

# Antimicrobial resistance in Vietnam

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with the support of  
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# Antibiotic Resistance A Catastrophic Threat



# Consequences of antimicrobial resistance

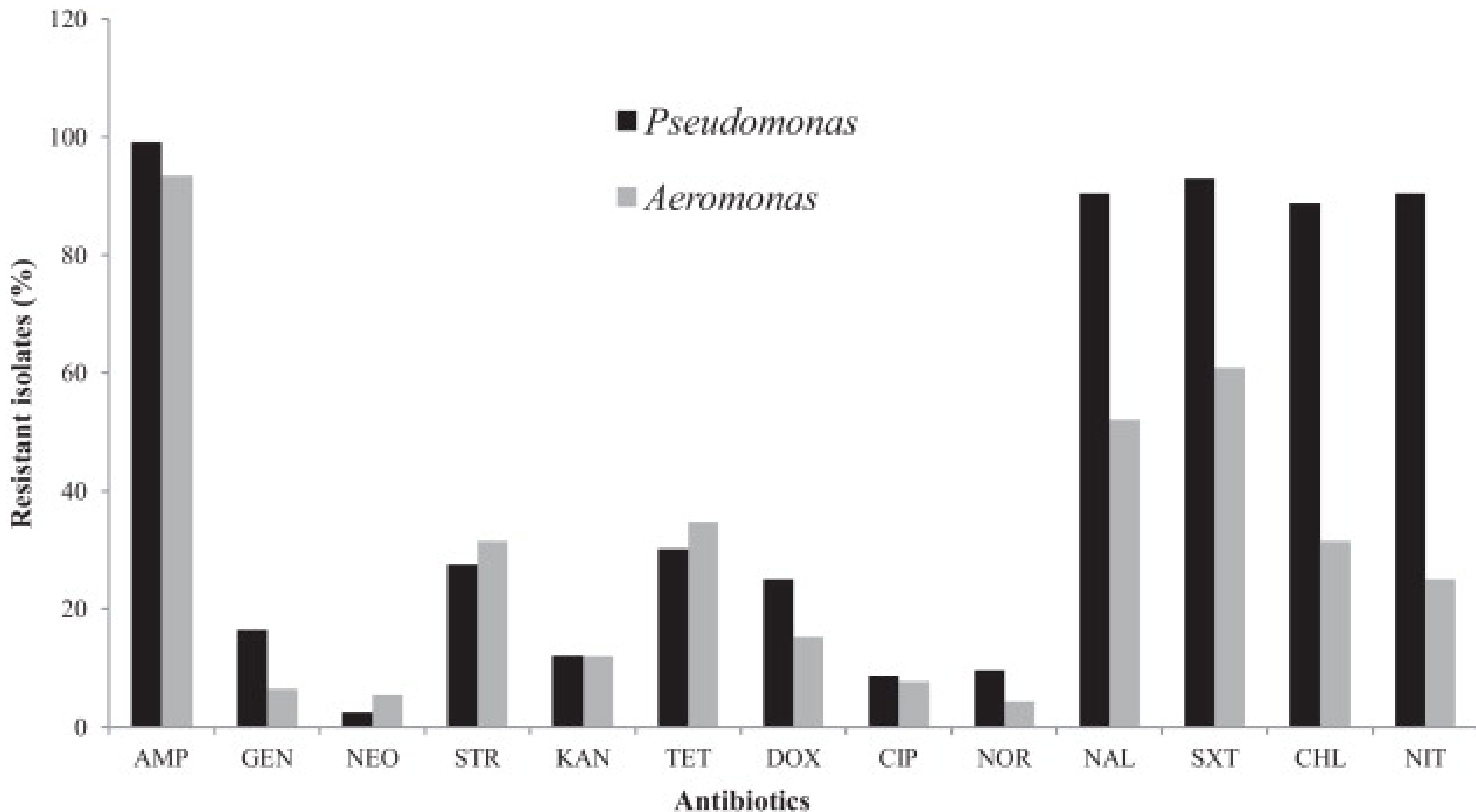
- **Mortality:** ↑ if resistant infections
- **Morbidity:** ↑ duration of infections
  - ↑ length of suffering
  - ↑ risk of R-bacteria diffusion
- **Costs:** ↑ due to use of
  - More antibiotics,
  - Antibiotics associations
  - new expansive AB
- **Few solutions:** few new drugs

# **Antibiotic resistance in the environment**

**Resistance to 11 antimicrobial drugs of *bla*<sub>NDM-1</sub>-positive  
*Klebsiella pneumoniae* isolates from the Kim Nguu River, Hanoi,  
Vietnam**

Antimicrobial drug	MIC, mg/L		
	EUCAST brakpoint	Site X	Site Y
Piperacillin/tazobactam	R > 16	64→256	64→256
Ceftazidime	R > 4	>256	>256
Ceftriaxone	R > 2	96→256	128→256
Meropenem	R > 8	8→32	12→32
Imipenem	R > 8	6→32	>32
Fosfomycin	R >	3–8	8
Gentamicin	R > 4	>1,024	>1,024
Tobramycin	R > 4	384→1,024	256–384
Ciprofloxacin	R > 1	0.064–1.5	0.064
Colistin	R > 2	0.19–2	0.125–0.38
Tigecycline	R > 2	1.5–3	0.5–1.5

# **Antibiotic resistance in fishculture**



Percentage of catfish *Pseudomonas* and *Aeromonas* isolates resistant to antibiotics. Antibiotic susceptibility test was carried out for 116 *Pseudomonas* and 92 *Aeromonas* catfish isolates against 13 antibiotics: AMP, GEN, NEO, STR, KAN, TET, DOX...

Hoang Nam Kha Nguyen , Thi Thu Hao Van , Huu Thinh Nguyen , Peter M. Smooker , Jeff Shimeta , Peter J. Coloe

**Molecular characterization of antibiotic resistance in *Pseudomonas* and *Aeromonas* isolates from catfish of the Mekong Delta, Vietnam**

Veterinary Microbiology, Volume 171, Issues 3–4, 2014, 397 - 405

# **Antibiotic resistance in general population**



**Resistance prevalence to tested antibiotics among 818 fecal isolates of *E.coli* from children aged 6-60 months in FilaBavi, Vietnam (BMC Infect Dis. 2012; 12: 92).**

Antibiotic(s) tested	Prevalence of resistance % (n, total n = 818)
TET	74 (609)
SXT	68 (559)
AMP	65 (533)
CHL	40 (325)
NAL	27 (220)
CIP	< 1 (2)
TET + SXT + AMP	45 (368)
TET + SXT + AMP + CHL	25 (208)
TET + SXT + AMP + CHL + NAL	8 (68)

Abbreviations used: TET = tetracycline; SXT = co-trimoxazole; AMP = ampicillin; CHL = chloramphenicol; NAL = nalidixic acid; CIP = ciprofloxacin

# **Antibiotic resistance in community acquired infections**

# Antibiotic therapy for inpatients with community-acquired pneumonia in Vietnam

Trinh<sup>et</sup> al , Pharmacoepidemiol **Drug** mar 2014

## KEY POINTS

- Irrational antibiotic combinations for CAP are common.
- Hospitalization, choice of intravenous route, and use of combination antibiotic therapy occurred without correlation to CAP severity in Vietnamese hospitals.
- Antibiotic combination highly varies among hospitals.
- Further research into the factors influencing these decisions is needed

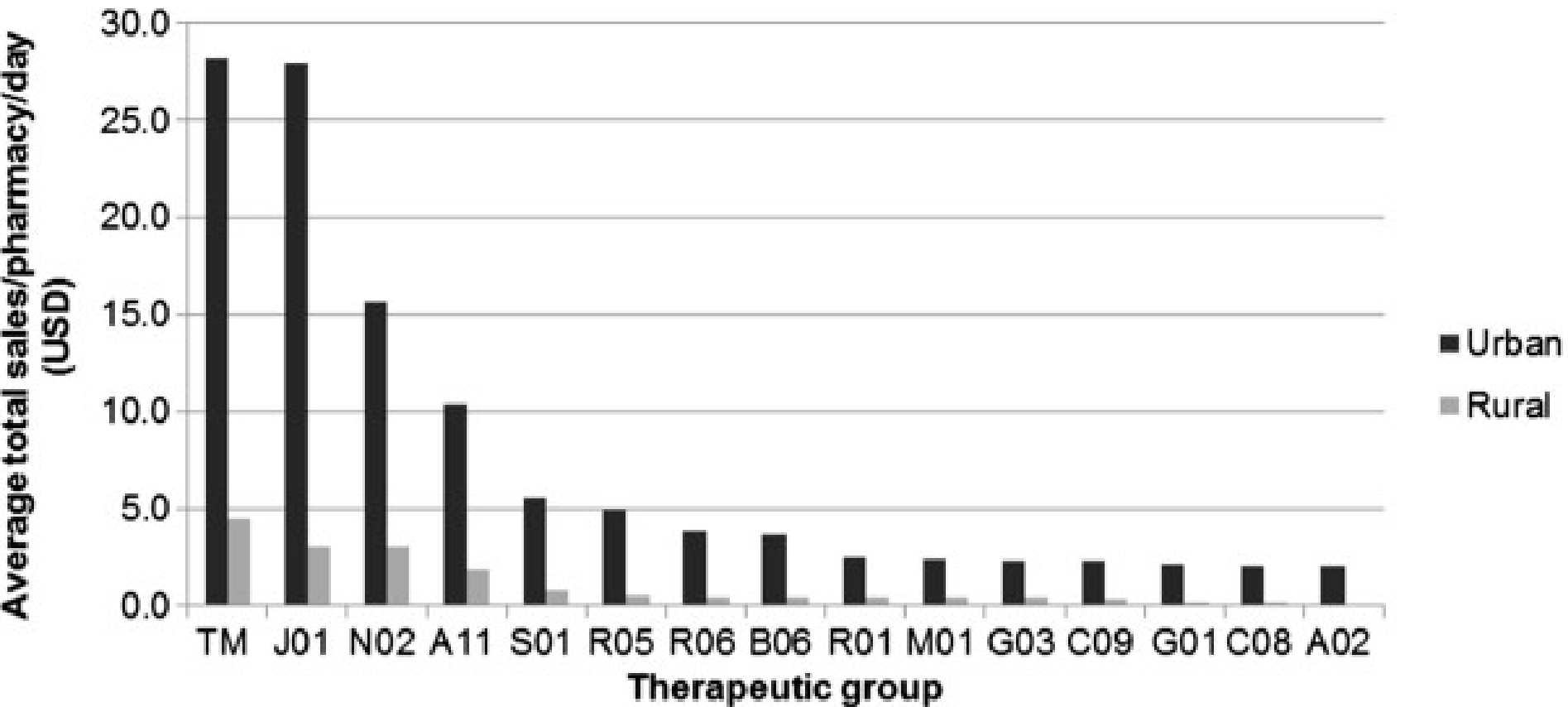
## Antimicrobial susceptibility of 108 *Neisseria gonorrhoeae* isolates from Hanoi, Vietnam in 2011

Antimicrobial (Breakpoints (mg/L))	Susceptible no. (%)
Ciprofloxacin ( $S \leq 0.0$ )	2 (2)
Tetracycline ( $S \leq 0.5,$ )	7 (6)
Penicillin G ( $S \leq 0.064$ )	2 (2)
Azithromycin ( $S \leq 0.25$ )	67 (62)
Ceftriaxone ( $S \leq 0.125$ )	103 (95)
Cefixime ( $S \leq 0.125$ )	107 (99)
Spectinomycin ( $S \leq 64$ )	108 (100)

[BMC Pharmacol Toxicol.](#) 2014 Feb 20;15(1):6.

# **Antibiotic sales in rural and urban pharmacies in northern Vietnam: an observational study.**

[Nga do TT<sup>1</sup>](#), [Chuc NT](#), [Hoa NP](#), [Hoa NQ](#), [Nguyen NT](#), [Loan HT](#), [Toan TK](#), [Phuc HD](#), [Horby P](#), [Van Yen N](#), [Van Kinh N](#), [Wertheim HF](#)



**Average sales in USD per pharmacy per day by therapeutic groups in urban versus rural (in USD).** TM: Herbal medicines, J01: Antibiotics, N02: Analgesic, A11: Vitamins, S01: Ophthalmological, R05: Cough and cold preparation, B06: Hematological agent, R06: Antihistamine, R01: Nasal preparations, M01: Anti-inflammatory and antirheumatic products, G03: genital system, C09: rennin-angiotensin, G01: Gynecological, C08: calcium channel blocker, A02: acid related disorders.

## Antibiotics dispensing practices according to prescription regulation

Outcomes	Urban (n = 2083)	Rural (n = 870)
Transaction with antibiotics	499 (24%)*	257 (30%)*
<i>With prescription</i>	60 (12%)	23 (9%)
Comply with prescription	49 (82%)	18 (78%)
Not comply with prescription	11 (18%)	5 (22%)
<i>Without prescription</i>	439 (88%)	234 (91%)
Client made decision	221 (50%)*	66 (28%)*
Drug seller made decision	218 (50%)	168 (72%)

## Causes for irrational antibiotics dispensing

Reasons outcomes	Percentage of respondents within area agreed with given reasons	
	Urban (n = 26)	Rural (n = 17)
Fear of losing customers	18 (69%)	17 (100%)
Pressure from patient's demand	10 (38%)*	13 (76%)*
Insufficient knowledge of dispensers	7 (27%)	4 (23%)
Inappropriate prescribing of doctors	18 (69%)*	5 (29%)*
High profitability of antibiotics	8 (31%)	6 (35%)
Other (quality of diagnosis or health services)	12 (71%)	12 (46%)



# **antibiotic resistance at the hospital**

## Level of decreased susceptibility for the most common bacteria

Antibiotic	All ICUs		%
	S + I + R <i>n</i>	I + R <i>n</i>	
<b><i>Escherichia coli</i></b>			
Amikacin	67	17	25.4
Cefotaxime	68	39	57.4
Ciprofloxacin	69	39	56.5
Gentamicin	67	40	59.7
Imipenem	61	0	0.0
Cotrimoxazole	68	56	82.4
<b><i>Klebsiella species</i></b>			
Cefotaxime	114	72	63.2
Imipenem	103	3	2.9
Gentamicin	114	64	56.1
Ciprofloxacin	114	59	51.8

**Need for improved antimicrobial and infection control stewardship in Vietnamese intensive care units**

# Isolates from sputum and endotracheal fluid

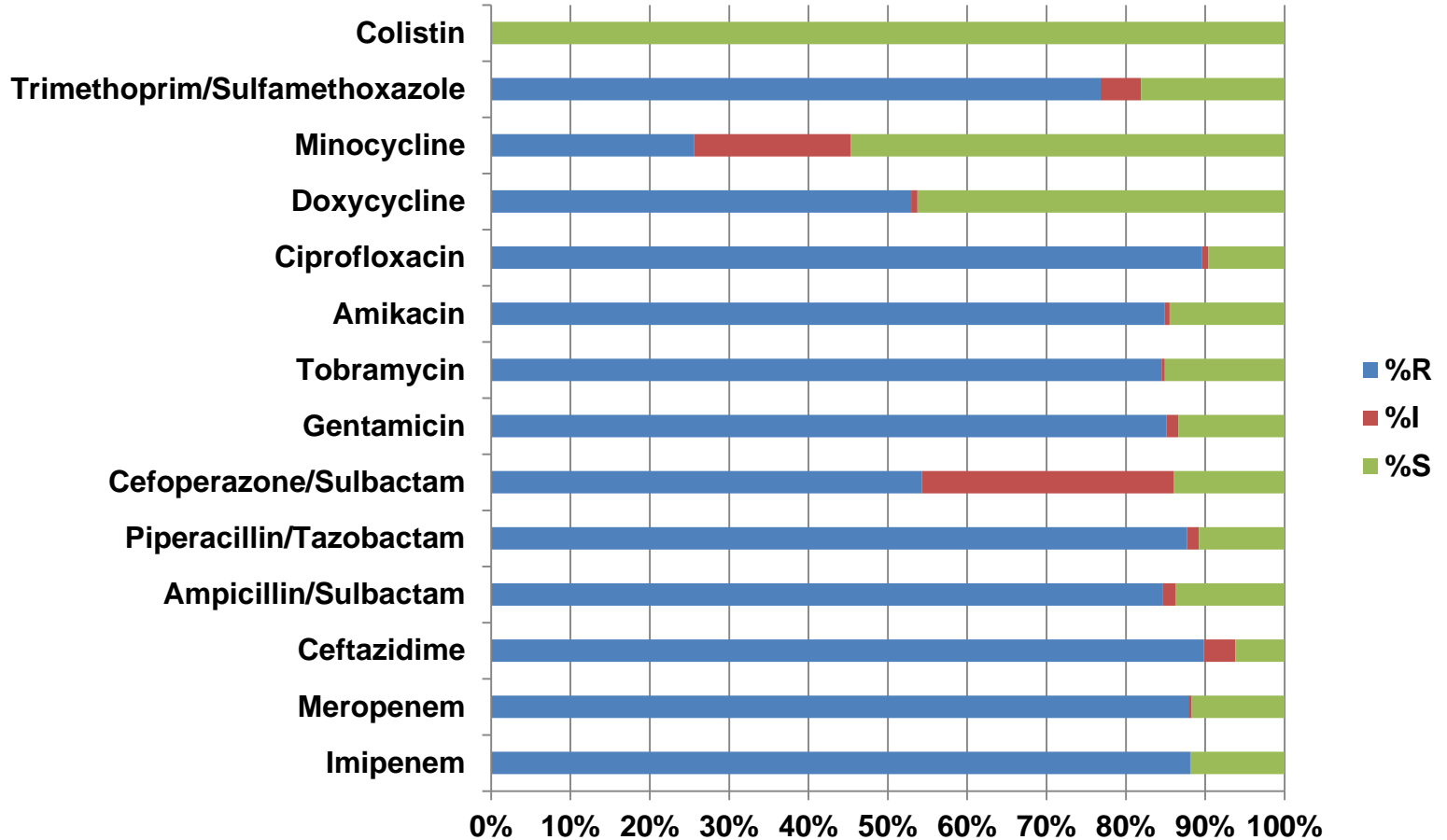
unpublished data from Bach Mai hospital, 2014

TT	Vi khuẩn	n	%
1	<i>Acinetobacter baumannii</i>	333	33.1
2	<i>Pseudomonas aeruginosa</i>	240	23.8
3	<i>Klebsiella pneumoniae</i>	130	12.9
4	<i>Stenotrophomonas maltophilia</i>	62	6.2
5	<i>Haemophilus influenzae</i>	33	3.3
6	<i>Staphylococcus aureus</i>	37	3.7
7	<i>Escherichia coli</i>	29	2.9
8	<i>Enterobacter cloacae</i>	23	2.3
9	<i>Burkholderia cepacia</i>	12	1.2
10	<i>Streptococcus pneumoniae</i>	11	1.1
11	Khác	97	9.6
12	Tổng	1007	100.0

# Antibiogram of *A. baumannii* (n = 481)

unpublished data from Bach Mai hospital, 2014

Pham Hong Nhung, MD, PhD Dept. Microbiology, Hanoi Medical University and Bach Mai hospital



Colistin MIC<sub>50</sub> = 0.5 µg/mL; MIC<sub>90</sub> = 0.75 µg/mL  
(n = 41)

70% chủng từ bệnh phẩm hô hấp  
28.9 % chủng phân lập ở HSTC

[American Journal of Infection Control](#) [Volume 40, Issue 9](#), November  
2012, Pages 840–844

**ANTIBIOTIC USE IN VIETNAMESE HOSPITALS: A  
MULTICENTER POINT-PREVALENCE STUDY ([TRUONG ANH THU](#)  
ET AL)**

# Prevalence and correlates of antibiotic use in Vietnamese hospitals

Characteristics	Sample (n = 7,571)	Patients with antibiotics, n (%) (n = 5,104)	Adjusted OR (95% CI)
Age group, years			
<30	2,480	2,014 ( <b>81.2</b> )	Ref
30-59	2,999	1,874 (62.5)	0.8 (0.7-1.0)
≥60	2,092	1,216 (58.1)	0.7 (0.6-1.0)
Hospital type			
National	1,778	905 (50.9)	Ref
Provincial	4,676	3,341 ( <b>71.4</b> )	1.4 (1.2-1.6)
District	1,117	858 ( <b>76.8</b> )	2.2 (1.8-2.6)

# Antibiotic use in Vietnamese hospitals: A multicenter point-prevalence study

## Prevalence and correlates of antibiotic use in Vietnamese hospitals

Ward			
Medical	4,105	1,979 (48.2)	Ref
Obstetrics and gynecology	508	428 (84.3)	5.0 (3.9-6.5)
Surgical	1,910	1,780 (93.2)	13.2 (10.9-16.1)
Intensive care unit	354	292 (82.5)	4.3 (3.3-5.7)
Pediatric	694	625 (90.1)	6.8 (5.1-9.0)

# Characteristics of antibiotic prescription in participating hospitals

Variable	Patients on antibiotics, n (%) (n = 5,104)
Number of antibiotics	
1	3,237 (63.4)
2	1,547 ( <b>30.3</b> )
≥3	320 (6.3)
Antibiotic class and/or agent	
Cephalosporins	3,585 ( <b>70.2</b> )
Penicillins	1,105 (21.6)
Aminoglycosides	963 (18.9)
Imidazole	555 (10.9)
Quinolon	246 (4.8)
Macrolide	128 (2.5)
Sulphonamide	36 (0.7)



# Inappropriate indications for antibiotics and their correlates

Variables	Patients with inappropriate antibiotic treatment, n (%) (n = 1,573)	Patients with appropriate antibiotic treatment, n (%) (n = 3,531)	Adjusted OR (95% CI)
Hospital type			
National	216 (13.7)	642 (18.2)	Ref
Provincial	<b>1,022 (65.0)</b>	2,319 (65.7)	0.8 (0.5-0.9)
District	335 (21.3)	570 (16.1)	0.5 (0.3-0.7)
Ward			
Medical	368 (23.4)	1,611 (45.6)	Ref
Obstetrics and gynecology	<b>369 (23.5)</b>	59 (1.7)	33.0 (23.1-45.6)
Surgical	<b>766 (48.7)</b>	1,014 (28.7)	3.7 (3.2-4.3)
Intensive care unit	49 (3.1)	243 (6.9)	1.0 (0.7-1.4)
Pediatric	21 (1.3)	604 (17.1)	0.2 (0.1-0.3)

# Incentives for antibiotic pressure in Vietnam (GARP Vietnam)

- Access to antibiotic
  - Free access !? In contradiction with the official regulations
  - 39.000 drug stores managed frequently by not qualified people
  - Drug price in public sector public (hospitals) >> private practice
  - Drugs imitations ∟
- misuse of antibiotics
  - guidelines, not always appropriate and frequently not observed  
Ex: upperRT infections treated with AB
  - selfmedication
  - Oral cephalosporines +++

# Incentives for antibiotic pressure in Vietnam (GARP Vietnam)

- Aproximate estimation of the resistance problems
  - Limited surveillane and studies
  - Lack of bacterial laboratory facilities
- Farm use of antibiotics
  - large use of antibiotics produced or packaged in Vietnam
    - Aquaculture
    - Breeding
    - Impact on exportations and on public health
- Bacterial food contamination
  - multiresistant bacteria in raw meat and seafood

# What to do?

Multitarget actions in

- General population
- Farmers
- Pharmacists and drugstore keepers
- General practitioners
- Hospital physicians
- Bacteriological laboratories
- Pharmaceutical companies
- Politic deciders

# What to do? (2)

- Reduce antibiotic consumption
  - General population education
  - Education for « medical practitioners » and « pharmacists »
  - Rationalization of use
  - Restriction and improvement of delivery
- Improve infection control and hygiene
- Improve antibiotics quality
- Develop surveillance facilities and improve and standardize bacteriology techniques
- *Try to forbid pharmaceutical companies to tip hospitals, pharmacists, practitioners...*
- *Don't wait too much from scientific innovations: bacteriophages, vaccines,...*

# COMBAT DRUG RESISTANCE



No action today,  
no cure tomorrow

7 APRIL 2011 WORLD HEALTH DAY



World Health  
Organization