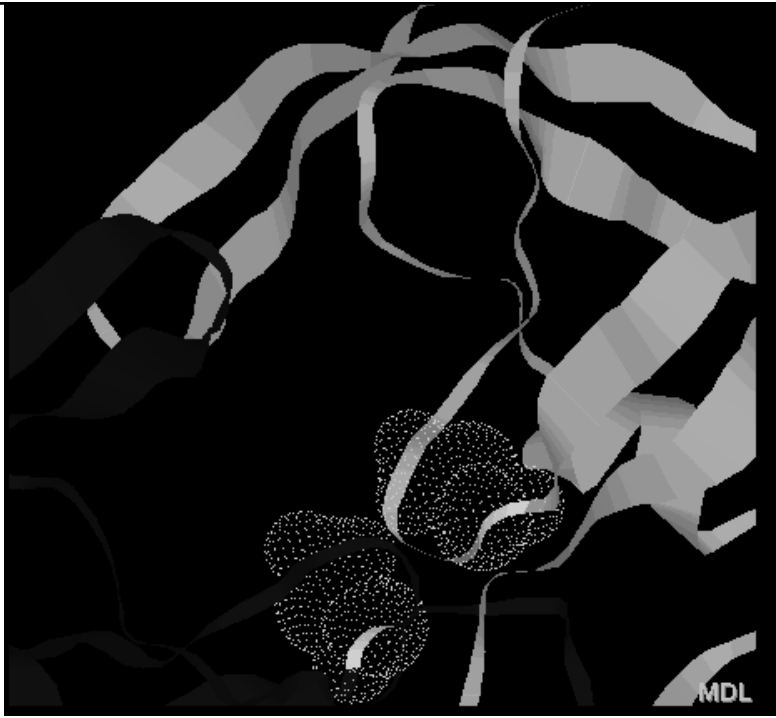
HIV protease

HIV 19/03/2005



HIV protease

HIV 19/03/2005



HIV protease

HIV 19/03/2005



HIV protease



HIV 19/03/2005

MUTATIONS IN THE HIV PROTEASE GENE ASSOCIATED WITH REDUCED SUSCEPTIBILITY TO PROTEASE INHIBITORS (PIs)

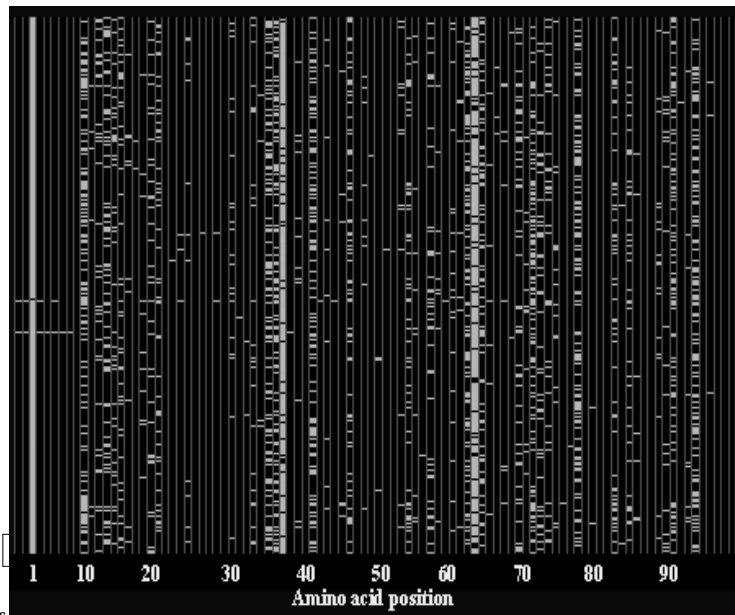
Multi-PI Resistance: Accumulation of Mutations	L	M					I		V			I	L			
	10	48					54		82			84	90			
	I	I					V		A			P	M			
	I	L					M		T			S				
	V						L									
Indinavir	L	K	L	V	M	M	I	A	G	V	V	I	L			
	10	20	24	32	36	46	54	71	73	77	82	84	90			
	I	M	I	I	I	L	V	V	S	I	A	V	M			
	I	R						T	A							
Ritonavir	L	K	V	L	M	M	I	A	V	V	I	L				
	10	20	32	33	36	46	54	71	77	82	84	90				
	I	M	I	F	I	L	V	V	I	A	V	M				
	I	R						T								
Saquinavir	L						G	I	A	G	V	V	I	L		
	10	48					54	71	73	77	82	84	90			
	I	V					V	L	V	S	I	A	V	M		
	I	R														
Nelfinavir	L	D		M	M				A	V	V	I	N	L		
	10	30		36	46	54			71	77	82	84	88	90		
	I	N		I	L	V			V	I	A	V	D	M		
	I															
Amprenavir	L	V		M	I	I	G		I	L						
	10	32		46	47	50	54	73	84	90						
	I	I		I	V	V	L	S	V	M						
	I	R														
Lopinavir/ Ritonavir	L	K	L	V	L	M	I	I	F	I	L	A	G	V	I	L
	10	20	24	32	33	46	47	50	53	54	63	71	73	82	84	90
	I	M	I	I	F	I	V	V	L	V	P	V	S	I	A	V
	I	R				L										
Atazanavir (expanded access)	V		M	I	I	A	V	I	N	L						
	32		46	50	54	71	82	84	88	90						

http://www.iasusa.org/resistance_mutations/index.html

HIV 19/03/2005

68

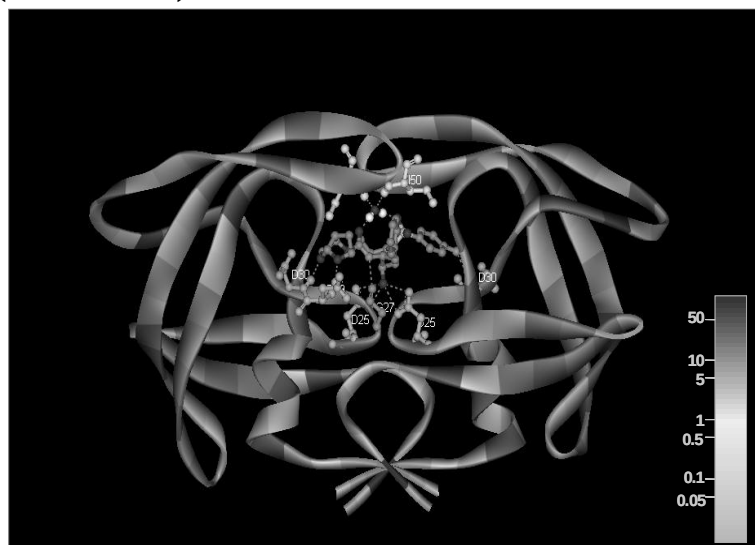
HIV protease gene diversity matrix



Pauwels
HIV 19/03/2005

69

HIV protease genetic variability after PI drug pressure (N = 30,000)

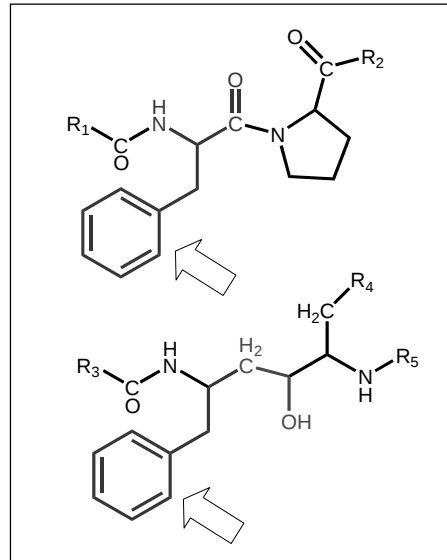


Pauwels - HIV Dart 2002 – December 15-19, Naples, Florida
HIV 19/03/2005

70

Interférences médicamenteuses et inhibiteurs de protéase ...

- Cette protéase doit scinder un lien Phe-Pro
- Les inhibiteurs miment donc tous une Phe...

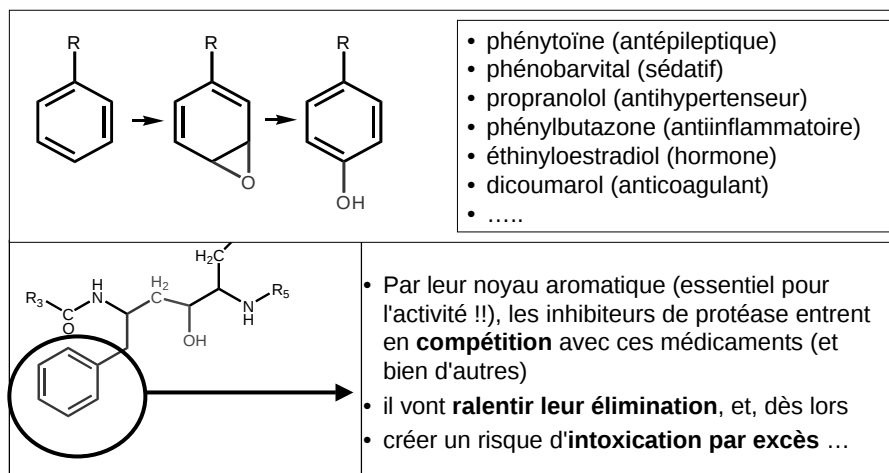


HIV 19/03/2005

71

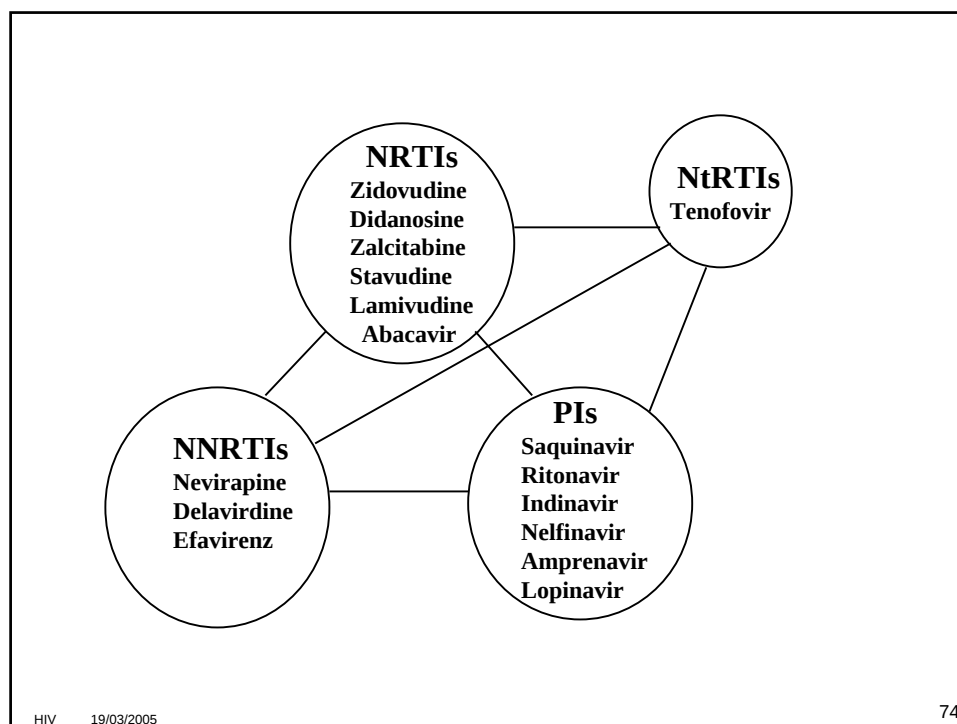
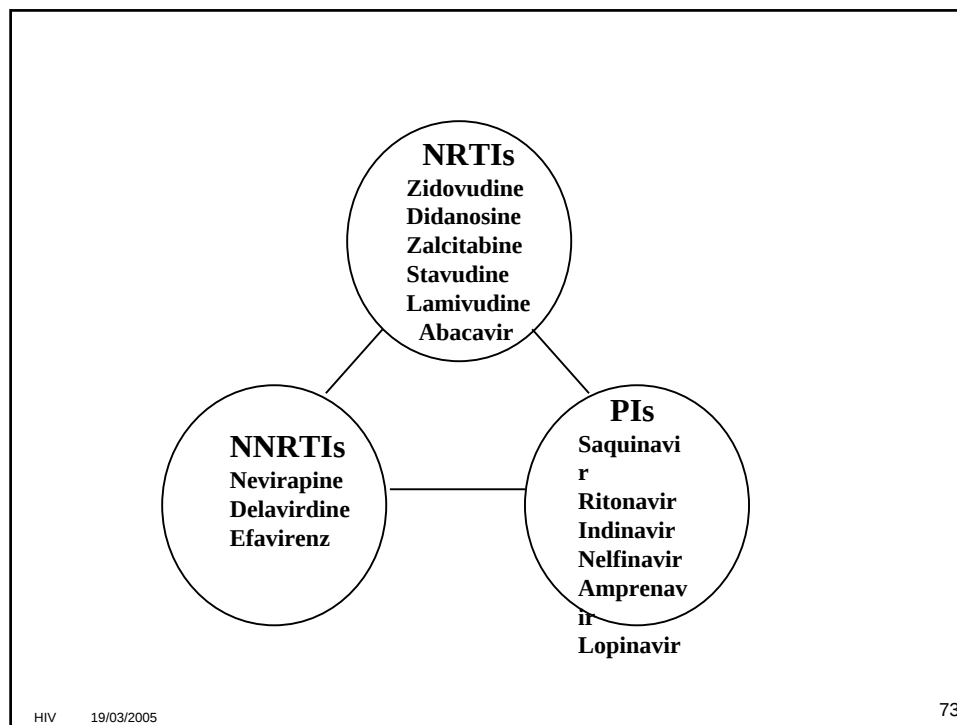
Métabolisme des substances à noyau aromatique...

- La plupart des médicaments (et autres substances) à noyau aromatique sont métabolisés en dérivés hydroxylés, ce qui est essentiel pour leur élimination



HIV 19/03/2005

72



Anti-retroviral Therapy (ART): When to initiate treatment - CDC Guidelines

Clinical Category	CD4 count	HIV RNA VL	Recommendation
Symptomatic/AIDS	Any value	Any value	Treat
Asymptomatic AIDS	<200 /mm ³	Any value	Treat
Aymptomatic	200-350 /mm ³	Any value	Offer treatment; controversial
Aymptomatic	> 350 /mm ³	>55,000	Some would initiate or follow CD4/VL closely
Aysmptomatic	>350 /mm ³	<55,000	Many defer and observe as 3 yr risk AIDS <15%
Acute HIV infection	Any value	Any value	Offer treatment

HIV 19/03/2005

75

Anti-retroviral Therapy (ART): When to initiate treatment - WHO guidelines

- **WHO stage IV (AIDS-defining diagnosis), regardless of CD4 count**
- **CD4 available: WHO stage I,II,III and CD4 <200 cells/mm³**
- **CD4 not available: WHO stage II,III (symptomatic HIV) plus absolute lymphocyte count <1200/mm³**

HIV 19/03/2005

76

Anti-retroviral Therapy (ART): Goals of Treatment

- Decrease viral load (0.5-0.75 log₁₀) within 4 weeks or
- Decrease in viral load 1 log 10 in 8 weeks
- Undetectable VL (<50 or <20 copies) at 4-6 months
- Restoration or preservation of immune function
- Reduction of HIV related morbidity and mortality

HIV 19/03/2005

77

Anti-Retrovirals

Nucleoside Reverse Transcriptase Inhibitors (NsRTIs)

Drug	CDC Group	Dose	Side Effects
Abacavir (ABC)	Group A	300 mg bid	Hypersensitivity rxn, fever, rash, lactic acid
Zidovudine (AZT, ZDV)	Group B	200 mg tid 300 mg bid	BM supp, anemia, GI, LA, HA, insomnia
Stavudine (d4T)	Group B	40 mg bid 30 mg bid	Pancreatitis, LA w/ steatohep, neuropathy
Lamivudine (3TC)	Group B	150 mg bid	LA w/ steatohepatitis
Didanosine (ddI)	Group B	200 mg bid, 400 mg qd 125 mg bid, 250 mg qd	Pancreatitis, neuropathy, GI, LA w/ steatohepatitis
Zalcitabine (ddC)	Group B	0.75 mg qd	Neuropathy, stomatitis, LA

HIV 19/03/2005

78

Anti-Retrovirals

Nucleoside Reverse Transcriptase Inhibitors (NRTIs)

Drug	Brand	Dose	Side Effects
AZT + 3TC	Combivir	1 tab bid	Same as AZT, 3TC
AZT + 3TC + ABC	Trizivir	1 tab bid	Same as AZT, 3TC, ABC

Nucleotide Reverse Transcriptase Inhibitors (NtRTIs)

Tenofovir (TDF)	Group A	300 mg qd	No renal toxicity; limited expanded access
-----------------	---------	-----------	--

HIV 19/03/2005

79

Anti-Retrovirals

Non-nucleotide Reverse Transcriptase Inhibitors (NNRTIs)

Drug	Brand	Dose	Side Effects
Efavirenz (EFV)	Sustiva	600 mg qhs	Rash, CNS, hepatitis, induce, inhibits P450
Nevirapine (NVP)	Viramune	200 mg bid	Rash, elevated LFTs, hepatitis, induce P450
Delavirdine (DLV)	Rescriptor	400 mg tid	Rash, elevated LFTs, HA, inhibits P450

HIV 19/03/2005

80

Anti-Retrovirals Protease Inhibitors (PIs)

Drug	Brand	Dose	Side Effects
Saquinavir (SQV)	Inivirase	400 mg bid w/ ritonavir	GI intolerance, N/D/HA
Saquinavir (SQV)	Fortovase	1200 mg tid	Elevated LFTs, fat redistn, DM
Ritonavir (RTV)	Norvir	600 mg q12	GI, N/V/D, hepatitis, pancreatitis, incr lipids, DM, fat redistn, neuro
Nelfinavir (NFV)	Viracept	1250 mg bid 750 mg tid	D/N, DM, Fat redistn, Lipids abnl
Indinavir (IDV)	Crixivan	800 mg q8h	Nephrolithiasis, GI intol, N, HA, incr LFTs, DM, fat redistn
Lopinavir + Ritonavir	Kaletra	400 mg lop+ 100 mg rit bid	GI, N/V/D, DM, fat redistn, elevated LFTs
Amprenavir (APV)	Agenerase	1200 mg bid	GI, N/V/D, rash, DM, fat redistn, LFTs, Lipid

HIV 19/03/2005

81

Anti-Retrovirals: Strongly Recommended Regimens

■ Group A

- ◆ Efavirenz
- ◆ Indinavir
- ◆ Nelfinavir
- ◆ Ritonavir + Indinavir
- ◆ Ritonavir + Lopinavir
- ◆ Ritonavir + Saquinavir

■ Group B

- ◆ Didanosine + Lamuvidine
- ◆ Stavudine + Didanosine
- ◆ Stavudine + Lamuvidine
- ◆ Zidovudine + Didanosine
- ◆ Zidovudine + Lamivudine

HIV 19/03/2005

82

Anti-Retrovirals CDC Recommended Regimens

- Combine one from Group A and one from Group B
- No mono or dual therapies
- Class sparing regimens:
 - ◆ 2 NRTIs + NNRTI
 - ◆ 3 NRTIs
 - ◆ 2 NRTIs + 1 or 2 PIs
- If previous treatment, consider resistance testing prior to initiating treatment

Anti-retroviral Therapy: WHO Guidelines for Resource Limited Settings

NsRTIs	NtRTIs	NNRTIs	PIs
Zidovudine (ZDV, AZT)	Tenofovir (TDF)	Nevirapine (NVP)	Saquinavir (SQV)
Didanosine (ddI)		Efavirenz (EFV)	Ritonavir (RTV)
Stavudine (d4T)			Indinavir (IDV)
Lamivudine (3TC)			Nelfinavir (NFV)
Abacavir (ABC)			Lopinavir/ritonavir (LPV/r)

Anti-retroviral Therapy (ART): First Line agents in resource limited settings

- 2 nucleoside analogs + NNRT or PI
- Examples starting regimen:
 - ◆ Abacavir regimen: AZT/3TC/ABC
 - ☞ trizavir - one pill bid
 - ◆ NNRTI regimen: AZT/3TC/EFZ or AZT/3TC/ NVP (NVP in pregnancy)
 - ◆ PI regimen: AZT/3TC + one of IDV/RTV, SQV/RTV, or NFV

Prevention of Mother-to-Child Transmission: Resource Limited Settings

- Short course ARV regimens for prevention of MTCT can be associated with ARV resistance
 - ◆ Most often seen with Nevirapine and 3TC
- Suggested Regimens:
 - ◆ AZT or AZT/3TC - continued through delivery
 - ◆ Nevirapine - one dose to mother & child
- PIs do not cross placenta
- d4T/ddI *not* recommended during pregnancy due to side effects (lactic acidosis/steatohepatitis)

Antiretroviral Therapy Adherence Support

- One-on-one support
 - ◆ Counselling
 - ◆ Treatment assistant (self-selected)
 - ◆ Home visits
- Peer support
 - ◆ Support groups composed of people on ART
- Adherence materials
 - ◆ Pill box (with customized packing instructions)
 - ◆ Daily schedule
 - ◆ Self-monitoring form

HIV 19/03/2005

87

Antiretroviral Therapy Adherence Support



HIV 19/03/2005

88

Opportunistic Infections & Complications by CD4 Count

CD4 Count	Infectious	Non-Infectious
> 500/mm ³	Acute HIV Candidal vaginitis	PGL GBS Myopathy Aseptic meningitis
200-500/ mm ³	Pneumococcal PNA Pulm Tb Zoster Thrush Cryptosporidiosis KS OHL	CIN Cervical Cancer B-cell Lymphoma Anemia Mononeuronal multiplex ITP Hodkin's Lymphoma LIP

HIV 19/03/2005

89

Opportunistic Infections & Complications by CD4 Count

CD4 Count	Infectious	Non-Infectious
< 200/mm ³	<i>P. carinii</i> pneumonis Disseminated mycoses Miliary /extrapulm Tb PML	Wasting Peripheral neuropathy HIV dementia Cardiomyopathy Vacuolar myelopathy Polyradiculopathy NH Lymphoma
< 100/mm ³	Disseminated HSV Toxoplasmosis Cryptococcosis Cryptosporidiosis Microsporidiosis Candidal esophagitis	
< 50/mm ³	Disseminated CMV Disseminated MAI	CNS lymphoma

HIV 19/03/2005

90

Primary Prophylaxis of Opportunistic Infections

Pathogen	Indication	First agent	Alternative
Pneum. Cyst. C.	CD4<200	Cotrimox.1 DSqd or 1 SS qd	Dapsone 100 qd Dapsone 50 + pyrimethamine + leuco Atovaquone 1500/day
MTb	PPD > 5 mm Exposure	INH 300 + B6 x 9 m	Rifampin 600 qd x 4 m
MTb (INH resistant)	PPD > 5 mm	Rifampin 600 qd Rifabutin 300 qd	Pyrazinamide + rifampin or rifabutin
Toxo	IgG Ab + & CD4<100	Cotrimox.1 DSqd	Bactrim 1 SS qd, Dapsone+ pyrimethamine+ leuvovorin
MAI	CD4<50	Azithromycin 1200 qw Clarithromycin 500 bid	Rifabutin, azithro + rifabutin
Zoster	Exposure	VZIG –5 vials within 96 hours	-

HIV 19/03/2005

91

Primary & Secondary Prophylaxis of Opportunistic Infections

Pathogen	Indication	First agent	Alternative
Strep PNA	CD4<200	Pneumovax	
HBV	HbsAb neg	HBV vaccine x 3	
Influenza	Oct-dec	Flu vaccine	Anti-virals
HAV	HAV negative + risk	HAV vaccine x 2	
Crypto		Fluconazole 200 qd	Itraconazole 200 bid
Histo		Intraconazole 200 qd	
Coccidio		Fluconazole 400 qd	Itraconazole 200 bid
CMV		Consult expert	

HIV 19/03/2005

92

OI Prophylaxis in Resource Limited Settings

- ***Pneumocystis Carinii* Pneumonia & Toxoplasma**
 - ◆ Cotrimoxazole 1 DS or 1 SS qd
- **Recurrent Bacterial PNA and Infections**
 - ◆ Cotrimoxazole 1 DS or 1 SS qd
- **Mycoses (ie Cryptococcus) when CD4<100**
 - ◆ Fluconazole 200 mg qd
- **Esophageal Candidiasis**
 - ◆ Fluconazole 200 mg qd
- ***Mycobacterium Tb***
 - ◆ PPD, Chest X-ray
 - ◆ INH 300 mg po qd + B6 x 9 months or short regimens

Web Resources

- **WHO - Expanded Access to HIV/AIDS treatment**
 - ◆ http://www.who.int/hiv/topics/arv/scaling_exe_fr.pdf
 - ◆ <http://www.who.int/hiv/topics/arv/en/>
 - ◆ <http://www.who.int/hiv/en/>
- **STI treatment**
 - ◆ http://www.who.int/docstore/hiv/STIManagementguidelines/who_hiv_aids_2001.01/
- **JHU Medical Management of HIV**
 - ◆ <http://www.hopkins-aids.edu/>
 - ◆ <http://www.hopkins-aids.edu/publications/abbrevgd/abbrevgd.pdf>
- **CDC/USPHS Guidelines**
 - ◆ <http://www.hivatis.com>

References

- WHO/UNAIDS. A commitment to Action for Expanded Access to HIV/AIDS Treatment. December 2002
- WHO/UNAIDS. Scaling up Antiretroviral Therapy in Resource-Limited Settings. December 2002
- CDC/USPHS. Guidelines for Using Antiretroviral Agents Among HIV Infected Adults and Adolescents. May 2002
- Bartlett JG, Gallant JE. Johns Hopkins University School of Medicine Medical Management of HIV Infection 2001-2002.
- Hammer S. M. Increasing Choices for HIV Therapy. N Engl J Med 2002; 346:2022-2023, Jun 27, 2002
- Steinbrook R. Beyond Barcelona — The Global Response to HIV N Engl J Med 2002; 347:553-554, Aug 22, 2002