## Intracellular Bacterial Infections: Why Are Antibiotics Poorly Efficient and Can We Do Something About it ?

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<sup>\*</sup> with slides borrowed from Françoise Van Bambeke and Frederic Peyrusson

### **Disclosures and slides availability**

- Research grants
  - Theravance, Astellas, Targanta, Cerexa/Forest, AstraZeneca, Bayer, GSK, Trius, Rib-X, Eumedica, Debiopharm
  - Belgian Science Foundation (*F.R.S.-FNRS*), Ministry of Health (*SPF*), Walloon and Brussels Regions, European Union (*FP7 programme*)
- Speaking fees
  - Bayer, GSK, Sanofi, Johnson & Johnson, OM-Pharma
- Decision-making and consultation bodies
  - European Committee for Antimicrobial Susceptibility Testing [EUCAST] (General Assembly and steering committee (2010-2012))
  - European Medicines Agency (external ad-hoc expert)
  - US National Institutes of Health (grant reviewing)
  - Drive-AB [Driving reinvestment in R&D and responsible use for antibiotics] (governance)

### Slides: http://www.facm.ucl.ac.be → Lectures

### **Belgium** Finland <u>Norway</u> Sweden Denmar FLANDERS Ire land Neth. J.K WALLONIA Belgium Austria France Switz. <u>Italy</u> Portugal <u>Spain</u> Greece GALLO Leffe echefet

# **Belgium**



10 millions inhabitants ...

### 10 Nobel prizes (10/850)

### Peace

- Institute of International Law, Ghent (1904)
- Auguste Beernaert (1909)
- Henri Lafontaine (1913)
- Father Dominique Pire (1958)
- Literature
  - Maurice Maeterlinck, Ghent (1911)

### Medicine

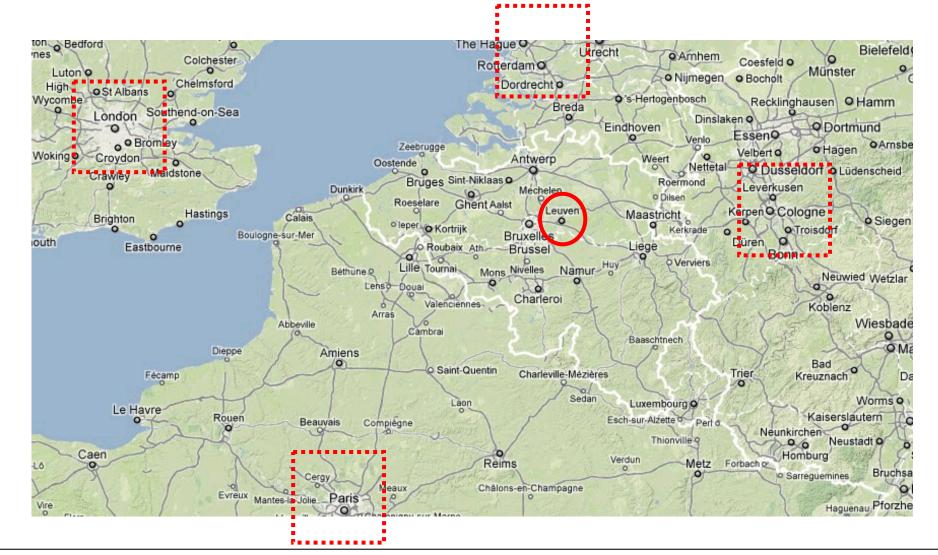
- Jules Bordet, Brussels (1919)
- Corneille Heymans, Ghent (1938)
- Christian de Duve, Louvain (1974)
- Albert Claude, Brussels (1974)

### • Chemistry

- Ilya Prigogyne, Brussels (1977)
- Physics
  - François Englert, Brussels (2013)

### The Catholic University of Louvain in brief (1 of 4)

• originally founded in **1425** in the city of **Louvain** (in French and English; known as **Leuven** in Flemish)



### The Catholic University of Louvain in brief (2 of 4)

 It was one of the major University of the so-called "Low Countries" in the 1500 – 1800 period, with famous scholars and discoverers (Vesalius for anatomy, Erasmus for philosophy, ...). Teaching was in Latin, Greek, and Hebrew (College of the 3 languages...)



The University in the 1500's



**Erasmus** 

Vesalius

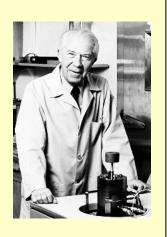
### The Catholic University of Louvain in brief (3 of 4)

 In the 19<sup>th</sup> century, teaching was in French but in the early 1900's, a Flemishspeaking section was opened. Courses were given in both languages, attracting many students and celebrities...



Prof. G. Lemaitre, professor of Physics and Mathematics at the University who, in the 1930's, made the first suggestion of the continuous expansion of the Universe (*"big bang"*) (here in conversation with A. Einstein) Professor C. de Duve, Professor of Biochemistry, obtained the Nobel Prize (Physiology and Medicine) in 1974 for his work on intracellular organelles (lysosomes, peroxisomes...)

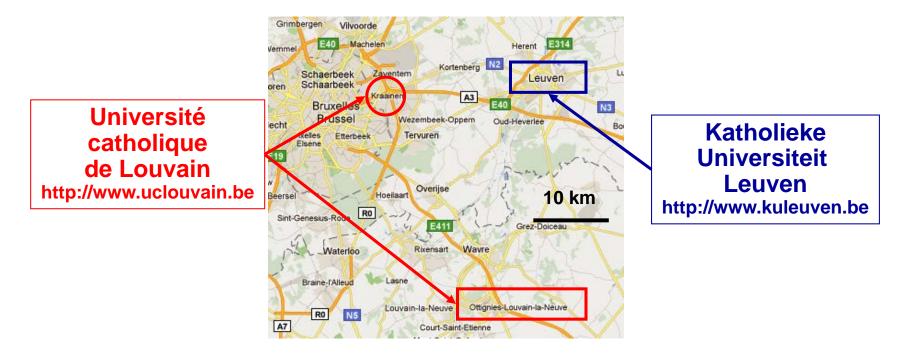
(here in front of a centrifuge)



- in 1968, the University was divided into
  - a French-speaking *Université catholique de Louvain*
  - a Flemish-speaking Katholieke Universiteit Leuven...

### The Catholic University of Louvain in brief (4 of 4)

- The Flemish-speaking *Katholieke Universiteit Leuven* has remained in Louvain (Leuven) and is named in English "Catholic Universiteit Leuven".
- The French-speaking Université catholique de Louvain has moved about 25 km South in a place called "Louvain-la-Neuve, with the "Health Sciences Sector" located in Brussels (Woluwé)



• Together, the two Universities have about **55,000 students** 

# Notre Dame and the "Big Bang"



### The Faith and Reason of Father George Lemaître

#### by Joseph R. Laracy

The Big Bang hypothesis is widely known in popular thought as the best explanation for how the universe came to be. However, very few people know that a Catholic priest formulated this theory in the late 1920s. Reverend Monsignor Georges Lemaître, a Belgian scientist, challenged the conventional thinking of his colleagues, including Albert Einstein, and rejected the static universe hypothesis for a dynamic model. In the course of carrying out his research, he confronted illogical thinking that pitted faith against reason, and science against the Church. His legacy extends beyond cosmology, to the nature of truth itself.

https://www.catholicculture.org/culture/library/view.cfm?recnum=8847 - last visited: 12 Jun 2016

# Notre Dame and the "Big Bang"



#### by Joseph R. Laracy

The Big Bang hypothesis the best explanation for very few people know the in the late 1920s. Revere Belgian scientist, challer colleagues, including All universe hypothesis for carrying out his research pitted faith against reas legacy extends beyond

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A Homogeneous Universe of Constant Mass and Increasing Radius accounting for the Radial Velocity of Extra-galactic Nebulæ. By Abbé G. Lemaître.

(Translated by permission from "Annales de la Société scientifique de Bruxelles," Tome XLVII, série A, première partie.)

https://dx.doi.org/10.1093%2Fmnras%2F91.5.483

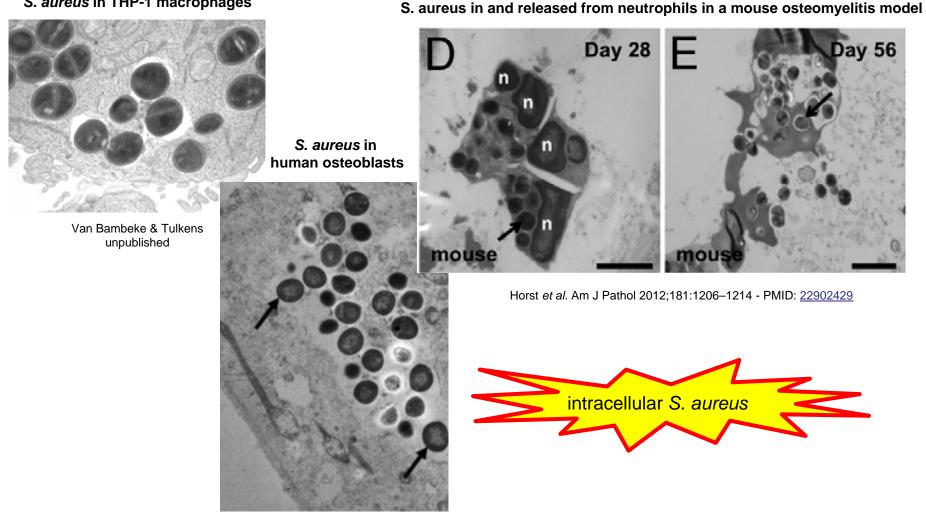
In 1936, Father John O'Hare, the president

of the University of Notre Dame, hired Father Lemaître as a visiting professor. During that year, his course on cosmology was not only attended by graduate students, but also faculty members in the physics and mathematics departments.

https://www.catholicculture.org/culture/library/view.cfm?recnum=8847 - last visited: 12 Jun 2016

# So, now, our small bang...

#### S. aureus in THP-1 macrophages



Kalinka et al., Int J Med Microbiol. 2014; 304:1038-49 - PMID: 25129555

# And more bangs...

B. Löffler et al. / International Journal of Medical Microbiology 304 (2014) 170-176

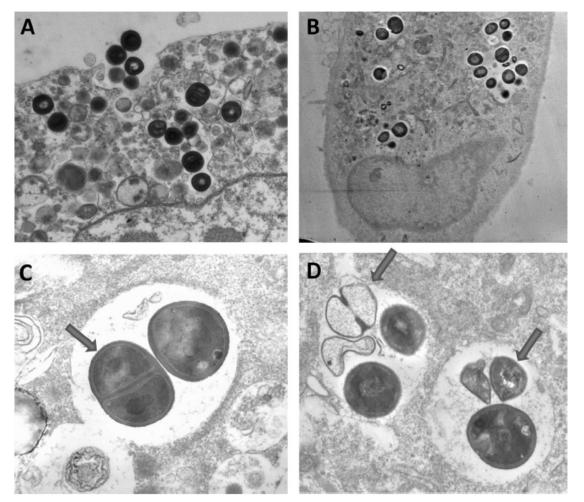
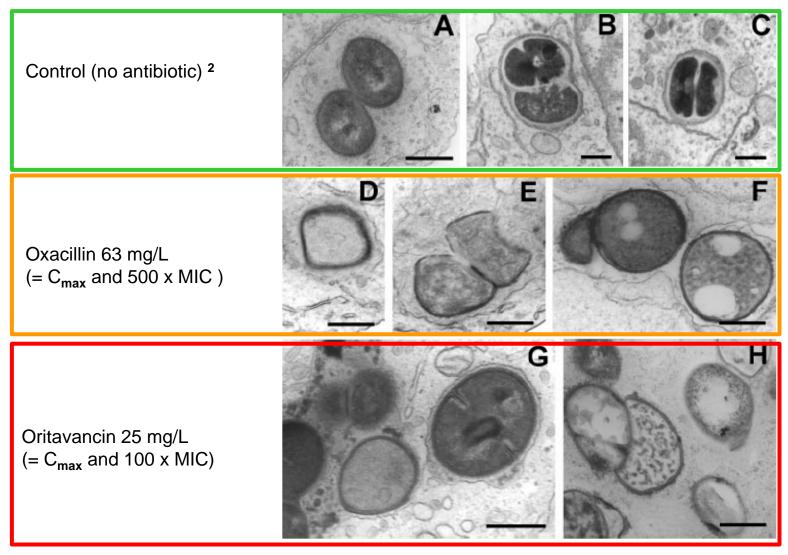


Fig. 1. Electron micrographs of different types of infected host cells. Adherence and uptake of *S. aureus* in epithelial A549 cells (A). Intracellular location of *S. aureus* after infection of primary osteoblasts (B). Dividing figure of *S. aureus* within an intracellular phagosome (C) and intracellular bacterial degradation (D) 24 h after infection of endothelial cells (HUVEC).

# Why do we wish to look at intracellular activity of antibiotics ?

- Beyond truly obligate intracellular parasites (e.g., Legionella, Chlamydia, Mycobacteriae, ...many more "common" bacteria are facultative (e.g. Listeria) or occasional (e.g. Staphylococci, Pseudomonas...) intracellular parasites ...
- These bacteria form a **reservoir** from where bacteria may escape causing **relapses** and **recurrences** of the infection...
- Natural defenses often restrict their growth and decrease their persistence, but not always...
- You may need to help host defenses with **antibiotics**

# Are antibiotics active at all in cells ? 1



<sup>1</sup> THP1 monocytes model – 24 h incubation. See Barcia-Macay et al. Antimicrob Agents Chemother 2006;50:841-851 – PMID: <u>1649524</u> <sup>2</sup> gentamicin added at 1 x MIC to prevent extracellular growth

# Intracellular activity of antibiotics

- What has been know for long about pharmacokinetics...
- What has surprised us ...
- Adding pharmacodynamics ...
- A renewed model ?

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### FACTORS AFFECTING THE ACTIVITY OF ANTIMICROBIALS AGAINST INTRACELLULAR BACTERIA

# A simple view in 1991

D\* •) vacuoles 3 De  $^{(2)}$ 1 5 6 (3 cytosol 5 6 De = extracellular drug = metabolites D i = intracellular drug = bacteria Pharmacokinetic Pharmacodynamic parameters parameters Expression of activity Penetration and retention 5 (1) 6 Bacterial responsiveness Accumulation (2)(3) Subcellular disposition and bioavailability

④ Metabolisation and inactivation

Figure 1: Pharmacokinetic and pharmacodynamic parameters involved in the activity of antimicrobial drugs against intracellular microorganisms.

Tulkens PM. Intracellular distribution and activity of antibiotics. Eur J Clin Microbiol Infect Dis. 1991 10:100-6. PubMed PMID: <u>1864271</u>.

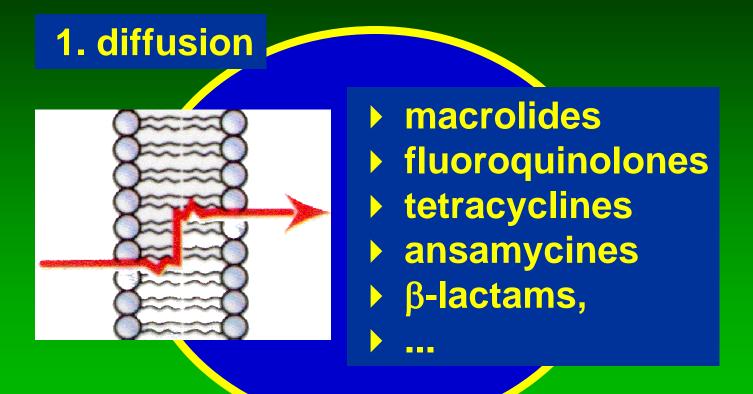
### Which antibiotics accumulate in cells ?



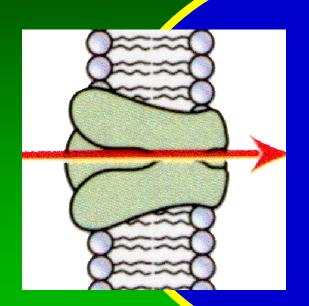
- aminoglycosides: <1 to 2 x</li>
- ansamycins: 2-3 x
- tetracyclines: 2-4 x
- fluoroquinolones: 5 20 x
- macrolides: 4 to > 100 x \*
- glycopeptides: 1 to 400 x !! \*\*

azithromycin, ketolides

\* oritavancin

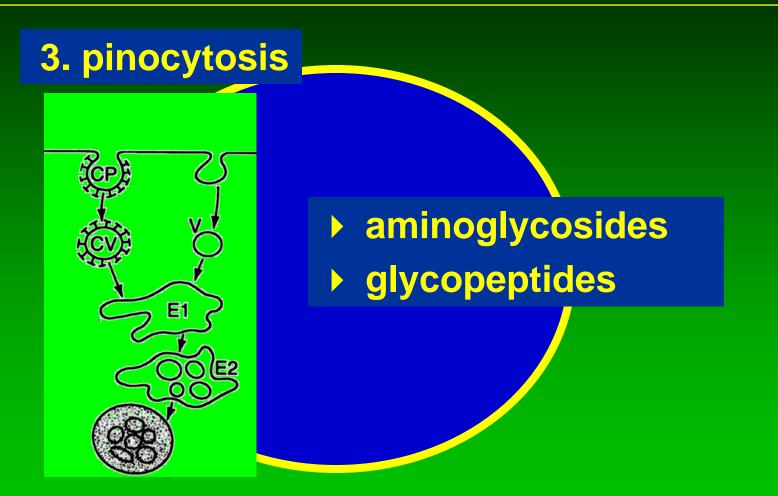




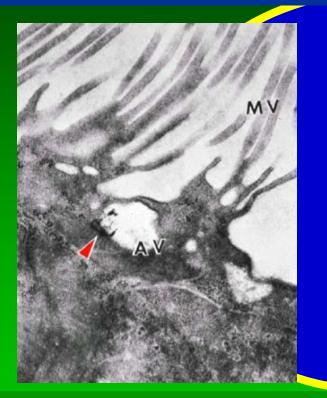


specific structure
(some energy-dependent)
saturable
competition by analogues

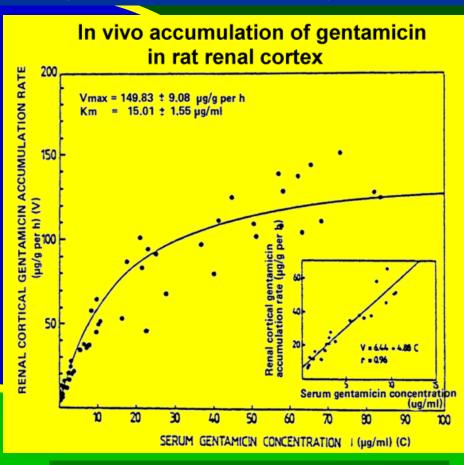
> highly variable rom on cell type to another



### receptor-mediated pinocytosis in kidney cortex



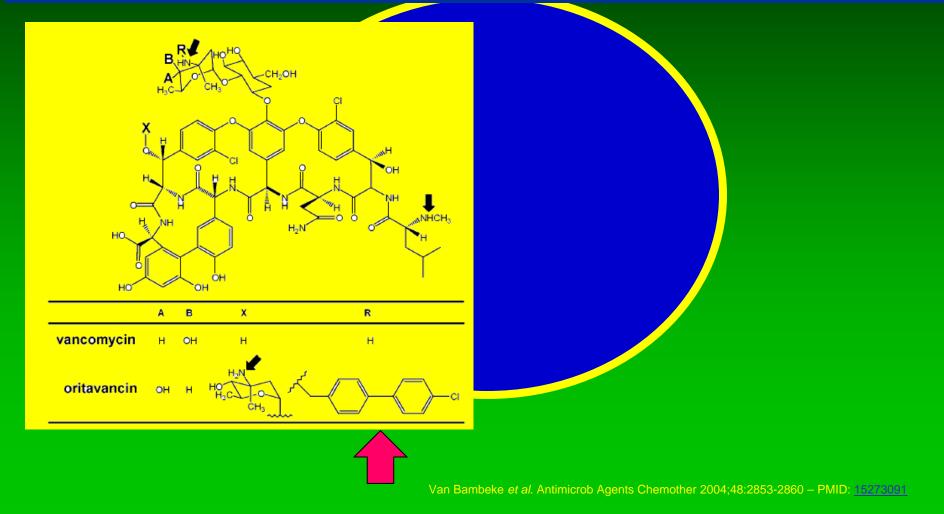
**Binding to megalin and acidic phospholipids** Silverblatt & Kuehn C. Kidney Int. 1979;15:335-45 - PMID: <u>510498</u> Moestrup *et al.* J Clin Invest. 1995;96:1404-13 – PMID: <u>7544804</u> Sastrasinh et al. J Pharmacol Exp Ther 1982;222:350-8 - PMID: <u>7097555</u>



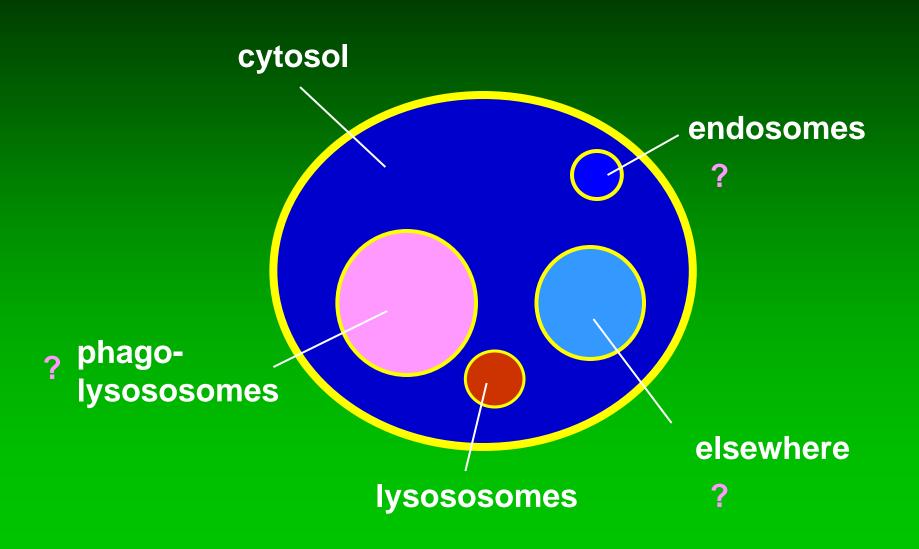
Giuliano et al. J Pharmacol Exp Ther 1986;236:470-5 - PMID: <u>3944768</u>



### membrane binding and uptake of lipoglycopeptides

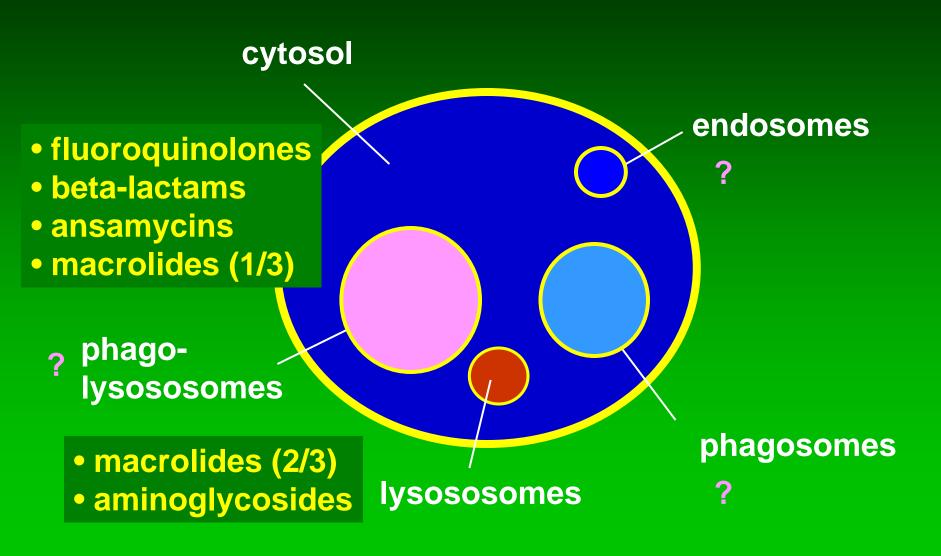


## But once in cells, where are the drugs ?





## **Subcellular localization: a quick answer ?**

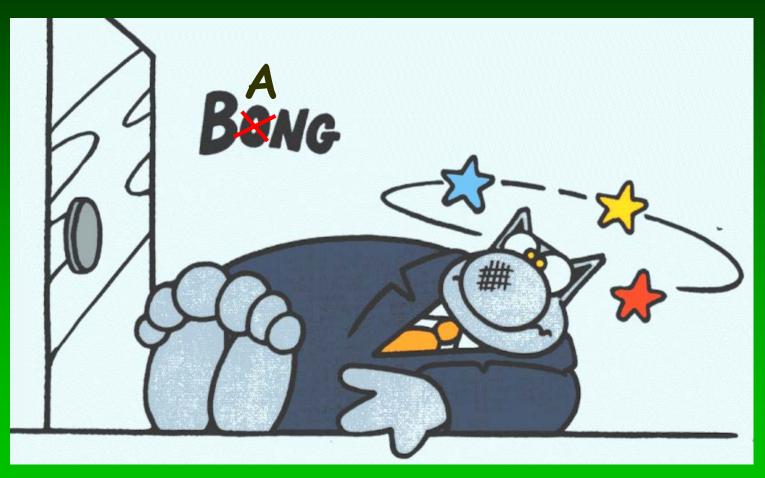


# So, what we know in a nutshell ...

Pharmacochemical class	Antibiotic	Accumulation level at equilibrium $(C_c/C_E)^a$	Cellular concentration at equilibrium (mg/l) <sup>b</sup>	Time to equilibrium	Predominant subcellular localization
β-Lactams	All	< 1	~ 20 to 50	Fast	Cytosol
Macrolides	Erythromycin	4 to 10	~ 40 to 150	Moderate (a few hours)	2/3 Lysosomes 1/3 Cytosol
	Clarithromycin Roxithromycin Telithromycin	10 to 50	~ 20 to 400		
	Azithromycin	40 to 300	~ 16 to 120		
Fluoroquinolones	Ciprofloxacin Levofloxacin Grepafloxacin	4 to 10	~ 16 to 40	Fast (< 1 h) to very fast (< 5 min)	Cytosol
	Moxifloxacin Garenoxacin Gemifloxacin	10 to 20	~ 40 to 80		
Aminoglycosides	All	2 to 4 (after several days)	~ 40 to 80	Slow (several days)	Lysosomes
Lincosamides	Clindamycin	5 to 20	~ 50 to 200	Fast	Unknown
	Lincomycin	1 to 4	~ 15 to 60		
Tetracyclines	Probably all	1 to 4	~ 2 to 12	Unknown	Unknown
Ansamycins (rifamycins)	Rifampin	2 to 10	~ 36 to 180	Unknown	Unknown
	Rifapentine	60 to 80	~ 1200 to 1600	Unknown	
Glycopeptides	Vancomycin	8 (after 24 h)	~ 400	Slow (several hours)	Lysosomes (in kidney)
	Teicoplanin	60	~ 6000		Unknown
	Oritavancin	150 to 300 (after 24 h)	~ 3750 to 7500		Lysosomes
	Telavancin	50 (after 24 h)	~ 4500		Lysosomes
Oxazolidinones	Linezolid	~ 1	~ 20	Unknown	Unknown

Adapted from Van Bambeke et al., Curr Opin Drug Discov Devel 2006;9:218-230 - PMID: 16566292

## But where does this lead us for activity ?



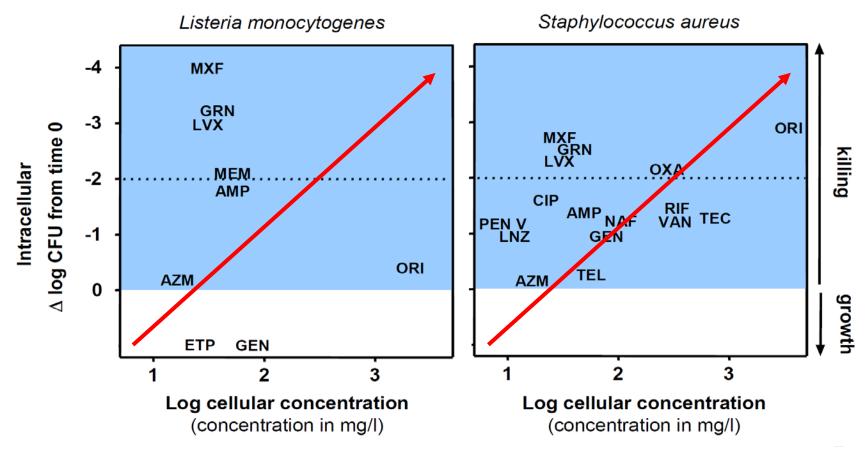
Ph. Geluck, with permission

\* taken from a slide presented at ECCMID in 2002

# Intracellular activity of antibiotics

- What has been know for long about pharmacokinetics...
- What has surprised us ...
- Adding pharmacodynamics ...
- A renewed model ?

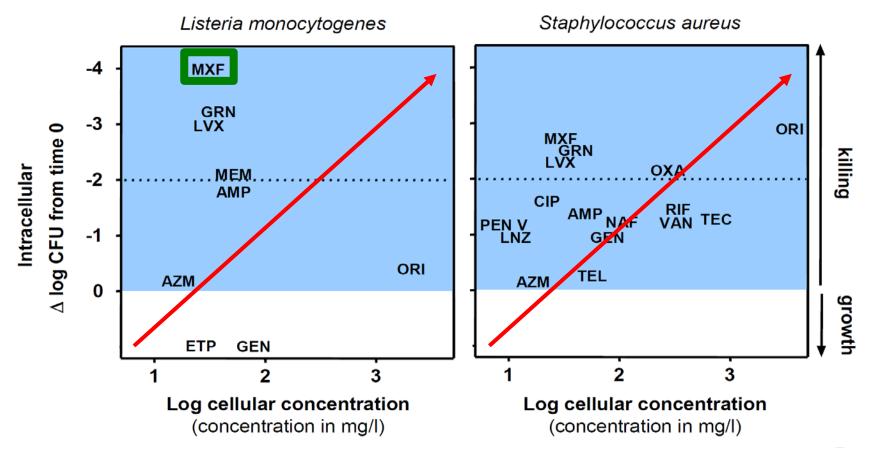
### Intracellular activity is not directly correlated to accumulation



AMP=ampicillin; AZM=azithromycin; CIP=ciprofloxacin; ETP=ertapenem; GEN=gentamicin; GRN=garenoxacin; LNZ=linezolid; LVX=levofloxacin; MEM=meropenem; MXF=moxifloxacin; NAF=nafcillin; ORI=oritavancin; OXA=oxacillin; PEN V=penicillin V; RIF=rifampicin; TEC=teicoplanin; TEL=telithromycin; VAN=vancomycin

Adapted from Van Bambeke et al., Curr Opin Drug Discov Devel 2006;9:218-230 – PMID: 16566292

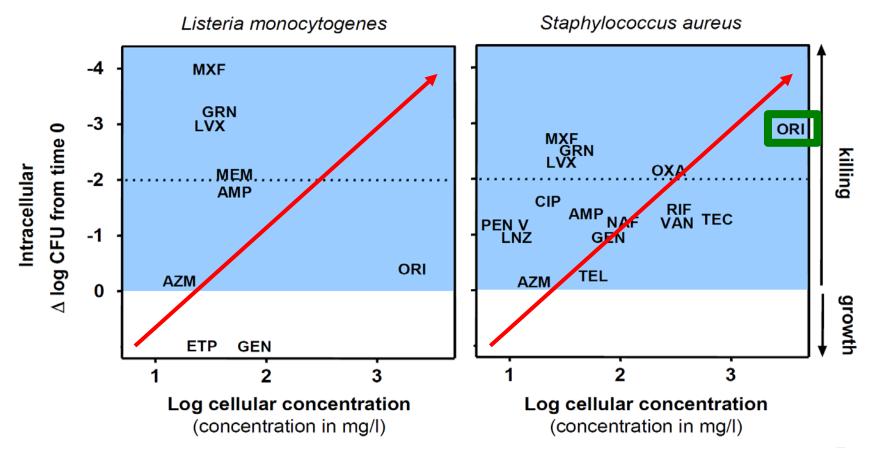
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# Thus, there is now an obvious conclusion

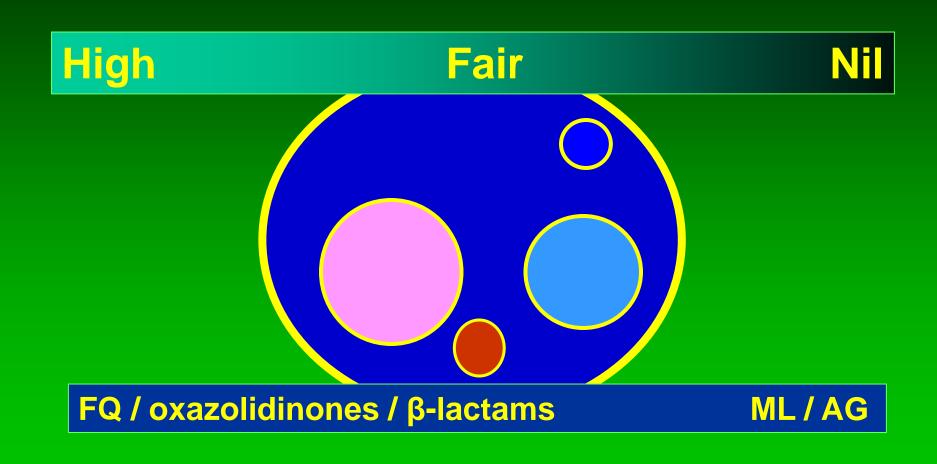
"Accumulation only" may not be the key property

One size does not fill all



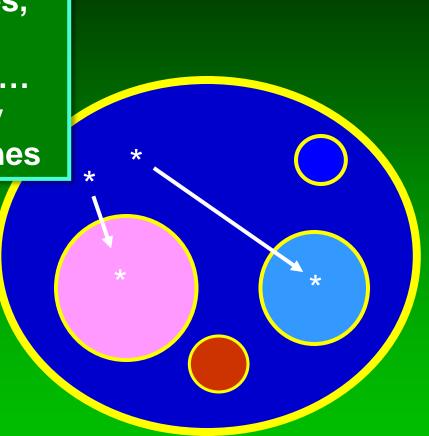
# Each class of antibiotic / bacteria combination may need to be examined separately

## Subcellular bioavailability of antibiotics ?

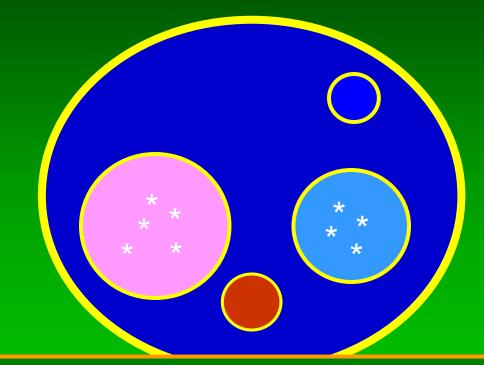


## Subcellular bioavailability of antibiotics ?

Fluoroquinolones, β-lactams, oxazolidinones, ... may move easily across membranes



## Subcellular bioavailability of antibiotics ?



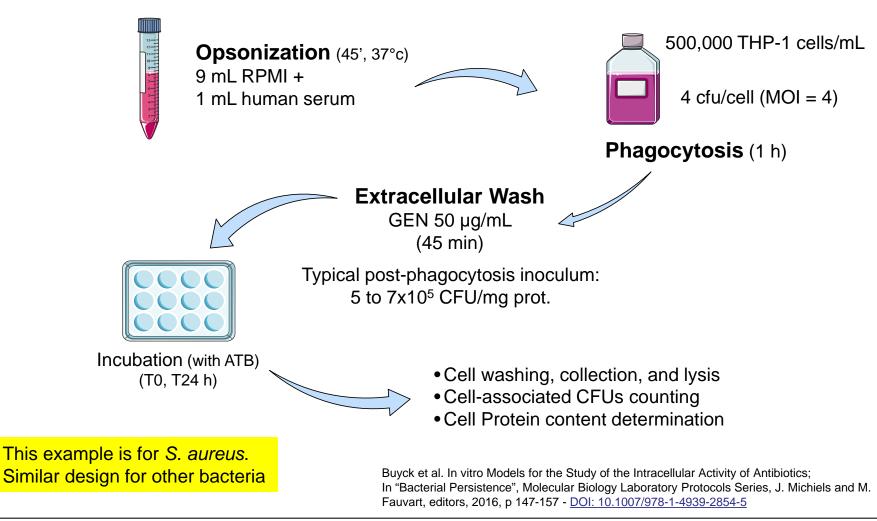
Conversely, poorly diffusible antibiotics (aminoglycosides, oritavancin, e.g.) or subjected to proton-trapping sequestration (macrolides, e.g.), may remained confined where they are ...

# Intracellular activity of antibiotics

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- What has surprised us ...
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- A renewed model ?

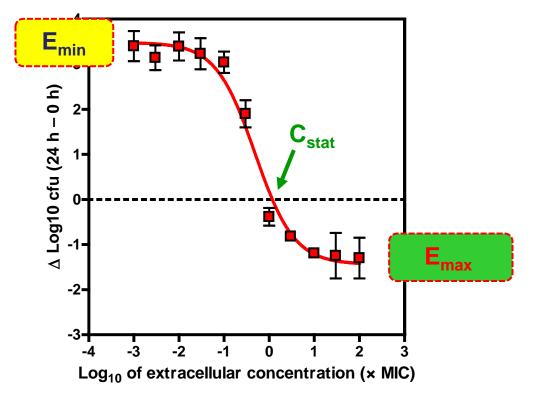
## 24h pharmacodynamic dose-effect model

#### 1. Cell exposure to a <u>a wide range of extracellular concentrations of the antibiotic</u>



#### Interpretation of the results of the 24h dose-effect model

#### 2. Analysis of the response



 $E_{min}$ : cfu increase (in  $log_{10}$  units) at 24 h from the corresponding initial inoculum as extrapolated for an infinitely low antibiotic concentration

#### Static concentration (C<sub>stat</sub>):

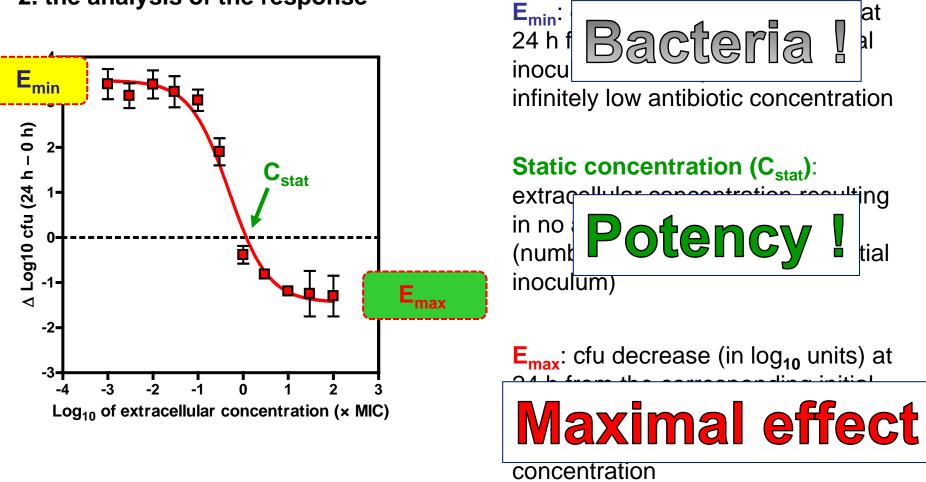
extracellular concentration resulting in no apparent bacterial growth (number of cfu identical to the initial inoculum)

E<sub>max</sub>: cfu decrease (in log<sub>10</sub> units) at 24 h from the corresponding initial inoculum <u>as extrapolated from</u> <u>infinitely large antibiotic</u> <u>concentration</u>

<u>Reference:</u> Barcia-Macay M, Seral C, Mingeot-Leclercq MP, Tulkens PM, Van Bambeke F.

Pharmacodynamic evaluation of the intracellular activity of antibiotics against *Staphylococcus aureus* in a model of THP-1 macrophages. Antimicrobial Agents and Chemotherapy (2006) 50:841-851 – PMID: <u>16495241</u>

#### Interpretation of the results of the 24h dose-effect model



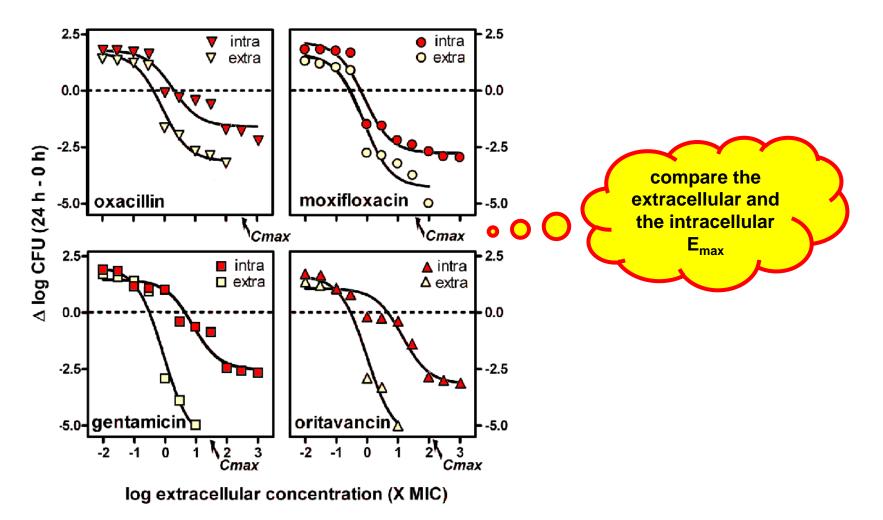
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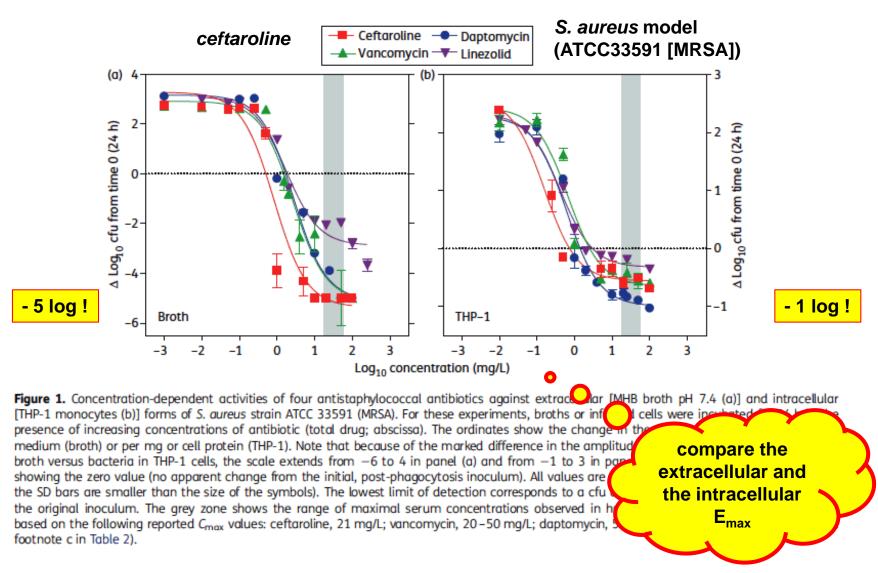
#### Are intracellular and extracellular activities equal ?

S. aureus model (ATCC25223)



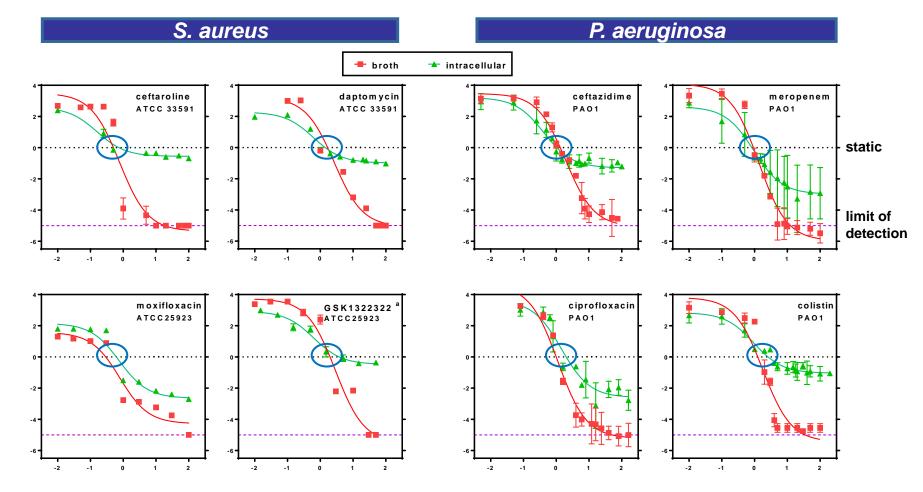
Barcia-Macay et al. Antimicrob Agents Chemother (2006) 50:841-851 – PMID: 16495241

#### Antibiotics have a much lower intracellular E<sub>max</sub>...



Melard et al. J Antimicrob Chemother (2013) 68: 648-658 - PMID: 23188792

# Antibiotics have a much lower intracellular $E_{max}$ ... but also often a similar $C_s$ than in broth



log<sub>10</sub> antibiotic concentration (multiples of MIC)

Van Bambeke & Tulkens, ASM Microbe 2016 – poster SARTURDAY 571 – Session 188

 $\Delta$  log  $_{10}$  cfu from time 0 (24 h)

# Numerical values...

antibiotic	strain	E <sub>max</sub> (log <sub>10</sub> CFU decr.		C <sub>s</sub> (multiple of MIC)	
		broth	intracellular	broth	intracellular
S. aureus			•		-
ceftaroline	ATCC33591	-5.3	-0.56	0.5	0.8
	multiple strains	-5.1	-0.58	0.7	3.7
daptomycin	ATCC33591	-5.1	-0.99	0.15	1.4
GSK1322322 ª	ATCC25923	-5.5	-0.48	1.9	3.8
moxifloxacin	ATCC25923	-4.3	-2.7	0.3	0.6
P. aeruginosa					
ceftazidime	PAO1	-5.1	-1.3	1.3	1.0
meropenem	PAO1	-6.0	-3.0	0.9	0.9
colistin	PAO1	-5.4	-1.0	1.2	2.5
ciprofloxacin	PAO1	-5.2	-2.6	1.0	2.0
RX-P853 <sup>b</sup>	multiple strains	-5.1	-2.4	0.6	1.8

<sup>a</sup> a novel peptide deformylase inhibitor with activity against multi-resistant S. aureus

<sup>b</sup> a novel inhibitor of bacterial protein synthesis acting a the translation step with broad spectrum activity

Van Bambeke & Tulkens, ASM Microbe 2016 - poster SARTURDAY 571 - Session 188

## A few more comparisons of E<sub>max</sub>...<sup>a</sup>

Antibiotic Class	Molecule * –	Emax (∆log₁	Emax (∆log <sub>10</sub> CFU at 24h)		
Antibiotic Class	Molecule	Extracellular **	intracellular		
beta-lactams	oxacillin <sup>1</sup>	-3.1	-1.6		
	ceftaroline <sup>2</sup>	-5.4	-0.6		
lipopeptides	daptomycin <sup>2</sup>	-5.1	-1.0		
fluoroquinolones	moxifloxacin <sup>4</sup>	-4.8	-2.0		
	ciprofloxacin <sup>5</sup>	-4.9	-1.6		
pyrrolocytosines	RX-P873 <sup>6</sup>	-4.2	-0.7		
peptides (defensins)	NZ2114 <sup>7</sup>	-4.1	-1.5		
deformylase inhibitors	GSK1322322 <sup>3</sup>	-4.8	-0.4		
glycopeptides	vancomycin <sup>2</sup>	-5.1	-0.6		
lipoglycopeptides	oritavancin <sup>1</sup>	-5.5	-3.1		
oxazolidinones	linezolid <sup>2</sup>	-2.9	-0.3		

\* all molecules but linezolid are highly bactericidal by conventional MBC/MIC measurements

\*\* limit of detection: -5.5  $\log_{10}$  units

<sup>a</sup> Reminder: E<sub>max</sub> is the maximal reduction of the initial inoculum for an infinitely large drug concentration

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fluoroquinolones	xifloxacin	-4.8	-2.0	
		-	-1.6	
pyrrolocytosines	once transferred b broth, intracellular s		-0.7	
peptides (defensins)	bacteria have the sa	ame MIČ	-1.5	
deformylase inhibitors	as the extracellular ones and are NOT "small colony		-0.4	
glycopeptides	variants" (SCVs)		-0.6	
lipoglycopeptides	oritava		-3.1	
oxazolidinones	linez	-2.5	-0.3	
<ul> <li>* all molecules but linezolid are highly l</li> <li>** limit of detection: -5.5 log<sub>10</sub> units</li> <li><u>References:</u> <sup>1</sup> AAC (2006) 50:841-851; <sup>2</sup> JA</li> <li>(2015) 59:4750-4758; <sup>7</sup> JAC (2010) 65:1720</li> </ul>	.C (2013) 68: 648–658; <sup>3</sup> AA4 (2015) 59:5747	urements -5760; <sup>4</sup> JAC (2011) 66:596-607	7; ⁵ IJAA (2011) 38:52-59; <sup>€</sup> AAAC	

<sup>a</sup> Reminder: E<sub>max</sub> is the maximal reduction of the initial inoculum for an infinitely large drug concentration

### Some antibiotics are better... <sup>a</sup>

Antibiotic Class	Molecule *	Emax (∆log <sub>10</sub> CFU at 24h)		
Antibiotic Class	Molecule	Extracellular **	intracellular	
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	ceftaroline <sup>2</sup>	-5.4	-0.6	
lipopeptides	daptomycin <sup>2</sup>	-5.1	-1.0	
fluoroquinolones	moxifloxacin <sup>4</sup>	-4.8	-2.0	
	ciprofloxacin <sup>5</sup>	-4.9	-1.6	
pyrrolocytosines	RX-P873 <sup>6</sup>	-4.2	-0.7	
peptides (defensins)	NZ2114 <sup>7</sup>	-4.1	-1.5	
deformylase inhibitors	GSK1322322 <sup>3</sup>	-4.8	-0.4	
glycopeptides	vancomycin <sup>2</sup>	-5.1	-0.6	
lipoglycopeptides	oritavancin <sup>1</sup>	-5.5	-3.1	
oxazolidinones	linezolid <sup>2</sup>	-2.9	-0.3	

\* all molecules but linezolid are highly bactericidal by conventional MBC/MIC measurements

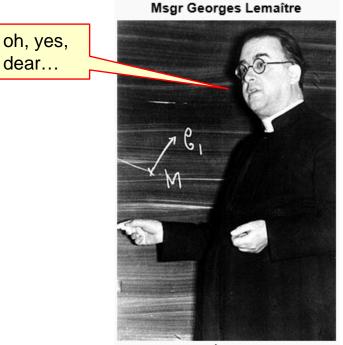
\*\* limit of detection: -5.5 log10 units

<u>References:</u> <sup>1</sup> AAC (2006) 50:841-851; <sup>2</sup> JAC (2013) 68: 648–658; <sup>3</sup> AAC (2015) 59:5747-5760; <sup>4</sup> JAC (2011) 66:596-607; <sup>5</sup> IJAA (2011) 38:52-59; <sup>6</sup> AAAC (2015) 59:4750-4758; <sup>7</sup> JAC (2010) 65:1720-1724

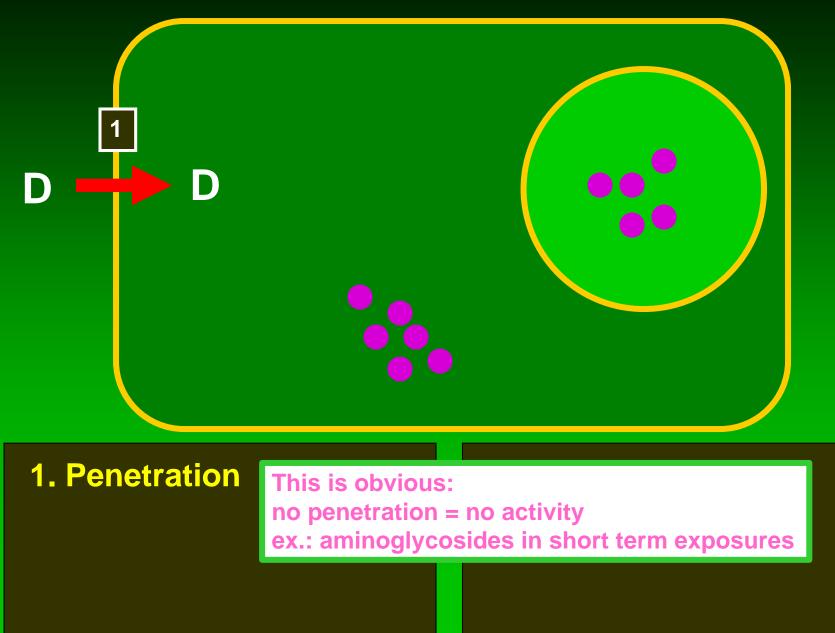
<sup>a</sup> Reminder: E<sub>max</sub> is the maximal reduction of the initial inoculum for an infinitely large drug concentration

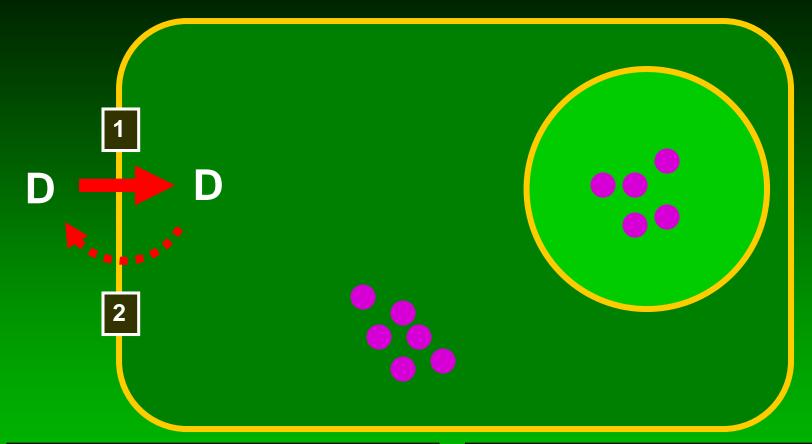
# Intracellular activity of antibiotics

- What has been know for long about pharmacokinetics...
- What has surprised us ...
- Adding pharmacodynamics ...
- A renewed model ?



Lemaître c. 1933

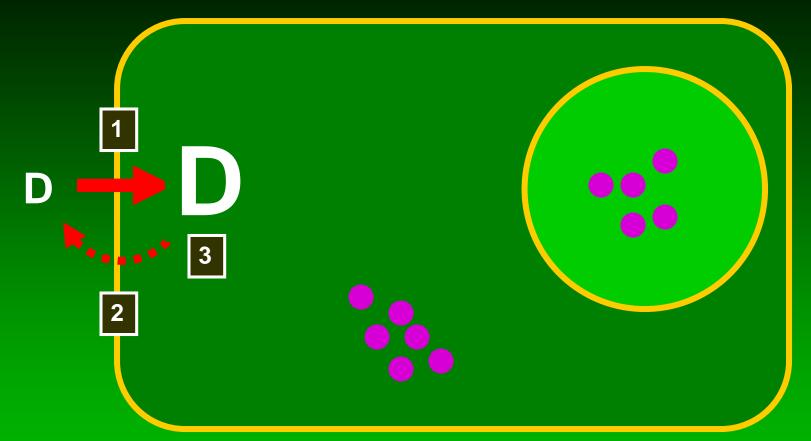




# Penetration No efflux

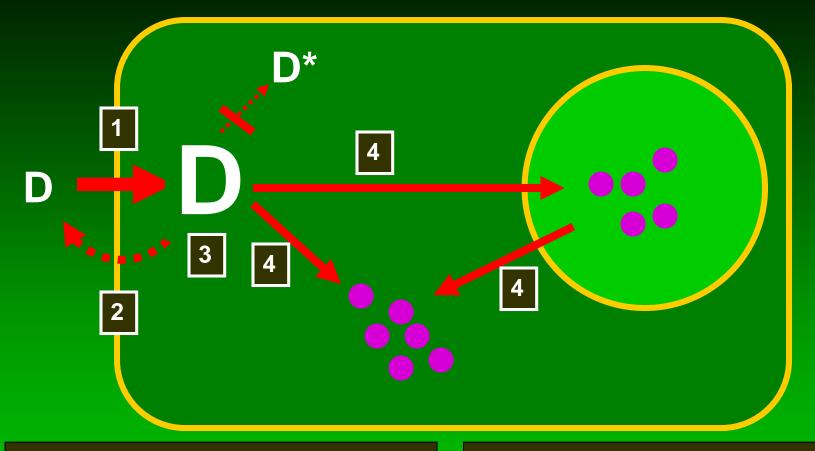
**Also obvious:** 

efflux decreases the intracellular concentration ex.: fluoroquinolones (MRP4), macrolides (Pg-p)



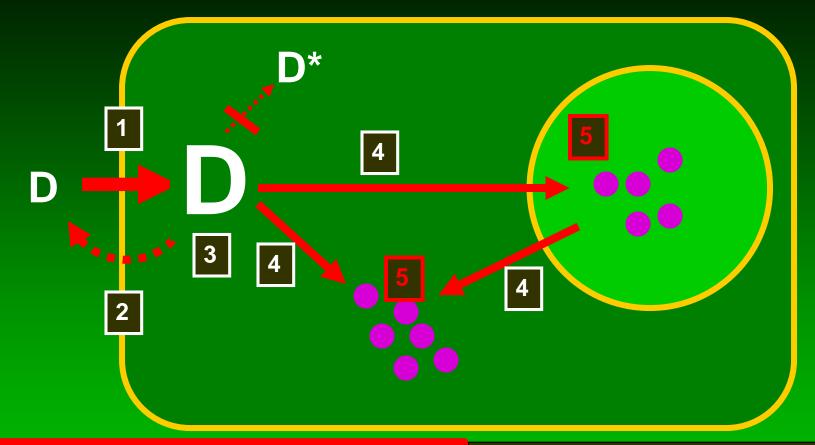
Penetration
 No efflux
 Accumulation

Much less obvious ... no simple correlation accumulation-activity ex.: fluoroquinolones, macrolides, β-lactams...



Penetration
 No efflux
 Accumulation
 Subcell. bioavailability

This is probably the most critical property ex.: fluoroquinolones, oxazolidinones vs macrolides and aminoglycosides

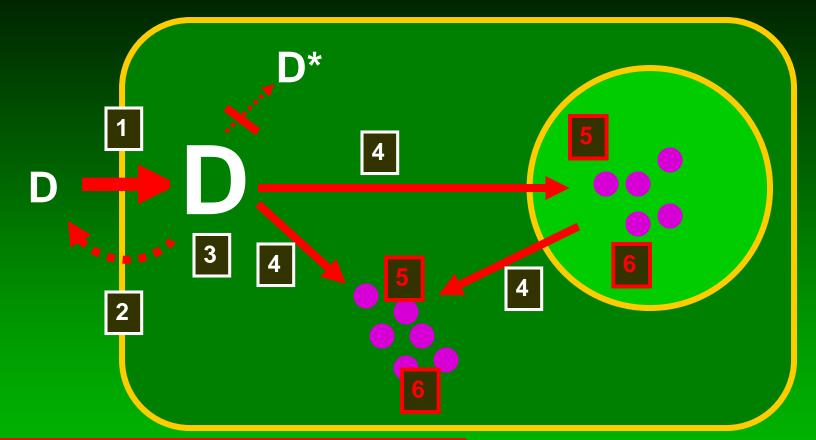


Interesting aspect but could vary for drugs and bugs ...

 one + example: intracellular MRSA and conventional β-lactams... (not shown in this lecture)

4. Subcell. Dioavallability

#### 5. Expression of activity

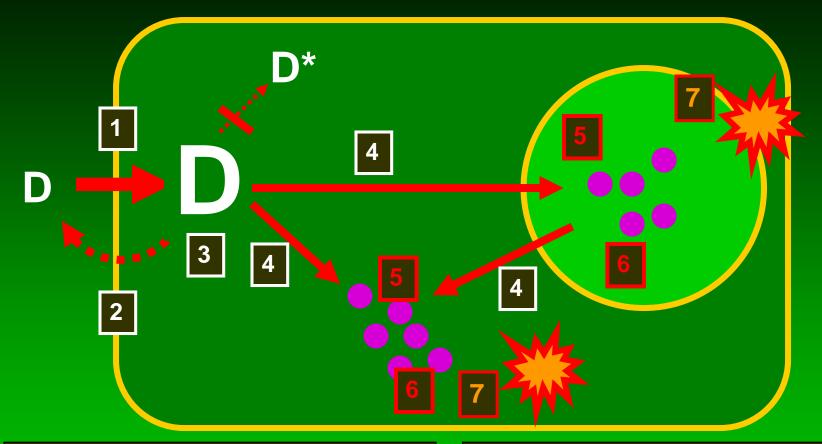


Probably critical to explain the noneradication or part of the intracellular inoculum...

→ future therapeutic targets ?

#### 4. Subcell. bioavailability

# 5. Expression of activity 6. Bacterial responsiveness (population)



 Penetration
 No efflux
 Accumula Accumula A. Subcell.  5. Expression of activity
 6. Bacterial responsiveness and pharmacodynamics
 7. Cooper. with host def.

## But what can we do NOW ?

- All tested antibiotics fail to eradicate intracellular *S. aureus* (and many other bacteria) in the THP-1 model (and in other models)...
- Some antibiotics, however, fare better (moxifloxacin, oritavancin, e.g.) and could be our drugs of (desperate) choice...
- We must now try to understand the reasons for this global failure ... and/or screen for better compounds (follow us...)
- In the meantime, intracellular organisms will remain a cause of concern and may (unfortunately) justify large doses and prolonged treatments... which is what we most often do...





#### But this work would not have been possible without

#### The drugs...

- β-lactams: penicillin V, oxacillin, cloxacililn, ceftaroline\*, ceftobiprole\* (+ avibactam\*)
- aminoglycosides: gentamicin, amikacin
- **lincosamides:** clindamycin, pirlimycin
- fluoroquinolones: ciprofloxacin, pefloxacin, lomefloxacin, sparfloxacin, moxifloxacin,, garenoxacin\*, gemifloxacin, finafloxacin\*, delafloxacin\*
- oxazolidinones: linezolid, radezolid\*, tedizolid\*
- **glycopeptides**: vancomycin, telavancin\*, oritavancin\*,
- **macrolides:** clarithromycin, azithromycin, solithromycin\*,
- other classes: daptomycin, GSK 1322322\*, gepoditacin\*, Debio1452\*
- etc...

#### The people...

- M.B. Carlier \*,\*\*
- A. Zenebergh \*\*
- B. Scorneaux \*
- Y. Ouadrhiri \*
- S. Caryn \*,\*\*
- C. Seral \*\*
- M. Barcia-Macay \*
- H.A. Nguyen \*\*
- J.M. Michot \*
- B. Marquez \*\*
- C. Vallet \*
- S. Lemaire \*,\*\*
- A. Melard
- J. Buyck \*\*
- D. Das \*\*
- F. Peyrusson \*
- F. Van Bambeke (current head of the group)
- ..

\* doctoral fellow; \*\* post-doctoral fellow



<sup>\*</sup> new molecules studied at preclinical level