

# Looking into the future: How to adapt antibiotic use based on pharmacokinetics and pharmacodynamics

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C.H.U. de Charleroi

CHU "Marie Curie", Lodelinsart  
19 December 2017

# Disclosures

## Financial support from

- Non-profit Institutions:
  - the Belgian **Fonds de la Recherche Scientifique** for basic research on pharmacology antibiotics and related topics
  - The **European Union** for applied research on optimization of  $\beta$ -lactams treatments through on-line monitoring of free serum levels
  - The **Université catholique de Louvain** for past personal support
- Industry:
  - AstraZeneca, GSK, Sanofi-Aventis, Bayer, Cempra Pharmaceuticals, The Medicines Company, Northern Antibiotics, RibX, Cubist, Galapagos, ...

## Other past and present relationships in relation to this talk

- Belgian Antibiotic Policy Coordination Committee (BAPCOC)
- European Committee for Antibiotic Susceptibility Testing (EUCAST)
- European Medicines Agency (EMA)
- Drive-AB (a EU program for a new economical framework for antibiotics)

Slides: <http://www.facm.ucl.ac.be> → Lectures

# Do we have a problem ?

1. Infections are (most often) treated with an antibiotic dosing regimen related to the severity of the disease rather than the susceptibility of the micro-organism ...

Table 20-7. Dosing Regimens of Cephalosporins in Adults and Children				
Cephalosporin	Usual Dose	Adults		Children Usual Dose
			Severe Disease	
First Generation				
Cefazolin	0.5-1 g q8-12h	2 g q6-8h		12.5-33 mg/kg q6-8h
Cephalothin	0.5-1 g q6h	2 g q4-6h		20-25 mg/kg q6h
Cephapirin	0.5-1 g q6h	2 g q4-6h		10-20 mg/kg q6h

What is a "severe disease" ?

# Problem ... #2 (of many)

Clinicians tend to ask (and clinical microbiologists to provide only) "S – I – R" answers based on accepted breakpoints ...

But, what is a breakpoint ?

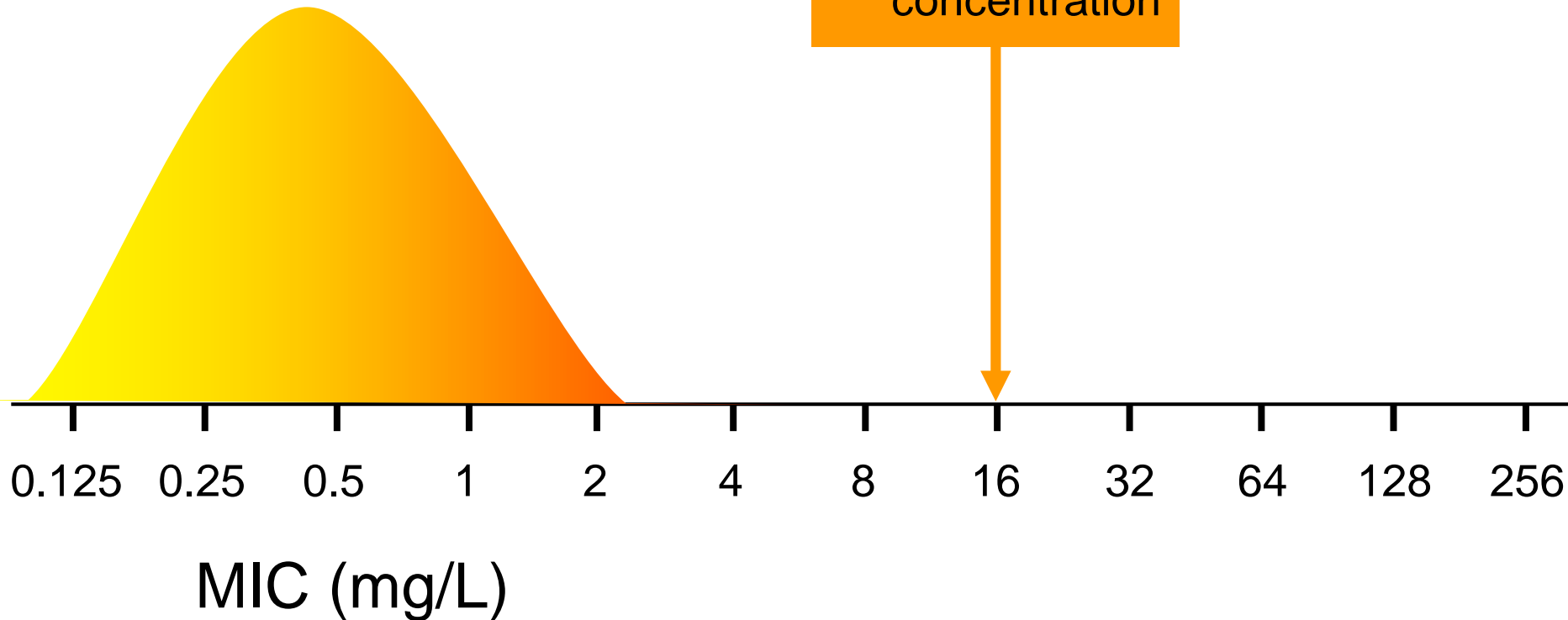


# In the good old time...

Good !!

Easy!!!

mean serum  
concentration



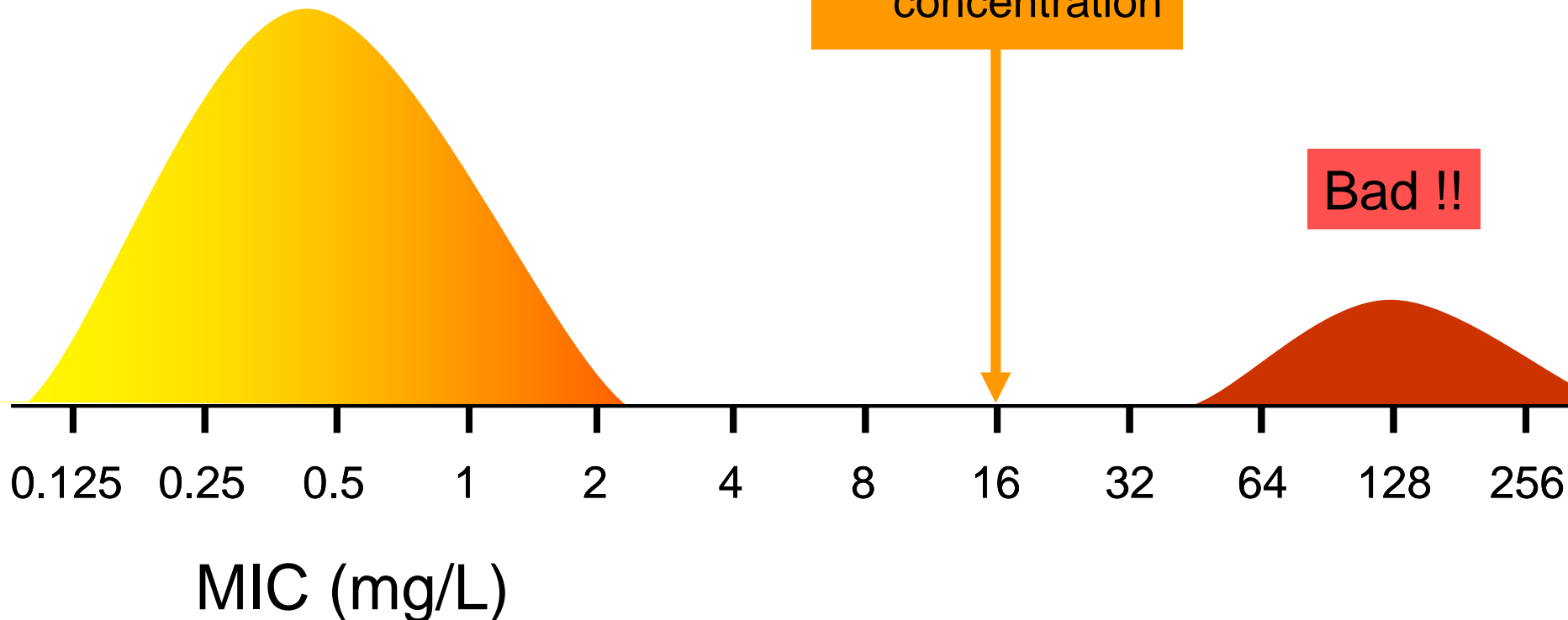
# No so old but still good time ....

## Still Easy!!!

Good !!

effective serum  
concentration

Bad !!



# Still good old time ....

**Still Easy!!!**

Good !!

effective serum  
concentration

**This is why microbiologists used the 2-fold dilution progression !**

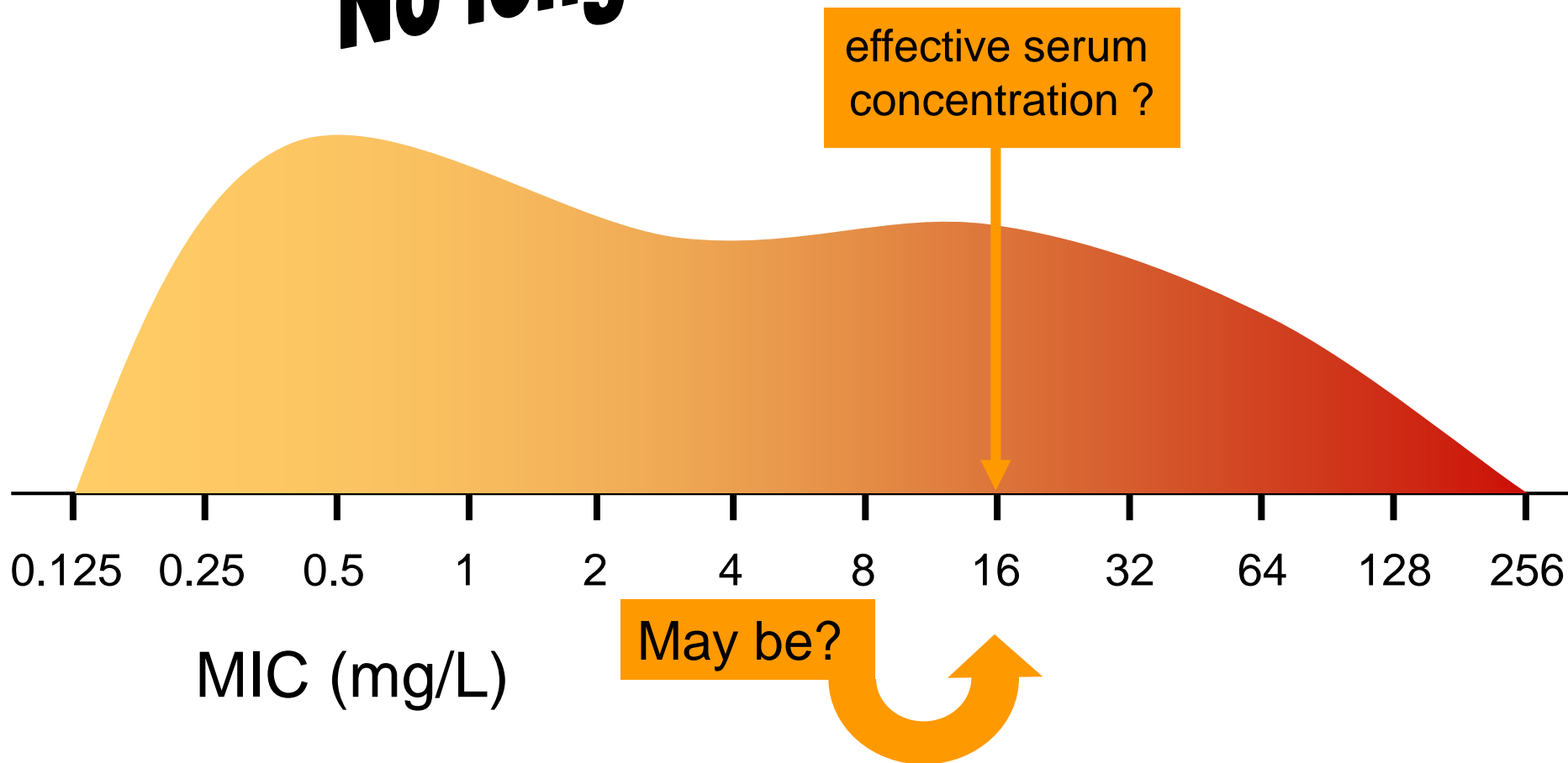
Bad !!

0.125 0.25 0.5 1 2 4 8 16 32 64 128 256

MIC (mg/L)

# But now, what do you do with this ?

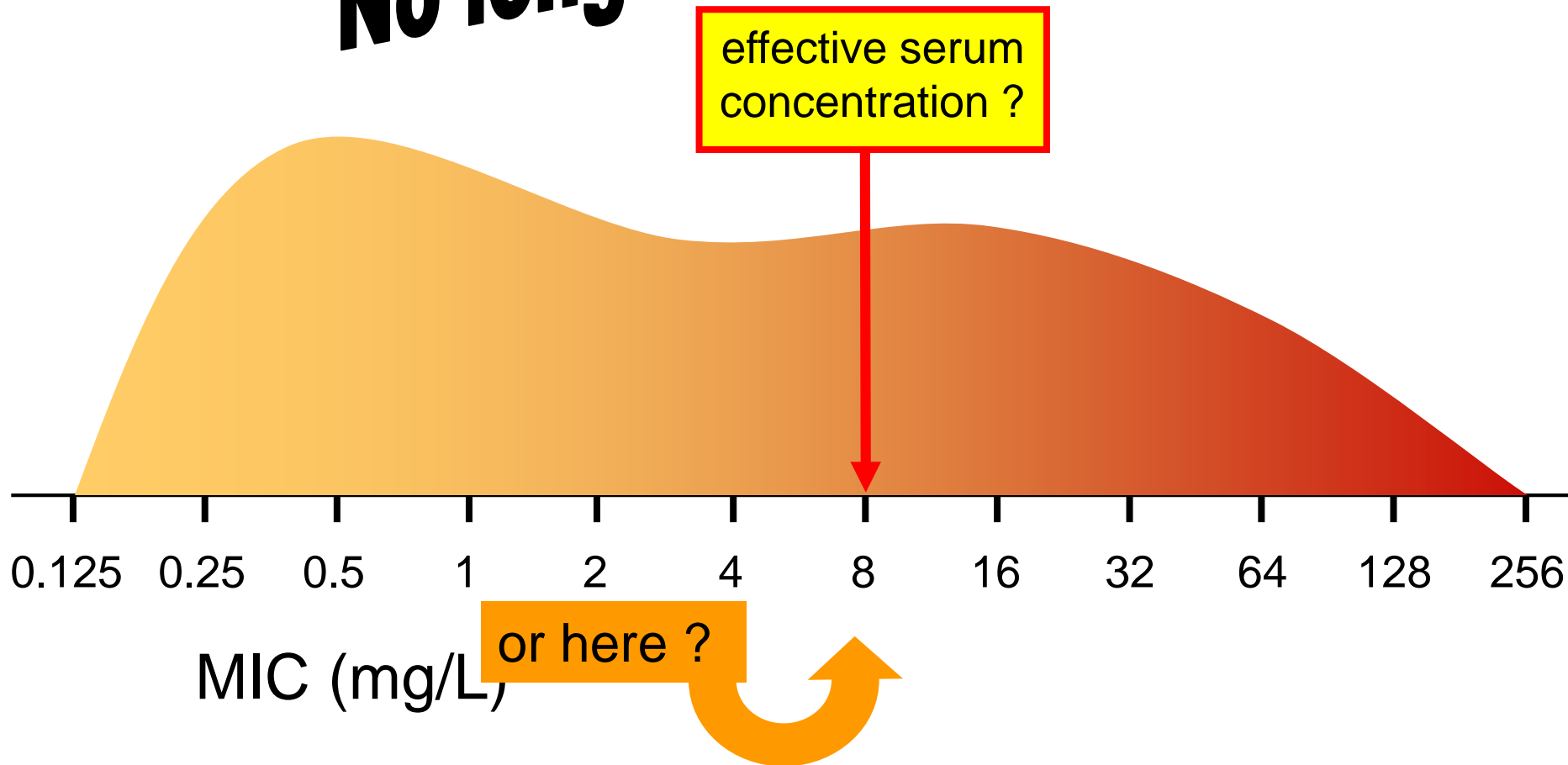
## No longer so easy...





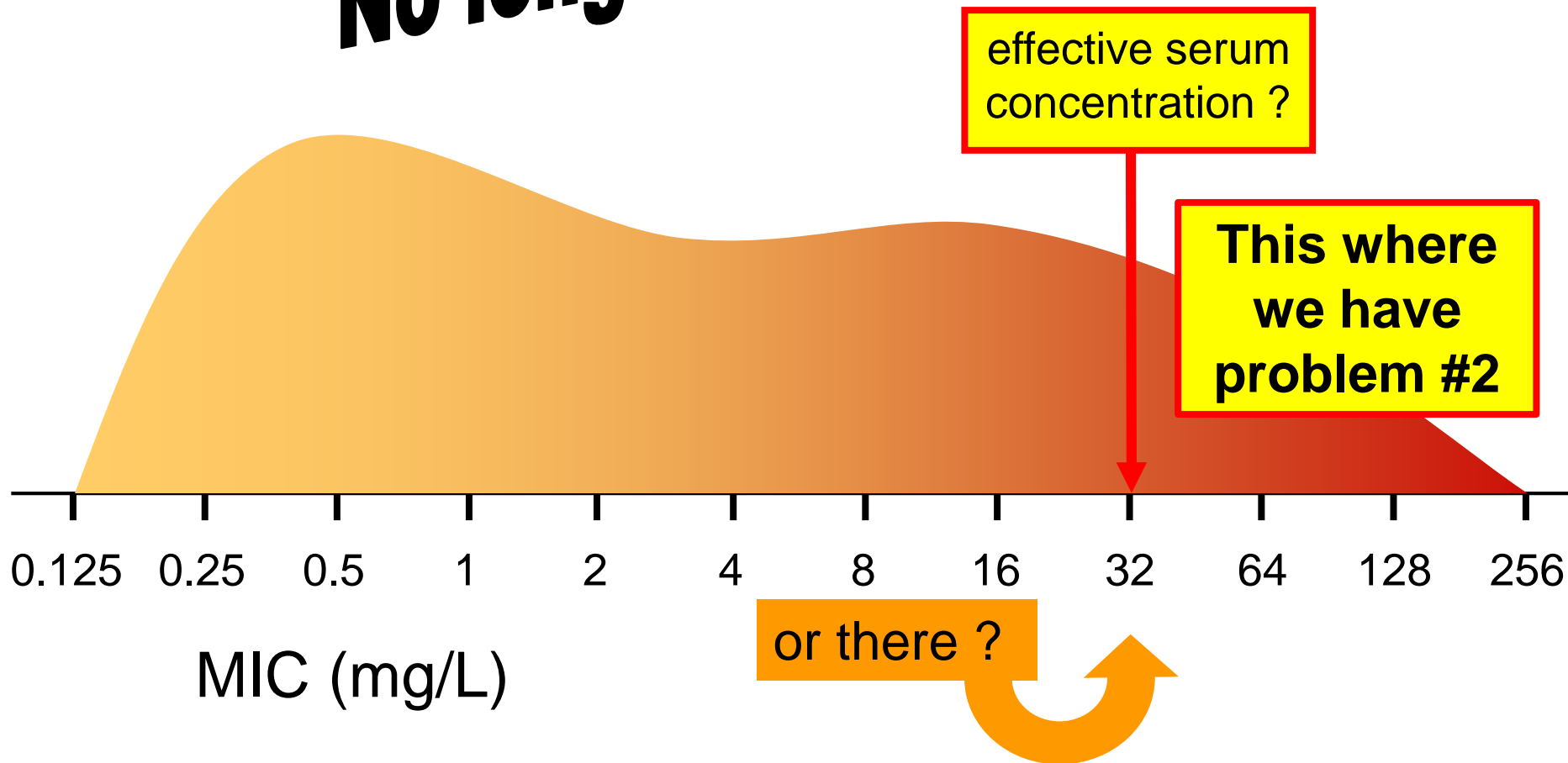
# But now, what do you do with this ?

## No longer so easy...



# But now, what do you do with this ?

## No longer so easy...



# Can breakpoints come to help ?



Here come  
EUCAST \*

Organization

EUCAST News

Clinical breakpoints

Expert rules and intrinsic resistance

Resistance mechanisms

Guidance documents

Consultations



20 October 2017

The European Committee on Antimicrobial  
Susceptibility Testing - EUCAST

<http://www.eucast.org>

Last accessed: 18 Dec 2017

EUCAST breakpoints are the only legal in Europe and are implemented for most new antibiotics since 2005

# Can breakpoints come to help ?



aka, an  
MIC !

## EUCAST definitions of clinical breakpoints

### Clinically Susceptible (S)

- a micro-organism is defined as susceptible by a level of antimicrobial activity associated with a high likelihood of therapeutic success
- a micro-organism is categorized as susceptible (S) by applying the appropriate breakpoint in a defined phenotypic test system
- this breakpoint may be altered with legitimate changes in circumstances

### Clinically Resistant (R)

- a micro-organism is defined as resistant by a level of antimicrobial activity associated with a high likelihood of therapeutic failure.
- a micro-organism is categorized as resistant (R) by applying the appropriate breakpoint in a defined phenotypic test system
- this breakpoint may be altered with legitimate changes in circumstances

[http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST\\_files/EUCAST\\_SOPs/EUCAST\\_definitions\\_of\\_clinical\\_breakpoints\\_and\\_ECOFFs.pdf](http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST_files/EUCAST_SOPs/EUCAST_definitions_of_clinical_breakpoints_and_ECOFFs.pdf)

Last updated: 1 Sep 2015; last accessed: 18 Dec 2017

MIC: Minimal Inhibitory Concentration

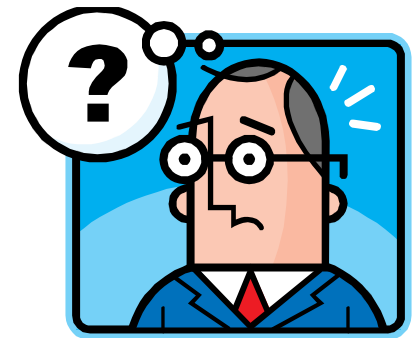
(the lowest antibiotic concentration at which bacteria stop growing in a defined in vitro system)

# But breakpoints must be interpreted...

## Enterobacteriaceae

Penicillins <sup>1</sup>	MIC breakpoint (mg/L)	
	S ≤	R >
Piperacillin-tazobactam	8 <sup>4</sup>	16 <sup>4</sup>
Cephalosporins <sup>1</sup>	MIC breakpoint (mg/L)	
	S ≤	R >
Cefepime	1	4
Ceftazidime	1	4
Carbapenems <sup>1</sup>	MIC breakpoint (mg/L)	
	S ≤	R >
Imipenem <sup>2</sup>	2	8
Meropenem	2	8

how can  
we use  
this ?



[http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST\\_files/Breakpoint\\_tables/v\\_7.1\\_Breakpoint\\_Tables.pdf](http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST_files/Breakpoint_tables/v_7.1_Breakpoint_Tables.pdf)  
Last updated: 10 Mar 2017; last accessed: 18 Dec 2017

# Simple use of breakpoints in the hospital...

## Enterobacteriaceae

Penicillins <sup>1</sup>	MIC breakpoint	
Piperacilin		
Cephalexin		t
Cefepime		
Ceftazidime		
Carbapenems		t
Imipenem	2	8
Meropenem	2	8

check your  
epidemiology  
and/or your  
isolate...



[http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST\\_files/Breakpoint\\_tables/v\\_7.1\\_Breakpoint\\_Tables.pdf](http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST_files/Breakpoint_tables/v_7.1_Breakpoint_Tables.pdf)

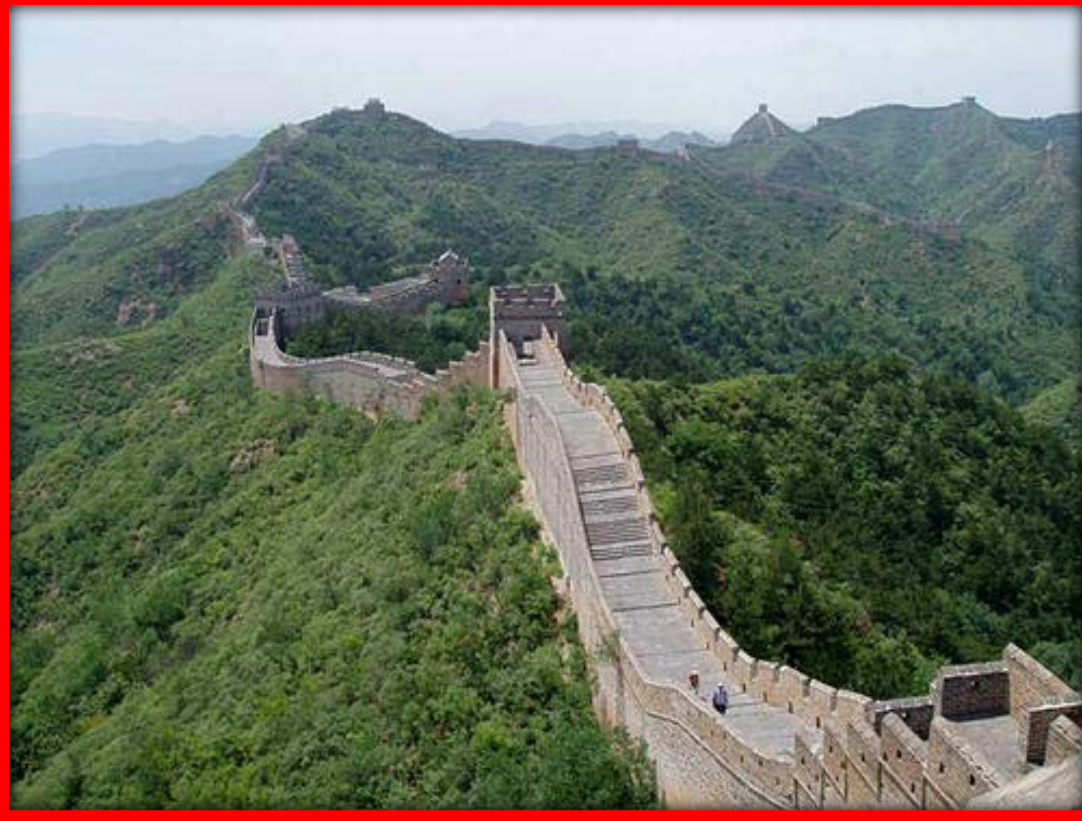
Last updated: 10 Mar 2017; last accessed: 18 Dec 2017



# Simple use of breakpoints in the hospital...

## Enterobacteriaceae

Penicillins <sup>1</sup>	MIC breakpoint	
Piperacilin		
Cephalexin		t
Cefepime		
Ceftazidime		
Carbapenems		t
Imipenem	2	8
Meropenem	2	8



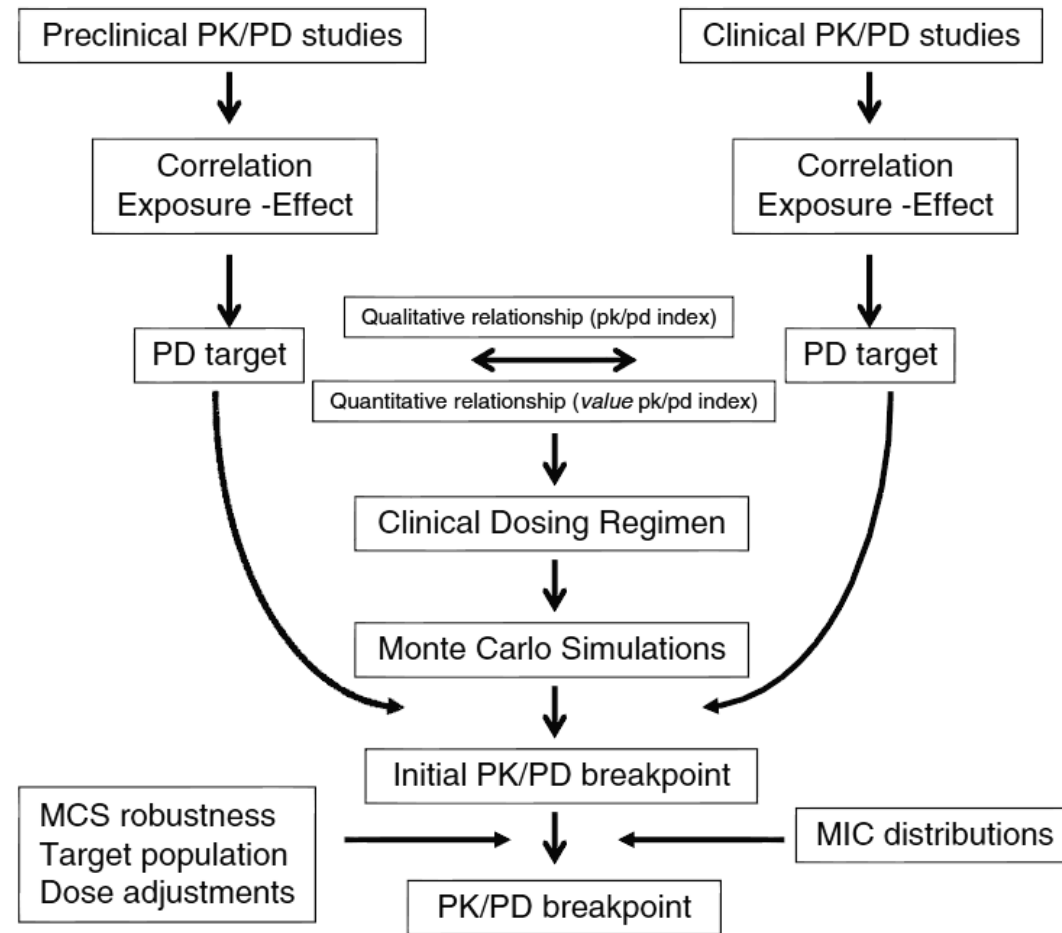
check your  
epidemiology  
and/or your  
isolate...



and see  
where YOU  
are !

[http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST\\_files/Breakpoint\\_tables/v\\_7.1\\_Breakpoint\\_Tables.pdf](http://www.eucast.org/fileadmin/src/media/PDFs/EUCAST_files/Breakpoint_tables/v_7.1_Breakpoint_Tables.pdf)  
Last updated: 10 Mar 2017; last accessed: 18 Dec 2017

# Breakpoints are partly based pharmacokinetics ...



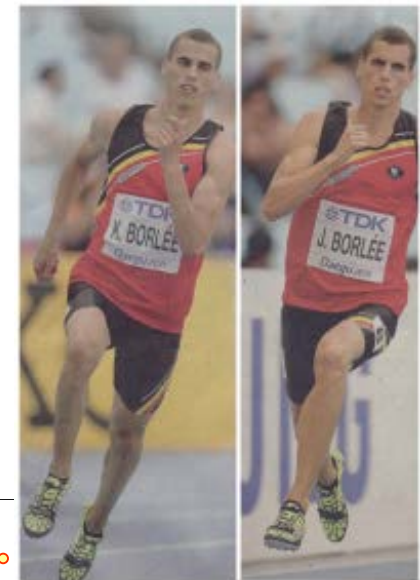
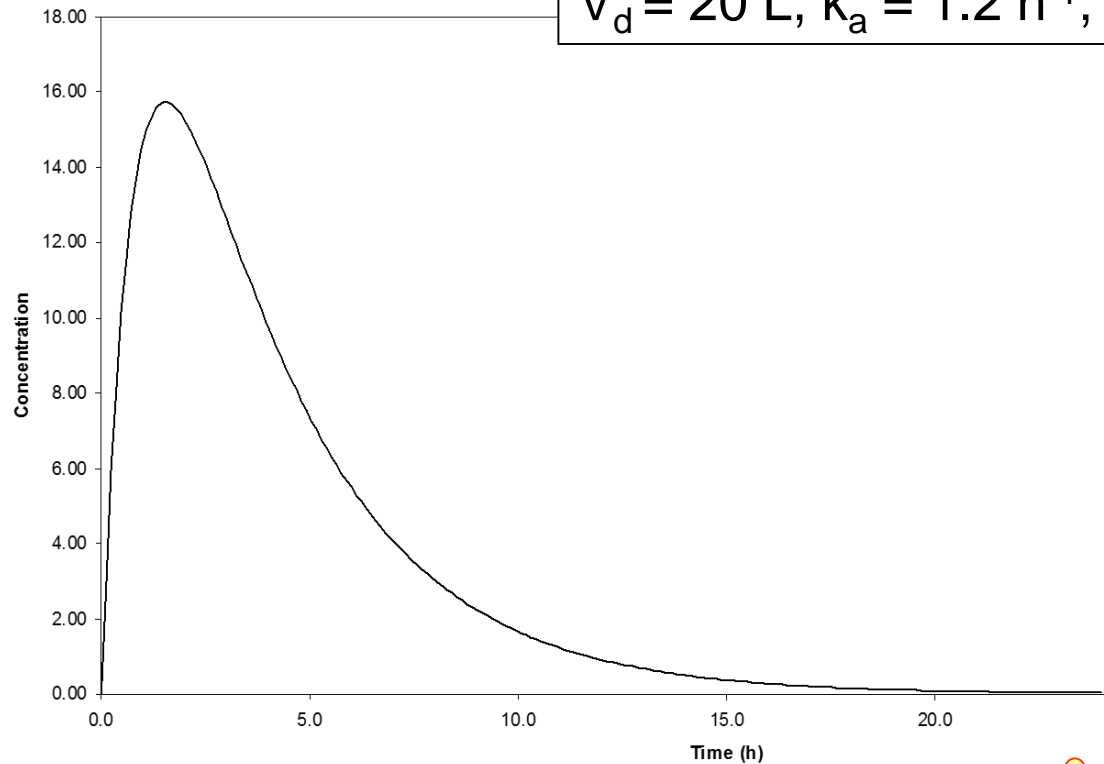
**Fig. 3.4** Summary of the process of setting PK/PD breakpoints by EUCAST (Mouton et al. 2012)



# Problem #3: variations of PK in individuals...

Concentration-time profile of a  
beta-lactam in volunteers

$$V_d = 20 \text{ L}, k_a = 1.2 \text{ h}^{-1}, k_e = 0.3 \text{ h}^{-1}$$



Unlike the Belgian 400 m  
run team, we are not all  
(almost) equal

# What is, indeed, a standard patient ?



weight

age

physical

condition

race

size

disease

elimination  
functions



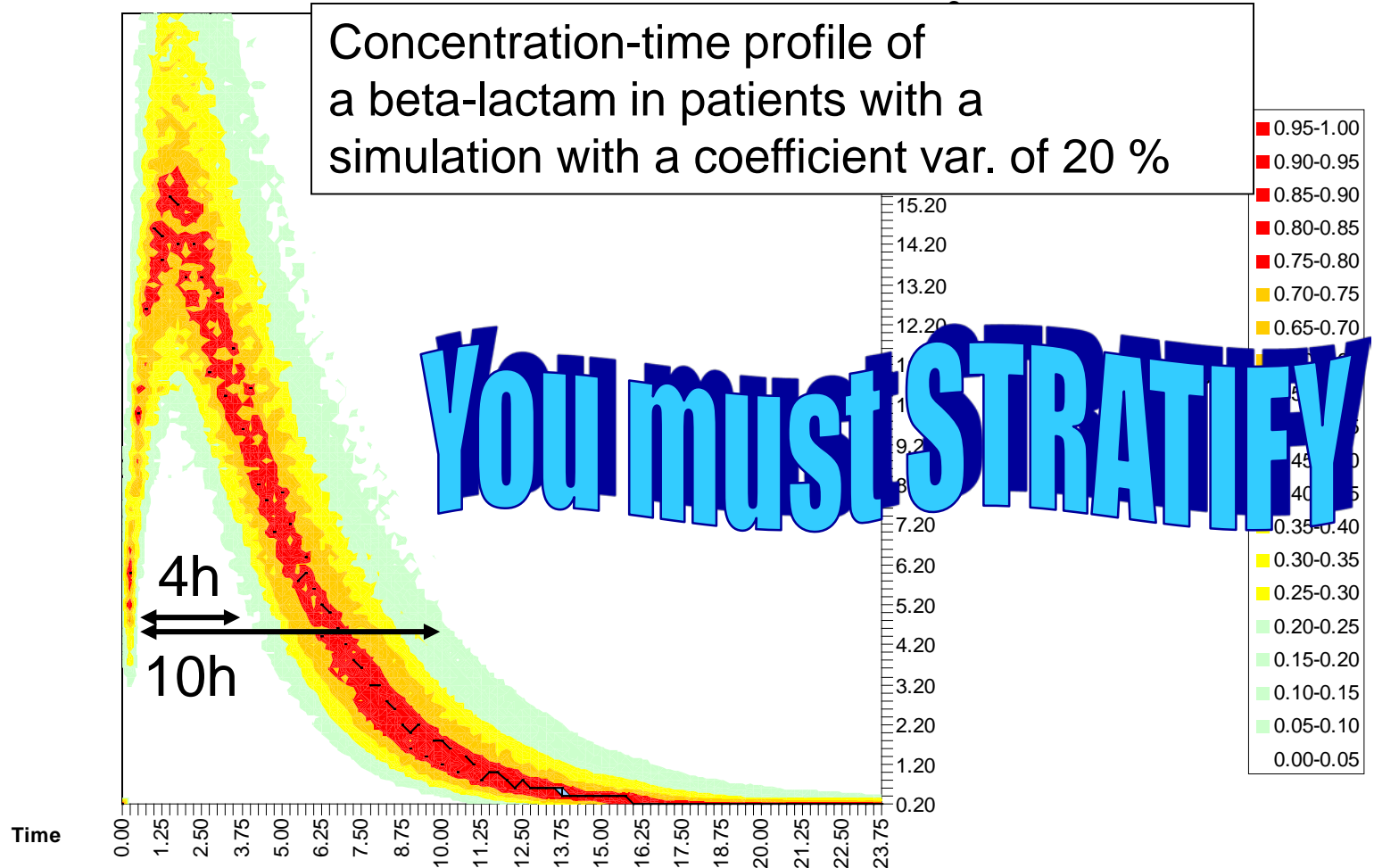
Kim Clijsters pose avec sa fille Jada. AFP



|

|

# Variation of PK in individuals...



Mouton, Int J Antimicrob Agents april 2002



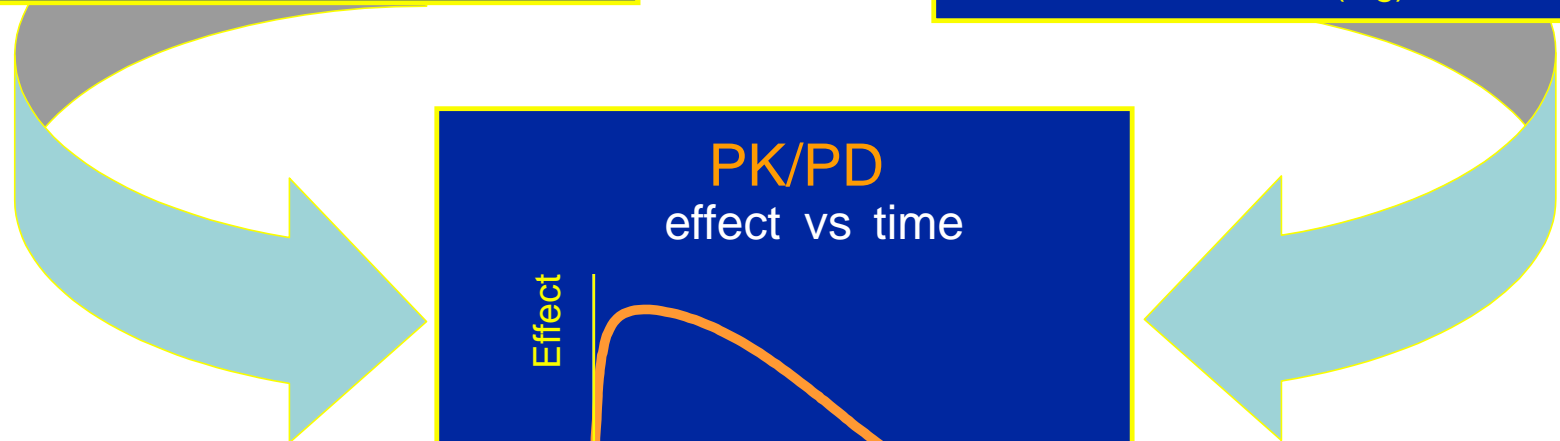
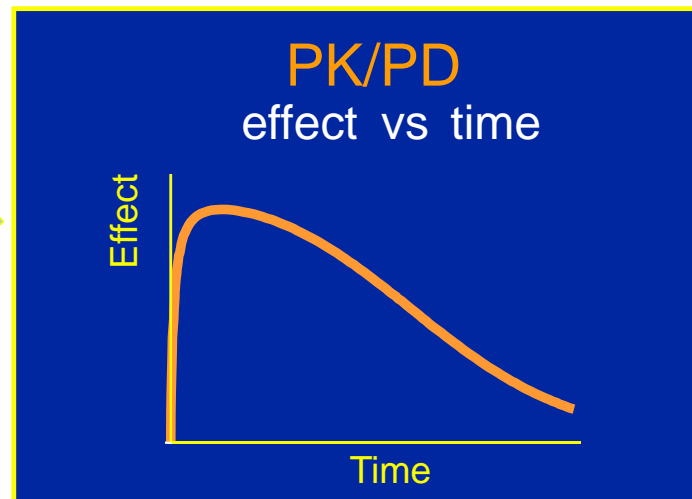
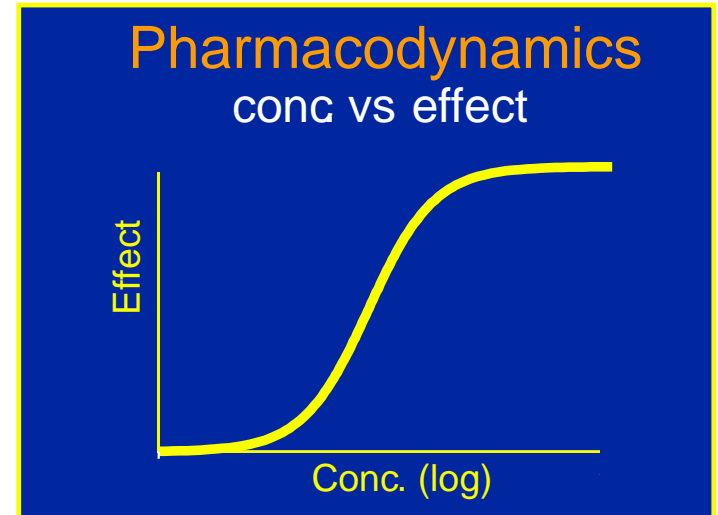
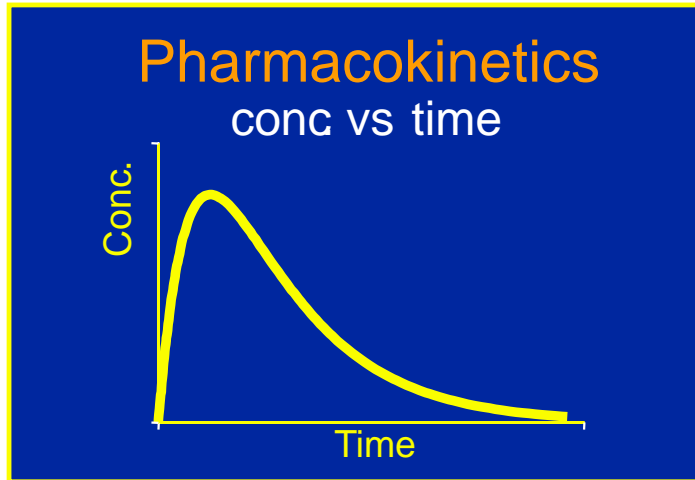
# What is, indeed, a standard patient ?



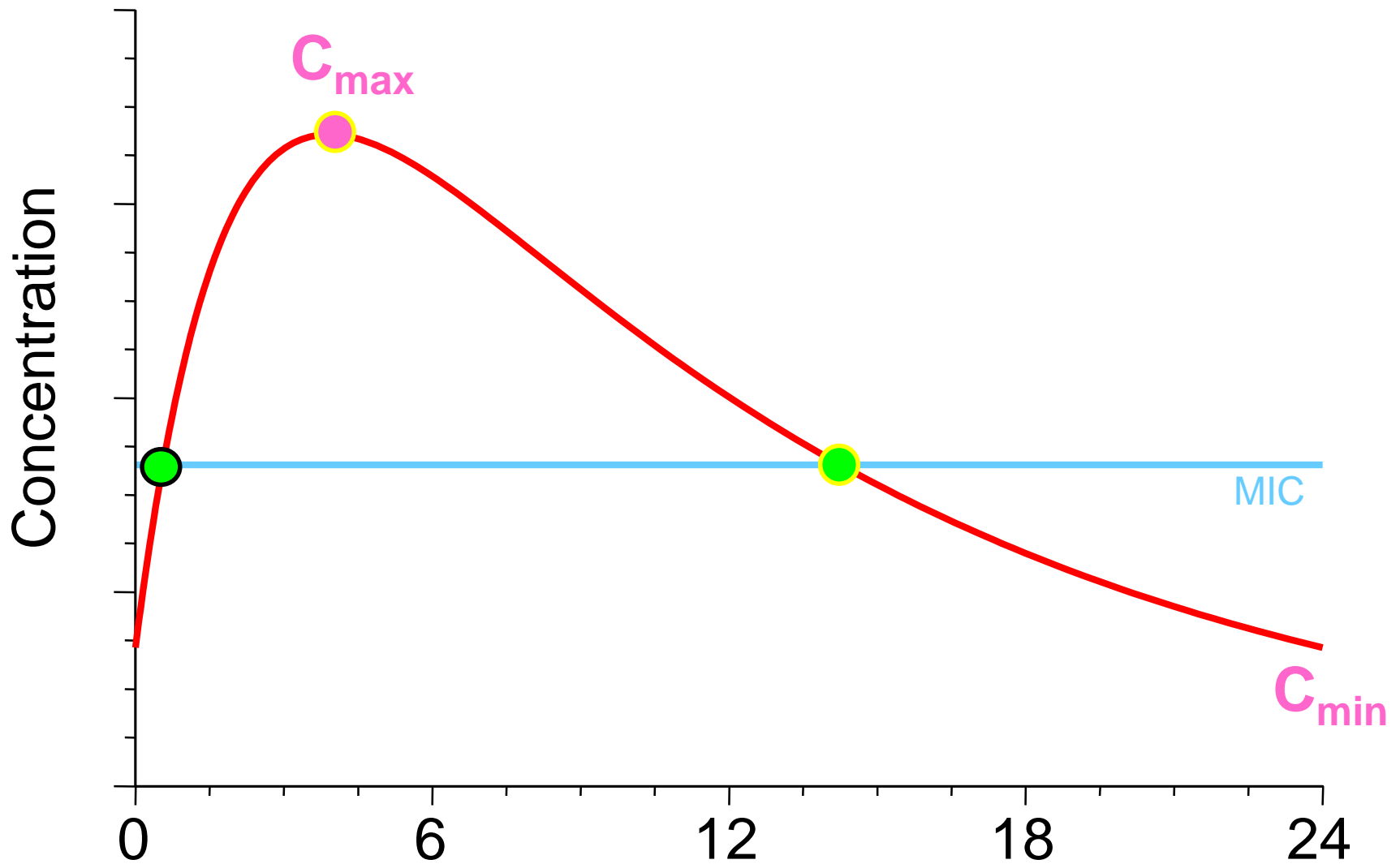
**You must STRATIFY  
according to  
the patient**



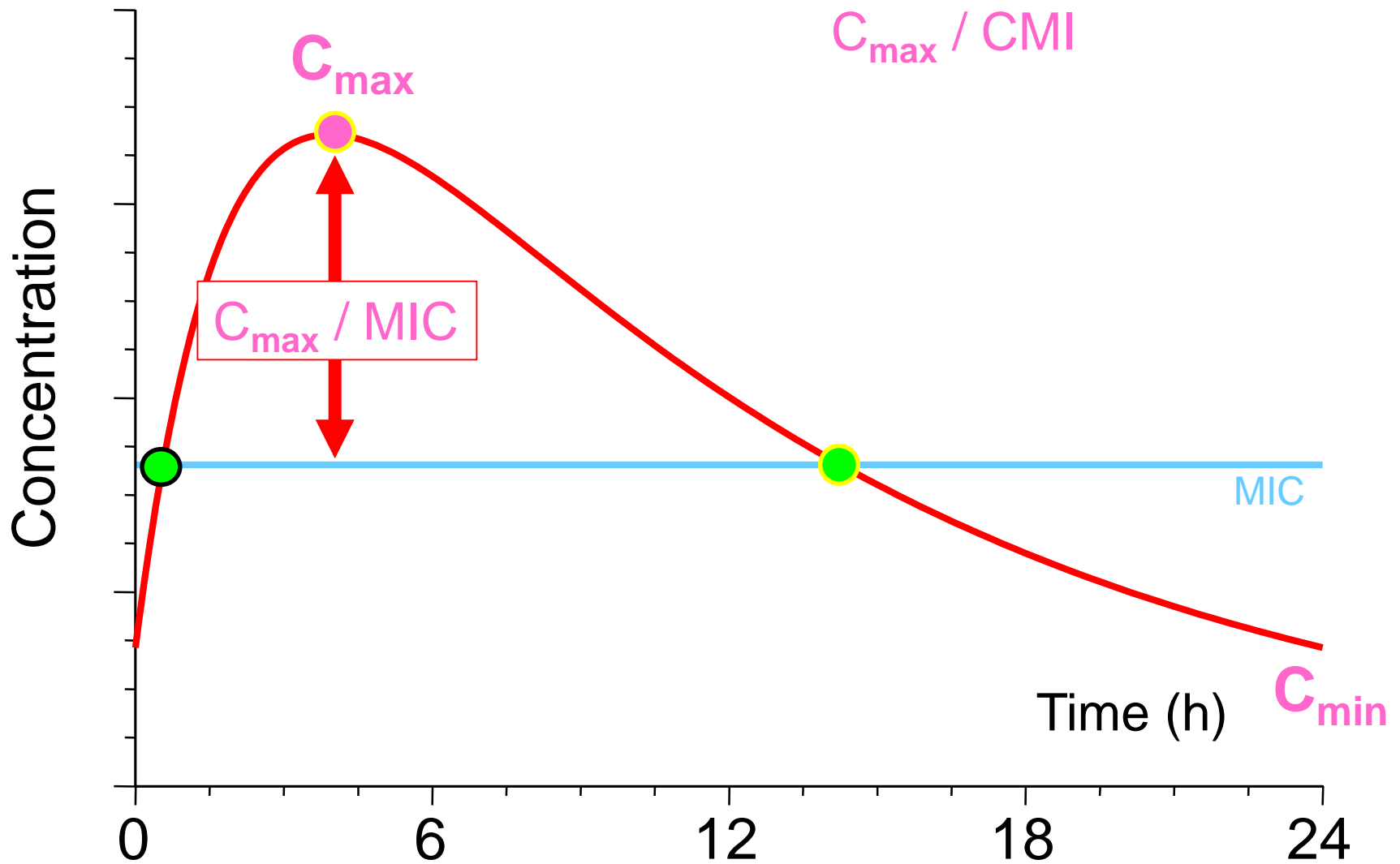
# But what is the relation between pharmacokinetics and efficacy ?



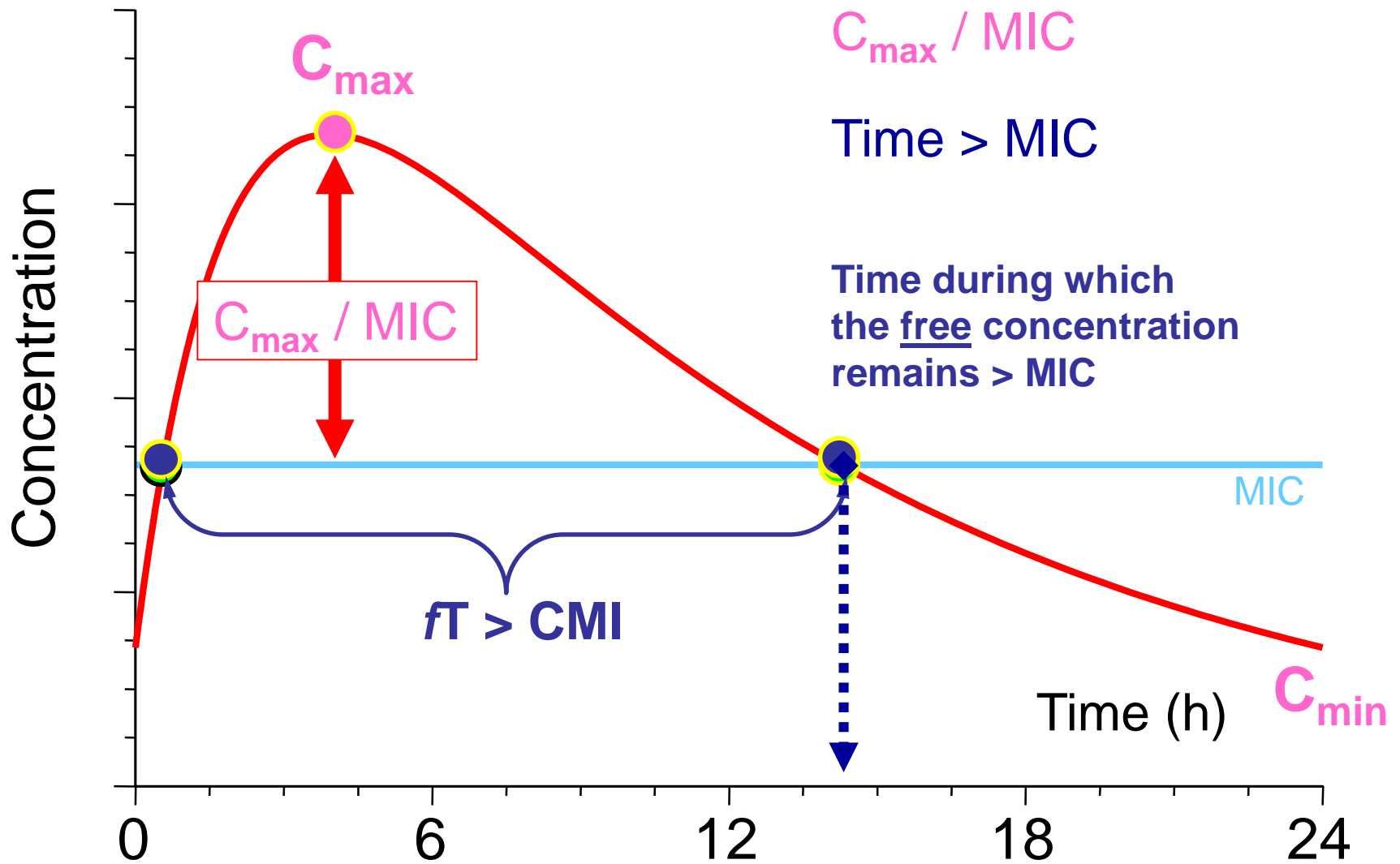
# From pharmacokinetics to pharmacodynamics.



# From pharmacokinetics to pharmacodynamics.

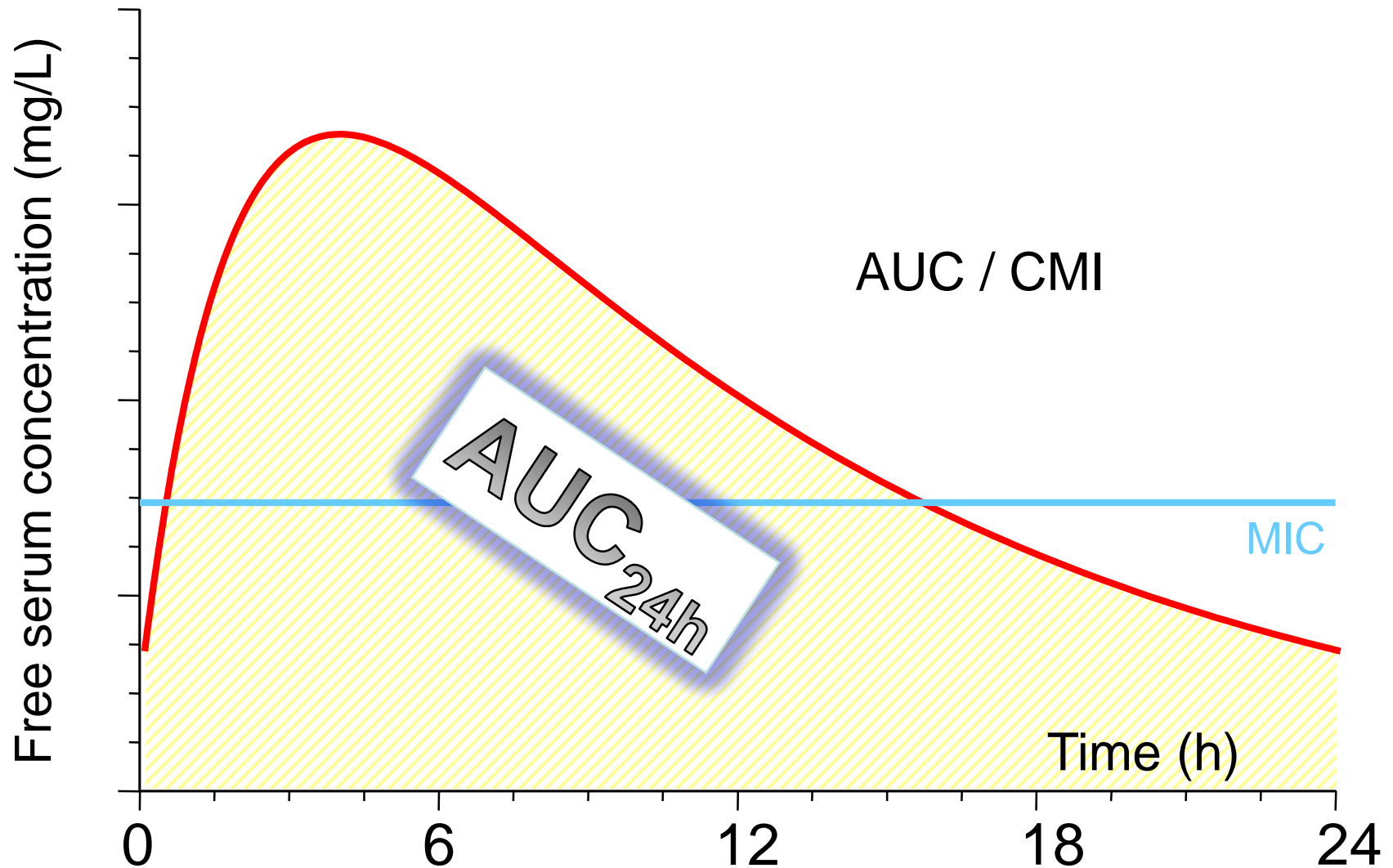


# From pharmacokinetics to pharmacodynamics.

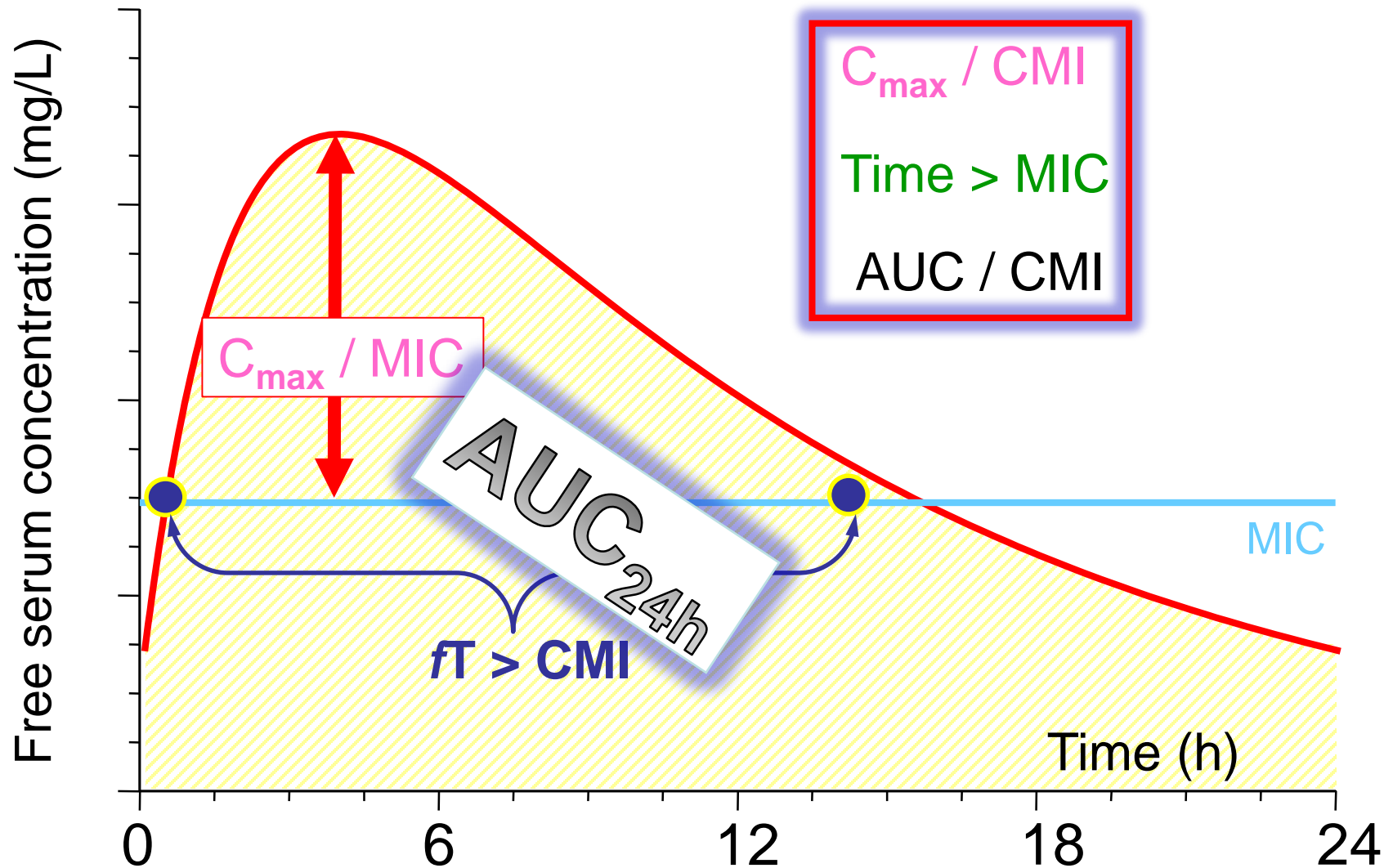




# Which pharmacokinetic parameter drives the activity of $\beta$ -lactams ?



# Which pharmacokinetic parameter drives the activity of $\beta$ -lactams ?



# A few simple rules ...

Pharmacological class	Parameter	Clinical consequence
$\beta$ -lactams	time > MIC	<ul style="list-style-type: none"> <li>• favor frequent administration ...</li> <li>• continuous infusion</li> </ul>
aminoglycosides fluoroquinolones	$C_{\max}/\text{MIC}$  (AUC/MIC)	<ul style="list-style-type: none"> <li>• favor high peaks (aminoglycosides)</li> <li>• favor peak and total daily dose (fluoroquinolones)</li> </ul>
most other antibiotics	AUC/MIC	<ul style="list-style-type: none"> <li>• favor total daily dose</li> <li>• some may be eligible for continuous infusion</li> </ul>

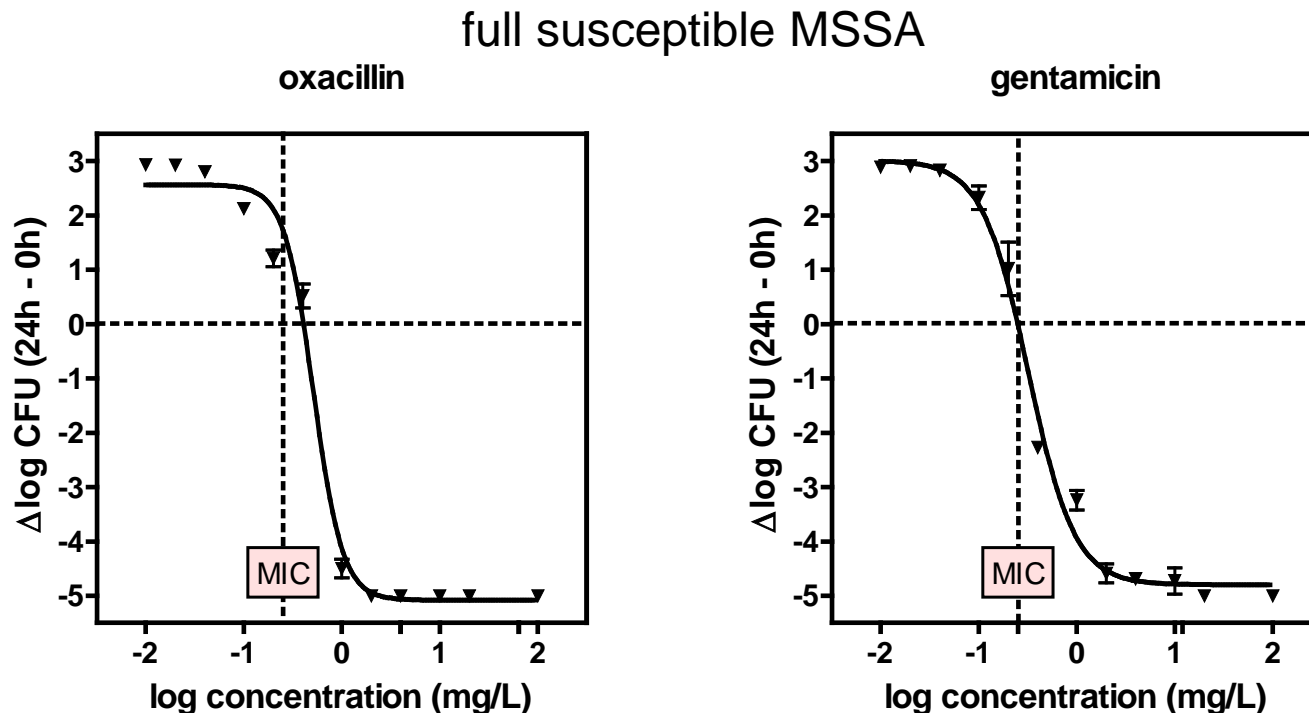
IV  
drugs

$C_{\max}$ : maximal serum concentration (typically after intermittent administration –  $C_{\max} = \text{dose/volume of distribution}$ )

AUC: area under the curve (most often over 24h) –  $\text{AUC}_{24\text{h}} = \text{total daily dose/clearance}$

# Why are $\beta$ -lactams time-dependent and aminoglycosides concentration-dependent ?

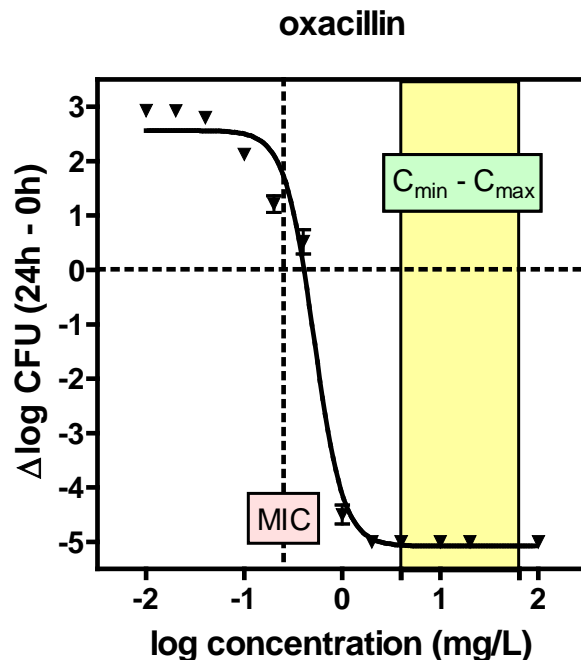
- Simple experiments...



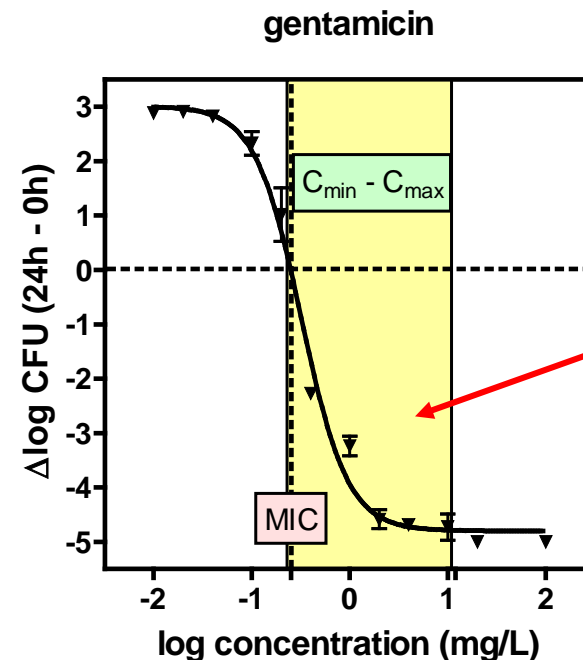
pharmacodynamic model of antibiotic response  
24 incubation at fixed concentrations

# Why are $\beta$ -lactams time-dependent and aminoglycosides concentration-dependent ?

- Simple experiments...



maximal activity in the  $C_{\min} - C_{\max}$  range

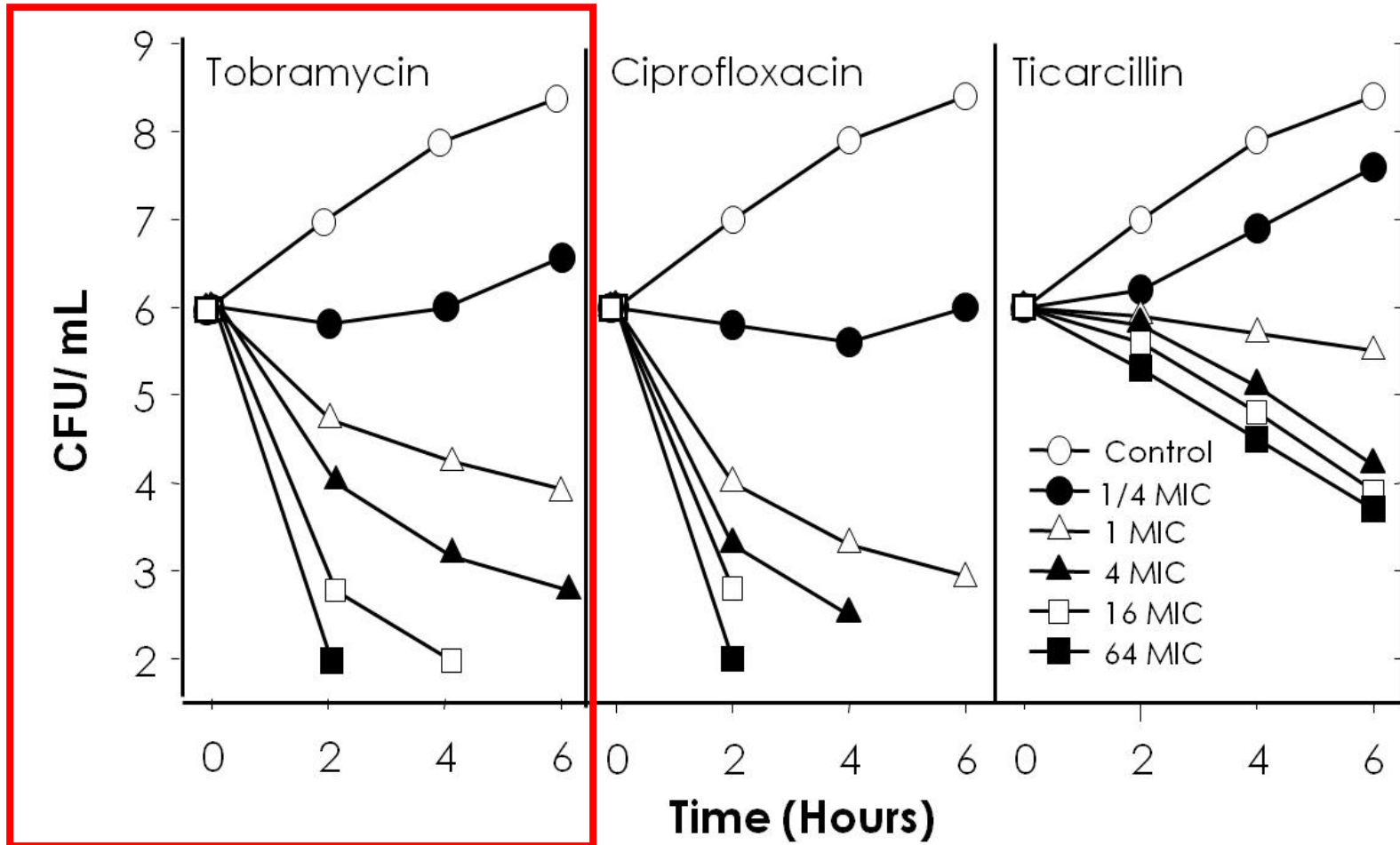


activity is concentration-dependent in the  $C_{\min} - C_{\max}$  range

pharmacodynamic model of antibiotic response  
24 incubation at fixed concentrations

# Aminoglycosides...

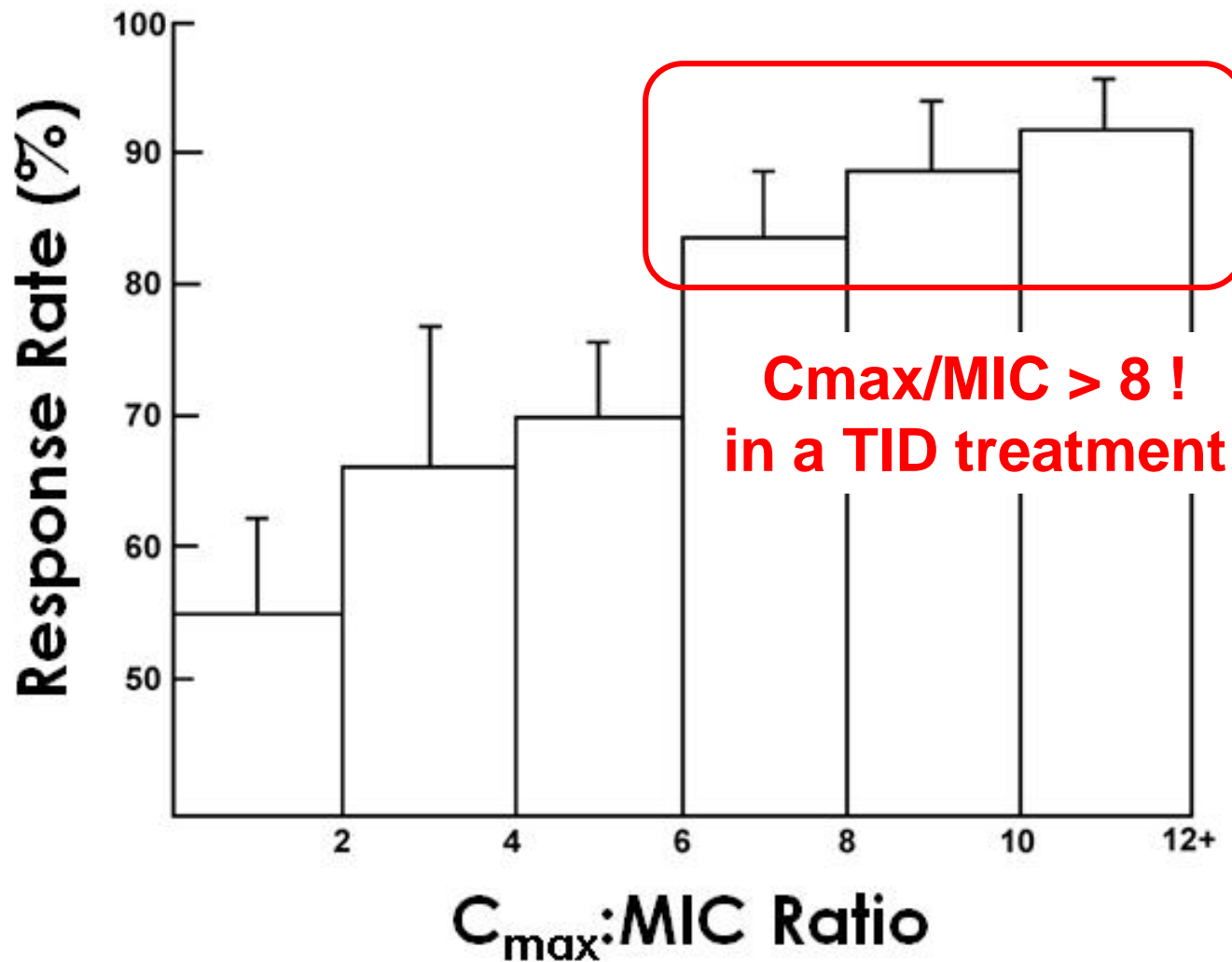
# In vitro time-kill curves



**Time and conc. – dependent killing**

Craig WA, Ebert SC.. *Scand J Infect Dis Suppl* 1990; 74:63–70.

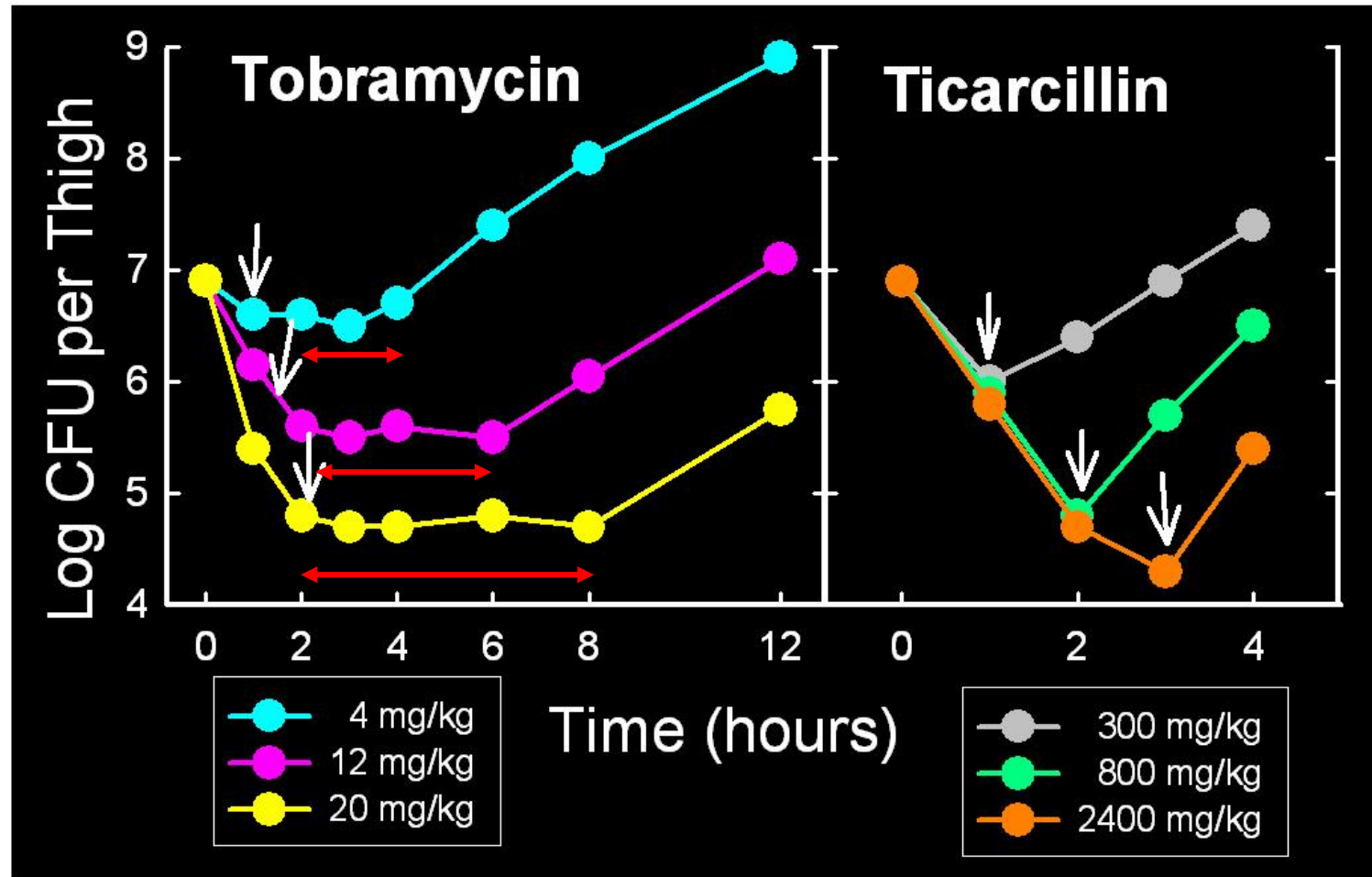
# Concentration is important in patients also ...



Moore RD, Lietman PS, Smith CR. JID 1987;155:93-99.



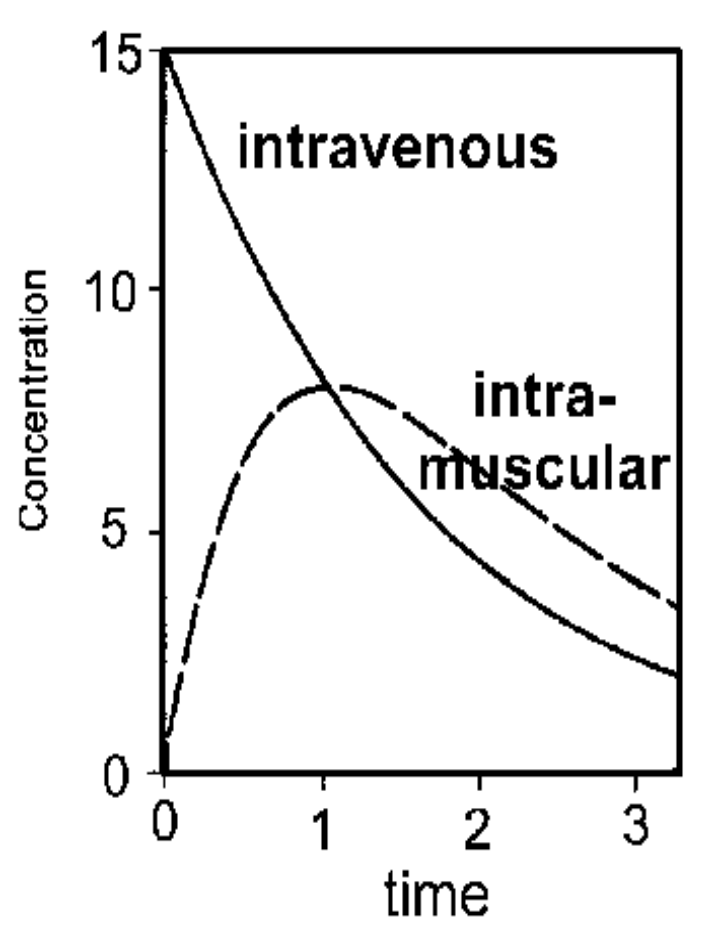
## In vitro post-antibiotic effect



delay before regrowth

Vogelman et al. *J Infect Dis.* 1988 157:287–298

# Aminoglycosides: get a peak !



1. Appropriate mode of administration

➡ IV route

2. Calculation of the necessary peak value

➡ minimal peak: =  $8 \times \text{MIC}$

3. Calculation of the adequate dosis

➡  $\text{peak} = \text{dose} / V_d$

➡  $\text{dose} = \text{peak} \times V_d$

➡  $\text{dose} = \text{MIC} \times 8 \times V_d$

# Aminoglycosides: which doses for which MIC ?

dose (mg/kg)	peak (mg/L) for $V_d = 0.25$ L/kg	peak/MIC for MIC =			
		4	2	1	0.5
1	4	1	2	4	8
2	8	2	4	8	16
3	12	3	6	12	24
4	16	4	8	16	32
6	24	6	12	24	48
8	32	8	16	32	64

# Optimization of aminoglycoside usage: standard patients ( $V_d \sim 0.25 \text{ L/kg}$ )

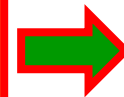
Do not try to treat with aminoglycosides bacteria with MIC

- $> 2 \mu\text{g/ml}$  for molecules with maximal daily doses of  $6 \text{ mg/kg}$
- $> 4 \mu\text{g/ml}$  for molecules with maximal daily doses of  $15 \text{ mg/kg}$

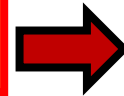
## PK / PD breakpoints for AG

- Genta, Netil, Tobra ( $4 \text{ mg}$ ):  $2 \text{ mg / L}$
- Amika / Isépa ( $15 \text{ mg}$ ):  $8 \text{ mg / L}$

current EUCAST "S"  
breakpoints



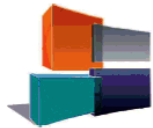
$\leq 2 \text{ mg/L}$



$\leq 8 \text{ mg/L}$

# Optimization of aminoglycoside usage: what if the VD is ↗

Anaesth Crit Care Pain Med 35 (2016) 331–335



SFAR

Société Française d'Anesthésie et de Réanimation

Original Article

## Assessment of the National French recommendations regarding the dosing regimen of 8 mg/kg of gentamicin in patients hospitalised in intensive care units

Nicolas Allou<sup>a,\*</sup>, Jérôme Allyn<sup>a</sup>, Yaël Levy<sup>a</sup>, Astrid Bouteau<sup>b</sup>, Marie Caujolle<sup>a</sup>, Benjamin Delmas<sup>a</sup>, Dorothée Valance<sup>a</sup>, Caroline Brulliard<sup>a</sup>, Olivier Martinet<sup>a</sup>, David Vandroux<sup>a</sup>, Philippe Montravers<sup>b</sup>, Pascal Augustin<sup>b</sup>

<sup>a</sup> Réanimation polyvalente, CHU Felix-Guyon, allée des Topazes, 97405 Saint-Denis, France

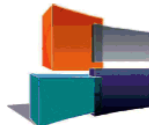
<sup>b</sup> Département d'Anesthésie-Réanimation, AP-HP, CHU Bichat-Claude-Bernard, 46, rue Henri-Huchard, 75018 Paris, France

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ELSEVIER



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Anaesth Crit Care Pain Med 35 (2016) 331–335

Table 2

Sites of infection and isolated microorganisms.

	n
Sites of infection	34
Pulmonary	11
Catheter	9
Skin and soft tissue	6
Urinary tract	3
Other	2
Unknown	3
Bacteraemia	19
Isolated microorganisms	36
Cocci	18
<i>Staphylococcus aureus</i>	10
Other Staphylococci	4
<i>Enterococcus faecalis</i>	1
<i>Streptococcus spp</i>	3
Bacilli	18
Enterobacteriaceae	16
<i>Escherichia coli</i>	4
<i>Enterobacter spp</i>	6
<i>Serratia marcescens</i>	2
<i>Klebsiella spp</i>	4
<i>Pseudomonas aeruginosa</i>	2
None	5

# Optimization of aminoglycoside usage: what if the VD is ↗

Anaesth Crit Care Pain Med 35 (2016) 331–335



ELSEVIER

SEAR

Original Article

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Nicolas Allou<sup>a,\*</sup>, Jérôme All  
Benjamin Delmas<sup>a</sup>, Doroth  
David Vandroux<sup>a</sup>, Philippe

<sup>a</sup> Réanimation polyvalente, CHU Felix-Guyon, a  
<sup>b</sup> Département d'Anesthésie-Réanimation, AP-H

**Table 3**

Gentamicin pharmacokinetic/pharmacodynamic parameters.

Variable	n = 34
Dose (mg)	560 [510–610]
Dose (mg/kg of total body weight of the day)	8 [7.9–8.1]
Peak concentration (mg/L)	17.5 [15.4–20.7]
Patients with peak concentration > 30 mg/L	0
Patients with peak concentration > 16 mg/L	24 (71)
Patients with peak concentration > 8 mg/L	33 (97)
Trough concentration	1.6 [0.7–3.3]

Results are expressed as medians [25th–75th percentiles] or n (%).

it should  
be 32  
mg/L !

$V_d = \text{dose/peak} \rightarrow 0.45$  in this population (8/17.5)

# Amikacin dosing in ICU: recent data from Leuven

## Accepted Manuscript

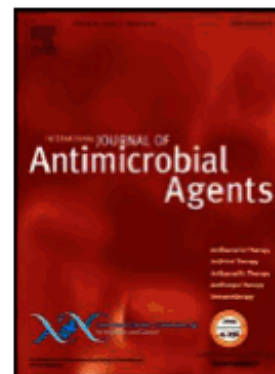
**Title:** Higher versus standard amikacin single dose in emergency department patients with severe sepsis and shock: a randomized controlled trial

**Author:** Sabrina De Winter, Joost Wauters, Wouter Meersseman, Jan Verhaegen, Eric Van Wijngaerden, Willy Peetermans, Pieter Annaert, Sandra Verelst, Isabel Spriet

**PII:** S0924-8579(17)30426-0  
**DOI:** <https://doi.org/10.1016/j.ijantimicag.2017.11.009>  
**Reference:** ANTAGE 5301

**To appear in:** *International Journal of Antimicrobial Agents*

**Received date:** 28-2-2017  
**Accepted date:** 18-11-2017





# Amikacin dosing in ICU: recent data from Leuven

Accepted

Title: Higher vs. lower amikacin dosing in ICU patients with severe sepsis or septic shock

Author: Sabrina Verhaegen, Eric Verelst, Isabel S. Vliegenhart, et al.

PII:  
DOI:  
Reference:

To appear in:

Received date:  
Accepted date:

- Recent studies suggest that ICU patients treated with amikacin frequently do not attain the PK/PD target, i.e. a peak above minimal inhibitory concentration (MIC) ratio of at least 8, when a single dose of 15 mg/kg is used.
- 104 ED patients admitted with severe sepsis or septic shock were included and randomly treated with 25 vs. 15 mg/kg. Amikacin peak concentrations were collected.
- Primary outcome was target attainment defined as peak/MIC  $\geq 8$ , using both **EUCAST susceptibility breakpoints** (8 mg/L) and **actually documented MIC** values as denominator.
- The **EUCAST based target (64 mg/L)** was attained in **76% vs. 40%** of patients assigned to the **25 vs. 15 mg/kg** dose group ( $p < 0.0001$ ).
- Target attainment using **actual MIC values** (median of 2 mg/L, documented in 48 isolated gram-negative pathogens; **target = 16 mg/L**) was achieved in **95% vs. 94%** of patients in the **25 vs. 15 mg/kg** group ( $p = 0.969$ ).

# Amikacin dosing in ICU: recent data from Leuven

Accepted Manuscript

Title: Higher versus standard amikacin dosing in critically ill patients with severe sepsis and shock

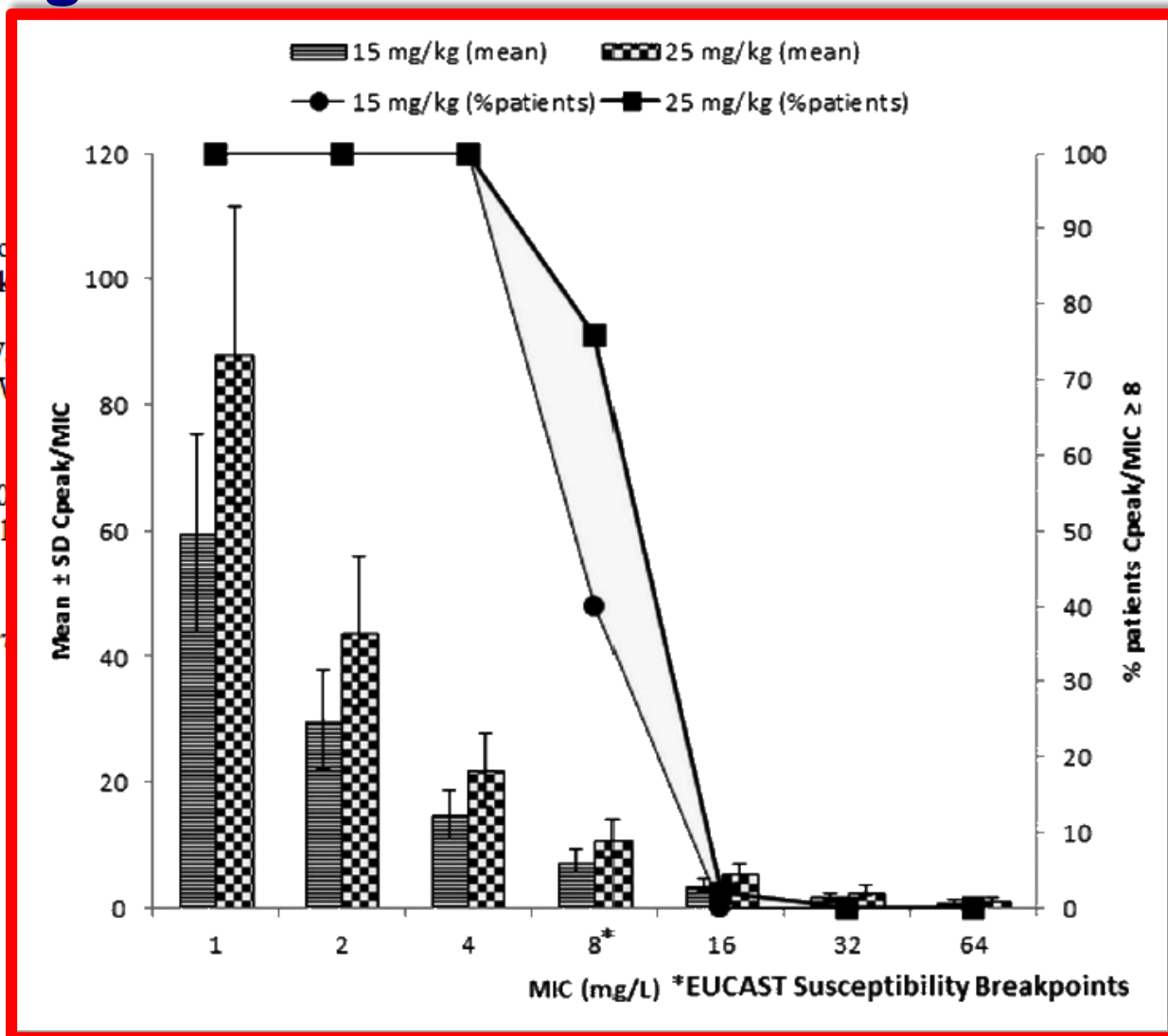
Author: Sabrina De Winter, Joost W. Verhaegen, Eric Van Wijngaerden, Verelst, Isabel Spriet

PII: S0924-8579(17)30  
DOI: <https://doi.org/10.1016/j.ijant.2017.11.001>  
Reference: ANTAGE 5301

To appear in: *International Journal of Antimicrobial Chemotherapy*

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PK/PD target attainment of critically ill ED patients in function of different MIC values

# The vancomycin story: discontinuous or continuous infusion ?

## RESUME DES CARACTERISTIQUES DU PRODUIT - RCP

### 1 DÉNOMINATION DU MÉDICAMENT

Vamysin 1000 mg, poudre pour solution à diluer pour solution pour perfusion.

### 4.2 Posologie et mode d'administration

Voie intraveineuse (perfusion) chez les patients présentant une fonction rénale normale :

Adultes et adolescents âgés de plus de 12 ans :

La posologie intraveineuse quotidienne recommandée est de 2 000 mg, répartis en doses de 500 mg toutes les 6 heures ou de 1 000 mg toutes les 12 heures, ou 30 à 40 mg/kg/jour en 2 à 4 administrations quotidiennes.

<http://bijsluiters.fagg-afmps.be/registrationSearchServlet?key=BE405291&leafletType=rcp>

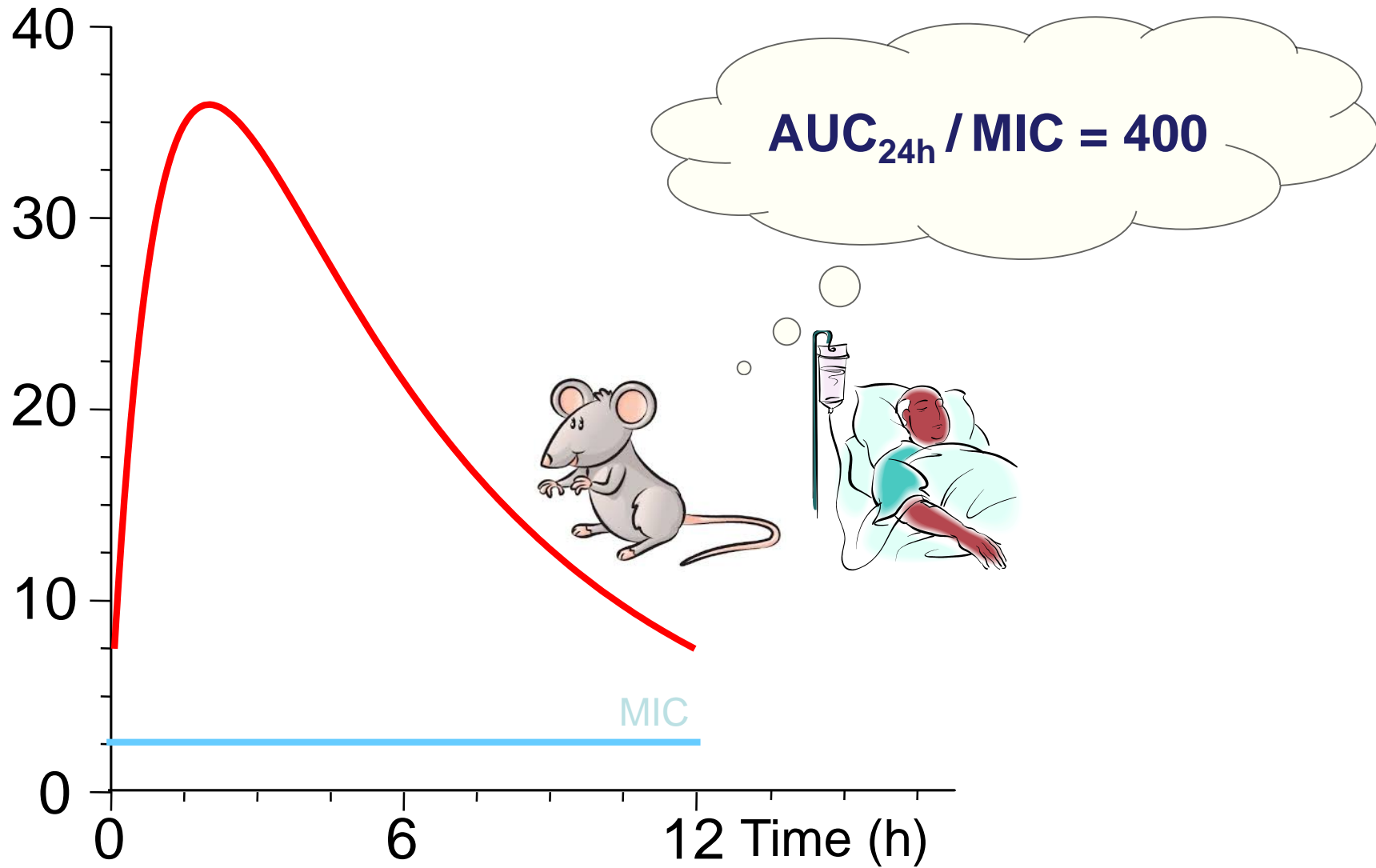
Last accessed: 18 Dec 2017

The screenshot shows the PubMed website interface. At the top, the PubMed logo is visible, along with the text 'US National Library of Medicine' and 'National Institutes of Health'. A search bar contains the text 'vancomycin AND continuous infusion'. To the right of the search bar are links for 'Create RSS', 'Create alert', and 'Advanced'. Below the search bar, there are filters for 'Article types' (Clinical Trial, Review, Customize ...) and 'Text availability' (Abstract). On the right side, there are options for 'Format: Summary', 'Sort by: Most Recent', and 'Per page: 20'. The main heading 'Search results' is displayed, followed by 'Items: 1 to 20 of 219'.

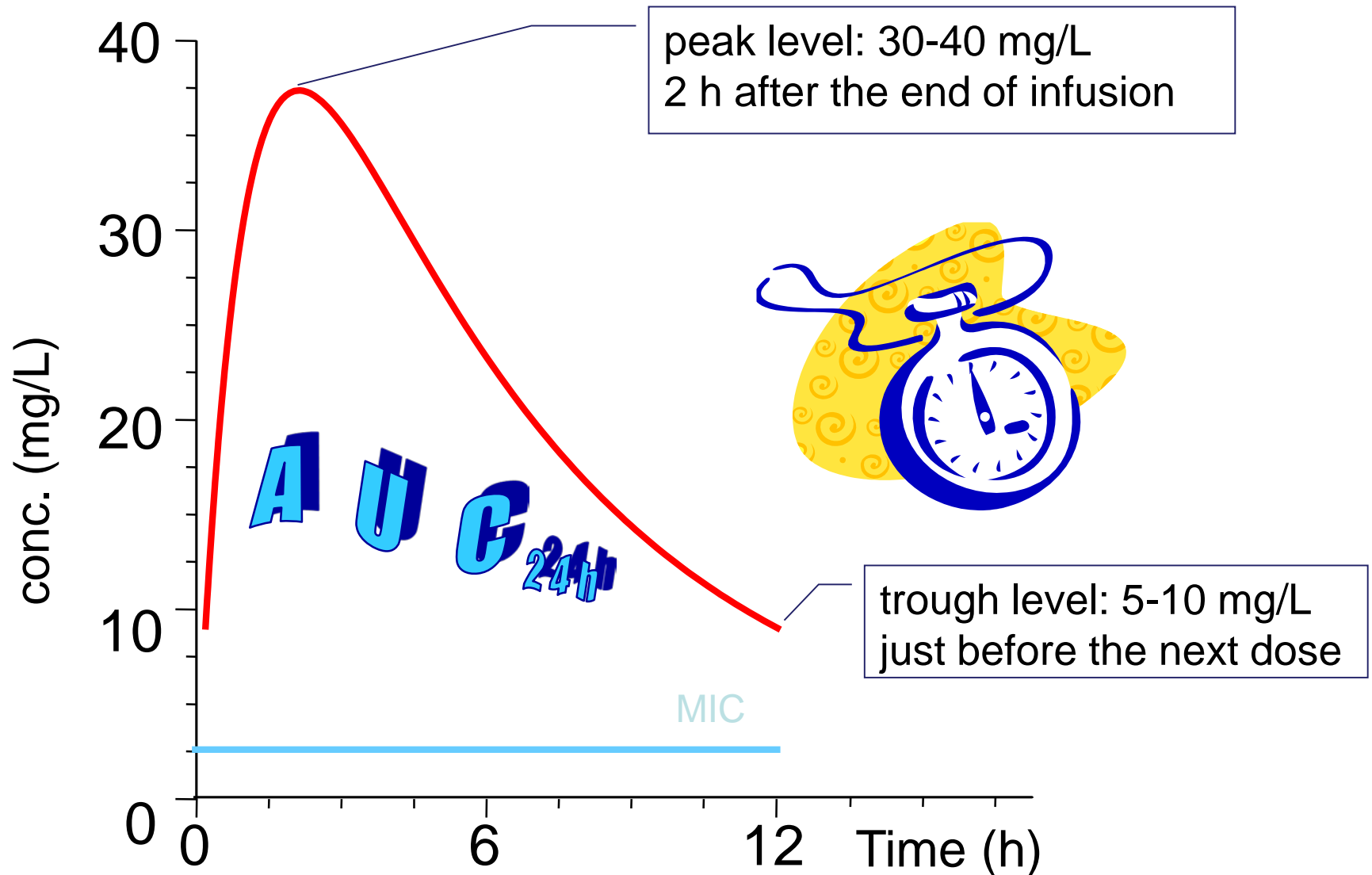
<https://www.ncbi.nlm.nih.gov/pubmed/?term=vancomycin+AND+continuous+infusion>

Last accessed: 18 Dec 2017

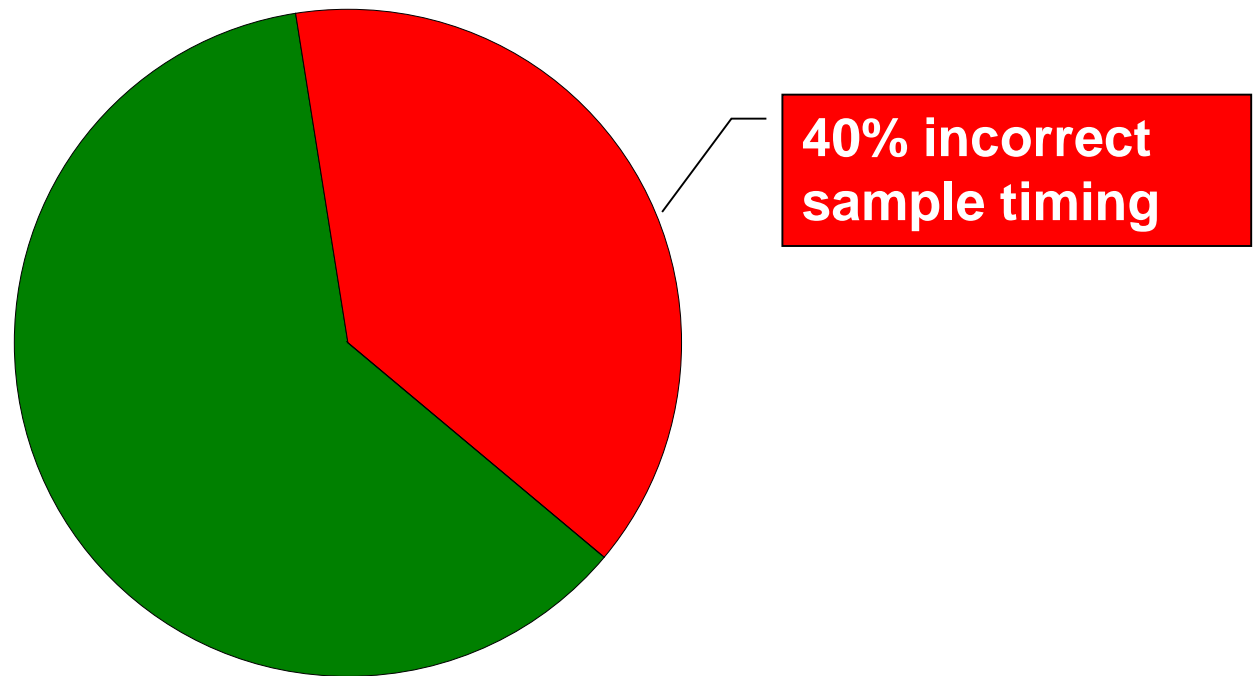
# Vancomycin: how to optimize it ?



# Vancomycin TDM at CHU Mont-Godinne at the start of the project



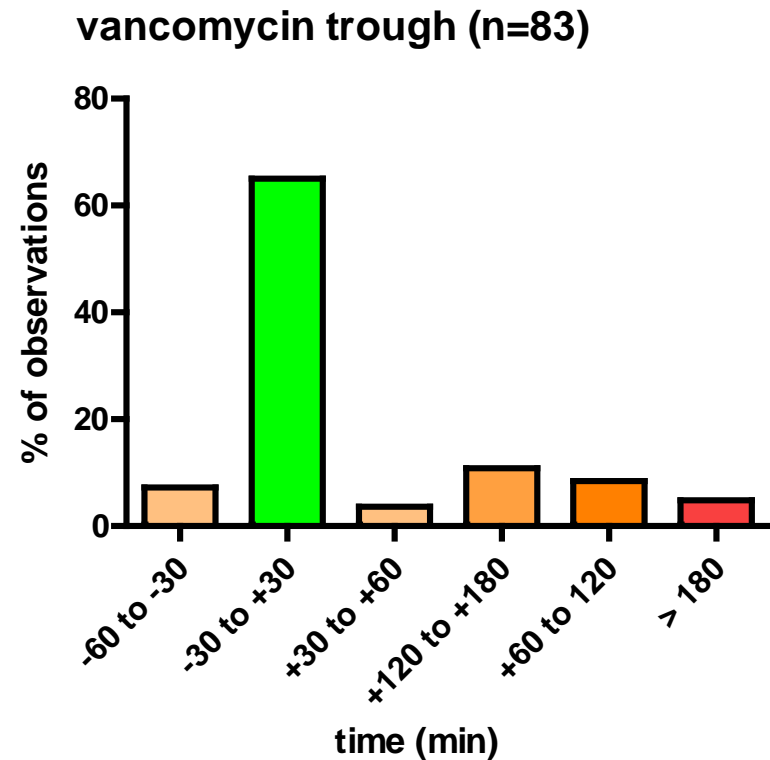
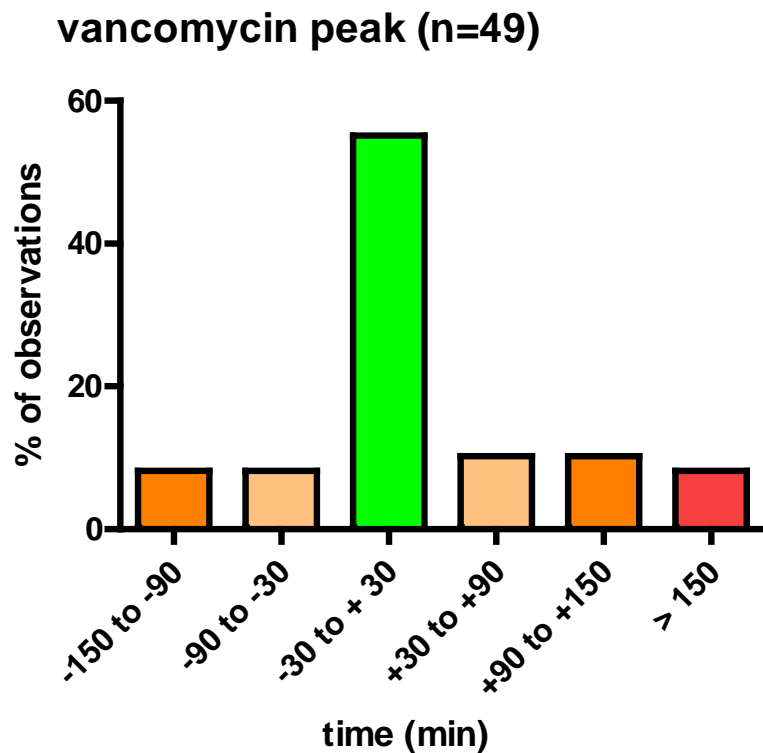
# Observational study – results



\*within 30 min. of recommended sample timing: peak 2h after the end of infusion, trough: just before the next dose

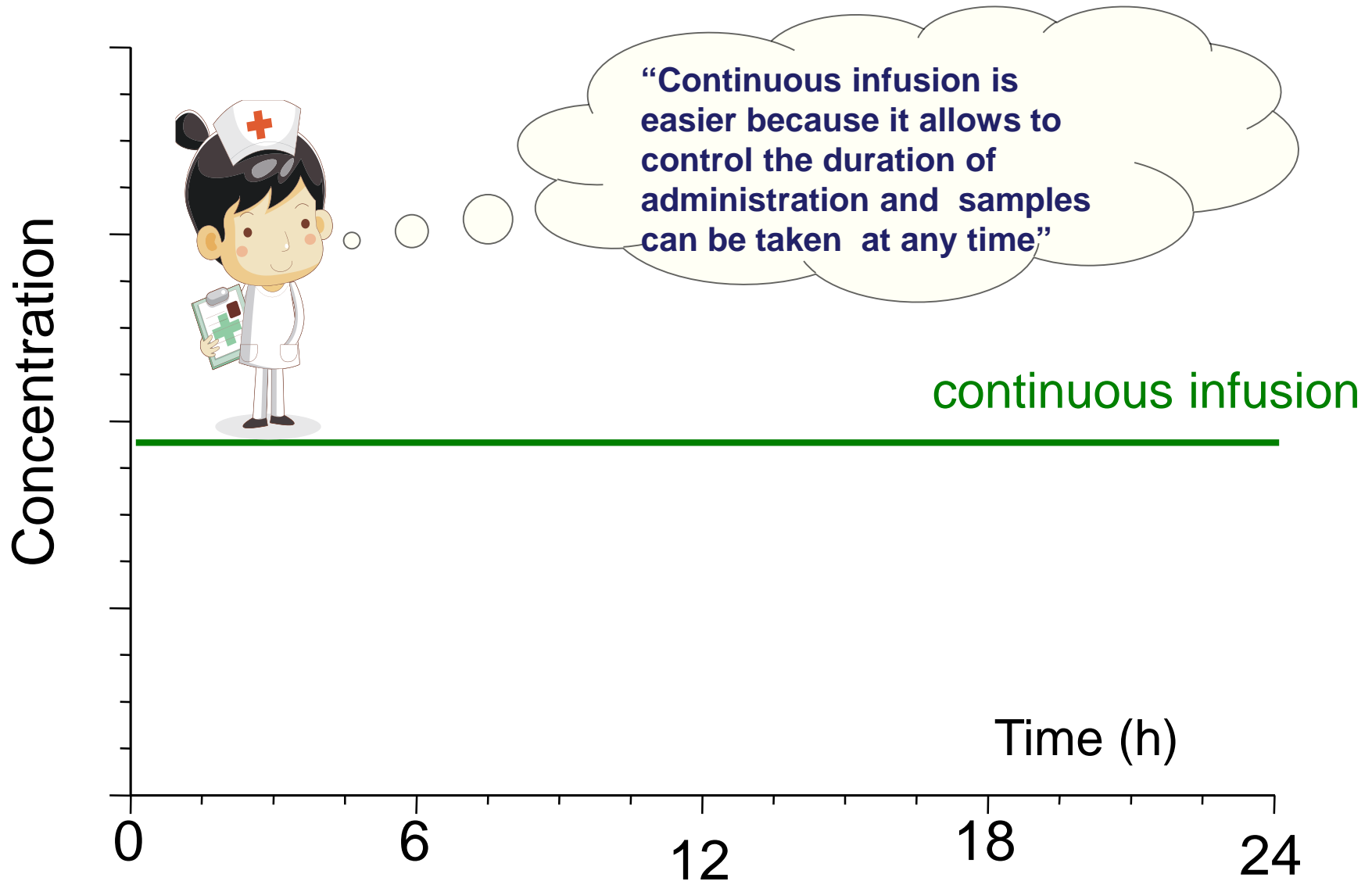
# Observational study – results

Observed deviations (in min) from recommended sampling times at baseline.



\*within 30 min. of recommended sample timing: peak 2h after the end of infusion, trough: just before the next dose

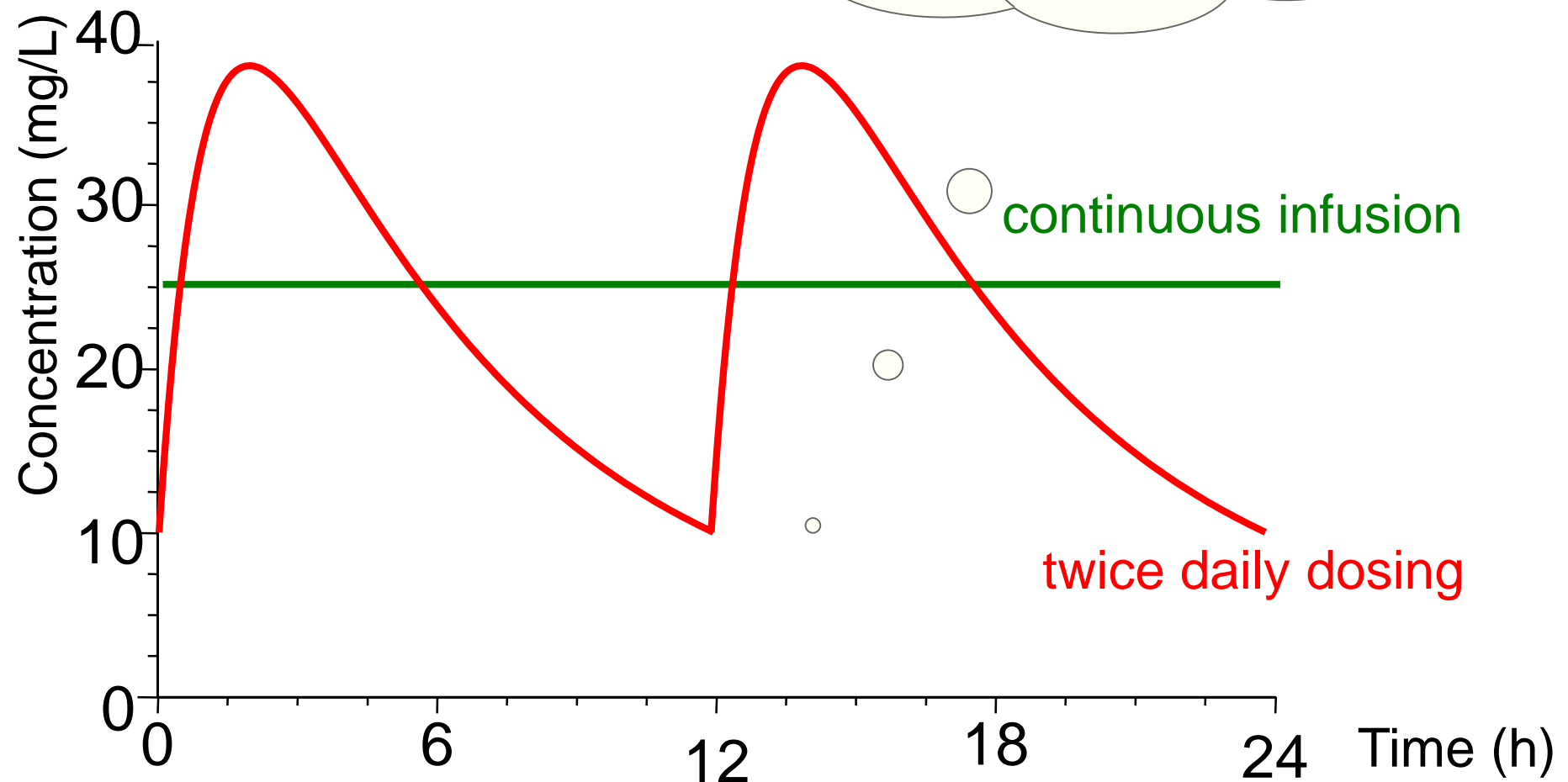
## But, how could we improve ?





# TDM of vancomycin by continuous infusion

AUC<sub>24h</sub> / MIC is  
independent of the  
mode of administration  
of the same daily dose

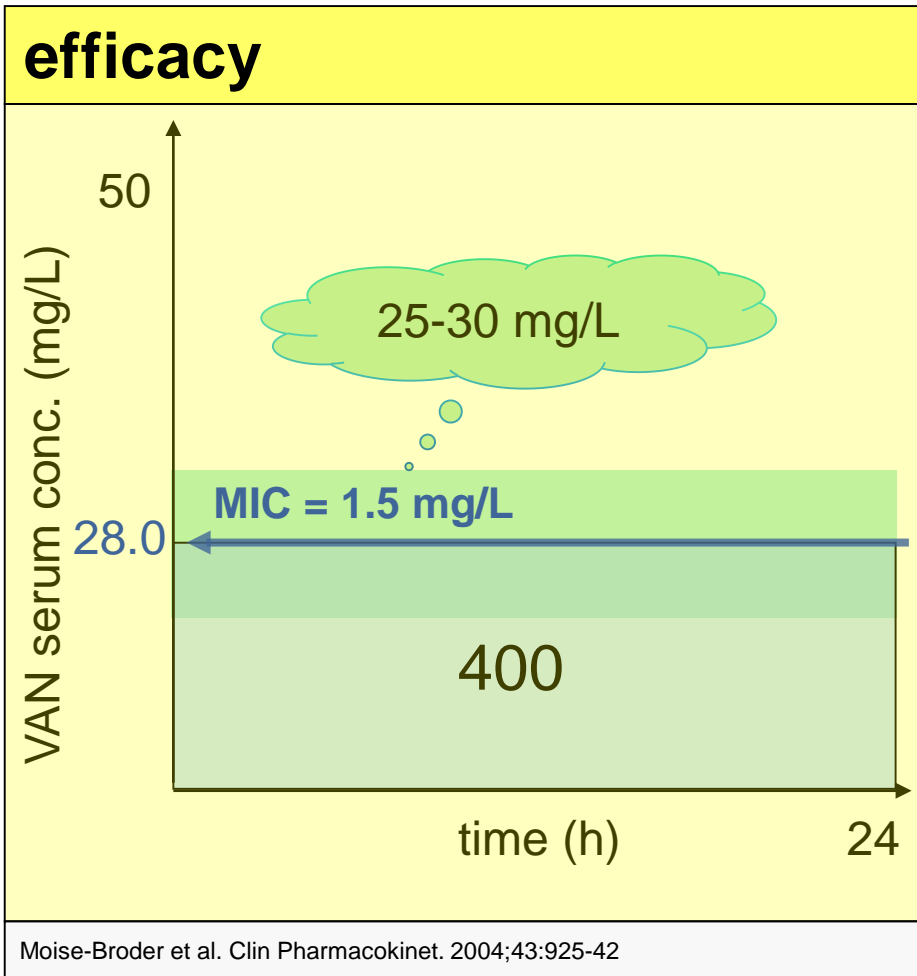


# Vancomycin CI: which serum concentration should we target for continuous infusion?

Data from a recent study point at a vancomycin  $AUC_{24h}/MIC$  of at least 400 to obtain optimal clinical outcome in patients with *S. aureus* lower respiratory tract infections (Moise-Broder et al., Clin Pharmacokinet. 2004;43(13):925-42)

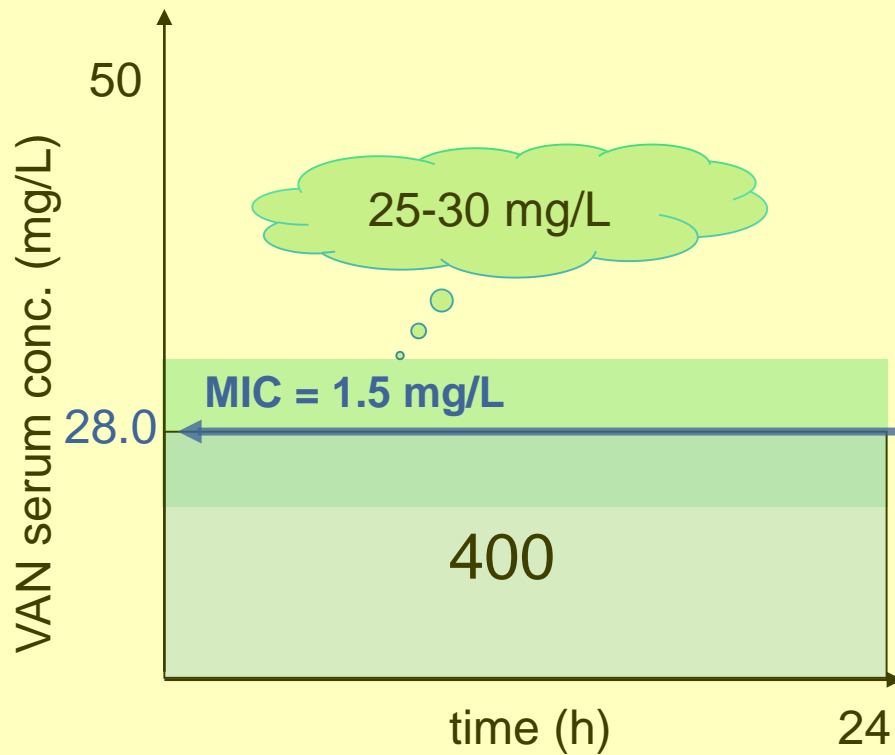
MIC (mg/L)	minimal AUC (mg*L <sup>-1</sup> *h)	target C <sub>ss</sub> (mg/L)
1	400	16.6
2	800	33.3
4	1600	66.6

# Vancomycin CI: Target for efficacy



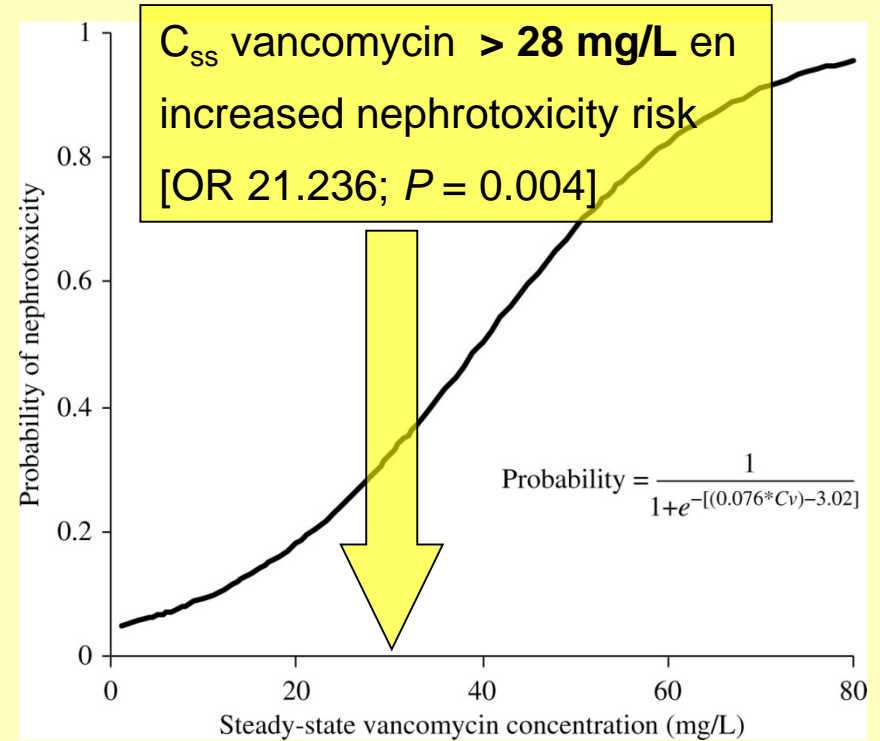
# Vancomycin CI: efficacy vs toxicity ...

## efficacy



Moise-Broder et al. Clin Pharmacokinet. 2004;43:925-42

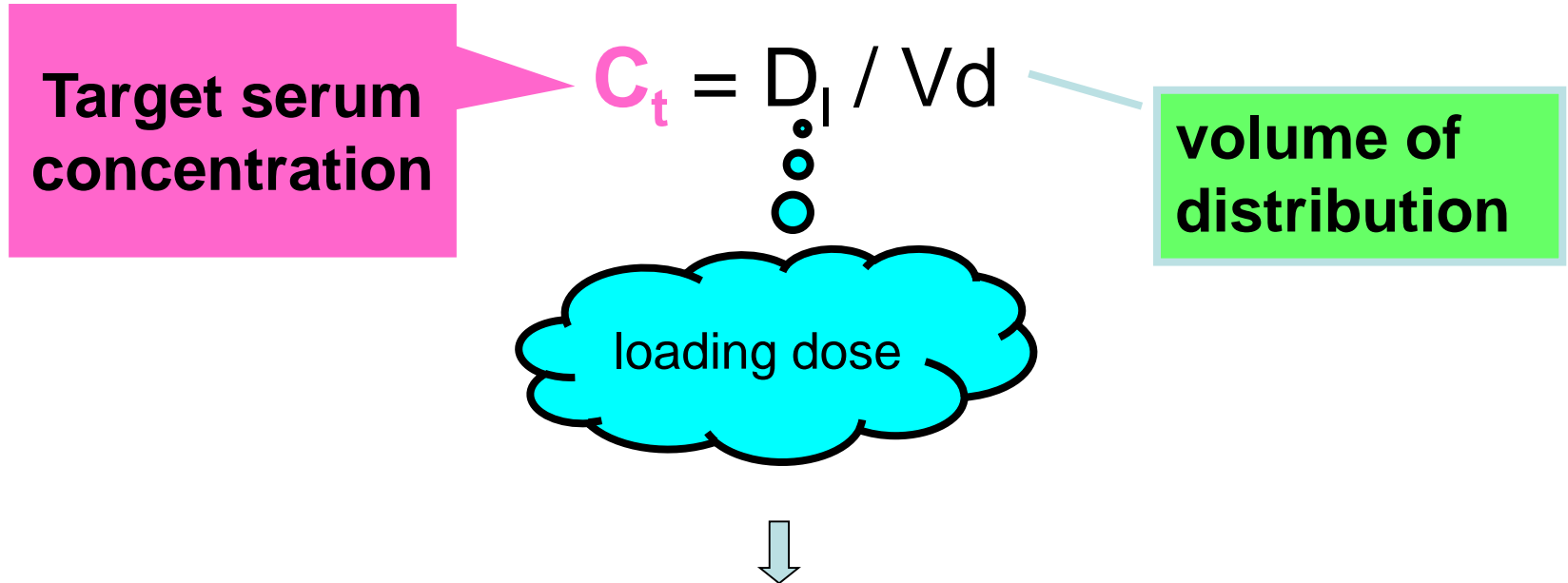
## toxicity



Ingram, P. R. et al. J. Antimicrob. Chemother. 2008 Jul;62 (1): 168-71.

# How to reach the serum target concentration target with CI?

## 1. loading dose: the correct scheme \*



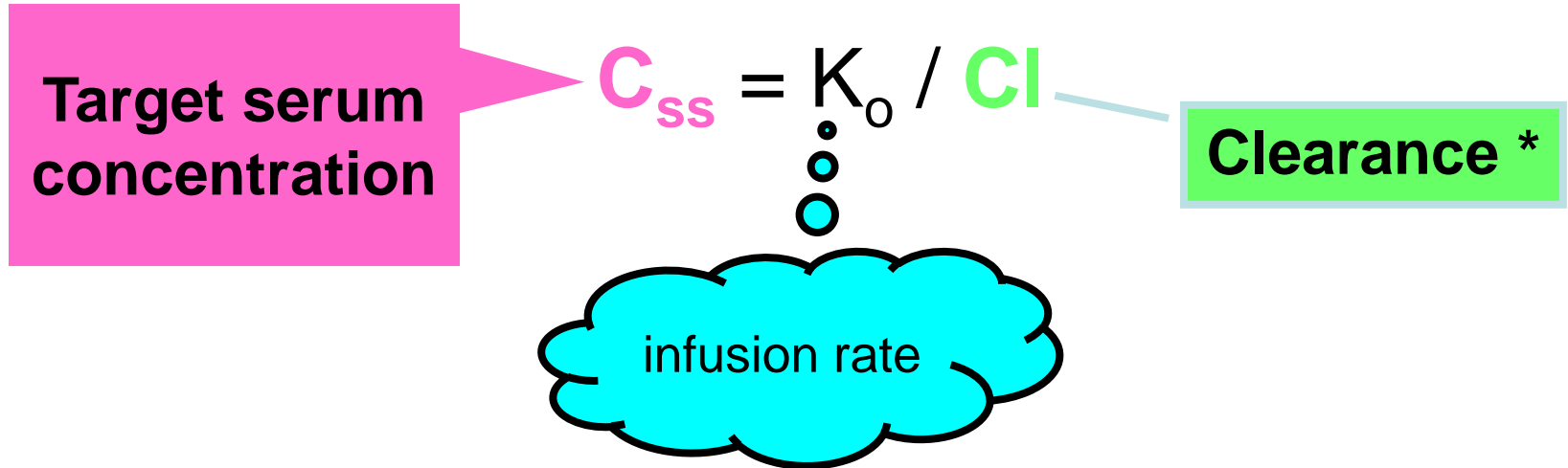
$$\text{loading dose (in mg/kg)} = C_t \text{ (mg/L)} \times V_d \text{ (L/kg)}$$

$$\text{loading dose (in mg/kg)} = 20 \text{ mg/kg} = 25 \text{ (mg/L)} \times 0.8 \text{ (L/kg)}$$

\* assuming linear pharmacokinetics

# How to reach the serum target concentration target with CI?

## 2: infusion \*



$$\text{daily dose (in mg)} = 24 \times \text{VAN clearance (L/h)} \times C_{ss}$$

$$\text{daily dose (in mg)} = 24 \times 0.65 \text{ creatinine clearance (L/h)} \times C_{ss}$$

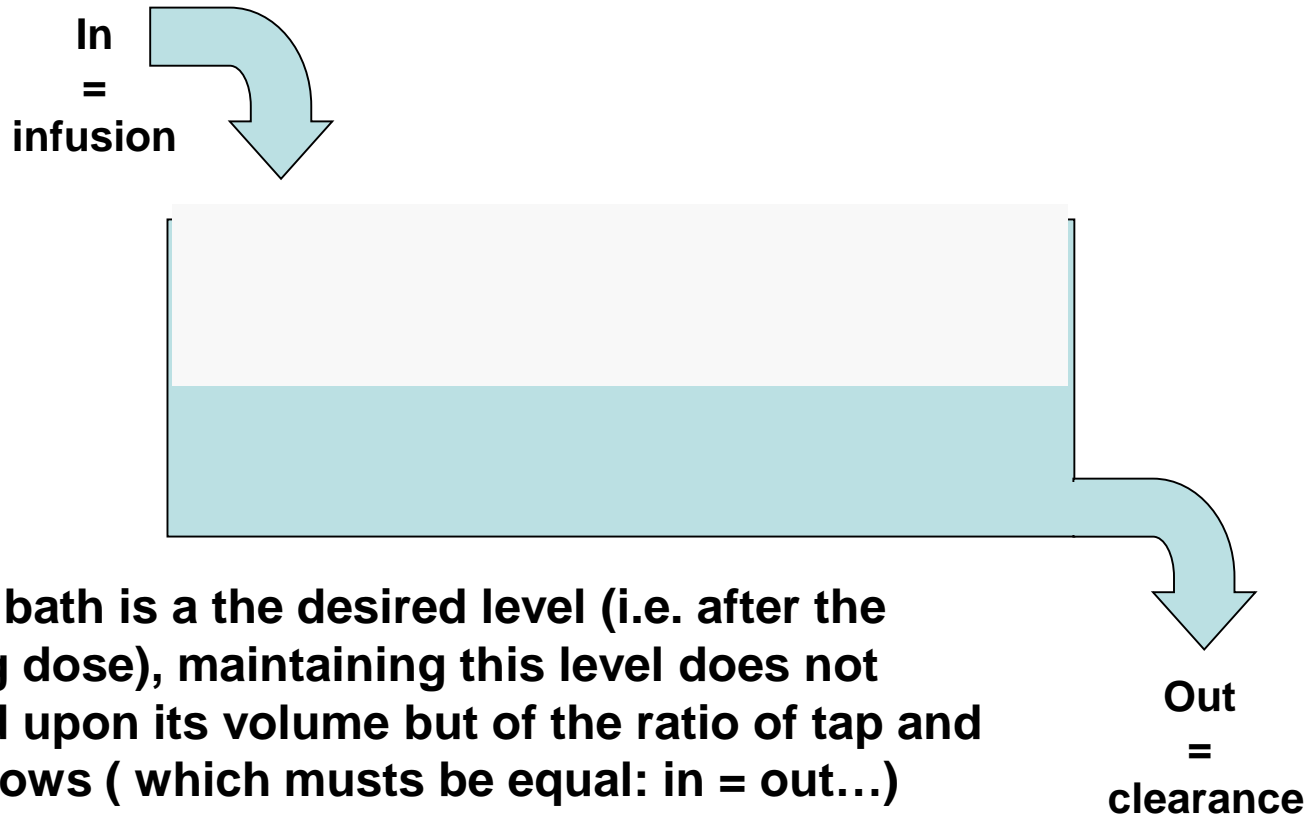
**typically 2.5 g/day**

\* of vancomycin [assuming linear pharmacokinetics] = 0.65 creatinine clearance

# How to reach the serum target concentration target with CI?

## 2: infusion \*

In  
=  
infusion

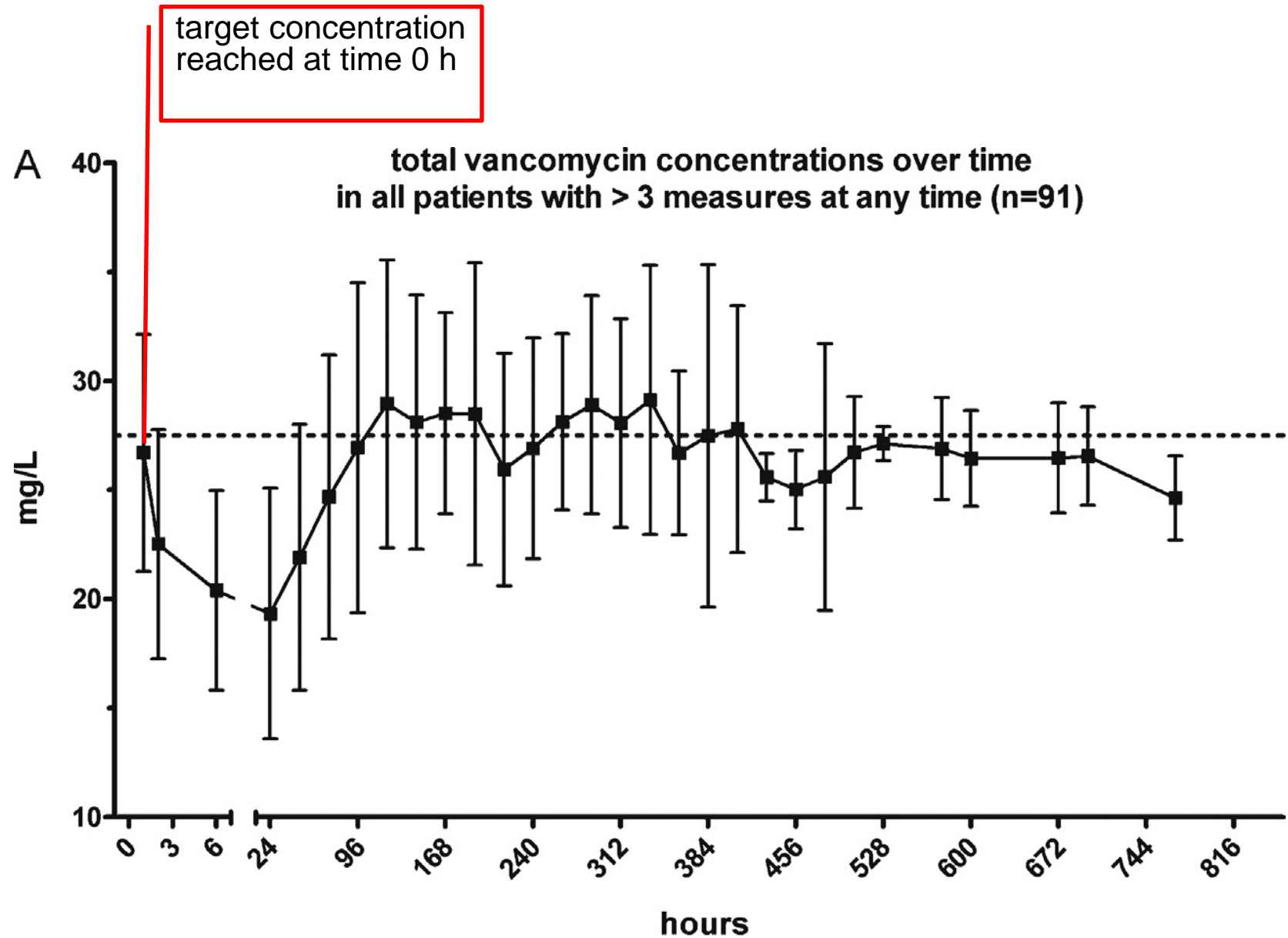


once a bath is at the desired level (i.e. after the loading dose), maintaining this level does not depend upon its volume but of the ratio of tap and drain flows ( which must be equal: in = out...)

Out  
=  
clearance

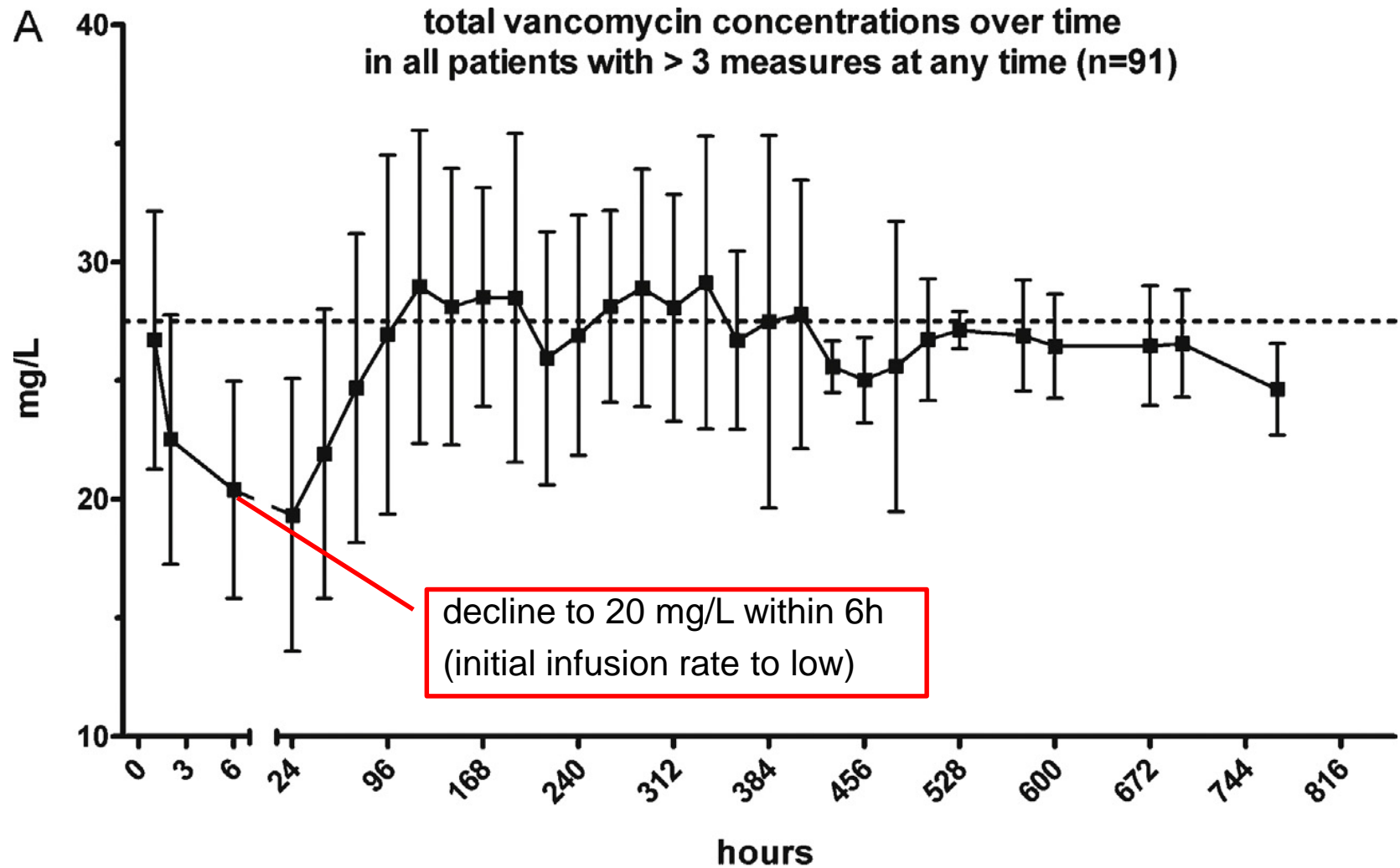
**\* during the infusion, the necessary dose (in 24h or per min) is only dependent upon the drug clearance and NOT of the weight...**

## 7. Total vancomycin serum concentrations

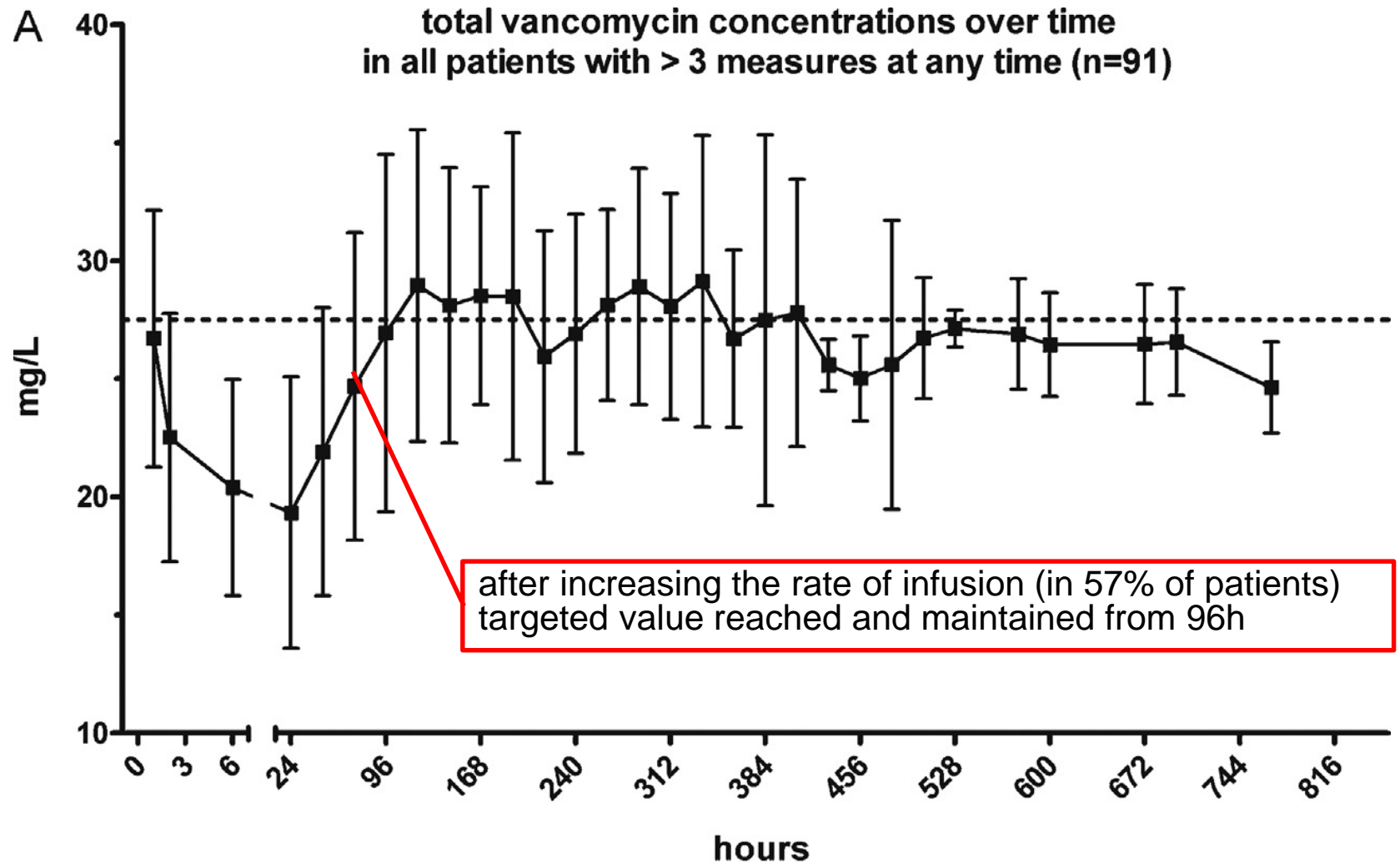




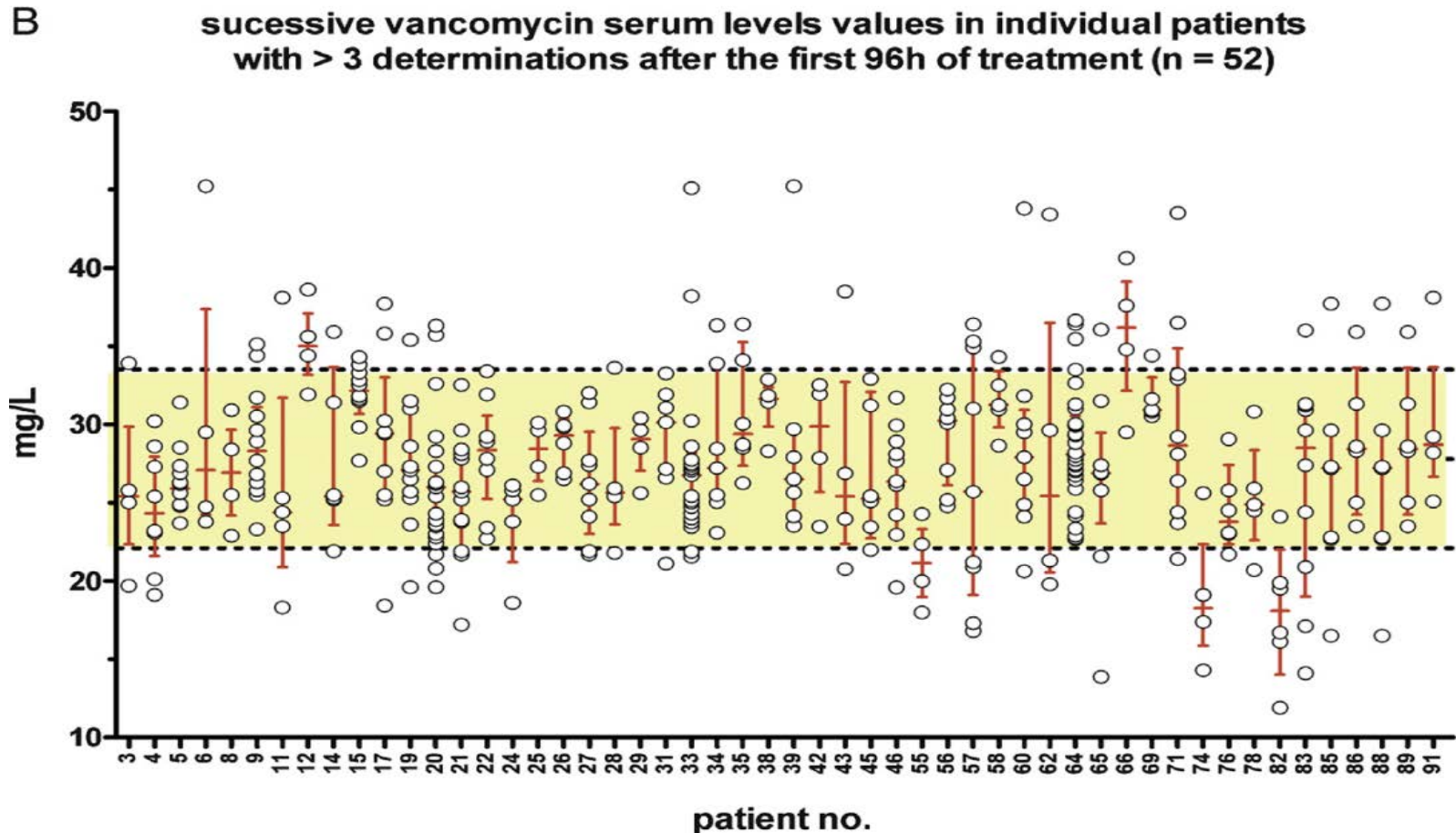
## 7. Total vancomycin serum concentrations



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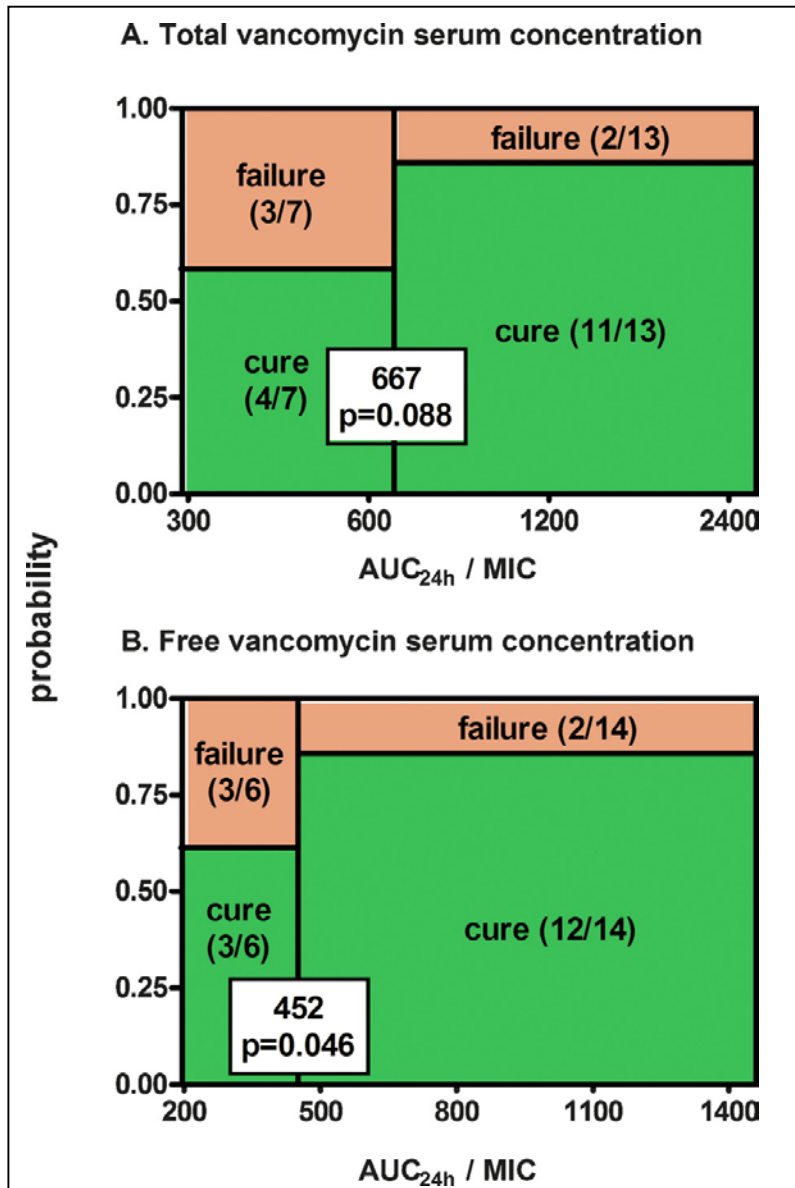


## 7. Total vancomycin serum concentrations



- deviations of >10 mg/L according to the recommended range
  - ↘ if increased CCrCl (threshold at >104 mL/min)
  - ↗ if concomitant use of diuretics

## 9. $AUC_{24h}/MIC$ predictive of clinical success/failure (n=20)

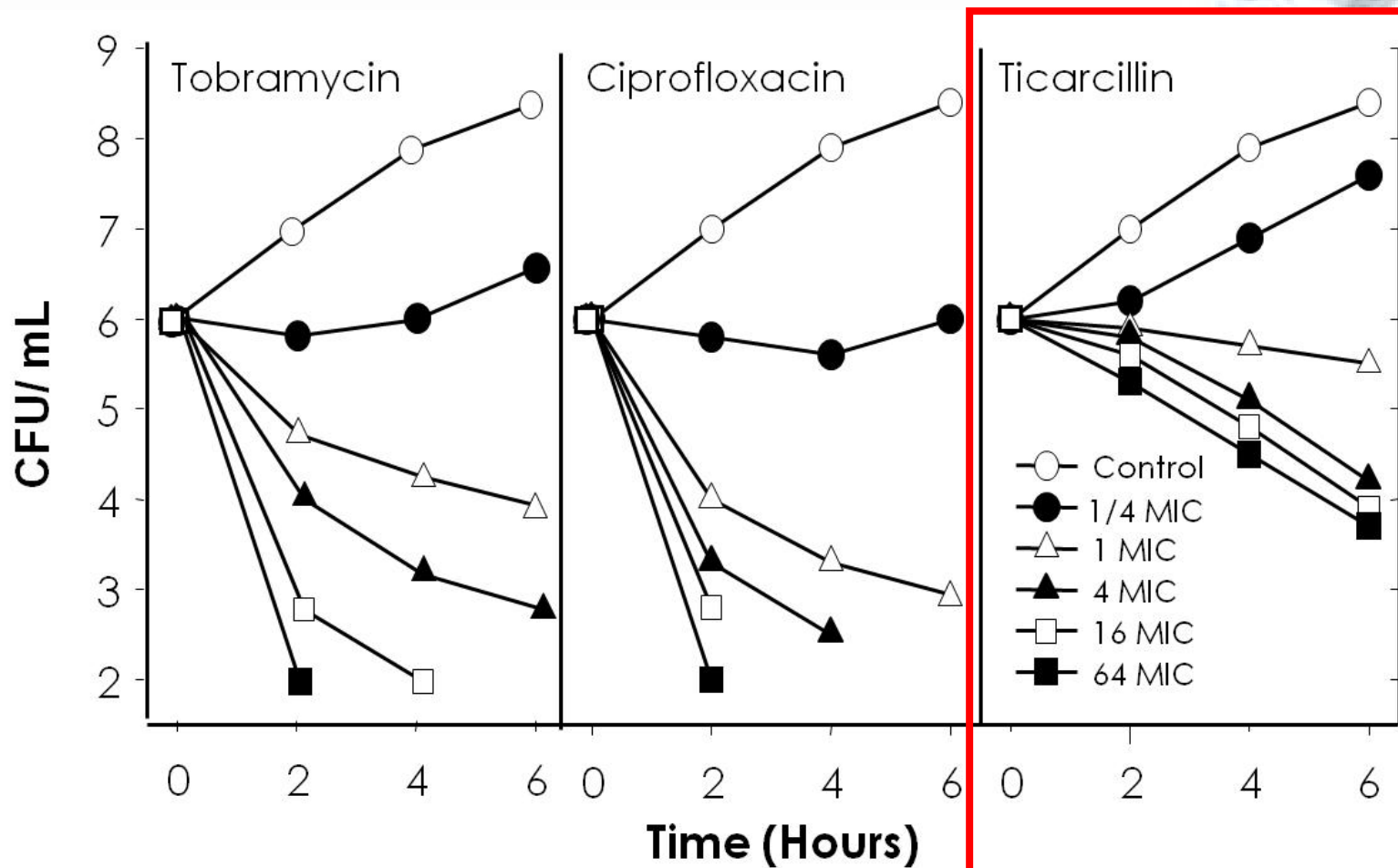


- Recursive partitioning analysis
- best AUC/MIC split value separating failure from success:
  - 667 (total serum concentration)
  - 452 (free serum concentration)

**$\beta$ -lactams:  $T > MIC$  ...**



# In vitro time-kill curves



**Time dependent killing**

Craig WA, Ebert SC.. *Scand J Infect Dis Suppl* 1990; 74:63–70.

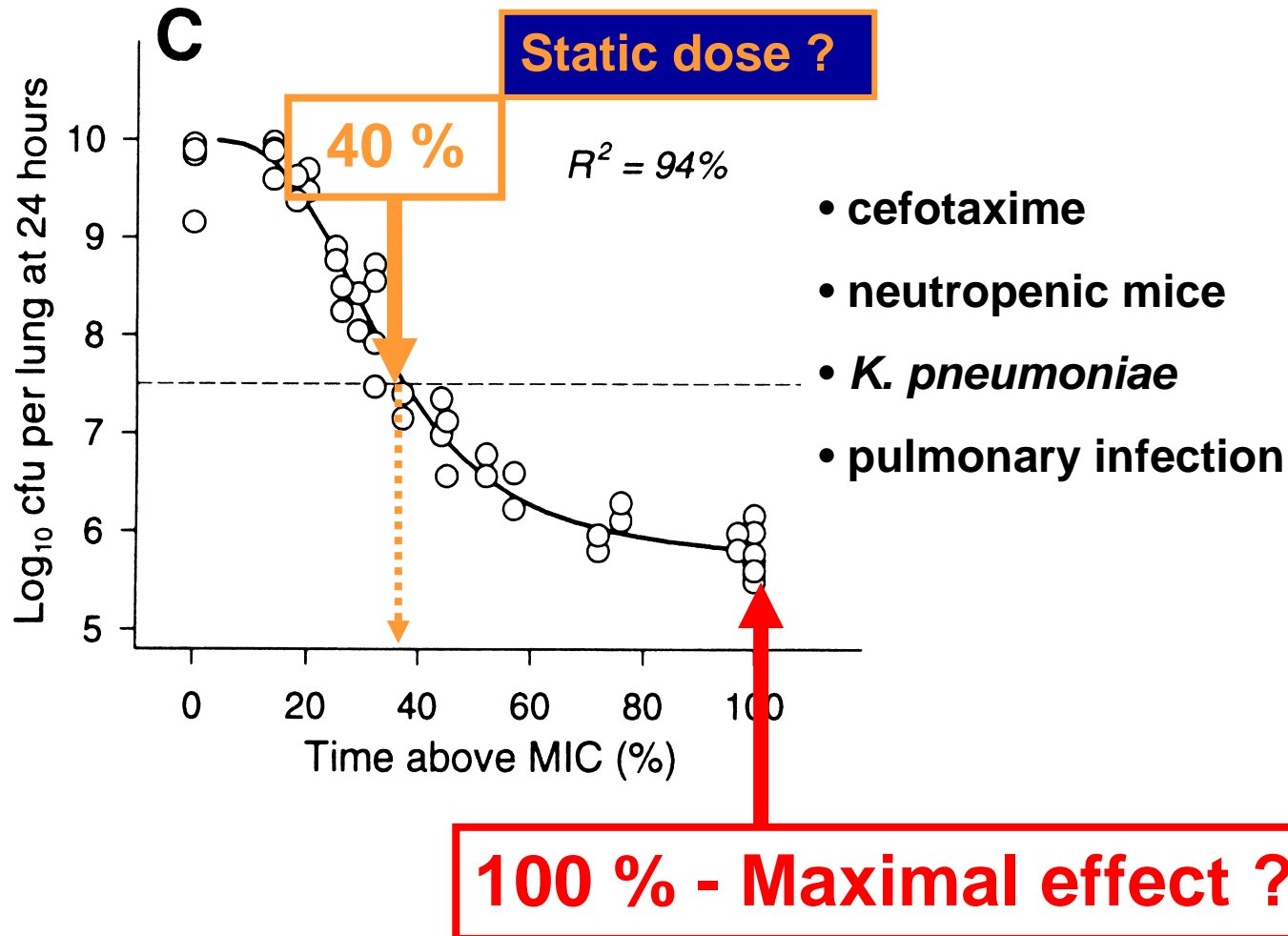
# $\beta$ -lactams: $T > MIC...$

You know it is "time above MIC", but...

- The same for all beta-lactams ?  
(Free fractions of the drug [ $F_u$ ] ) ?
- The same for all micro-organisms ?
- The same for all infections ?
- Can you apply to all patients ?
- **How much / How frequent ?**  
**(Static dose vs maximum effect ?)**

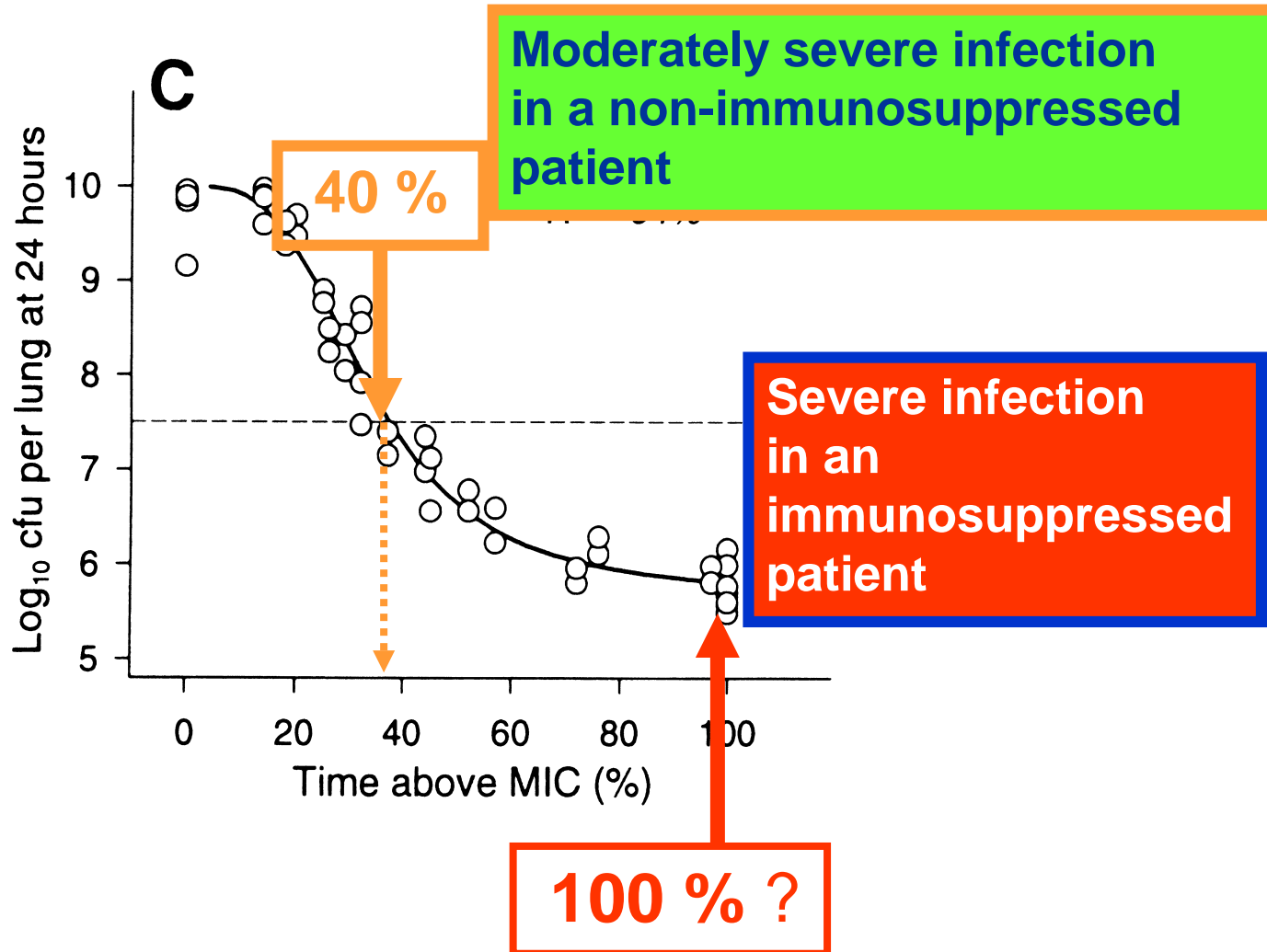


# How much time above MIC ?

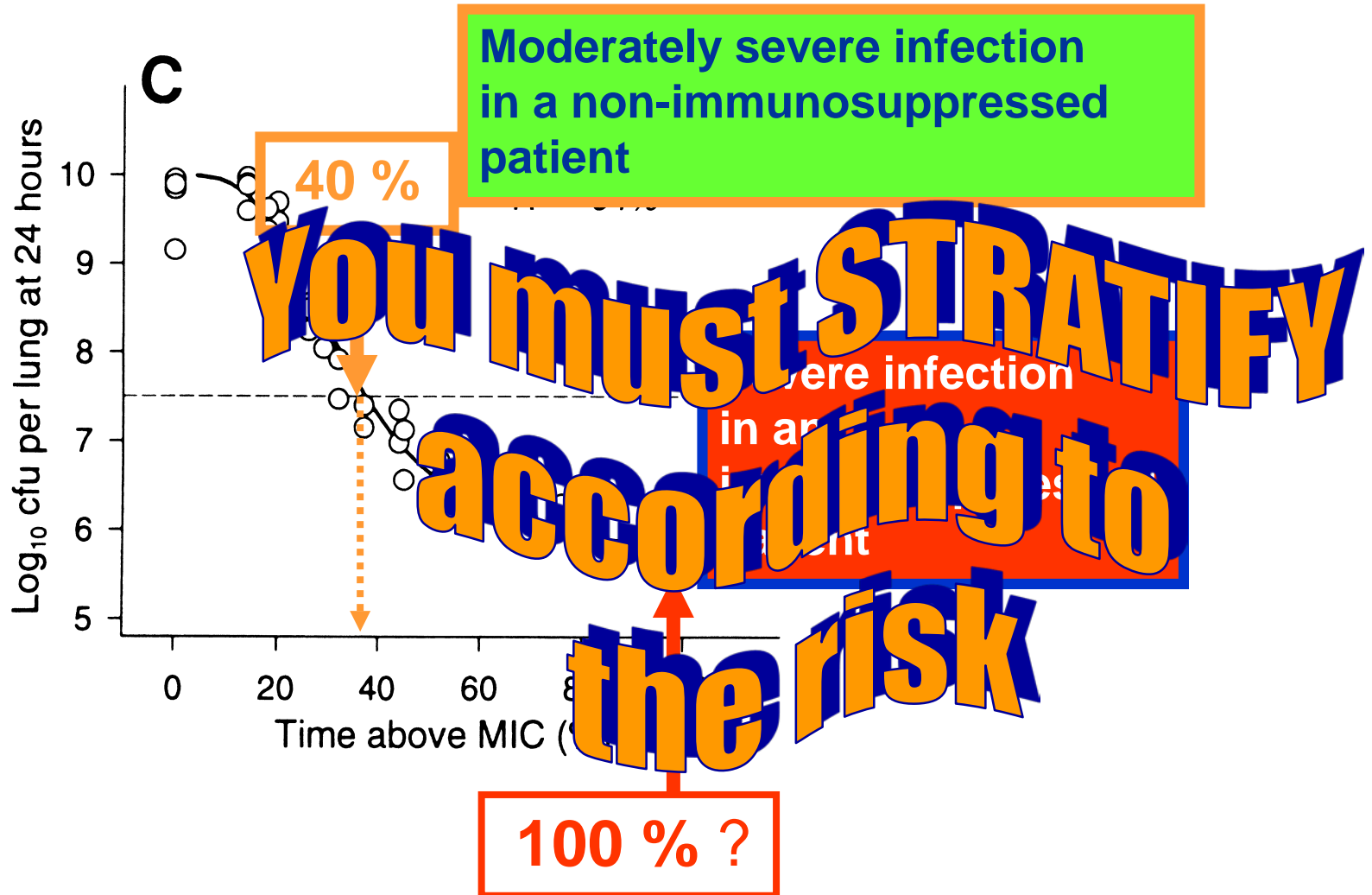




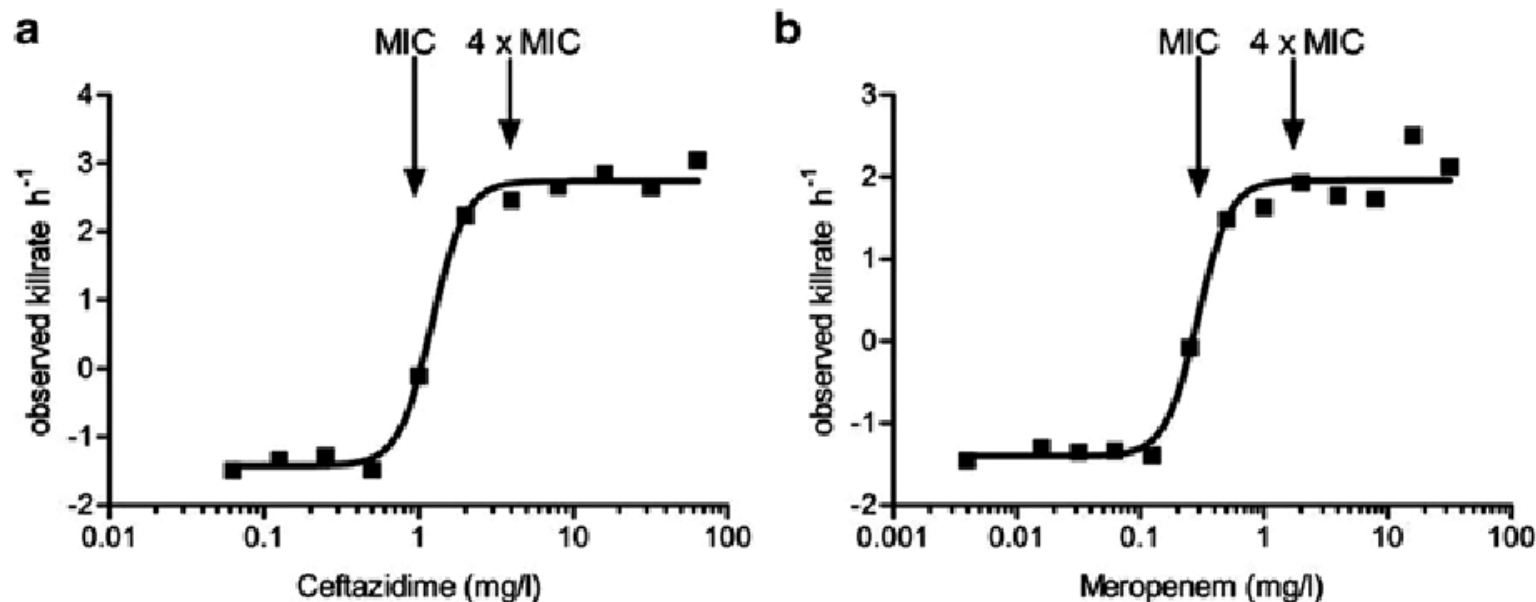
# It all depends on your patient !



# It all depends on your patient !

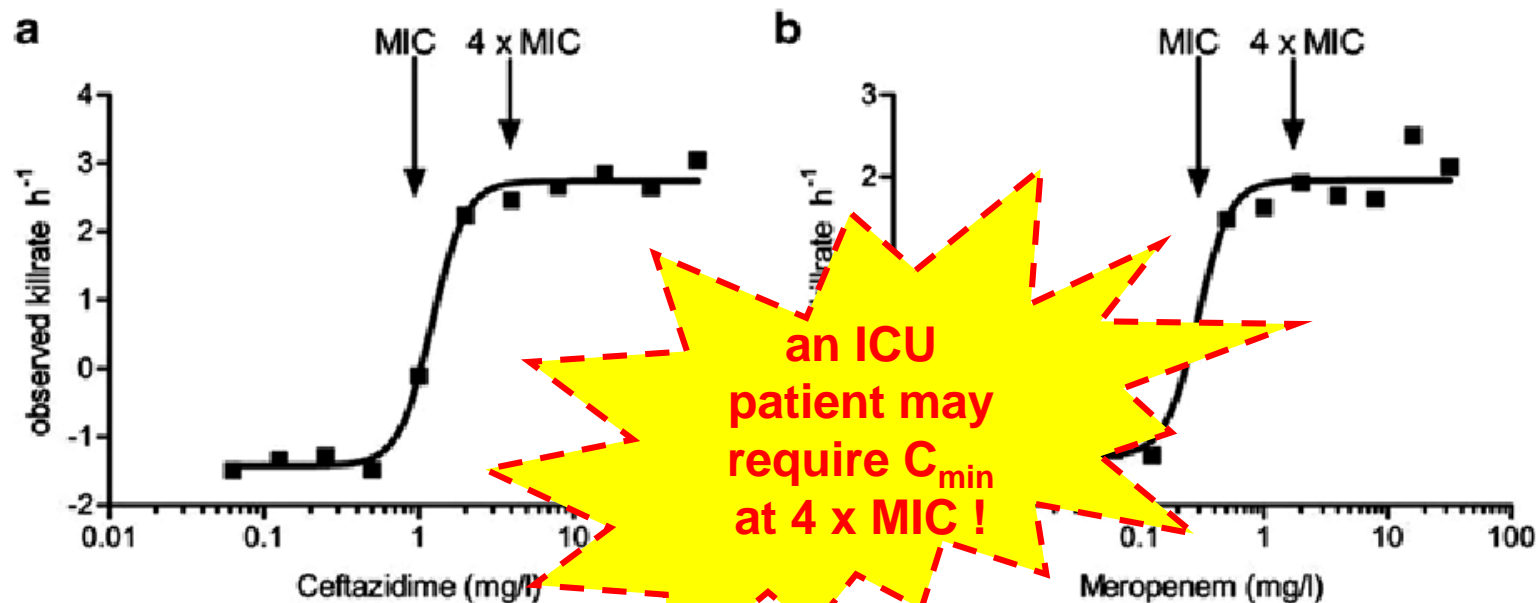


## But back to MIC ...!



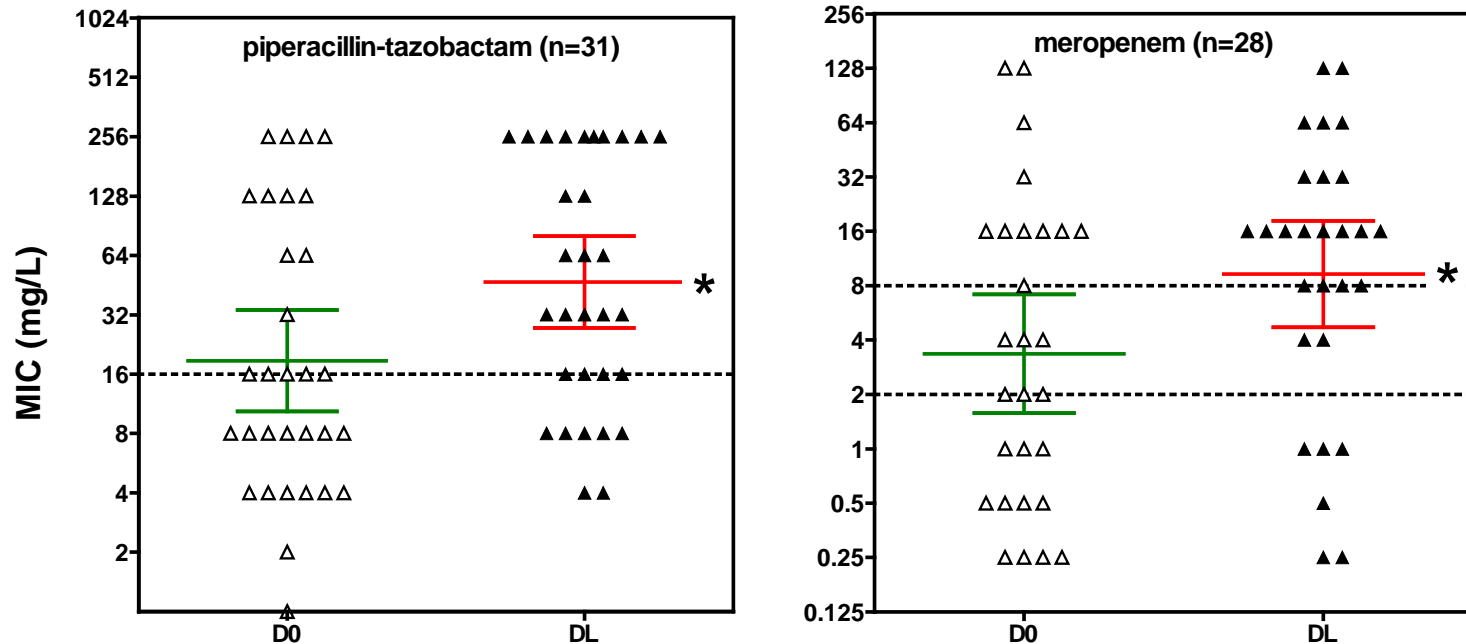
**Fig. 10.2** Relationship between concentration of ceftazidime (a) and meropenem (b) and kill rate. The relationship follows a Hill type model with a relatively steep curve; the difference between no effect (growth, here displayed as a negative kill rate) and maximum effect is within 2–3 twofold dilutions. The maximum kill rate is attained at around 4×MIC. Figure modified from Mouton and Vinks (2005b, 2007). Reproduced from Mouton JW, Vinks AA. Pharmacokinetic/pharmacodynamic modelling of antibacterials in vitro and in vivo using bacterial growth and kill kinetics: the minimum inhibitory concentration versus stationary concentration. Clin Pharmacokinet. 2005;44(2):201–10 with permission from Adis (© Springer International Publishing AG [2005]. All rights reserved

## But back to MIC ...!



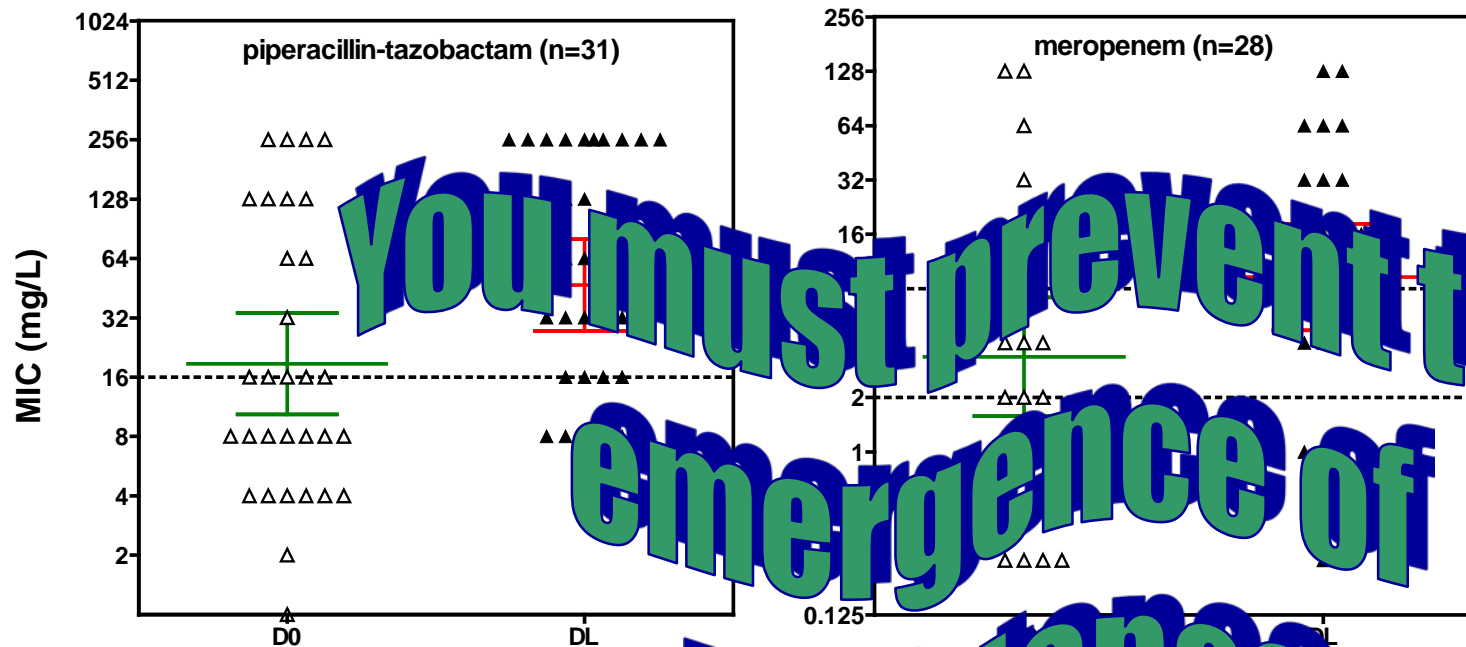
**Fig. 10.2** Relationship between concentration of ceftazidime (a) and meropenem (b) and kill rate. The relationship follows a Hill type model with a relatively steep curve; the difference between no effect (growth, here displayed as a negative kill rate) and maximum effect is within 2–3 twofold dilutions. The maximum kill rate is attained at around 4×MIC. Figure modified from Mouton and Vinks (2005b, 2007). Reproduced from Mouton JW, Vinks AA. Pharmacokinetic/pharmacodynamic modelling of antibacterials in vitro and in vivo using bacterial growth and kill kinetics: the minimum inhibitory concentration versus stationary concentration. Clin Pharmacokinet. 2005;44(2):201–10 with permission from Adis (© Springer International Publishing AG [2005]. All rights reserved

# And do not forget about changes in MIC (low-level resistance) during treatment !



Change in MIC of antibiotics used in empiric antipseudomonal therapy (nosocomial pneumonia; intensive care units) towards the isolate identified before onset of therapy (D0) vs. the last isolate (DL) collected from the same patient and with clonal similarity with the first isolate. Differences were analyzed using both raw and log<sub>2</sub> transformed data and found significant by both non-parametric (Wilcoxon matched pair test) and parametric (two-tailed paired t-test) analysis.

# And do not forget about changes in MIC (low-level resistance) during treatment !



Change in MIC of antibiotics used in empiric and targeted therapy (socomial pneumonia, intensive care units) towards the isolate identified before onset of therapy (D0) and the isolate (DL) collected from the same patient and with clonal similarity with the first isolate. Differences were analyzed using both raw and log2 transformed data and found significant by both non-parametric (Wilcoxon matched pair test) and parametric (two-tailed paired t-test) analysis.

# But how to prevent the emergence of resistance ?

*J Antimicrob Chemother* 2017; **72**: 1421–1428  
doi:10.1093/jac/dkx001 Advance Access publication 31 January 2017

Journal of  
Antimicrobial  
Chemotherapy

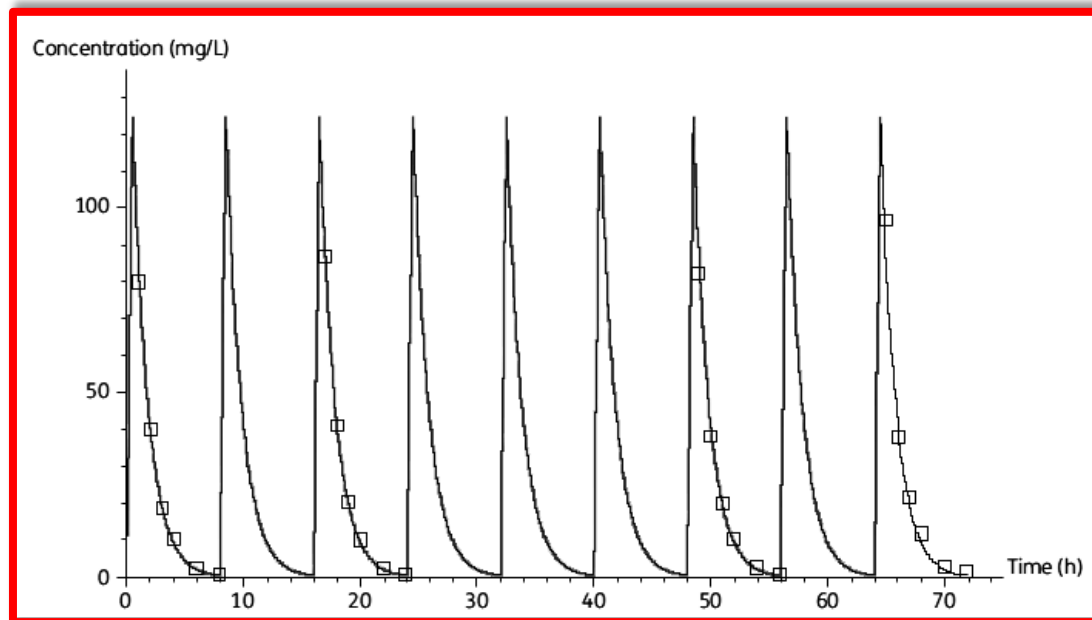
## Determining $\beta$ -lactam exposure threshold to suppress resistance development in Gram-negative bacteria

Vincent H. Tam<sup>1\*</sup>, Kai-Tai Chang<sup>1</sup>, Jian Zhou<sup>1</sup>, Kimberly R. Ledesma<sup>1</sup>, Kady Phe<sup>1</sup>, Song Gao<sup>1</sup>,  
Françoise Van Bambeke<sup>2</sup>, Ana María Sánchez-Díaz<sup>3</sup>, Laura Zamorano<sup>4</sup>, Antonio Oliver<sup>4</sup> and Rafael Cantón<sup>3</sup>

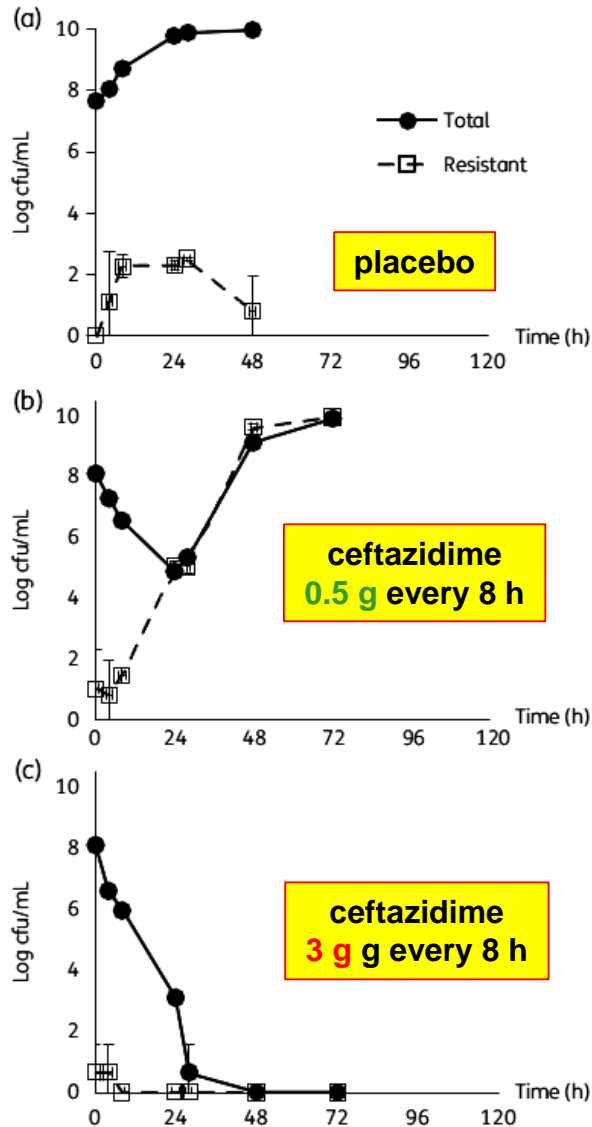
<sup>1</sup>University of Houston, Houston, TX, USA; <sup>2</sup>Pharmacologie Cellulaire et Moléculaire & Louvain Drug Research Institute, Université Catholique de Louvain, Brussels, Belgium; <sup>3</sup>Servicio de Microbiología, Hospital Universitario Ramón y Cajal and Instituto Ramón y Cajal de Investigación Sanitaria (IRYCIS), Madrid, Spain; <sup>4</sup>University Hospital Son Espases, Instituto de Investigación Sanitaria de Palma, Palma de Mallorca, Spain

Tam *et al.* *J Antimicrob Chemother* 2017;72:1421-1428 - PMID: [28158470](#)

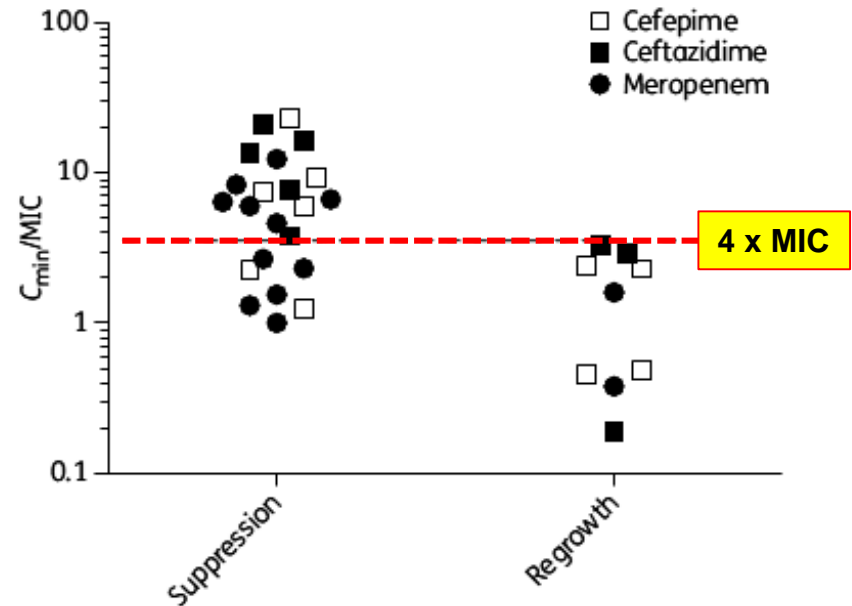
Simulation of doses and drug exposure in an in vitro dynamic model of infection (*hollow fiber*)



# Prevention of resistance...



**Figure 2.** Typical bacterial profiles for WT *P. aeruginosa*. Placebo control (a). Ceftazidime at 500 mg every 8 h ( $C_{min}/MIC = 2.9$ ) (b). Ceftazidime at 3000 mg every 8 h ( $C_{min}/MIC = 7.7$ ) (c). Data are shown as mean  $\pm$  SD.



**Figure 3.** Drug exposures ( $C_{min}/MIC$ ) stratified by outcomes. Each data point represents a hollow-fibre infection model experiment. The most significant threshold ( $C_{min}/MIC \geq 3.8$ ) is depicted by the horizontal broken line.

**To prevent the emergence of resistance in a closed system, the  $C_{min}$  of  $\beta$ -lactams should be  $\geq 3.8 \times MIC$ ...**



# But serum levels of $\beta$ -lactams remain difficult to predict with accuracy...



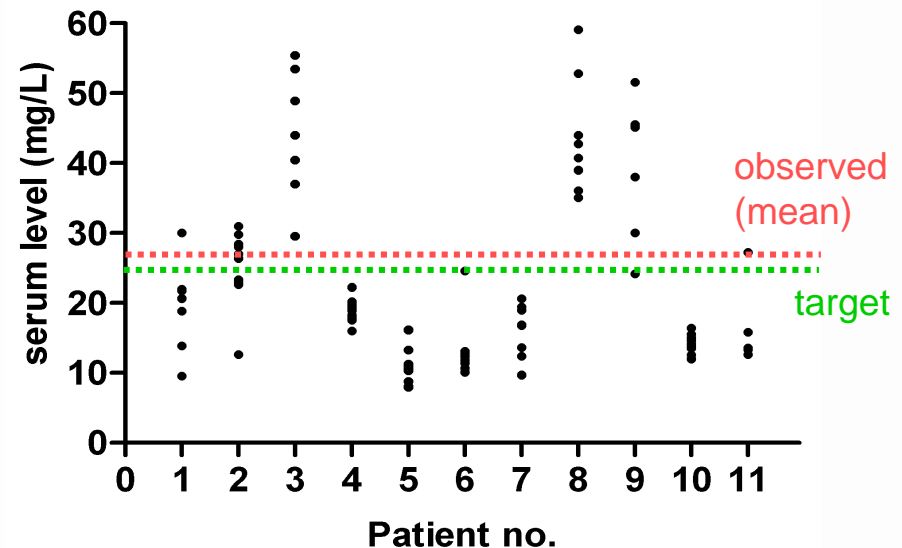
## Continuous Infusion of Ceftazidime (4 g/day) vs Conventional Schedule and Dosis (3 X 2 g/day) for Treatment of Ventilator-associated Pneumonia in Intensive Care Units.

P.F. Laterre, N. Baririan, H. Spapen, T. Dugernier, M. Simon, D. Pierard, H. Servais, C. Seral and P.M. Tulkens

Cliniques universitaires St-Luc & Université catholique de Louvain, Brussels; Akademische Ziekenhuis, Vrije Universiteit Brussel, Brussels; Clinique St-Pierre, Ottignies; Clinique St Joseph, Arlon; Belgium.

- target level: 24 mg/L  
(max. MIC: 6 mg/L [EUCAST bkpt = 8 mg/L])
- loading dose: 10.8 mg/kg  
(assumed Vd: 0.4 L/kg)
- infusion: 4 g/day
- assumed clearance: 102 ml/min (6.12 L/h)
- drug diluted in 48 ml of water
- infusion through motor-operated syringe at a rate of 2 ml/h;
- temperature 25°C or lower

patients with continuous administration of ceftazidime



# As a result, monitoring the serum levels of $\beta$ -lactams has been proposed ...

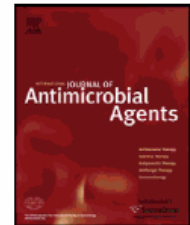
International Journal of Antimicrobial Agents 36 (2010) 332–339



Contents lists available at ScienceDirect

International Journal of Antimicrobial Agents

journal homepage: <http://www.elsevier.com/locate/ijantimicag>



## Therapeutic drug monitoring of $\beta$ -lactams in critically ill patients: proof of concept

Jason A. Roberts<sup>a,b,c,\*</sup>, Marta Ulldemolins<sup>a,d</sup>, Michael S. Roberts<sup>e,f</sup>, Brett McWhinney<sup>g</sup>,  
Jacobus Ungerer<sup>g</sup>, David L. Paterson<sup>h,i</sup>, Jeffrey Lipman<sup>a,c</sup>

<sup>a</sup> Burns, Trauma and Critical Care Research Centre, The University of Queensland, Brisbane, Australia

<sup>b</sup> Pharmacy Department, Royal Brisbane and Women's Hospital, Brisbane, Australia

<sup>c</sup> Department of Intensive Care, Royal Brisbane and Women's Hospital, Brisbane, Australia

<sup>d</sup> Critical Care Department, Vall d'Hebron University Hospital; Institut de Recerca Vall d'Hebron-Universitat Autònoma de Barcelona (UAB)-CIBER Enfermedades Respiratorias, Barcelona, Spain

<sup>e</sup> Therapeutics Research Unit, The University of Queensland, Brisbane, Australia

<sup>f</sup> School of Pharmacy, University of South Australia, Adelaide, Australia

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<sup>h</sup> Department of Infectious Diseases, Royal Brisbane and Women's Hospital, Brisbane, Australia

<sup>i</sup> University of Queensland Centre for Clinical Research, The University of Queensland, Brisbane, Australia

# And monitoring $\beta$ -lactams in ICU may be rewarding...

Accepted Manuscript

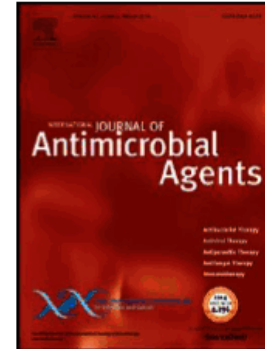
Title: Association between augmented renal clearance, antibiotic exposure and clinical outcome in critically ill septic patients receiving high doses of  $\beta$ -lactams administered by continuous infusion. a prospective observational study

Author: Cedric Carrie, Laurent Petit, Nicolas D'houvain, Noemie Sauvage, Vincent Cottenceau, Melanie Lafitte, Cecile Founteize, Quentin Hisz, Deborah Menu, Rachel Legeron, Dominique Breilh, Francois Sztark

PII: S0924-8579(17)30430-2  
DOI: <https://doi.org/10.1016/j.ijantimicag.2017.11.013>  
Reference: ANTAGE 5305

To appear in: *International Journal of Antimicrobial Agents*

Received date: 21-9-2017  
Accepted date: 18-11-2017



# And monitoring may be rewarding...

Accepted Manuscript

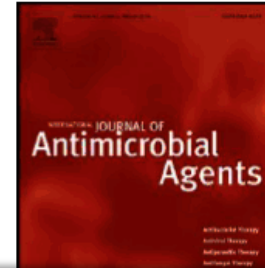
Title: Association between augmented renal clearance, antibiotic exposure and clinical outcome in critically ill septic patients receiving high doses of  $\beta$ -lactams administered by continuous infusion. a prospective observational study

Author: Cedric C  
Vincent Cottence  
Deborah Menu, R

PII:  
DOI:  
Reference:

To appear in:

Received date:  
Accepted date:



## Highlights

- In patients with augmented creatinine clearance (CrCL), desirable PK/PD targets may not be achieved by the use of high doses of  $\beta$ -lactam administered by continuous infusion.
- Mean values  $\geq 170$ /min remain associated with higher rates of sub-exposure for  $\beta$ -lactams defined by at least one sample under 4 times the MIC of the known pathogen.
- Sub-exposure<sub>< 4 x MIC</sub> is associated with higher rates of therapeutic failure in critically ill patients treated for a first microbiologically documented infection

# Methods are being developed but are slow and complex, and do not measure the free concentration ...

Journal of Chromatography B, 879 (2011) 1038–1042



Contents lists available at ScienceDirect

Journal of Chromatography B

journal homepage: [www.elsevier.com/locate/chromb](http://www.elsevier.com/locate/chromb)



## Simultaneous determination of eight $\beta$ -lactam antibiotics in human serum by liquid chromatography–tandem mass spectrometry

Tomofumi Ohmori<sup>a,\*</sup>, Akio Suzuki<sup>a</sup>, Takashi Niwa<sup>a</sup>, Hiroaki Ushikoshi<sup>b</sup>, Kunihiro Shirai<sup>b</sup>, Shozo Yoshida<sup>b</sup>, Shinji Ogura<sup>b</sup>, Yoshinori Itoh<sup>a</sup>

<sup>a</sup> Department of Pharmacy, Gifu University Hospital, 1-1 Yanagido, Gifu 501-1194, Japan

<sup>b</sup> Department of Emergency and Disaster Medicine, Gifu University Graduate School of Medicine, 1-1 Yanagido, Gifu 501-1194, Japan

Journal of Pharmaceutical and Biomedical Analysis 90 (2014) 192–197



Contents lists available at ScienceDirect

Journal of Pharmaceutical and Biomedical Analysis

journal homepage: [www.elsevier.com/locate/jpba](http://www.elsevier.com/locate/jpba)



Short communication

## Development and validation of a high performance liquid chromatography assay for the determination of temocillin in serum of haemodialysis patients

Ana C. Miranda Bastos<sup>a,b,c</sup>, Stefaan J. Vandecasteele<sup>d</sup>, Paul M. Tulkens<sup>a,c</sup>, Anne Spinewine<sup>b,c</sup>, Françoise Van Bambeke<sup>a,c,\*</sup>

<sup>a</sup> Pharmacologie cellulaire et moléculaire, Louvain Drug Research Institute, Université catholique de Louvain, Brussels, Belgium

<sup>b</sup> Clinical Pharmacy Research Group, Louvain Drug Research Institute, Université catholique de Louvain, Brussels, Belgium

<sup>c</sup> Center for Clinical Pharmacy, Université catholique de Louvain, Brussels, Belgium

<sup>d</sup> Department Nephrology and Infectious Diseases, AZ Sint-Jan Brugge-Oostende AV, Bruges, Belgium




# A clinical algorithm for $\beta$ -lactams and a path to success...

Adjust the dosage on a full PK/PD basis **and continue monitoring free blood levels**

**in ICU, the patient's situation changes rapidly !**

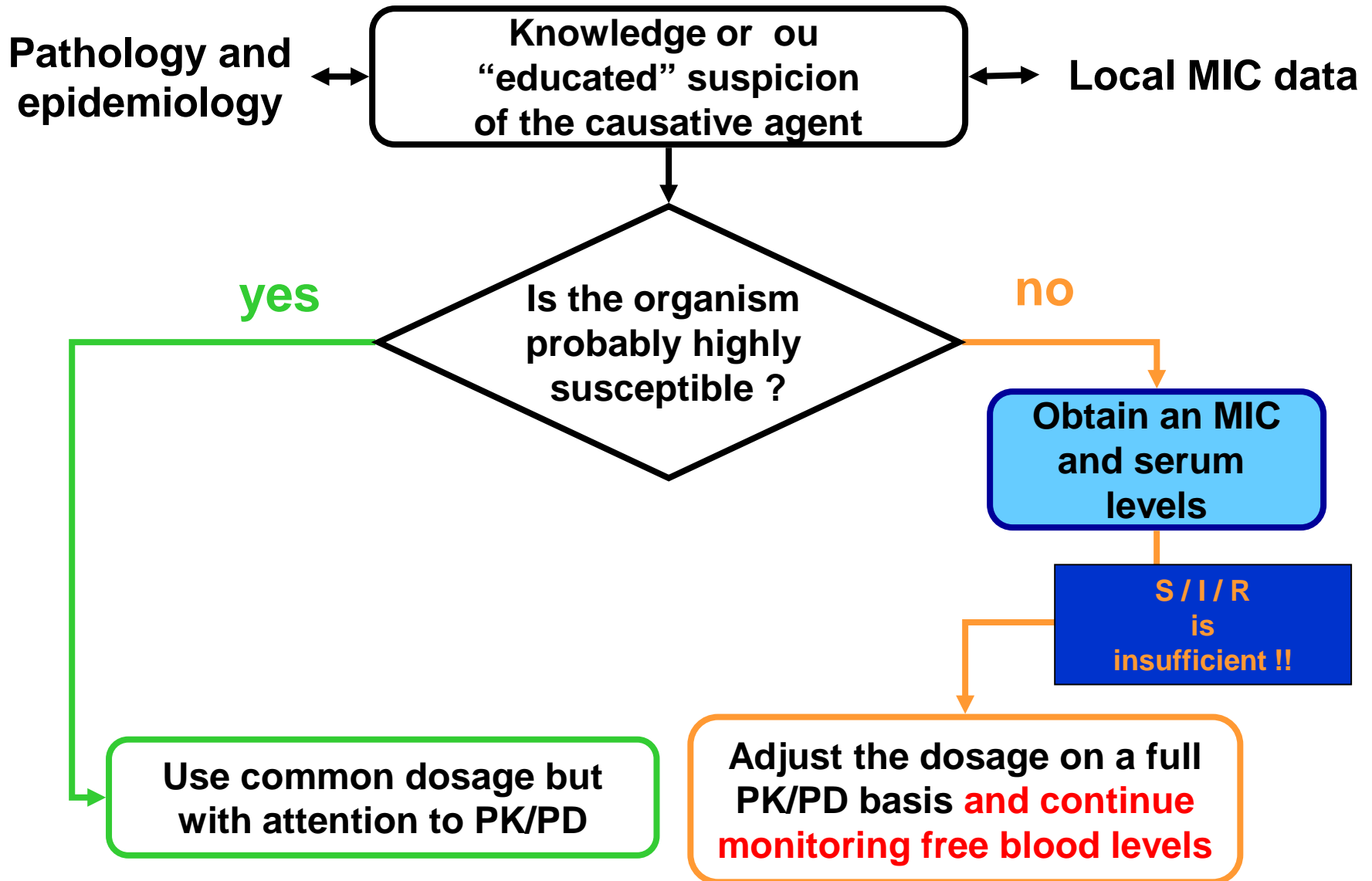


But what do we need ?

- a fast and reliable assay of the serum free fraction...  
→ **results available within the period of the medical shift !**
- a clear definition of the desired target for efficacy ... and prevention of emergence of resistance...  
→  **$C_{\min}$  (or  $C_{ss}$ ) at 4 x the MIC ?** 
- a clear definition of the maximal doses without unacceptable toxicity (convulsions...) ...  
→  **$C_{\max}$  not exceed the value of an approved mode of administration ?**
- an algorithm that calculates the next dose based on population PK but also on real data from the previous administration...  
→ **adaptive PK/PD modeling**

see discussion in Delattre et al. Expert Rev Anti Infect Ther. 2017;15:677-688 - PMID: 28571493

# A clinical algorithm or a path to success...



# The future: which other anti-infectives \* ?

- **oxazolidinones** (linezolid, tedizolid, ...)  
→  $C_{\min}$  for prevention of toxicity
- **fluoroquinolones** (ciprofloxacin, levofloxacin, ...)  
→  $C_{\max}$  for prevention of resistance  
→  $AUC_{24h}$  for global antibacterial effect
- **azole antifungals** (fluconazole, voriconazole, ...)  
→ control of drug-drug interactions and inhibition of metabolism  
→  $AUC_{24h}$  for efficacy
- **anti-HIV drugs** (many ...)  
→ correction/prevention of HIGH variability in blood levels

\* many references... See, e.g.:

- Cattaneo et al. Drug monitoring and individual dose optimization of antimicrobial drugs: oxazolidinones. Expert Opin Drug Metab Toxicol. 2016;12:533-44 - PMID: 26982718.
- Nosseir et al. Therapeutic Drug Monitoring of anti-infectives in intensive care medicine. Dtsch Med Wochenschr. 2014;139:1889-94 - PMID: 25203549
- Stott & Hope. Therapeutic drug monitoring for invasive mould infections and disease: pharmacokinetic and pharmacodynamic considerations. J Antimicrob Chemother. 2017;72(suppl\_1):i12-i18 - PMID: 28355463.
- Punyawudho et al. Therapeutic drug monitoring of antiretroviral drugs in HIV-infected patients. Expert Review of Clinical Pharmacology 2016;9:1583–1595 - PMID: 27626677

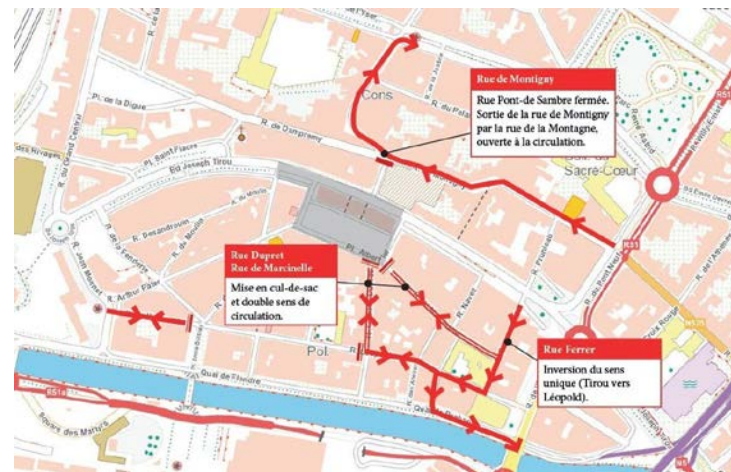


# We can always dream ...



difficult machinery

acrobatic algorithms



dead ends...

# But at the end ...



**towards successes !**

# Back-up

# But even then, serum levels remain are difficult to predict with accuracy...

patients with continous administration of ceftazidime

