Vancomycin: What is new (since 2011) ?

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http://www.facm.ucl.ac.be

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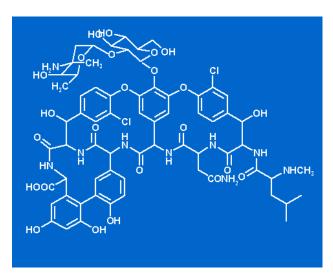


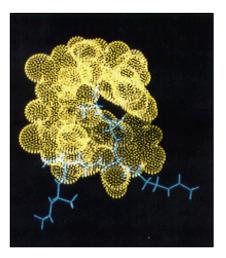
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Contents of the presentation

- Vancomycin
 - short summary
 - how to measure MICs
 - high doses in America ... and the risks
 - continuous infusion of vancomycin: why and how

Vancomycin History





binding of vancomycin to D-Ala-D-Ala

- first isolated in 1953 by Edmund Kornfeld at Eli Lilly & Co.¹ from a soil sample collected in Borneo and produced by *Amycolatopsis orientalis*.
- active against Gram-positive organisms only (size !) and most notably against penicillin-resistant *S. aureus* and *Enterococci* (naturally poorly susceptible to penicillins) by binding to the D-Ala-D-Ala motif in nascent peptidoglycan
- remained for long a rarely used antibiotic because
 - poor oral bioavailability (must be given intravenously for most infections)
 - development of β-lactamase-resistant semi-synthetic penicillins (methicillin and derivatives) that solved the problem of β-lactamase-producing S. aureus
 - originally impure forms ("Mississippi mud") causing oto- and nephtotoxicity
- regained increasingly large usage from the mid-80's because of the widespread emergence of MRSA (methicillin-resistant *S. aureus*) that are resistant to all conventional β-lactams (incl. carbapenems)

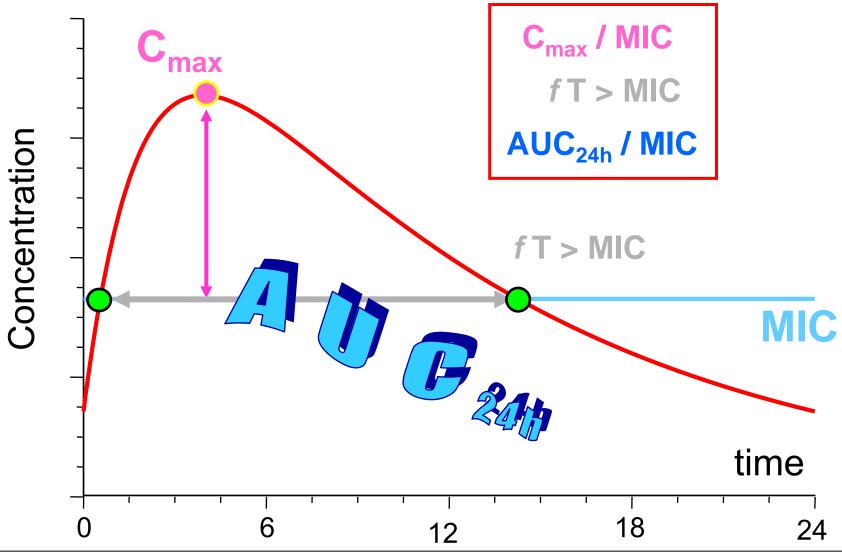
¹ first company to mass-produce penicillin in in the 1940's

Vancomycin: spectrum and resistance

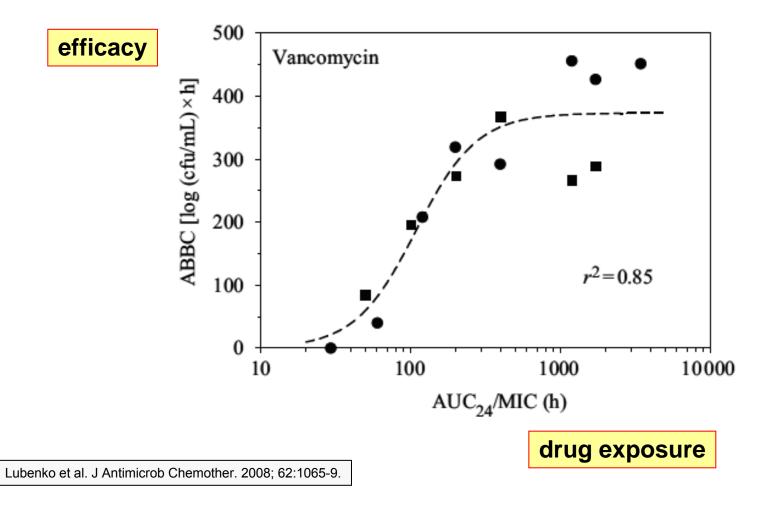
- Broad activity against Gram-positive microorganisms.
 - Staphylococci (*S. aureus, S. epidermidis, S. saprophyticus, S. haemolyticus, S. hominis, S. warneri,* and other coagulase-negative staphylococci)
 - most Enterococcus faecalis (variable for E. faecium)
 - Streptococcus pneumoniae and S. pyogenes; S. agalactiae, group C and group G streptococci,
 - Listeria monocytogenes
 - Bacillus anthracis, B. cereus, and other Bacillus spp.,
 - Corynebacterium spp.
 - anaerobes: Peptostreptococcus spp., Actinomyces spp., Propionibacterium spp., Clostridium spp. (including Clostridium difficile (not Clostridium ramosum)
- Lactobacillus spp., intrinsically vancomycin resistant.
- Clinically important resistance:
 - S. aureus: tickening of the cell wall (VISA): MICs increase from 2 to 8-16 mg/L (heteroresistance)
 - Enterococci (VRE): acquisition of gene(s) causing a change from D-Ala-D-Ala to D-Ala-D-Lac or D-Ala-D-Ser (usually high MICs)

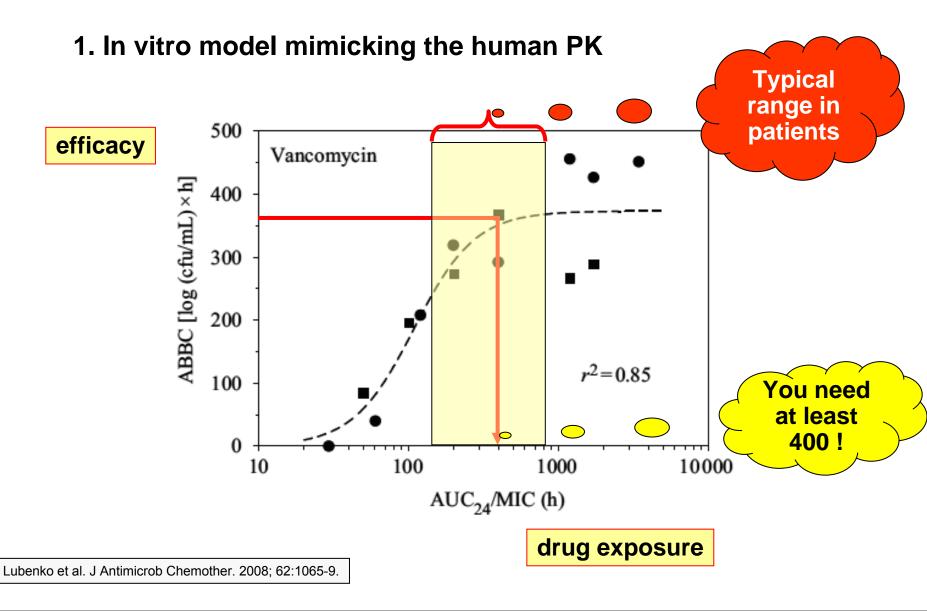
Vancomycin and Pharmacodynamics

• Vancomycin is an AUC_{24h}-MIC dependent antibiotic

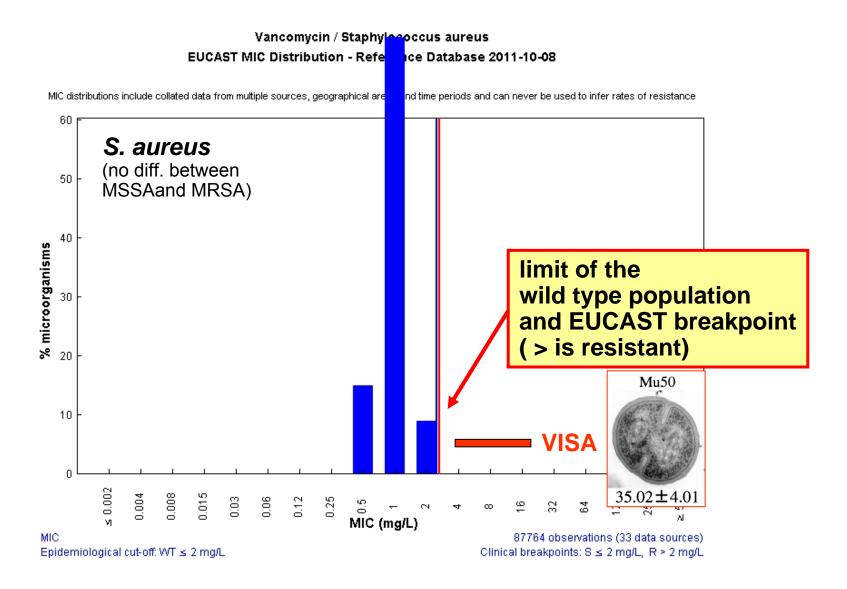


1. In vitro model mimicking the human PK





Vancomycin and MIC (EUCAST distributions)



ORIGINAL RESEARCH ARTICLE

Clin Pharmacokinet 2004; 43 (13): 925-942 0312-5963/04/0013-0925/\$31.00/0

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Pharmacodynamics of Vancomycin and Other Antimicrobials in Patients with Staphylococcus aureus Lower Respiratory Tract Infections

Pamela A. Moise-Broder,¹ Alan Forrest,^{1,2} Mary C. Birmingham¹ and Jerome J. Schentag^{1,2}

- 1 CPL Associates, LLC, Amherst, New York, USA
- 2 University at Buffalo School of Pharmacy and Pharmaceutical Sciences, Buffalo, New York, USA

Moise-Broder *et al.* Clin. Pharmacokinet. 2004; 43:925-942

2. In vivo (clinical study) – clinical success

| Characteristic | Odds ratio | 95% CI | p-Value | |
|---|---------------|------------|---------|--|
| Vancomycin AUC ₂₄ /MIC value ≥350 | 7.19 | 1.91, 27.3 | 0.0036 | |
| MSSA as pathogen | 3.88 | 1.10, 14.8 | 0.0359 | |
| Single lobe involvement | 6.32 | 1.56, 25.6 | 0.0099 | |
| Baseline serum albumin (per 1 g/dL) | 3.73 | 1.09, 12.8 | 0.0364 | |
| Baseline CLCR (per 1 mL/min) | 1.04 | 1.01, 1.07 | 0.0154 | |
| AUC ₂₄ /MIC = steady-state 24-hour area under the concentration- time curve divided by the minimum inhibitory concentration; CL _{CR} = creatinine clearance; MSSA = methicillin-susceptible <i>Staphylococcus aureus</i> . | | | | |

Table IV. Odds ratios for clinical success

Moise-Broder et al. Clin. Pharmacokinet. 2004; 43:925-942

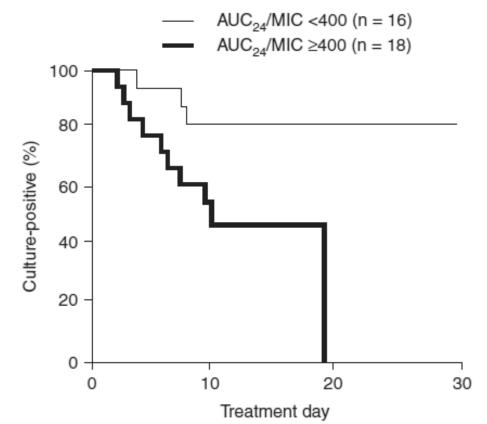


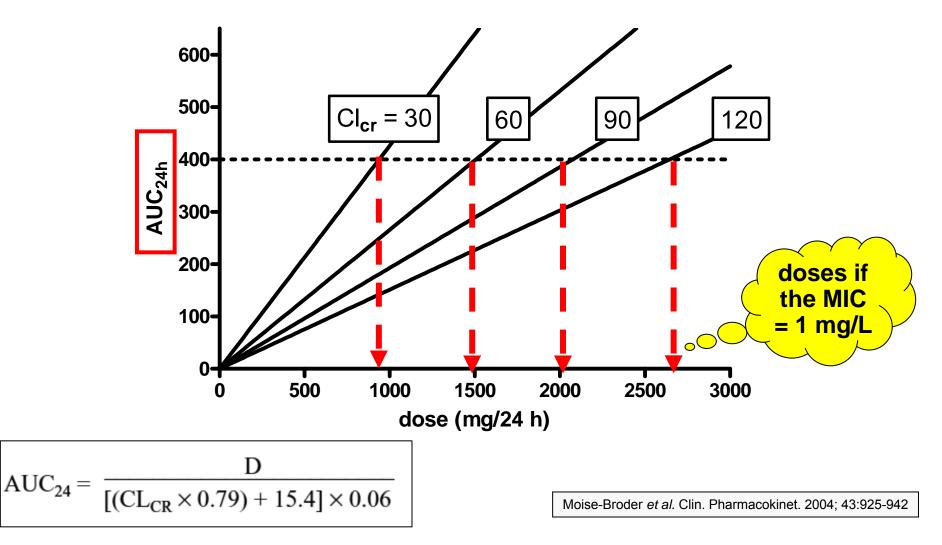
Fig. 4. Time (days of therapy) to bacterial eradication vs vancomycin AUC₂₄/MIC <400 and AUC₂₄/MIC ≥400 illustrated by a Kaplan-Meier survival plot of day of therapy vs the percentage of patients remaining culture-positive on that day. The two AUC₂₄/MIC groups differed significantly (p = 0.0402). AUC₂₄/MIC = steady-state 24hour area under the concentration-time curve divided by the minimum inhibitory concentration.

WBI - HUP cooperation - Vancomycin - Bach mar hospital

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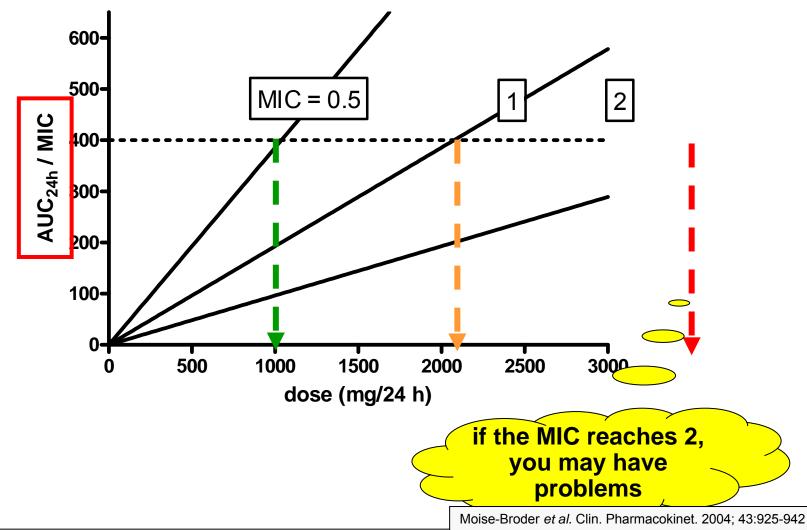
How to calculate the AUC_{24h} with the conventional BID schedule ?

AUC vs. dose for diff. CL_{cr}



How to calculate the AUC_{24h} with the conventional BID schedule ?

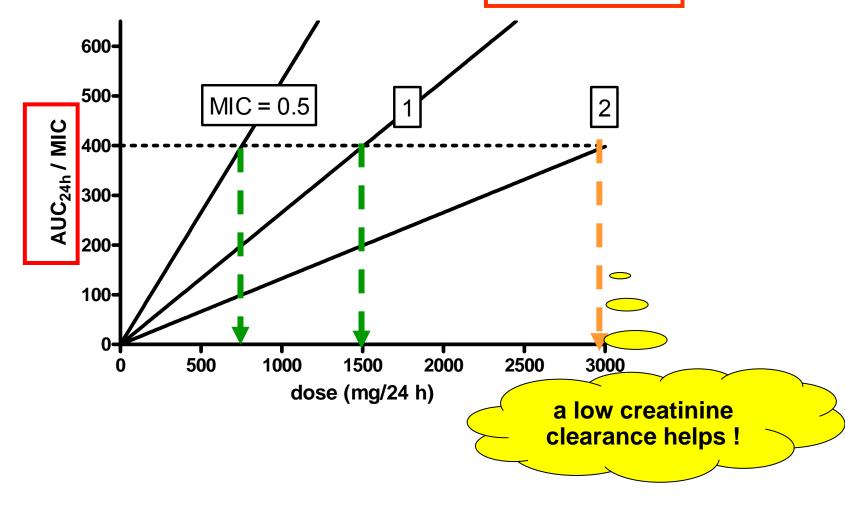
AUC_{24h} / MIC vs. dose for diff. MIC and CL_{cr} =90 mL/min



WBI - HUP cooperation - Vancomycin - Bach Mai Hospital

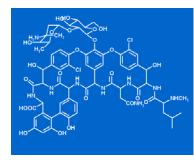
How to calculate the AUC_{24h} with the conventional BID schedule ?





How to measure vancomycin MIC: 2 main problems

vancomycin diffuses poorly in agar



MW:1449.253 g/mol

 vancomycin MICs are not homogenous in a given high inoculum population

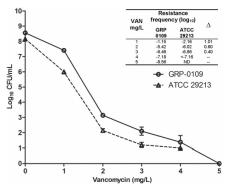


FIG 1 Vancomycin population analysis profile of S. aureus GRP-0109 after being isolated from a patient with persistent bacteremia and unsuccessful generic treatment, indicating altered susceptibility in comparison with strain ATCC 29213: 10 times more cells were able to grow at 1 mg/liter of vancomycin, 4 times more grew at 2 mg/liter, and 2.5 times more grew at 3 mg/liter (resistance frequency data at right).

Heteroresistance...

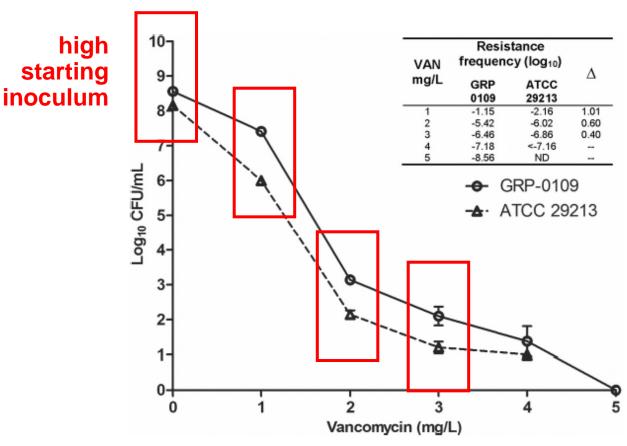


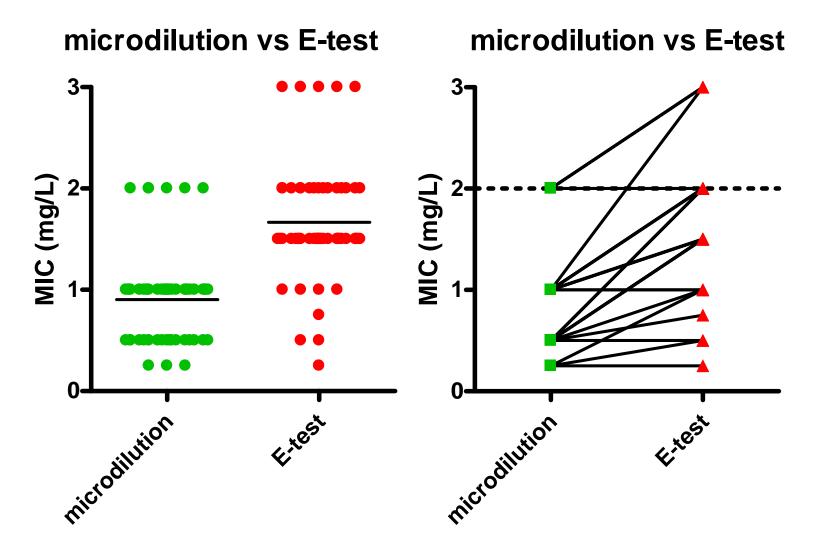
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Rodriguez et al. Antimicrob Agents Chemother. 2012; 56:243-247

How to measure vancomycin MIC

- broth microdilution is the only ISO standard
 - by definition, correct values
 - BUT does not inform about heteroresistance...
- disks or E-test
 - tend to give abnorally higher values (poor diffusion of vancomycin)
 - BUT shows heteroresistance (colonies within the inhibition zone)
- plating on agar with 4 mg/L vancomycin
 - shows heteroresistance and gives waring for failures
- gradient techniques (1-10 mg/L)
 - shows the presence and and quantifies to which level heteroresistance is observed.

A comparison between broth microdilution and E-test



54 strains (MSSA, MRSA and CNS – Ampe et al. IJAA 2013 41(5):439-46 – Suppl. Mat.

What if you do not know your MIC ?

- assume a MIC of 2 mg/L (breakpoint) and check at the level of the population ...
- monitor serum concentrations with
 - peak and trough (best to calculate AUC, but ...see next slide)
 - through only (and ensure values of 15-20 mg/L !)
 - → this will (probably) ensure an AUC/MIC ~ 400
- use a loading dose (25-30 mg/kg)
 - obtain rapidly the peak and the necessary AUC/MIC
- organisms with an MIC \geq 2 mg/L will be difficult ...

See details in: Therapeutic monitoring of vancomycin in adult patients: A consensus review of the American Society of Health-System Pharmacists, the Infectious Diseases Society of America, and the Society of Infectious Diseases Pharmacists. Rybak et al. Am J Health-Syst Pharm. 2009; 66:82-98

A recent paper...

Pharmacotherapy, 2012 Jan 31, doi: 10.1002/PHAR.1017. [Epub ahead of print]

Effects of Targeting Higher Vancomycin Trough Levels on Clinical Outcomes and Costs in a Matched Patient Cohort.

Kullar R, Davis SL, Taylor TN, Kaye KS, Rybak MJ.

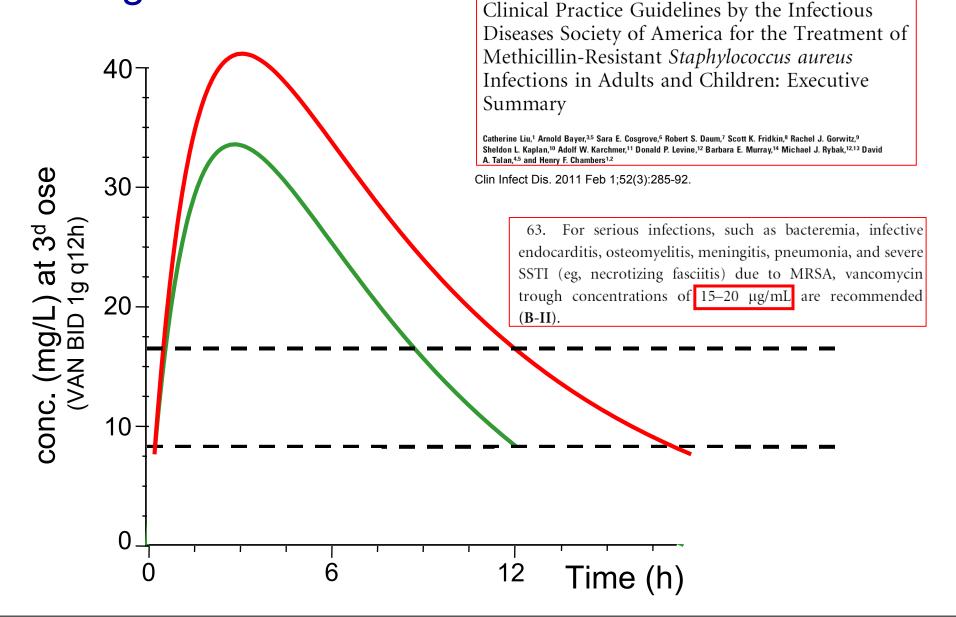
Anti-Infective Research Laboratory.

- STUDY OBJECTIVE: To compare clinical outcomes and costs in patients treated with the new vancomycin guidelines recommending goal serum trough concentrations of 15-20 mg/L versus patients treated with vancomycin doses targeting trough concentrations 5-20 mg/L prior to the new guidelines.
- PATIENTS: 200 with confirmed, complicated methicillin-resistant Staphylococcus aureus (MRSA) bacteremia
 - 100 before implementation (preperiod)
 - 100 after implementation (postperiod)
 - matched for diagnosis, any concomitant nephrotoxic agents (e.g., aminoglycosides, colistin, acyclovir), and age ± 5 years.

A recent paper...

- MEASUREMENTS AND MAIN RESULTS :
- Patients in the post-period
 - higher success rates (60% vs 45%, p=0.034).
 - similar length of stay (13.5 days vs 15 days; p=0.28)
 - shorter median treatment (8.5 days vs 13 days; p<0.001).
 - no difference was in total hospital costs (\$ 27,709 vs \$ 32,754 p=0.147)
 - higher drug and monitoring costs
 - initial vancomycin trough levels were significantly higher (15.8 mg/L vs 12.3 mg/L, p=0.02).
 - higher rates of nephrotoxicity (18% vs 15%; p=0.85)
 - higher costs if developing nephrotoxicity.

IDSA guidelines in 2011



IDSA GUIDELINES

But risks in 2013 ...

Hall et al. BMC Pharmacology and Toxicology 2013, 14:12 http://www.biomedcentral.com/2050-6511/14/12 BMC Pharmacology & Toxicology

RESEARCH ARTICLE

Open Access

Empiric guideline-recommended weight-based vancomycin dosing and nephrotoxicity rates in patients with methicillin-resistant *Staphylococcus aureus* bacteremia: a retrospective cohort study

Ronald G Hall II^{1,2*}, Kathleen A Hazlewood^{1,7}, Sara D Brouse^{1,8}, Christopher A Giuliano^{3,9}, Krystal K Haase³, Chistopher R Frei⁴, Nicolas A Forcade^{4,10}, Todd Bell⁵, Roger J Bedimo⁶ and Carlos A Alvarez^{1,2}

Nephrotoxicity occurred in 78 patients (23%), occurring in 56%, 11%, and 33% of patients at Hospitals A, B, and C, respectively. The median (interquartile range) increase from baseline to peak serum creatinine was 0.0 mg/dL (0.0, 0.2) for patients who did not develop nephrotoxicity versus 1.0 mg/dL (0.6, 2.1) for patients who developed nephrotoxicity. Fifteen percent of patients had a vancomycin trough concentration greater than 20 mcg/ml. Concurrent nephrotoxins included contrast dye (34%), aminoglycosides (19%), and vasopressors (12%). Concomitant antimicrobials active against MRSA were used in 23% of patients.

But risks in 2013 ...

Hall et al. BMC Pharmacology and Toxicology 2013, 14:12 http://www.biomedcentral.com/2050-6511/14/12

BMC Pharmacology & Toxicology

RESEARCH ARTICLE

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Dosing adjustment...

• Patients in continuous infusion and with increased renal clearance



Augmented renal clearance in septic patients and implications for vancomycin optimisation

João Pedro Baptista 🌢 🔎, Eduardo Sousa, Paulo J. Martins, Jorge M. Pimentel

Serviço de Medicina Intensiva, Hospitais da Universidade de Coimbra, Praceta Professor Mota Pinto 3000-075, Coimbra, Portugal

Dosing adjustment...

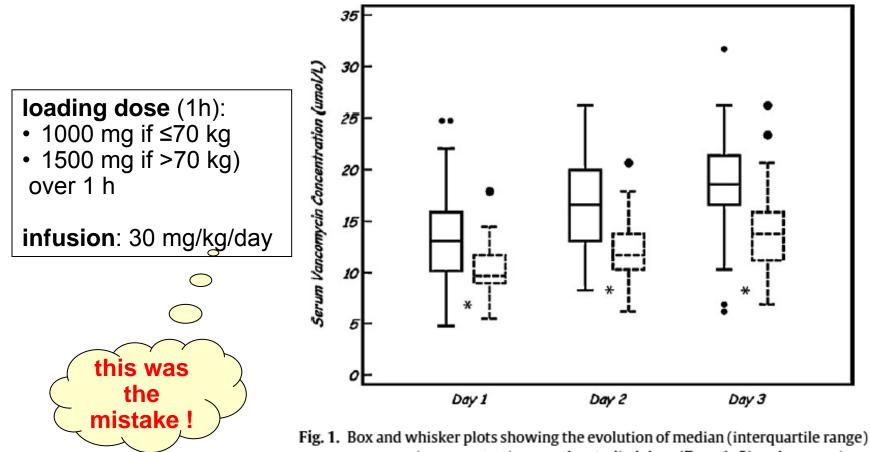
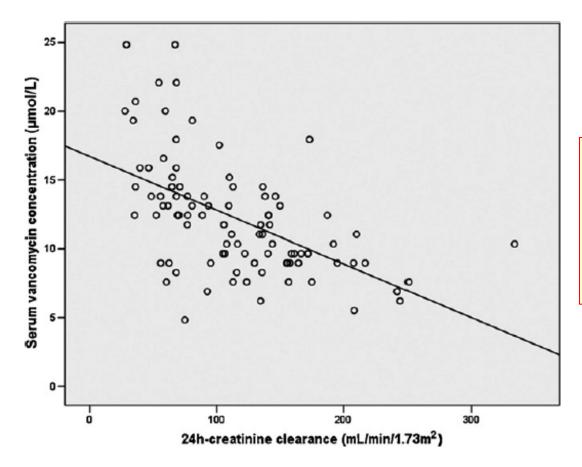


Fig. 1. Box and whisker plots showing the evolution of median (interquartile range) serum vancomycin concentrations on the studied days (Days 1–3) and comparison between Group A [control group without augmented renal clearance (ARC); continuous line] and Group B (study group with ARC; dashed line). * Indicates statistical significance for median differences (*P*<0.01).

ARC was defined as CLCr > 130 mL/min/1.73 m²

Dosing adjustment...



Vancomycin concentration in continuous infusion (at equilibrium) is dependent from its clearance

Fig. 2. Linear correlation between 24-h creatinine clearance (CL_{Cr}) and serum vancomycin concentration on Day 1. The serum vancomycin concentration displayed a significant direct correlation with CL_{Cr} in 93 septic critically ill patients (rS = -0.57; P < 0.01).

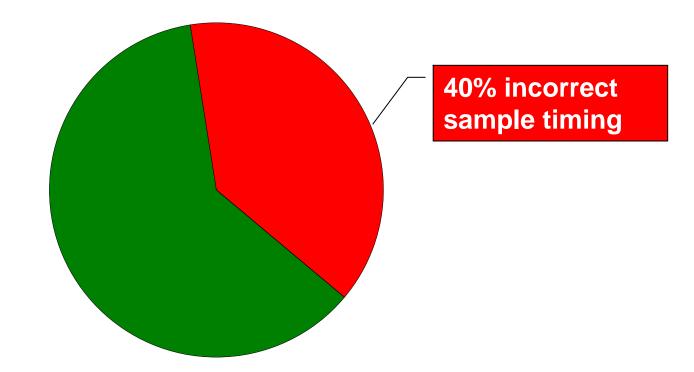
Vancomycin: provisional conlusions

- 1. an old drug put back into service
- 2. will work for organisms with an MIC up to 2 mg/L but probably not higher (beware of CLSI !)
- 3. You must
 - use a loading dose
 - optimize the maintenance dose
 - if using continuous infusion, you MUST base your infusion rate on clearance, NOT body weight
 - if possible, monitor blood levels AND compare with the MIC
- 4. use combined therapy for organisms with MIC > 2 mg/L
- 5. do not forget to detect heteroresistance... (use E-test)

Vancomycin: continuous infusion

- Why
- How
- Does it work in a whole hospital ?

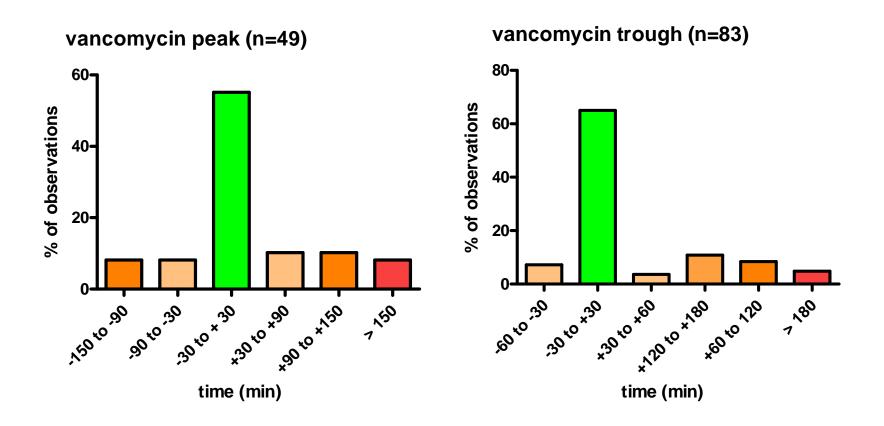
Observational study – results



*within 30 min. of recommended sample timing: peak 2h after the end of infusion, trough: just before the next dose

Observational study – results

Observed deviations (in min) from recommended sampling times at baseline.



*within 30 min. of recommended sample timing: peak 2h after the end of infusion, trough: just before the next dose

Observational study – results

TDM process measures for twice daily (BID; baseline) mode of administration of vancomycin

| Criterium | BID |
|---|-----------------------------|
| Sample timing within 30 min. from scheduled time | 61.3% [81/132] ª |
| Implementation of TDM dose recommendations | 32 % [21/66] |
| Prescribed daily dose in accordance with hospital guidelines | 17% [95/560] |
| % of serum levels in the recommended ranges | 33.3% [37/112] ^b |
| ^a number of total observations (see Table 1 for the numb | er of patients) |

^a number of total observations (see Table 1 for the number of patients)
 ^b most deviations were towards lower than expected values (average: 20 %)

Qualitative methods in healthcare

| | · · · · · · · · · · · · · · · · · · · |
|---|---|
| Quantitative methods (clinical trials) | Qualitative methods (interviews, observations, notes) |
| 'how many'? | 'why?' and 'how?' (hypothesis generating) |
| what is the % of inappropriate TDM? what is the impact of x on this %? | why/how does inappropriate TDM occur? |
| large, random samples | small, purposive samples |

Qualitative study – results

Emerging themes identified during the analysis of the transcripts of the focus groups and related to low TDM performance and deviations from local TDM guidelines during the baseline phase (BID).

| Socio-cultural and | -inertia of practice |
|------------------------------|--|
| structural elements | -lack of motivation and personal involvement |
| | -insufficient interdisciplinary collaboration |
| | -unclear definition of responsibilities |
| | -ill-adapted techniques |
| Training and information | -insufficient (post-) graduate education |
| | -'teacher-centred' learning approach |
| | -incomplete and/or difficult to apply local guidelines |
| | -conflict between local guidelines and external guidelines |
| harm-benefit ratio of TDM | -patient too frail |
| | -unnecessary samplings for the information gained |

Qualitative study – results

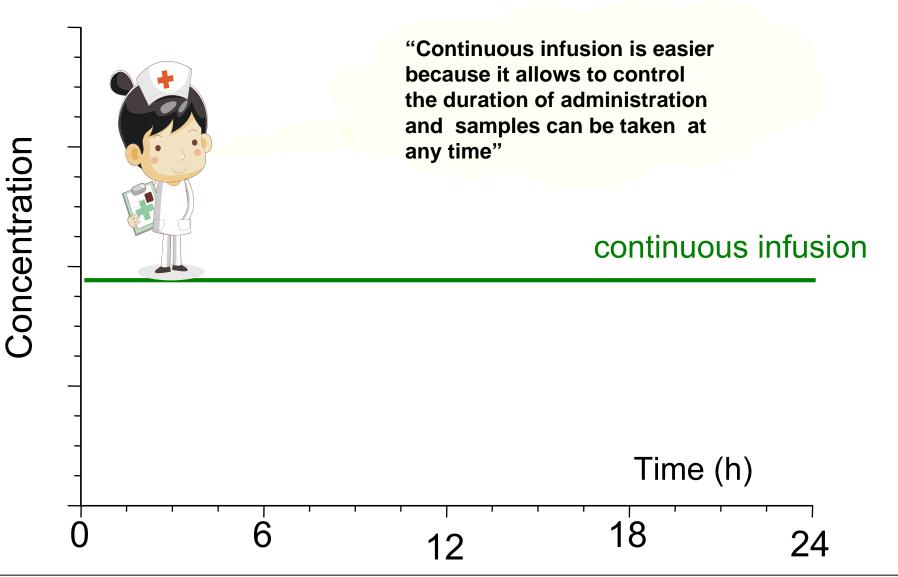


M2: "I'm convinced that there are pharmacokinetic calculations on which we will base [our next dosing] and which are erroneous because the sample drawing and the timing of the administration have not been made correctly, it is completely random, I mean..."

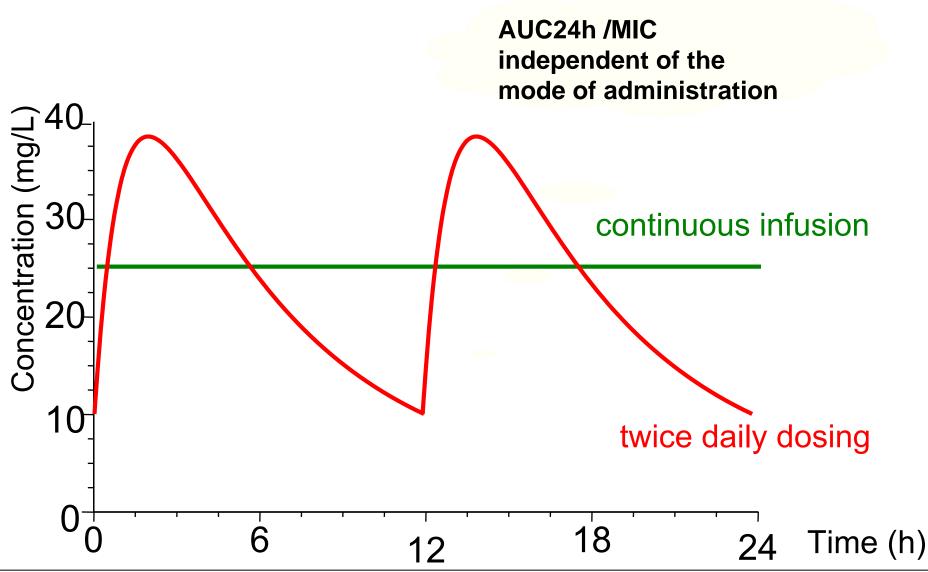
M1: "It is forbidden, on my ward, to follow the therapeutic recommendations of the laboratory, what the lab proposes."

N2: "It represents a lot of additional samples for frail patients. Sometimes, I ask myself whether all these samples are necessary."

how to optimize vancomycin treatment



TDM of vancomycin by continuous infusion



Vancomycin administration and therapeutic drug monitoring from a PK/PD perspective

Implementation of a Protocol for Administration of Vancomycin by Continuous Infusion: Pharmacokinetic, Pharmacodynamic and Toxicological aspects

E. Ampe, PharmD; B. Delaere, MD; J.D. Hecq, PharmD, PhD; P.M. Tulkens, MD, PhD; Y. Glupczynski, MD

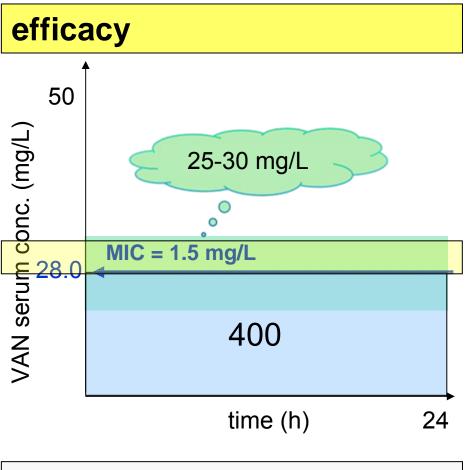
Int J Antimicrob Agents. 2013 May;41(5):439-46

Vancomycin CI: which serum concentration should we target?

Data from a recent study point at a vancomycin AUC_{24h}/MIC of at least 400 to obtain optimal clinical outcome in patients with *S. aureus* lower respiratory tract infections (Moise-Broder et al., Clin Pharmacokinet. 2004;43(13):925-42)

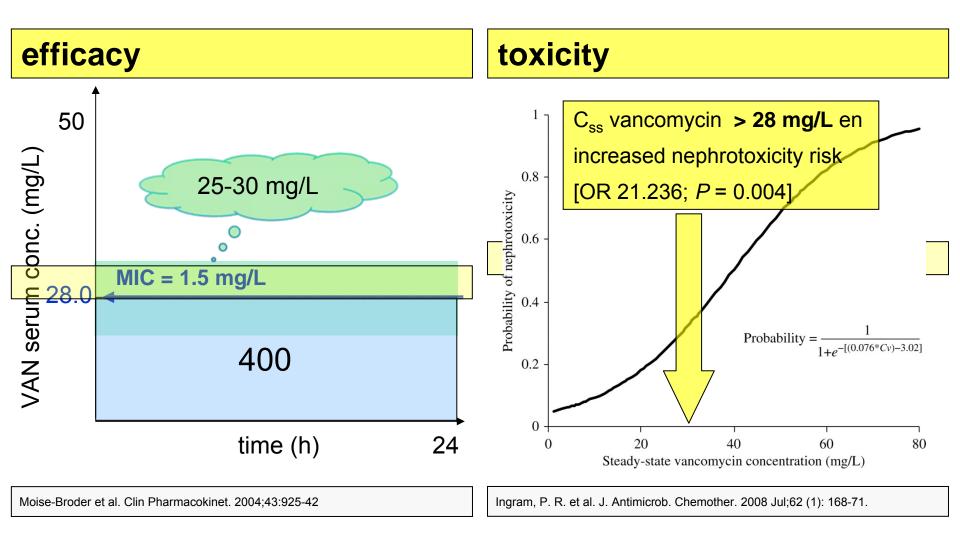
| MIC (mg/L) | minimal AUC (mg*L ⁻¹ *h) | target Css (mg/L) |
|---------------|--|----------------------|
| 1 | 400 | 16.6 |
| 2 | 800 | 33.3 |
| 4 | 1600 | 66.6 |

vancomycin CI: which serum concentration should we target?

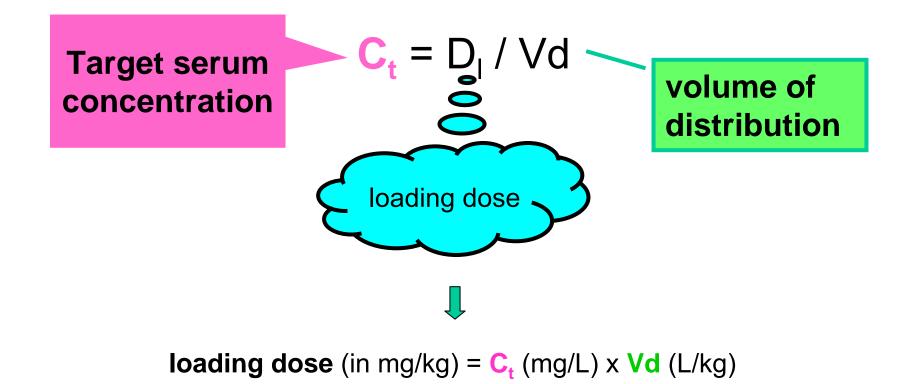


Moise-Broder et al. Clin Pharmacokinet. 2004;43:925-42

vancomycin CI: which serum concentration should we target?



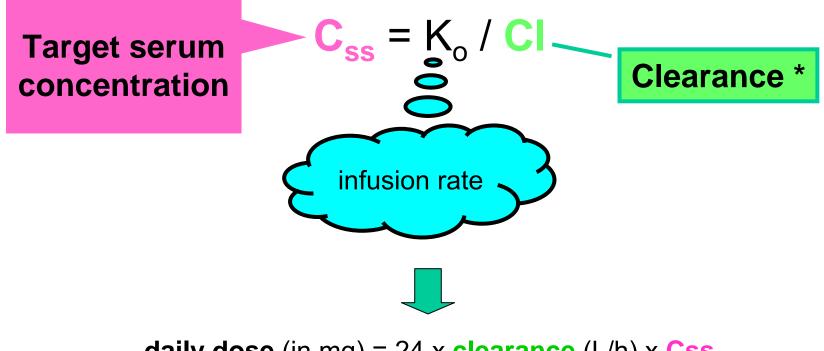
How to reach the serum target concentration target with CI? 1. loading dose: the correct scheme *



loading dose (in mg/kg) = 20 mg/kg = 25 (mg/L) x 0.8 (L/kg)

^{*} assuming linear pharmacokinetics

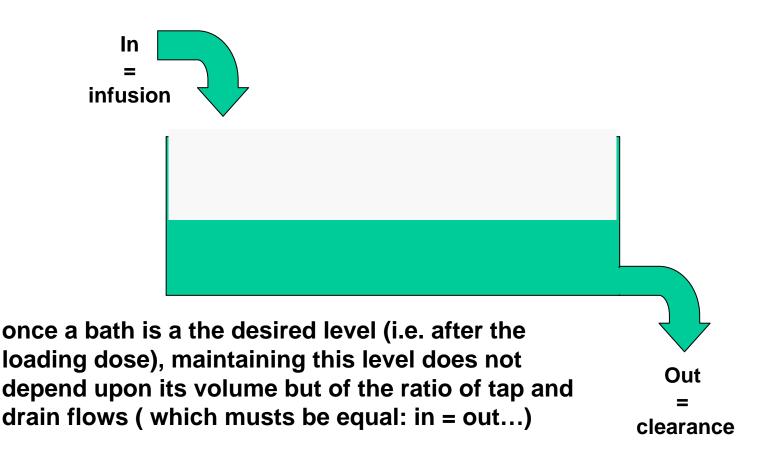
How to reach the serum target concentration target with CI? 2: infusion *



daily dose (in mg) = 24 x clearance (L/h) x Css

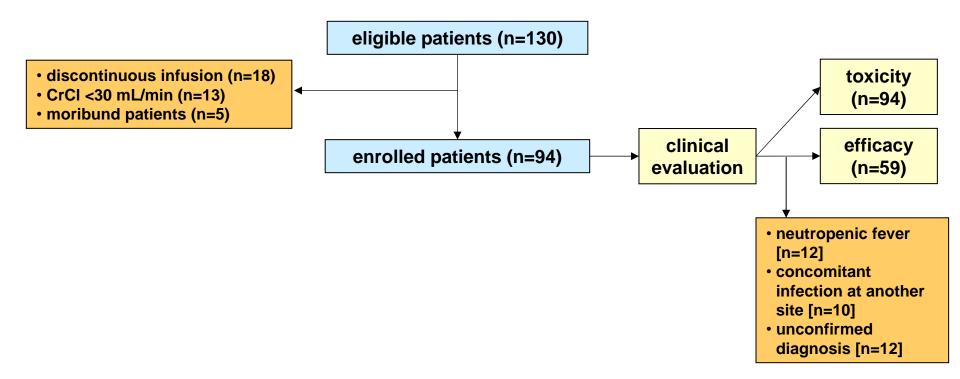
^{*} assuming linear pharmacokinetics

How to reach the serum target concentration target with CI? 2: infusion *

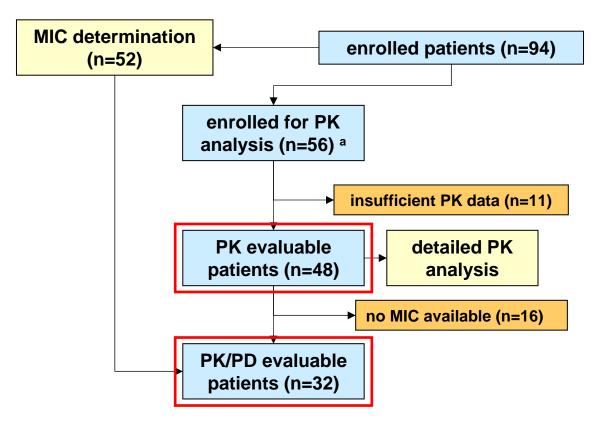


* during the infusion, the necessary dose (in 24h or per min) is only dependent upon the clearance

2. Clinical evaluation: study outline

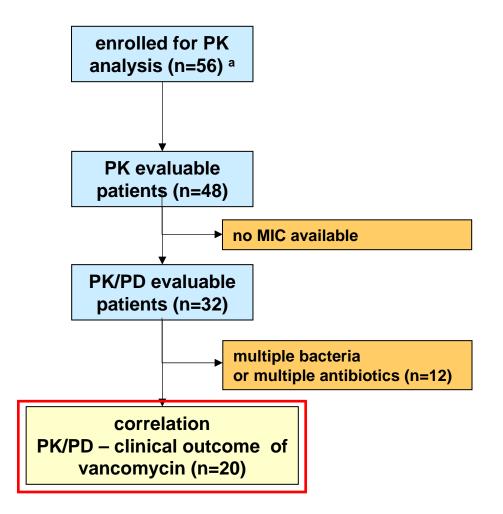


2. Pharmacokinetic evaluation: study outline



^a signed informed consent for additional blood sampling
 ^b standard of care only

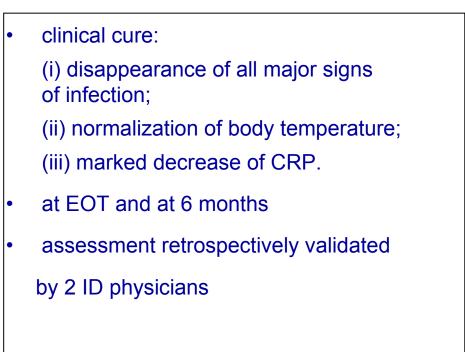
2. Relationship between AUC_{24h}/MIC and clinical efficacy: outline

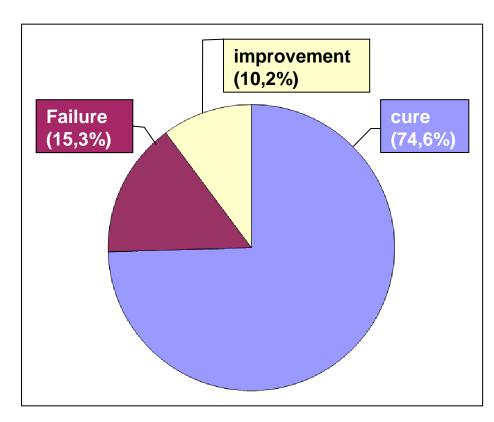


^a signed informed consent for additional blood sampling
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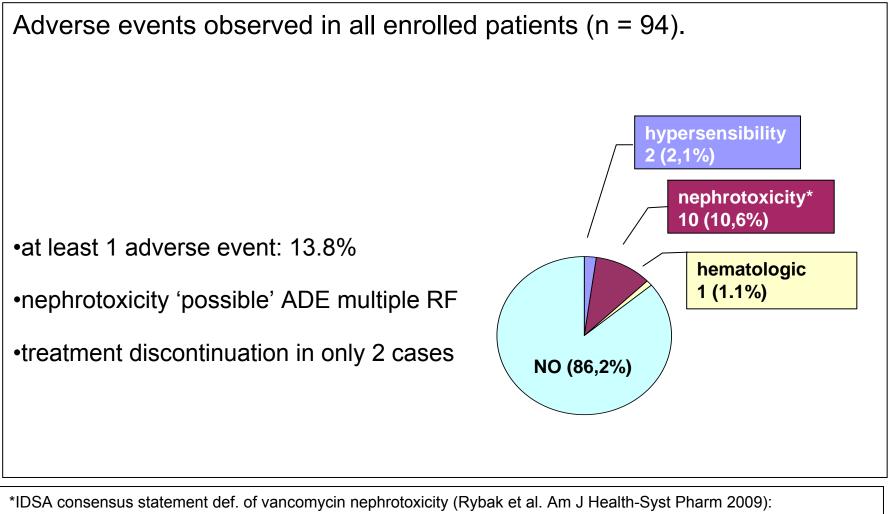
252 Bepterhoer 2013

4. Efficacy in clinically evaluable patients (n=59)

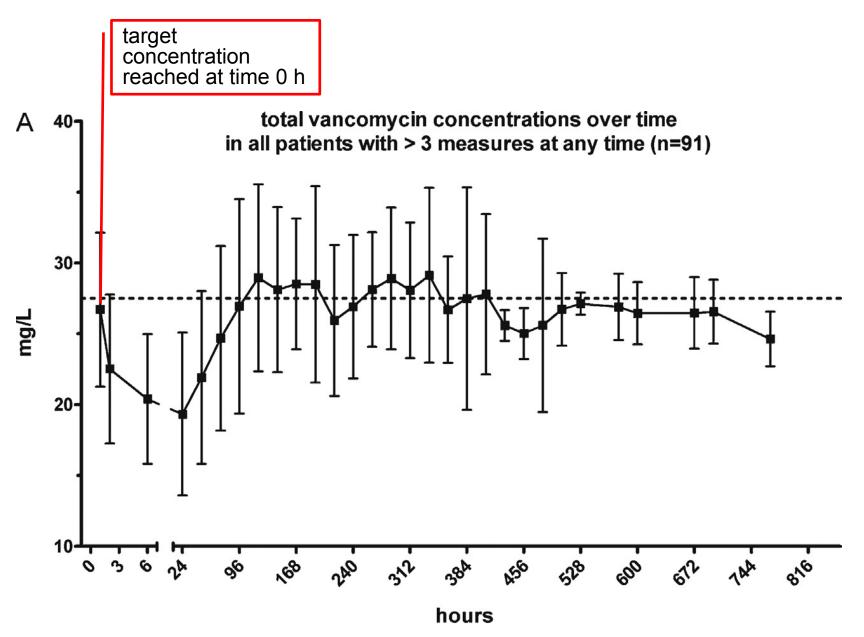


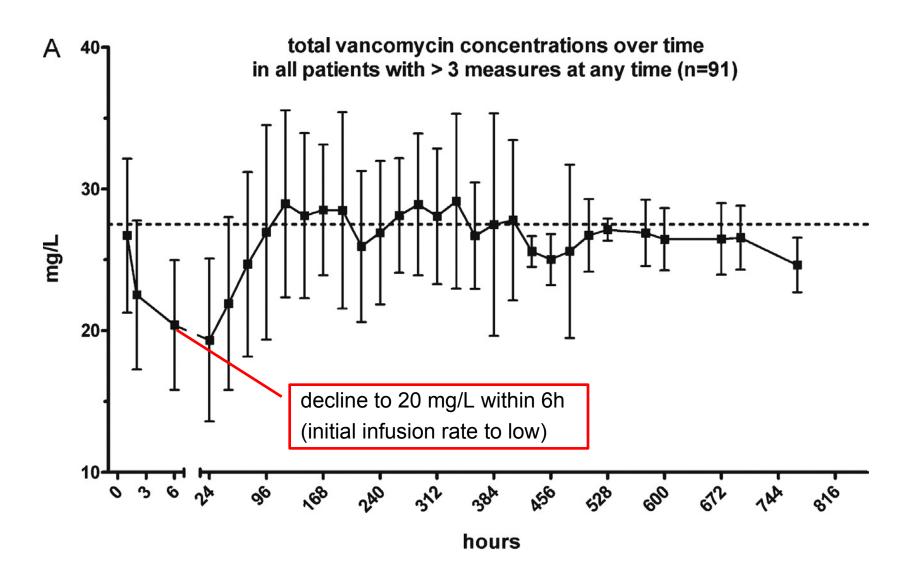


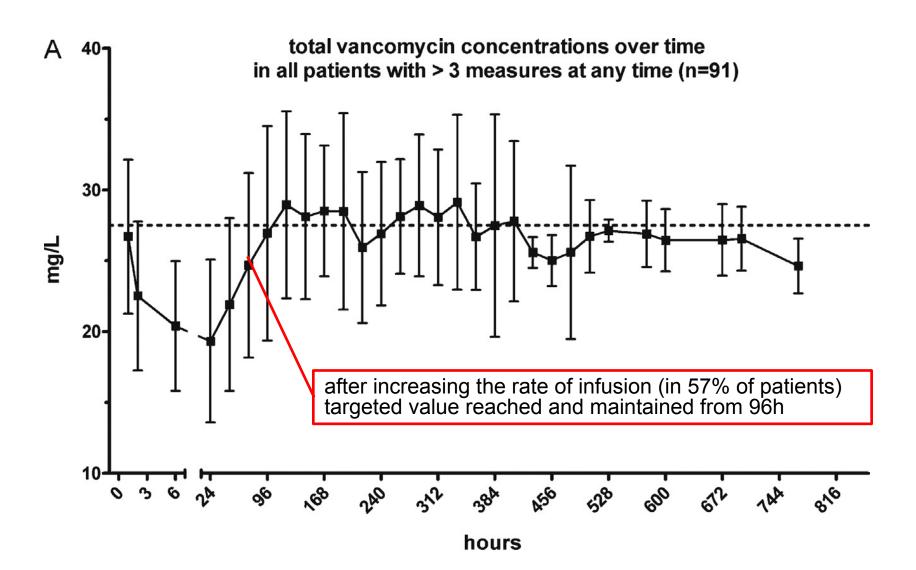
3. Toxicity



*IDSA consensus statement def. of vancomycin nephrotoxicity (Rybak et al. Am J Health-Syst Pharm 2009): 2 or 3 documented increases in serum creatinine level; increase of 0.5 mg/dL OR ≥ 50% increase from baseline after several days of vancomycin therapy.



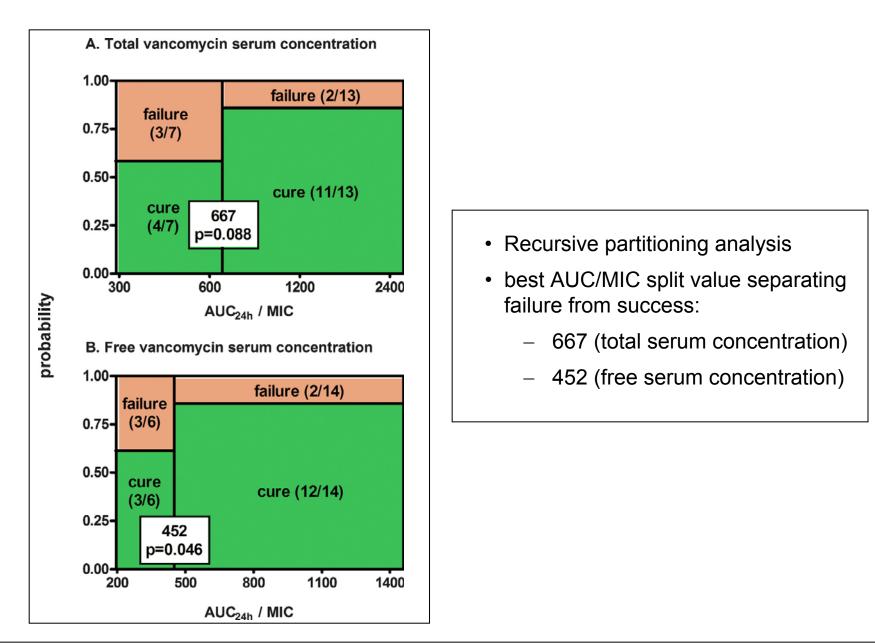




в sucessive vancomycin serum levels values in individual patients with > 3 determinations after the first 96h of treatment (n = 52) 50-mg/L 20-C patient no.

- deviations of >10 mg/L according to the recommended range
 - ▶ if increased CCrCl (threshold at >104 mL/min)
 - If concomitant use of diuretics

9. AUC_{24h}/MIC predictive of clinical success/failure (n=20)



Vancomycin continuous infusion: dose adaptation

Table SP1: Dose adaptations for deviations of the targeted serum level

Target level: 25-30 mg/L

| Actual concentration (measured) | Dose adaptation | |
|---------------------------------|---|--|
| 0-5 mg/L | Add a loading dose (20 mg/kg) Increase of the rate of infusion (+ 8 mL/h) ^a | |
| 6-10 mg/L | Add a loading dose (15 mg/kg) Increase of the rate of infusion (+ 6 mL/h) ^a | |
| 11-15 mg/L | Add a loading dose (10 mg/kg) Increase of the rate of infusion (+ 4 mL/h) ^a | |
| 16-25 mg/L | Increase of the rate of infusion (+ 2 mL/h) ^a | |
| 26-30 mg/L | No change | |
| 31-35 mg/L | Decrease of the rate of infusion (- 2 mL/h) ^a | |
| > 35 mg/L | STOP infusion for 6 h Decrease of the rate of infusion (- 4 mL/h) ^a Control serum level the next day | |

a standard infusion solution at 10 mg/mL

Vancomycin continuous infusion: how does it work

• Loading dose

- 20 mg/kg (based on actual body weight and an estimated distribution volume of 0.7 L/kg [10-12]) administered over 1 h for doses < 2 g or over 2 h for larger doses.
- Infusion:
 - "bags" are prepared in the Central pharmacy at 10 g/L in 5% glucose solution for infusion and transferred to the wards
 - the preparation is infused with voumetric infusion pump (Volumed 7000®; Arcomed AG, Regensdorf, Switzerland).

Note: vancomycin is stable at 37°C for at least 3 days...

(Raverdy V, Ampe E, Hecq JD, Tulkens PM. Stability and compatibility of vancomycin for administration by continuous infusion. J Antimicrob Chemother. 2013 May;68(5):1179-82).

Discussion

- Steady state target concentration reached and maintained
- Efficacy comparable to other studies
- Acceptable safety profile despite higher target range (25-30 mg/L)
- High inter- and intra-patient variability => need for TDM
- Limited number of patients, heterogeneous patient population, no prospective control group
- Re-evaluation of initial infusion rate
- Higher AUC_{24h}/MIC-ratio of 667 necessary for optimal efficacy in our context ... MIC of 1 mg/L is probably the limit for vancomycin...



Observational study – results after implementation of CI

TDM process measures for twice daily (BID; baseline) mode of administration of vancomycin

| Criterium | BID | continuous infusion | p-value |
|--|-----------------------------|---------------------|-------------|
| Sample timing within 30 min. from scheduled time | 61.3% [81/132] ª | 97.0% [217/224] | p<0.0001* |
| Implementation of TDM dose recommendations | 32 % [21/66] | 94.4% [205/218] | p<0.0001* |
| Prescribed daily dose in accordance with hospital guidelines | 17% [95/560] | 86% [1395/1622] | p<0.0001 ** |
| % of serum levels in the recommended ranges | 33.3% [37/112] ^b | 66.8% [159/238] | p<0.0001* |

* Fisher exact test two sided

** Chi-square two sided (because of the large number of observations)

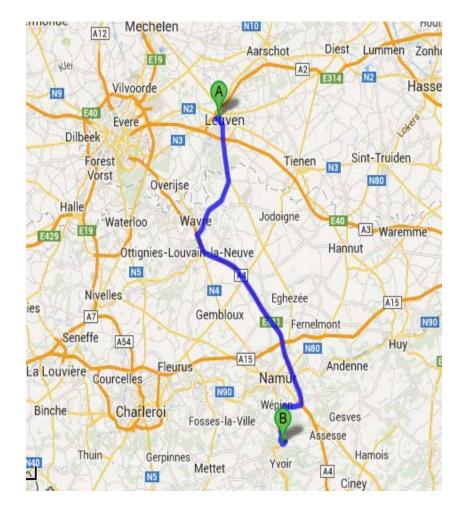
^a number of total observations (see Table 1 for the number of patients)

^b most deviations were towards lower than expected values (average: 20 %)

qualitative study - results one year after the end of the study

Implementation of CI by physicians

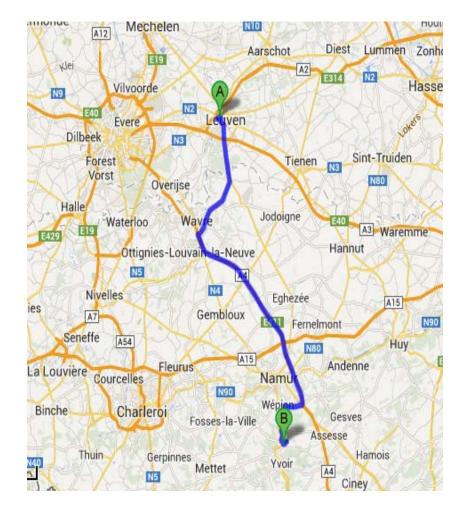
| | mean (%) | min-max |
|-------------------------------|-------------|---------|
| Frequency of CI | 99 | 95-100 |
| Follow-up TDM recommendations | 96 | 95-100 |



qualitative study - results one year after the end of the study

global satisfaction of HCP with CI

| | global satisfaction score* (/5) | min-max |
|-------------------------------|--|---------|
| Physicians** (n=7) | 4.5 | 4-5 |
| nurses (n=10) | 4.3 | 3.5-5 |
| laboratory personnel (n=8) | 4.4 | 4-5 |



Qualitative study – results after implementation of CI



M7: "Before even trough samples were obtained incorrectly. They were often just performed together with the other blood sampling without taking care of correct sample timing. Now with CI, samples are always performed correctly."

M7: "We follow dose recommendations. In my opinion treatment follow up is better now and I feel patients are treated correctly."

N1: "We perform just one sampling in the morning for all the scheduled blood analysis. We hardly ever perform additional samples for TDM only anymore."

Conclusions for continuous infusion



- Hospital-wide implementation of CI is feasible and well accepted by health care professionals.
- Centralized preparation facilitated nursing and was perceived as contributing to the quality of care
- Clinical Pharmacists can play an important role in the development and implementation of transversal quality improvement strategies
- CI may help optimizing vancomycin usage in the absence of pharmacokinetic services and may improve the quality of these services if available

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