

1 **Clinically relevant plasma concentrations of colistin in combination with**
 2 **imipenem enhance pharmacodynamic activity against multidrug-resistant**
 3 ***P. aeruginosa* at multiple inocula**

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 12 **Running title:** Colistin and imipenem against *P. aeruginosa*

13 **Key words:** colistin, imipenem, *Pseudomonas aeruginosa*, static time-kill, population
 14 analysis profiles

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 16 Parts of this study were presented at the 49th Interscience Conference on Antimicrobial
 17 Agents and Chemotherapy (ICAAC), San Francisco, CA, September 12 to 15, 2009.

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24

25 **Abstract**

26

27 Use of combination antibiotic therapy may be beneficial against rapidly emerging resistance
28 in *Pseudomonas aeruginosa*. The aim of this study was to systematically investigate *in vitro*
29 bacterial killing and resistance emergence with colistin alone and in combination with
30 imipenem against multidrug-resistant (MDR) *P. aeruginosa*. Time-kill studies were
31 conducted over 48 h using 5 clinical isolates and ATCC 27853 at two inocula ($\sim 10^6$ and $\sim 10^8$
32 cfu/mL); MDR, non-MDR, and colistin-heteroresistant and -resistant strains were included.
33 Nine colistin/imipenem combinations were investigated. Microbiological response was
34 examined by log changes at 6, 24 and 48 h. Colistin combined with imipenem at clinically
35 relevant concentrations increased bacterial killing against MDR and colistin-heteroresistant
36 isolates at both inocula. Substantial improvements in activity with combinations were
37 observed across 48 h with all colistin concentrations at the low inoculum and with 4 and $16\times$
38 MIC (or 4 and 32 mg/L) colistin at the high inoculum. Combinations were additive or
39 synergistic at the 10^6 inoculum against imipenem-resistant isolates (MICs 16 and 32 mg/L) in
40 9, 11 and 12 of 18 cases (i.e., 9 combinations across 2 isolates) at 6, 24 and 48 h,
41 respectively; the corresponding values at the 10^8 inoculum were 11, 7 and 8. Against a
42 colistin-resistant strain (MIC 128 mg/L), 9 and 8 of 9 cases were additive or synergistic at 24
43 h at the 10^6 and 10^8 inocula, respectively; the corresponding values at 48 h were 5 and 7. This
44 systematic study provides important information for optimization of colistin/imipenem
45 combinations targeting both colistin-susceptible and -resistant subpopulations.

46

47

48 Introduction

49 The world is facing a growing threat from multidrug-resistant (MDR) Gram-negative
50 ‘superbugs’ such as *Pseudomonas aeruginosa*, *Acinetobacter baumannii* and *Klebsiella*
51 *pneumoniae* (19, 30, 50). This problem is compounded by a lack of novel antimicrobial
52 agents in the drug development pipeline for Gram-negative infections (30-31, 50), in
53 particular those caused by *P. aeruginosa* (50), and novel agents with activity against this
54 pathogen may not be available for approximately 10 years (41). This has led to the re-
55 evaluation of colistin (also known as polymyxin E), a multi-component cationic polypeptide
56 antibiotic that entered clinical use in 1959 but was largely replaced in the 1970s by
57 aminoglycosides due to concerns about the potential for nephro- and neuro-toxicity (12, 23,
58 26-27). Owing to its significant *in vitro* antibacterial activity against Gram-negative
59 ‘superbugs’, colistin is often the only therapeutic option available to treat infections by these
60 pathogens (1, 27, 35) and therefore its use has increased substantially over the last five years,
61 especially in critically-ill patients (6, 27).

62

63 It is now evident that the plasma colistin concentrations achieved in critically-ill patients with
64 the currently recommended dosage regimens are sub-optimal in a significant proportion of
65 patients (13, 43). Unfortunately, increasing the daily dose may not be an acceptable option
66 since nephrotoxicity is a dose-limiting adverse effect and occurs in 30 – 50% of patients (13,
67 16, 22). It is therefore not surprising that sub-optimal concentrations cause emergence of
68 resistance to colistin which seriously threatens colistin therapy (45, 48). *In vivo* (21, 33) and
69 *in vitro* (3-4) studies show the potential for the rapid emergence of colistin resistance with
70 monotherapy. The phenomenon of colistin heteroresistance (the presence of colistin-resistant
71 subpopulations in an isolate considered susceptible by MIC measurement) (56) has been

72 reported for *A. baumannii* (29, 56) and *K. pneumoniae* (34, 44, 54), but not yet for *P.*
73 *aeruginosa*. Heteroresistance very likely contributes to emergence of colistin resistance. The
74 aim of the present study was to systematically investigate the extent of *in vitro* bacterial
75 killing and emergence of colistin resistance with colistin alone and in combination with
76 imipenem against *P. aeruginosa*. Key aspects of this study were the use of MDR isolates with
77 varying susceptibilities to colistin and imipenem (including colistin-heteroresistant isolates
78 first identified in this study, and colistin- and imipenem-resistant strains), examination of
79 combinations of clinically relevant drug concentrations at both low and high inocula, and
80 monitoring of emergence of resistance to colistin with real-time population analysis profiles.

81

82 **Materials and Methods**

83 ***Bacterial isolates***

84 Five clinical isolates and *P. aeruginosa* ATCC 27853 (American Type Culture Collection,
85 Rockville, MD, USA) were selected to represent a mixture of colistin and imipenem
86 susceptible and resistant strains, colistin heteroresistant and non-heteroresistant strains, and
87 multidrug-resistant (MDR) and non-MDR strains. MDR was defined as diminished
88 susceptibility to at least two of the following five drug classes: antipseudomonal
89 cephalosporins, antipseudomonal carbapenems, β -lactam/ β -lactamase inhibitor combinations,
90 antipseudomonal fluoroquinolones, and aminoglycosides (40). In addition, all strains were
91 examined by PCR for the presence of genes encoding cephalosporinases and
92 carbapenemases, i.e. IMP, VIM, NDM, KPC, CTX-M, SHV, and CMY type β -lactamases
93 (47, 58). Details of the isolates are contained in Table 1. All clinical isolates were collected
94 from patients with cystic fibrosis, had different pulsed-field gel electrophoresis patterns, and
95 were considered unrelated according to the criteria established by Tenover *et al.* (53). MICs

96 to colistin and imipenem were determined for each isolate in four replicates in cation-
97 adjusted Mueller-Hinton broth (CAMHB, Ca^{2+} 23.0 mg/L, Mg^{2+} 12.2 mg/L; Oxoid,
98 Hampshire, England) via broth microdilution (10). Storage was in tryptone soy broth (Oxoid)
99 with 20% glycerol (Ajax Finechem, Seven Hills, NSW, Australia) at -80°C in cryovials
100 (Simport Plastics, Boloel, Quebec, Canada).

101

102 ***Antibiotics***

103 Colistin sulfate was purchased from Sigma-Aldrich (Lot: 109K1574, 23,251 units/mg; St
104 Louis, MO, USA). Colistin (sulfate) was employed in the current study since it is the active
105 antibacterial agent formed *in vivo* after administration of its inactive prodrug, colistin
106 methanesulfonate (CMS) (5). Imipenem was purchased from Merck Sharp and Dohme
107 (Primaxin®, Batch: K5942; NSW, Australia). Stock solutions of each antibiotic were
108 prepared according to the respective manufacturer's instructions immediately prior to each
109 experiment to minimise loss from degradation, then sterilized by filtration with a 0.22- μm
110 Millex-GP® filter (Millipore, Bedford, MA, USA).

111

112 ***Population analysis profiles***

113 The possible existence of colistin-resistant subpopulations at baseline was determined via
114 population analysis profiles (PAPs; inoculum $\sim 10^8$ cfu/mL). Colistin heteroresistance was
115 defined as a colistin-susceptible isolate (i.e., $\text{MIC} \leq 2$ mg/L) in which subpopulations were
116 able to grow in the presence of >2 mg/L colistin in the PAPs. Samples of bacterial cell
117 suspension (50 μL), appropriately diluted with saline, were spirally plated onto Mueller-
118 Hinton agar (Media Preparation Unit, The University of Melbourne, Parkville, Australia)
119 impregnated with colistin (0, 0.5, 1, 2, 3, 4, 6, 8 and 10 mg/L) using an automatic spiral plater
120 (WASP, Don Whitley Scientific, West Yorkshire, UK). Colonies were counted using a

121 ProtoCOL[®] colony counter (Synbiosis, Cambridge, UK) after 24 h of incubation (48 h for
122 plates with small colonies) at 35°C; the limit of detection was 20 cfu/mL (equivalent to 1
123 colony per plate) and limit of quantification was 400 cfu/mL (equivalent to 20 colonies per
124 plate) as specified in the ProtoCOL manual. Real-time PAPs for colistin were also conducted
125 at the end of time-kill studies (see below).

126

127 *Time-kill studies*

128 To explore the antimicrobial activity of colistin and imipenem combinations, time-kill studies
129 with each antibiotic alone or in combination were conducted on all isolates at two different
130 starting inocula ($\sim 10^6$ and $\sim 10^8$ cfu/mL). For monotherapy with colistin or imipenem, two-
131 fold multiples of the MIC (0.25 to 64× MIC) were employed for susceptible isolates. For the
132 colistin-resistant isolate (19147 n/m, MIC 128 mg/L), a single colistin concentration of 32
133 mg/L was employed. Imipenem concentrations of 1, 8 and 32 mg/L were used for imipenem-
134 resistant isolates. In combination experiments, both antibiotics were studied at concentrations
135 of 0.5, 4 and 16× MIC for susceptible isolates; for resistant isolates, concentrations of 1, 4 and
136 32 mg/L for colistin and 1, 8 and 32 mg/L for imipenem were employed. In total, nine
137 colistin/imipenem combinations were examined for each isolate at each inoculum.

138 Prior to each experiment isolates were subcultured onto horse blood agar (Media Preparation
139 Unit) and incubated at 35°C overnight. One colony was then selected and grown overnight in
140 10 mL CAMHB at 37°C from which early log-phase culture was obtained. Each antibiotic
141 was added alone or in combination to 20 mL of a log-phase broth culture of approximately
142 10^6 or 10^8 cfu/mL to yield the desired concentrations. Each 20-mL culture was placed in a
143 sterile 50-mL polypropylene tube (Greiner Bio-one) and incubated in a shaking water bath at
144 37°C. Serial samples (100 μ L) were collected aseptically for viable counting at 0, 0.5, 1, 2, 4,
145 6, 24 and 48 h, and PAPs at 48 h (see above) for all experiments involving colistin (including

combination arms), and viable counting only at 0, 1, 2, 4, 6, 24 and 48 h for experiments with imipenem alone. Immediately after sampling and serial dilution, 50 μ L of bacterial cell suspension was spirally plated onto nutrient agar with enumeration after 24 h of incubation (48 h for plates with small colonies) as per PAPs above.

150

151 ***Pharmacodynamic (PD) analysis***

Microbiological response to monotherapy and combination therapy was examined using the log change method comparing the change in \log_{10} (cfu/mL) from 0 h (CFU_0) to time t (6, 24 or 48 h; CFU_t) as follows:

$$155 \quad \text{Log change} = \log_{10}(CFU_t) - \log_{10}(CFU_0)$$

Single antibiotic or combination regimens causing a reduction of ≥ 1 - \log_{10} cfu/mL below the initial inoculum at 6, 24 or 48 h were considered active. We considered synergy to be a ≥ 2 - \log_{10} lower cfu/mL for the combination relative to its most active component at the specified time (42); additivity was defined as a 1 to < 2 - \log_{10} lower cfu/mL for the combination.

160

161 **Results**

162 ***Microbiological response***

The varying susceptibilities to colistin among the isolates are evident in the PAPs prior to colistin treatment (Figure 1). Representative time-kill profiles for colistin and imipenem monotherapy and combination therapy are shown in Figures 2 ($\sim 10^6$ cfu/mL inoculum) and 3 ($\sim 10^8$ cfu/mL inoculum). Log changes of viable cell counts at each inoculum with clinically relevant colistin concentrations are presented in Tables 2 and 3. Additional time-kill and log change data are presented in the electronic supplement. At the 10^6 cfu/mL inoculum, regrowth was observed to various extents at 48 h with colistin monotherapy in all susceptible

isolates with the majority of colistin concentrations. Regrowth with imipenem monotherapy was more variable and substantially less against susceptible isolates at 48 h with imipenem concentrations of ≥ 4 or $8\times$ MIC, even with ESBLs present. An inoculum effect with colistin monotherapy was generally observed (Figures 2 and 3, left-hand panels). The killing by imipenem at the high inoculum was generally slightly slower than at the low inoculum, although the extent of reductions in \log_{10} cfu/mL was comparable at both inocula (Figures 2 and 3).

177

Isolates susceptible to both colistin and imipenem. At the 10^6 inoculum, the addition of $0.5\times$ MIC colistin to imipenem (all concentrations) resulted in additivity or synergy at 6 h in 7 of 9 cases (i.e., 3 combinations against 3 isolates), achieving ~ 2 - to 3 - \log_{10} greater kill compared to the most active equivalent monotherapy and undetectable bacterial counts in many cases (Table 2 and Figure 2). By 24 or 48 h, improvements in activity with combination therapy over and above the most active monotherapy (usually imipenem) were modest, particularly when only clinically relevant concentrations of colistin (0.5 or $4\times$ MIC) were considered. Of the 27 cases (i.e., 9 combinations against 3 isolates), 7 at 24 h and 8 at 48 h were additive or synergistic, although only one case resulted in activity (i.e., ≥ 1 - \log_{10} kill) if equivalent monotherapy with either drug was inactive. A similar pattern of activity was observed at the 10^8 inoculum. For ATCC 27853, combinations containing 4 mg/L colistin provided an additional ~ 2 - \log_{10} kill to already active monotherapy at 6 h. Against all three isolates there were 10 and 9 cases of additivity/synergy at 24 and 48 h, respectively, mostly involving colistin at 4 or $16\times$ MIC (Table 2).

192

193 *Imipenem-resistant isolates.* For the two imipenem-resistant isolates (19271 n/m and 20891
194 n/m), there was no evidence of carbapenemase activity; most likely, an alternative resistance
195 mechanism such as the loss of major outer membrane proteins was present. At the low
196 inoculum, combination therapy resulted in substantial improvements in bacterial kill with all
197 colistin concentrations across 48 h. At 6 h additivity/synergy occurred in 9 of 18 cases (i.e., 9
198 combinations across 2 isolates), predominantly against isolate 19271 n/m, occurred with
199 combinations containing colistin at all concentrations, and produced additional reductions of
200 ~ 2 - to 6-log_{10} cfu/mL over usually active colistin monotherapy (Table 3 and Figure 2); in 5 of
201 6 cases involving 4 or $16\times$ MIC colistin against 19271 n/m, bacterial counts were reduced to
202 below the limit of detection (i.e., 20 cfu/mL). Substantial improvements in activity were also
203 present at 24 and 48 h in both isolates at all colistin concentrations. Additivity/synergy
204 occurred in 11 and 12 of 18 cases at 24 and 48 h, respectively, adding an additional ~ 1 - to 4 -
205 \log_{10} kill at 24 h and $>2.5\text{-log}_{10}$ kill at 48 h compared to that of monotherapy (Table 3 and
206 Figure 2). Interestingly, the combinations of colistin 0.5, 4 or $16\times$ MIC plus imipenem 32
207 mg/L each reduced bacterial loads to below the limit of detection at 24 h against both
208 isolates; the maximum reduction in \log_{10} cfu/mL at 24 h with colistin monotherapy at $16\times$
209 MIC was ~ 4.5 . Improvements in activity with combination therapy at the high inoculum also
210 occurred at all time points but were essentially restricted to combinations containing 4 or $16\times$
211 MIC colistin. Ten of 12 cases at 6 h containing colistin 4 (Table 3) or $16\times$ MIC (data not
212 shown) were additive or synergistic. At 24 and 48 h, the addition of imipenem at all
213 concentrations to 4 or $16\times$ MIC colistin produced additivity/synergy in over half of all cases
214 and substantially improved the activity compared with each antibiotic alone (by up to ~ 4 -
215 \log_{10} kill).

216

217 *Colistin-resistant isolate*. Bacterial killing at the 10^6 inoculum was substantially enhanced at
 218 24 h, with all tested combinations being additive or synergistic and only one combination
 219 (colistin 1 mg/L plus imipenem $0.5\times$ MIC) inactive (Table 3). The addition of all colistin
 220 concentrations to imipenem 4 or $16\times$ MIC produced ~ 3.5 to 4.5-log_{10} kill at 24 h,
 221 substantially higher than equivalent imipenem monotherapy. At 48 h all colistin
 222 concentrations in combination with imipenem $4\times$ MIC were synergistic (~ 2 - to 4-log_{10} kill)
 223 and substantially improved activity over equivalent monotherapy. The addition of colistin 32
 224 mg/L to imipenem (all concentrations) was additive or synergistic at a substantially earlier
 225 time (6 h) with ~ 1 - to 2-log_{10} greater kill than equivalent imipenem monotherapy (overall kill
 226 $\sim 3\text{-log}_{10}$ cfu/mL). At the high inoculum, additivity was achieved at 6 h with all combinations
 227 containing colistin 4 mg/L (Table 3) and 32 mg/L (data not shown), and activity enhanced by
 228 $\sim 1\text{-log}_{10}$ kill over imipenem monotherapy. Eight at 24 h and 7 at 48 h of 9 combinations were
 229 additive or synergistic, encompassing all colistin concentrations and in many cases resulting
 230 in additional reductions of ~ 1 - to 4-log_{10} cfu/mL over the most active monotherapy
 231 (imipenem $16\times$ MIC). This enhancement of activity was particularly evident with
 232 combinations containing colistin 4 or 32 mg/L, and on two occasions when combined with
 233 imipenem $16\times$ MIC, no viable bacteria were detected at 48 h.

234

235 ***Emergence of colistin resistance***

236 For the 4 colistin-heteroresistant isolates (Table 1), the proportion of resistant subpopulations
 237 at 10^8 cfu/mL ranged from 2.2×10^{-7} to 4.7×10^{-3} (Figure 1). With colistin monotherapy
 238 against the isolates susceptible to both colistin and imipenem, real-time PAPs performed at
 239 48 h in the time-kill studies demonstrated an increase in colistin-resistant subpopulations at
 240 both the low and high inocula with clinically relevant colistin concentrations (examples in
 241 Figures 2 and 3 and the electronic supplement); no such increase was observed against isolate

242 19056 muc at the high inoculum. Against imipenem-resistant isolate 19271 n/m, colistin
243 concentrations of 0.25 to 64× MIC at the low inoculum, and 1 to 64× MIC at the high
244 inoculum resulted in nearly 100% of the remaining cells at 48 h growing in the presence of
245 10 mg/L colistin. In contrast, no increase in colistin-resistant subpopulations was observed
246 for the imipenem-resistant isolate 20891 n/m at either inoculum. Combination therapy against
247 colistin-susceptible isolates generally had little effect on the proportion of colistin-resistant
248 subpopulations at 48 h at either inoculum, the shape of the PAPs being very similar to that
249 obtained with equivalent colistin monotherapy (Figures 2 and 3).

250

251 Discussion

252 Although colistin has been commercially available for over 50 years (27), reliable PK/PD
253 data have only recently emerged. Population PK studies have shown that plasma colistin
254 concentrations achieved with currently recommended CMS dosage regimens are likely to be
255 suboptimal in many patients, typically generating average steady-state plasma colistin
256 concentrations of ~2 – 3 mg/L, with some patients achieving concentrations up to ~10 mg/L
257 (13, 18, 24, 28, 32, 43). Increasing the daily dose of CMS in such patients may not be an
258 option as nephrotoxicity, which occurs in ~30 – 50% of patients (16, 22), is a dose-limiting
259 adverse effect. Given these circumstances and the current last-line status of colistin therapy,
260 we chose to examine not only synergy but also additivity, as even a relatively small increase
261 in activity with combination therapy may be beneficial to patient care. As colistin is almost
262 entirely unbound in CAMHB (3), colistin concentrations of 0.5 and 4× MIC for isolates with
263 MICs ≤1 mg/L and 16× MIC for isolates with MICs of ≤0.5 mg/L (1 and 4 mg/L for colistin-
264 resistant isolates) used in our study are clinically relevant, even assuming plasma binding of
265 colistin in patients is similar to that in animals (i.e., ~50% bound) (25). All imipenem

266 concentrations employed are readily achieved in plasma after consideration of protein
267 binding (49).

268

269 As some data show that activity of both colistin (8) and imipenem (36) is attenuated at high
270 compared to low inocula, experiments were conducted at both $\sim 10^6$ and $\sim 10^8$ cfu/mL. An
271 inoculum effect was generally observed for colistin monotherapy, whereas no obvious
272 inoculum effect was present for imipenem (Figures 2 and 3). Regrowth of all isolates was
273 observed with colistin monotherapy even with colistin concentrations well above those which
274 can be safely achieved clinically. Similar regrowth with colistin (or polymyxin B)
275 monotherapy has been observed against colistin-susceptible *P. aeruginosa* both *in vitro* (4, 8,
276 15, 51) and *in vivo* (21). In *A. baumannii* and *K. pneumoniae*, regrowth following colistin
277 monotherapy has been attributed to the amplification of colistin-resistant subpopulations (11,
278 44, 52), with colistin heteroresistance reported in both species (17, 29, 44, 54). We have
279 reported here, for the first time, colistin heteroresistance in *P. aeruginosa*. The emergence of
280 colistin resistance following colistin monotherapy has previously been reported in *P.*
281 *aeruginosa* at both low and high inocula (4, 8), and a similar phenomenon was observed in
282 the present study with all isolates except 20981 n/m. While *P. aeruginosa* can undergo
283 adaptive resistance to polymyxins (14), the presence of colistin heteroresistance at baseline,
284 and the changes in PAPs after treatment, suggest regrowth following colistin monotherapy
285 may be due to amplification of pre-existing colistin-resistant subpopulations. This suggests
286 care is required with colistin monotherapy against *P. aeruginosa*, even where isolates appear
287 susceptible based on MICs.

288

289 The addition of imipenem to colistin at both inocula generally resulted in substantial
290 improvements in bacterial killing over equivalent monotherapy against MDR *P. aeruginosa*

291 isolates resistant to either antibiotic, even when ESBLs were present. The improvements in
292 activity against these isolates were observed across the 48-h duration and with all colistin
293 concentrations at the low inoculum, and 4 and 16× MIC (or 4 and 32 mg/L) colistin at the
294 high inoculum. Notably, the total reductions in log₁₀ cfu/mL achieved with combinations
295 containing lower colistin concentrations (0.5 and 4× MIC or 1 and 4 mg/L) were on many
296 occasions similar in magnitude to the reductions achieved with combinations containing 16×
297 MIC colistin, particularly at the 10⁶ inoculum (Table 3). This suggests that combinations of
298 colistin and imipenem containing clinically relevant colistin concentrations may be as
299 effective as combinations containing higher concentrations against MDR isolates when
300 resistance to either drug is present. This is an important result given that colistin-induced
301 nephrotoxicity is a dose-limiting adverse effect.

302

303 The benefits in overall antibacterial activity with the addition of imipenem to colistin were
304 less pronounced against the three isolates susceptible to both antibiotics and were generally
305 restricted to improvements in initial kill, i.e. up to 6 h (Table 2). As a proportion of patients
306 will achieve only low plasma colistin concentrations with currently recommended dosage
307 regimens (13, 43), the combination of colistin and imipenem at the commencement of
308 therapy may help to quickly reduce bacterial levels to facilitate clearance by the immune
309 system.

310

311 Previous time-kill studies have examined colistin in combination with carbapenems against
312 *P. aeruginosa* (2, 9, 38-39, 46). These studies examined colistin with imipenem, meropenem
313 or doripenem at a single inoculum (~10⁶ or 10⁷ cfu/mL), though the emergence of colistin
314 resistance was not examined (e.g. using PAPs). The present study is the first to investigate the

315 emergence of colistin resistance with colistin combination therapy. In the present
316 investigations, in cases where the combination led to extensive killing at 48 h, meaningful
317 interpretation of the PAPs was not possible (e.g. Figure 2, Panel B, colistin 4× MIC as
318 monotherapy and in combination with imipenem 4× MIC). However, when bacterial numbers
319 at 48 h were comparable, changes in PAPs with combination therapy generally mirrored
320 those observed with equivalent exposure to colistin as monotherapy. However, in both the
321 present study and previously reported studies (2, 9, 38-39, 46), static concentrations and
322 instability of carbapenems in aqueous media may have contributed to the regrowth and
323 emergence of colistin resistance at 48 h (20). Thus, it will be important to further assess the
324 utility of these combinations against a range of isolates with varying susceptibilities
325 (including heteroresistant strains) in dynamic *in vitro* models and *in vivo*.

326

327 Two possible reasons for an enhanced pharmacodynamic effect observed with the
328 combination of colistin and imipenem are subpopulation synergy and mechanistic synergy as
329 proposed previously (7). Subpopulation synergy involves one drug killing the resistant
330 subpopulation(s) of the other drug, and *vice versa*. Four of the six isolates in the present study
331 were colistin heteroresistant (Table 1), indicating the existence of colistin-resistant
332 subpopulations prior to therapy. In addition, the four imipenem-susceptible isolates were
333 imipenem heteroresistant ($\text{MIC} \leq 4 \text{ mg/L}$ in which subpopulations grew in the presence of >
334 4 mg/L imipenem; data not shown). Another possibility is mechanistic synergy whereby
335 colistin and imipenem acting on different cellular pathways increase the rate or extent of
336 killing of the other drug. In Gram-negative bacteria carbapenems must first gain entry into
337 the periplasmic space in order to bind to critical penicillin-binding proteins located on the
338 cytoplasmic membrane (37, 55). A number of resistance mechanisms may operate to limit the
339 concentration of carbapenems in the periplasm including the presence of carbapenem-

340 hydrolyzing enzymes and loss of outer membrane proteins (55). Polymyxins cause
341 considerable permeabilization of the outer membrane (57). It is possible that the effect of
342 colistin on membrane permeability results in substantially increased concentrations of
343 imipenem in the periplasm and improved bactericidal activity. Subpopulation and
344 mechanistic synergy are not mutually exclusive and both may operate simultaneously.
345 Further studies, including mechanism-based mathematical modelling, are ongoing to
346 investigate the mechanism(s) underpinning the enhanced pharmacodynamic activity
347 observed.

348
349 In the battle against rapidly emerging bacterial resistance in Gram-negative ‘superbugs’,
350 rational approaches to the use of combinations of existing antibiotics may be greatly
351 beneficial. To the best of our knowledge, this is the first systematic study on the PD of
352 colistin in combination with imipenem against *P. aeruginosa*, including MDR and colistin
353 heteroresistant strains, at both low and high inocula. Clinically relevant concentrations of
354 colistin in combination with imipenem substantially increased bacterial killing against MDR
355 *P. aeruginosa* at both inocula when isolates were resistant to either antibiotic. Further
356 investigations in *in vitro* pharmacodynamic systems, animal infection models and clinical
357 studies are warranted to optimize colistin/imipenem combinations targeting both colistin-
358 susceptible and -resistant subpopulations.

359

360 **Acknowledgements**

361 The project described was supported by Award Number R01AI079330 from the National
362 Institute of Allergy and Infectious Diseases. The content is solely the responsibility of the
363 authors and does not necessarily represent the official views of the National Institute of

364 Allergy and Infectious Diseases or the National Institutes of Health. JL is an Australian
 365 National Health and Medical Research Council Senior Research Fellow. DLP has previously
 366 received honoraria from Merck for invited lectures and participation in advisory boards.

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557 **Table 1:** Minimum inhibitory concentrations (MICs) of the *P. aeruginosa* isolates used in
 558 this study
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560

Isolate	MIC (mg/L) ^a		cephalosporinase and carbapenemase typing	MDR ^b
	Colistin	Imipenem		
ATCC 27853 ^c	1	2	negative	No
19147 n/m	128	4	IMP & CTX-M positive ^d	Yes
19056 muc	0.5	4	negative	Yes
20509 n/m ^c	0.5	1	negative	No
19271 n/m ^c	2	32	negative	Yes
20891 n/m ^c	1	16	negative	Yes

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^a CLSI breakpoints (S, susceptible; I, intermediate; R, resistant): Colistin, S≤2 mg/L, I=4 mg/L, R≥8 mg/L; Imipenem, S≤4 mg/L, I=8 mg/L, R≥16 mg/L (10).

^b Multidrug-resistance (MDR) was defined as diminished susceptibility to ≥2 of the following five drug classes: antipseudomonal cephalosporins, antipseudomonal carbapenems, β-lactam/β-lactamase inhibitor combinations, antipseudomonal fluoroquinolones, and aminoglycosides (40).

^c Colistin heteroresistant. Heteroresistance to colistin was defined as an isolate with colistin MIC ≤2 mg/L in which subpopulations were able to grow in the presence of >2 mg/L colistin (55).

^d Contains genes encoding IMP type carbapenemase and CTX-M type extended-spectrum β-lactamase (ESBL).

Table 2: Log changes at 6, 24 or 48 h at two inocula with various clinically relevant concentrations of colistin (Col) and imipenem (Imi) against 3 isolates of *P. aeruginosa* susceptible to both antibiotics. Gray background indicates activity (a reduction of $\geq 1\text{-log}_{10}$ cfu/mL below the initial inoculum); green background indicates synergy (a $\geq 2\text{-log}_{10}$ decrease in the number of cfu/mL between the combination and its most active component); red background indicates additivity (a 1.0 to $<2\text{-log}_{10}$ decrease in the number of cfu/mL between the combination and its most active component).

Isolate	Inoculum (cfu/mL)	Time (h)	Log change (= log ₁₀ (CFU _t) - log ₁₀ (CFU ₀))											
			Col 0.5× MIC	Col 4× MIC	Imi 0.5× MIC	Imi 4× MIC	Imi 16× MIC	Col 0.5× MIC + Imi 0.5× MIC	Col 0.5× MIC + Imi 4× MIC	Col 0.5× MIC + Imi 16× MIC	Col 4× MIC + Imi 0.5× MIC	Col 4× MIC + Imi 4× MIC	Col 4× MIC + Imi 16× MIC	
ATCC 27853	~10 ⁶	6	-0.41	-5.93	-0.03	-2.77	-2.83	-2.90	-4.39	-5.95	-4.69	-5.95	-5.99	
		24	+3.20	+0.06	+2.91	-3.14	-3.66	+1.71	-3.58	-5.95	-2.20	-2.68	-3.34	
		48	+3.80	+1.35	+3.60	-1.06	-1.81	+3.49	-2.39	-2.90	+0.04	-1.82	-2.27	
	~10 ⁸	6	+0.33	-2.48	-0.06	-2.04	-2.08	-1.00	-2.79	-2.73	-5.62	-4.94	-4.69	
		24	+1.55	+0.05	+1.67	+0.14	-3.73	+1.50	-0.48	-3.42	-0.01	-3.51	-4.54	
		48	+2.05	+1.65	+2.02	+1.96	-2.89	+2.04	+1.79	-3.30	+0.92	-2.25	-3.60	
19056 muc	~10 ⁶	6	-2.34	-5.19	+0.45	-3.81	-5.49	-5.66	-5.69	-5.79	-5.88	-5.92	-5.75	
		24	+1.63	-2.64	+2.66	-3.41	-5.49	+1.69	-4.39	-5.79	-2.62	-5.92	-5.75	
		48	+3.13	+0.08	+3.27	+1.93	-5.49	+2.53	-0.27	-5.79	-0.44	-1.06	-5.75	
	~10 ⁸	6	+0.11	-7.51	-0.83	-3.76	-4.22	-1.68	-4.00	-4.05	-7.96	-8.22	-7.95	
		24	+0.79	-3.49	-0.01	-3.22	-5.02	+0.19	-3.46	-4.60	-2.50	-6.92	-7.95	
		48	+1.42	-0.15	+0.47	+0.24	-6.08	+0.39	+0.27	-5.91	+0.08	-3.18	-7.95	
20509 n/m	~10 ⁶	6	+1.47	-3.18	-1.71	-3.08	-3.83	-2.29	-5.97	-6.14	-4.34	-6.10	-5.90	
		24	+3.18	+2.39	+3.10	-2.30	-3.33	+3.26	-3.04	-3.93	+1.86	-4.41	-4.30	
		48	+3.61	+3.07	+3.46	-1.08	-1.43	+3.48	-1.00	-1.68	+3.21	-1.40	-1.93	
	~10 ⁸	6	+0.82	-0.01	-0.81	-2.65	-2.65	-0.52	-2.86	-2.55	-1.03	-2.75	-2.53	
		24	+1.62	+2.04	+1.02	-0.45	-1.48	+1.40	-0.59	-2.60	+0.81	-1.88	-3.63	
		48	+1.92	+2.19	+1.25	+0.96	-1.28	+1.70	+1.58	-0.98	+1.75	+1.03	-2.37	

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Table 3: Log changes at 6, 24, or 48 h at two inocula with various clinically relevant concentrations of colistin (Col) and imipenem (Imi) against 1 colistin-resistant, imipenem-susceptible isolate and 2 colistin-susceptible, imipenem-resistant isolates of *P. aeruginosa*. Gray background indicates activity (a reduction of ≥ 1 -log₁₀ cfu/mL below the initial inoculum); green background indicates synergy (a ≥ 2 -log₁₀ decrease in the number of cfu/mL between the combination and its most active component); red background indicates additivity (a 1.0 to < 2 -log₁₀ decrease in the number of cfu/mL between the combination and its most active component). For colistin-resistant isolate 19147 n/m, synergy or additivity were compared with imipenem monotherapy only.

Isolate	Inoculum (cfu/mL)	Time (h)	Log change (= log ₁₀ (CFU _t) - log ₁₀ (CFU ₀))											
			Col 32 mg/L	Imi 0.5× MIC	Imi 4× MIC	Imi 16× MIC	Col 1.0 mg/L + Imi 0.5× MIC	Col 1.0 mg/L + Imi 4× MIC	Col 1.0 mg/L + Imi 16× MIC	Col 4.0 mg/L + Imi 0.5× MIC	Col 4.0 mg/L + Imi 4× MIC	Col 4.0 mg/L + Imi 16× MIC		
Col resistant, Imi susceptible	~10 ⁶	6	-0.08	-0.35	-1.44	-1.28	-1.28	-1.46	-1.77	-1.77	-1.60	-1.83		
		24	+2.16	+2.27	-0.58	-2.57	-0.71	-3.28	-4.57	-2.01	-3.89	-4.22		
		48	+2.49	+3.02	+2.50	-4.55	+2.57	-3.03	-4.46	+1.74	-1.99	-3.54		
	~10 ⁸	6	+0.04	-1.04	-1.56	-1.36	-1.83	-1.82	-1.85	-2.40	-2.70	-2.54		
		24	+0.55	+1.31	-0.33	-2.67	+0.14	-3.24	-3.38	-1.10	-4.60	-4.61		
		48	+0.86	+1.79	+1.37	-3.21	+1.18	-0.10	-3.19	+0.42	-3.82	-7.69		
Col susceptible, Imi resistant	19271 n/m	~10 ⁶	Col 0.5× MIC	Col 4× MIC	Imi 1.0 mg/L	Imi 8.0 mg/L	Imi 32 mg/L	Col 0.5× MIC + Imi 1.0 mg/L	Col 0.5× MIC + Imi 8.0 mg/L	Col 0.5× MIC + Imi 32 mg/L	Col 4× MIC + Imi 1.0 mg/L	Col 4× MIC + Imi 8.0 mg/L	Col 4× MIC + Imi 32 mg/L	
			6	-1.89	-3.32	+1.68	+1.17	-0.54	-1.32	-2.00	-4.45	-3.43	-5.77	
			24	+0.49	-2.19	+2.95	+2.89	-1.27	+0.71	+0.24	-5.75	-3.00	-5.77	
		~10 ⁸	48	+2.87	+1.83	+3.01	+2.93	+1.56	+2.88	+2.81	-2.61	+0.15	-1.52	-5.71
			6	-0.05	-2.22	+0.56	+0.26	-0.95	-1.05	-0.94	-1.57	-3.13	-3.48	-4.90
			24	+0.67	-1.13	+0.84	+0.39	-1.70	-0.37	-0.08	-2.47	-1.86	-1.76	-3.88
	20891 n/m	~10 ⁶	48	+0.83	-1.26	+0.83	+0.46	+0.15	+0.94	+0.98	+0.25	-1.09	+0.22	-2.30
			6	+1.38	-5.95	+1.68	-0.26	-2.61	+0.35	-6.02	-5.90	-4.62	-5.90	-5.83
			24	+2.28	-3.43	+2.53	+2.27	-3.82	+2.35	-2.90	-5.90	-3.85	-3.64	-5.83
		~10 ⁸	48	+2.48	-1.84	+2.42	+2.28	+0.01	+2.43	+2.44	-3.82	-0.42	-3.34	-5.83
			6	+0.21	-4.67	+0.13	-0.77	-2.50	-0.33	-1.32	-2.54	-5.76	-7.39	-7.52
			24	+0.60	-1.12	+0.32	-0.31	-3.64	+0.54	+0.47	-2.38	-3.39	-3.47	-4.27

Figure Captions

Figure 1. Baseline PAPs of the reference strain and all clinical isolates using an initial inoculum of $\sim 10^8$ cfu/mL. The Y-axis starts from the limit of detection and the limit of quantification (LOQ) is indicated by the horizontal broken line.

Figure 2. Representative time-kill curves (left-hand panels) with various clinically relevant concentrations of colistin and imipenem alone and in combination at an inoculum of $\sim 10^6$ cfu/mL against (A) 19147 n/m (colistin-resistant, imipenem-susceptible MDR), (B) 20509 n/m (colistin- and imipenem-susceptible non-MDR) and (C) 20891 n/m (colistin-susceptible, imipenem-resistant MDR). Right-hand panels show the respective PAPs at baseline (0 h) and after 48 h exposure to colistin monotherapy, colistin/imipenem combination therapy or neither antibiotic (control). The Y-axis starts from the limit of detection and the limit of quantification (LOQ) is indicated by the horizontal broken line.

Figure 3. Representative time-kill curves (left-hand panels) with various clinically relevant concentrations of colistin and imipenem alone and in combination at an inoculum of $\sim 10^8$ cfu/mL against (A) 19147 n/m (colistin-resistant, imipenem-susceptible MDR), (B) 20509 n/m (colistin- and imipenem-susceptible nonMDR) and (C) 20891 n/m (colistin-susceptible, imipenem-resistant MDR). Right-hand panels show the respective PAPs at baseline (0 h) and after 48 h exposure to colistin monotherapy, colistin/imipenem combination therapy or neither antibiotic (control). The Y-axis starts from the limit of detection and the limit of quantification (LOQ) is indicated by the horizontal broken line.





