### Towards Rational International Antibiotic Breakpoints: Actions from the European Committee on Antimicrobial Susceptibility Testing (EUCAST)



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Representative of ISC to EUCAST (2006 - ) Former member of the EUCAST steering committee (2008-2010)

Member of the European PK/PD of Antinfectives Study Group



Unité de pharmacologie cellulaire et moléculaire Université catholique de Louvain (UCL), Bruxelles A CONTRACTOR OF A CONTRACTOR O

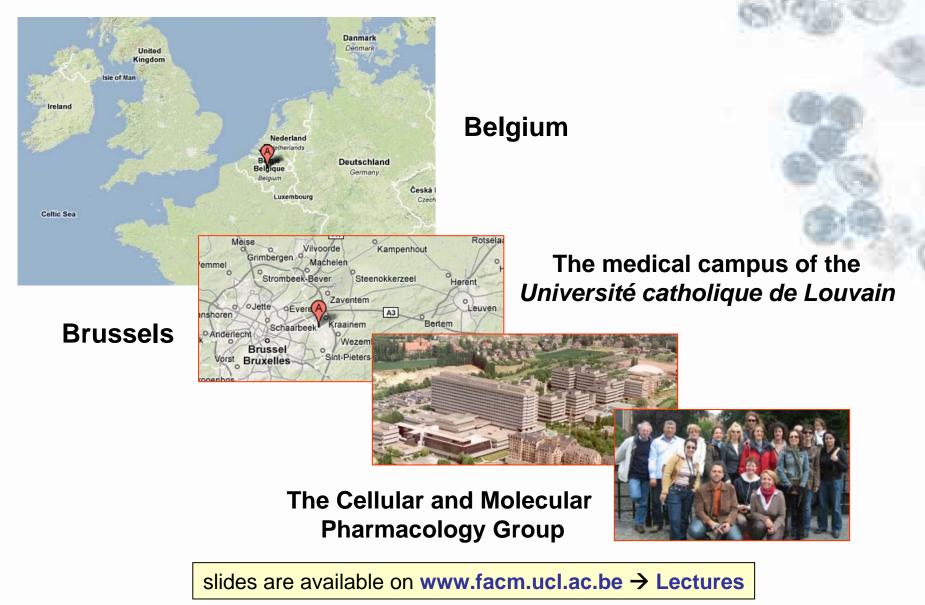
UCL



Based (largely) on presentations available from the EUCAST Web site, given to me by Gunnar Kahlmeter, or borrowed from Johan Mouton



# But before that, where are you from ?



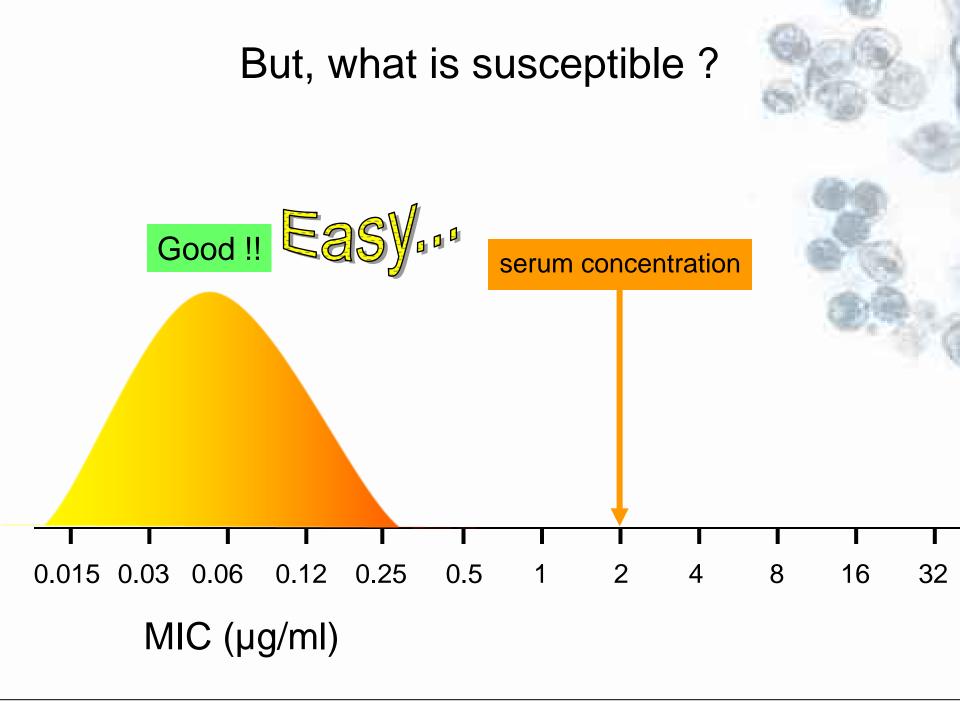
# What are breakpoints ?

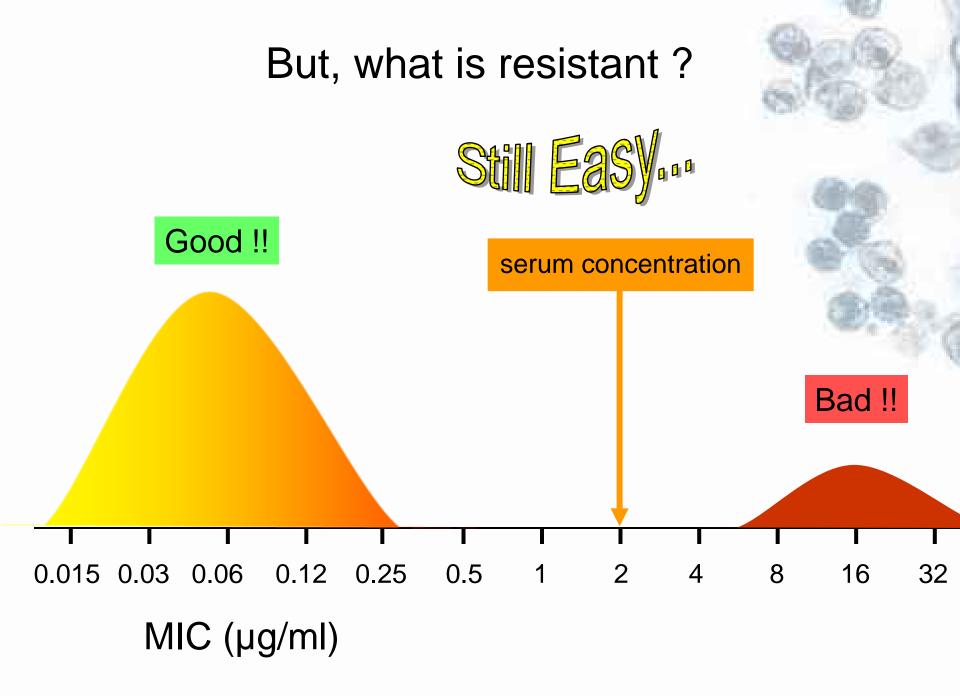
- a magic number obtained from *in vitro* susceptibility testing, which the clinical microbiologists use to determine if the antibiotic will or will not be active *in vivo* against a given pathogen;
- this number is usually a given diameter <sup>1</sup> of growth inhibition in an agar plate around a disk loaded with a standard amount of antibiotic;
- while this system give rise per definition to continuous variable (i.e. a diameter of any size [from 0 mm to the limit of the dish...), microbiologists and authorities like to cut the results it in 3 discrete categories
  - − less than x mm → RESISTANT
  - larger than y mm  $\rightarrow$  SUSCEPTIBLE
  - between x and y → INTERMEDIATE

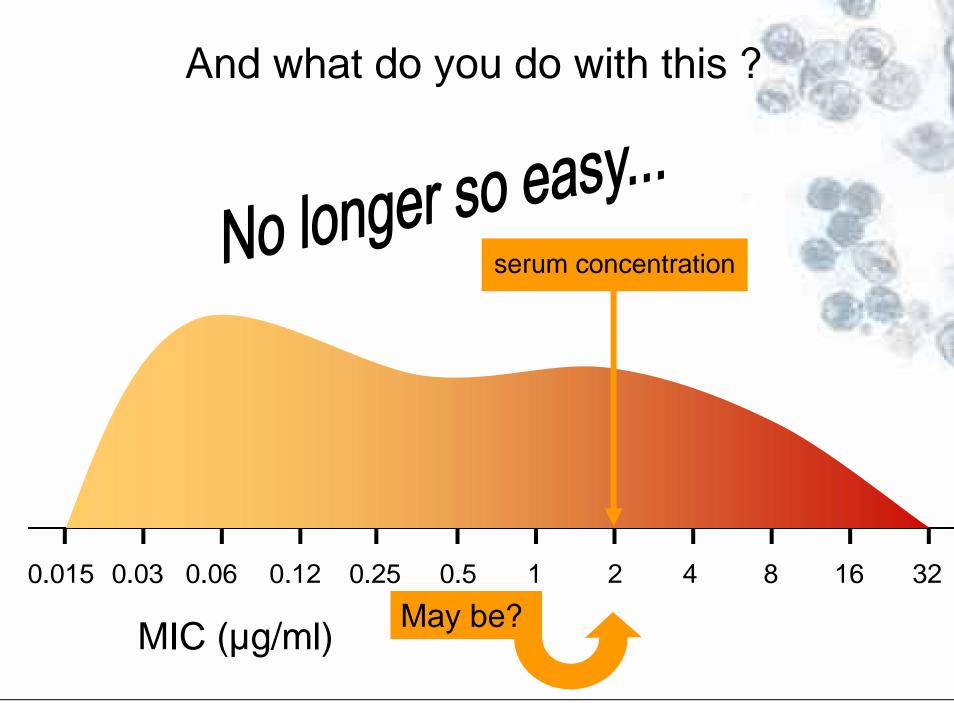


#### which is what the clinician will get...

<sup>&</sup>lt;sup>1</sup> may be converted into an MIC (see later); automatic machines use growth rates...

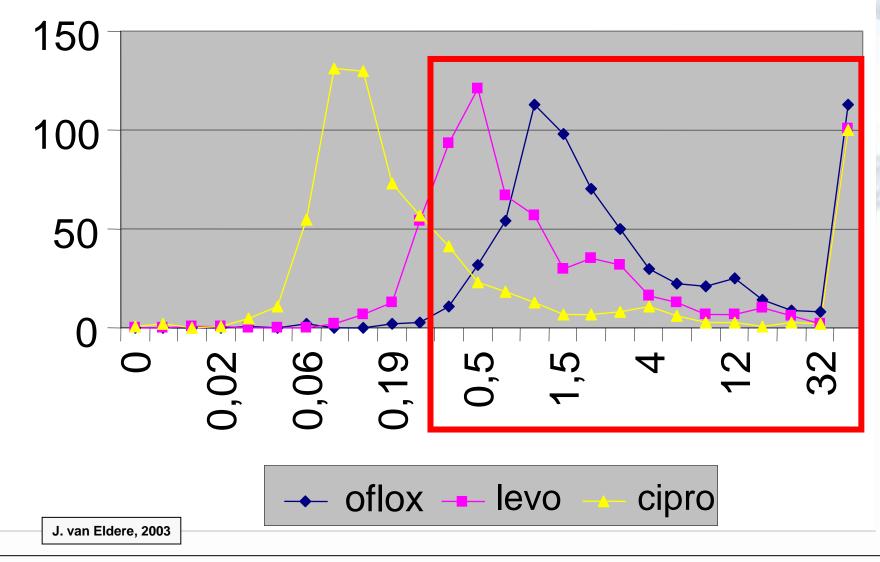




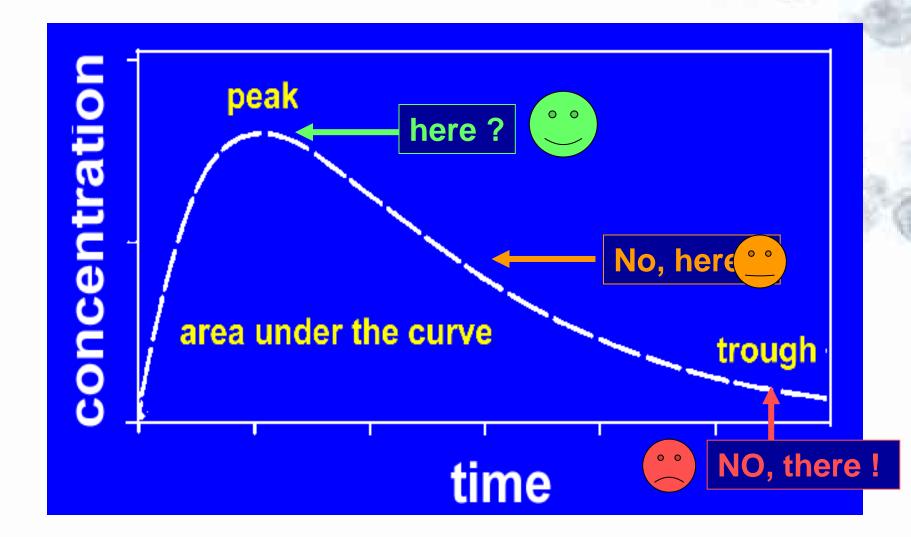


### If you do not believe me...

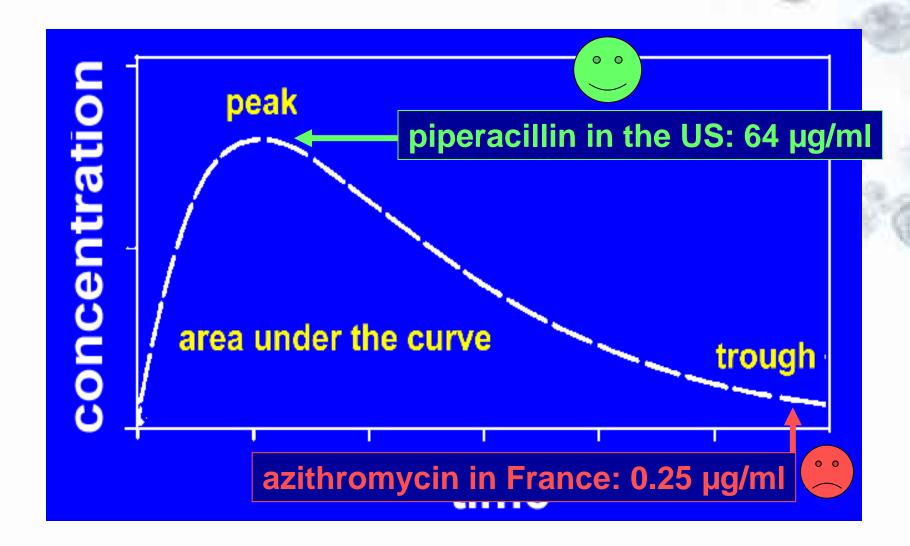
MIC distribution of *P. aeruginosa in* Louvain, *Belgium, for fluroquinolones* 



### Where should the breakpoint be?



### Where should the breakpoint be ?



### And there were fierce battles



From Mouton, 8th ISAP symposium, Nijmegen, 2001

# A simple example ...

cefotaxim	ne vs. E. coli	S <u>&lt;</u> / R
BSAC	United Kingdom	2 / <u>&gt;</u> 4
CA-SFM	France	4 / >32
CRG	The Netherlands	4 / >16
DIN	Germany	2 / <u>&gt;</u> 16
NWGA	Norway	1 / <u>&gt;</u> 32
SRGA	Sweden	0.5 / <u>&gt;</u> 2

Yet, these breakpoints were used everyday by clinical microbiology laboratories to advise clinicians about which antibiotic(s) they could successfully use against the bacteria they were supposed to fight ...

### So, what if you are "another country" ? but [hopefully]) smart ...



#### The "filet américain" attitude \*





\* baguette with raw chopped 100% pure beef

# A simple decision ...



#### Now, the clinician can treat all patients

NCCLS / CLSI	U.S.A.	8 / <u>&gt; </u> 64
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#### Was this not smart decision ?

# The pros and cons of using CLSI breakpoints

#### Pros

- Readily available for most antibiotics
- Based on evaluation of molecules by an independent committee acting very scientifically and clinically...
- Backed by an extensive set of guidelines and recommendations for testing...
- Used widely and considered as 'gold standard' in most publications and surveillance networks...
- Subject to periodic revisions to remain in line with the evolution of science, including PK/PD and increase of resistance

# The pros and cons of using CLSI breakpoints

#### Cons

- You need to pay for ...
- Limited access of non-US persons to the decision process ...
- Decisions based on proposals made by Industry...
- Guidelines and recommendations for testing not necessarily applicable specifically where you are...
- Antibiotics <u>not registered for use in the US may not be</u> <u>included and/or fully studied</u>
- Revision process not always as effective as it could be...
- For certain antibiotics, CLSI breakpoints have been notoriously too high

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"cause to effect" relationship

# An example of (probably) too high CLSI breakpoints

		Typical PK value	s	Proposed PK/	PD upper limit	Breakpoints (mg/L) <sup>d</sup>			
Drug	Typical daily dosage <sup>a</sup>	C <sub>max</sub> in mg/L total/free (dose)	AUC <sub>24 h</sub> (mg × h/L) total/free	Efficacy <sup>b</sup>	Prevention of resistance <sup>c</sup>	NCCLS (S/I/R)			
Norfloxacin	800 mg	1.4/1.1 (400 m = PO)	14/11	0.1–0.4	0.1	≤4/8/>16 <sup>i</sup>			
Ciprofloxacin	1000 mg	(400 mg PO) 2.5/1.75 (500 mg PO)	24/18	0.2–0.8	0.2	≤1/2/>4 <sup>k</sup>			
Ofloxacin	400 mg	4/3	40/30	0.3–0.9	0.4	$\leq 2/4/8^{1}$			
Levofloxacin	500 mg	(400 mg PO) 4/2.8 (500 mg PO)	40/28	0.3–0.9	0.3	≤2/4/8 <sup>1</sup>			
Moxifloxacin	400 mg	(300 mg PO) 3.1/1.8 (400 mg PO)	35/21	0.2–0.7	0.2	≤1/2/4 <sup>m</sup>			

NCCLS, National Committee for Clinical Laboratory Standards (Clinical and Laboratory Standards Institute) (http://www.ncc

Van Bambeke F, Michot JM, Van Eldere J, Tulkens PM. Quinolones in 2005: an update. Clin Microbiol Infect. 2005 Apr;11(4):256-80. PMID: 15760423

Karmanshah, Iran, 24 May 2011

1st International and 12th Iranian Congress of Microbiology

# An unanticipated problem since 2006 ... (if you are a non-US microbiologist)







# An unanticipated problem since 2006...

- Since 2006, FDA has reasserted its legal rights to define official breakpoints
- CLSI may determine and publish breakpoints no sooner than 24 months after FDA decision (and only if the company requests this [?])
- In the meantime, only FDA breakpoints will be legal in the US, and will be essentially geared to the protection of the <u>US</u> Public for drugs registered in the US.
- Non-US organizations have no direct possibility to impact on the FDA-decision process ...

communicated at the General meeting of EUCAST during the 17th ECCMID & 25th ICC (Munich, Germany) by the CLSI representative

# Two important change in Europe...

1. Each national committee in EU (UK, FR, NL, DE, SV, NO) has pledged that the EUCAST breakpoints will be part of their respective systems January the year after the decision was made. This means that any decision taken in 2008 should be into their systems in January 2009, and so on ...

In parallel, (i) the manufacturers of devices (BM and BD) have both said that it is realistic that their machines will have EUCAST breakpoints in 2010; (ii) interpretative criteria for disk-based assay have been fully released by EUCAST in 2010

# Two important change in Europe...

2. EMEA and EUCAST have set up an agreement that makes EUCAST responsible for defining breakpoints for new molecules proposed for registration in Europe.

EUCAST breakpoints will be accepted by EMEA and put into the "Summary of Product Characteristics", which is part of legal documents accompanying the marketing authorization in EU.

emęs	European Medicines Agency Standard Operating Procedure	9				
Title: Harmonisation of Eu EMEA/CHMP and EUCAS		Document no.: SOP/H/3043				
Applies to: Product Team I Unit, (Co)Rapporteurs, Ext	Leaders in the Human Pre-Authorisation ernal Experts, EUCAST	Effective Date: 14 February 2005				
	Review Date: 14 February 2007					
	PUBLIC	Review Date: 14 February 2007				
	PUBLIC	Review Date: 14 February 2007 Supersedes: N/A				
Prepared by	PUBLIC Approved by	17 1716 MARINE				
		Supersedes: N/A				
Prepared by Name: Bo Aronsson Signature: On file	Approved by	Supersedes: N/A Authorised for issue by				

1. Purpose

To describe the interaction between  $\mbox{EMEA/CHMP}$  and  $\mbox{EUCAST}$  in the process of harmonisation of European breakpoints.



# What is EUCAST ?

European Committee on Antimicrobial Susceptibility Testing

- formed in 1997
- convened by
  - European Society for Clinical Microbiology and Infectious Diseases (ESCMID)
  - National Breakpoint Committees in Europe
- financed by
  - ESCMID
  - National Breakpoint Committees in Europe
  - DG-SANCO of the European Union (3 year grant from May 2004)

# Main objectives of EUCAST

- In Europe
  - to set common breakpoints for surveillance of antimicrobial resistance;
  - to harmonise clinical breakpoints for existing and new antimicrobial drugs;
  - to promote standardisation of methods;
  - to collaborate with groups concerned with antimicrobial susceptibility testing and/or the epidemiology of antimicrobial resistance;
  - to advise European Union Institutions on the technology and interpretation of antimicrobial susceptibility testing;

• In the world

 to work with other active groups (eg CLSI [formerly NCCLS]) to achieve international consensus on susceptibility testing;

### EUCAST definitions of epidemiological cut off values

#### Wild type (WT)

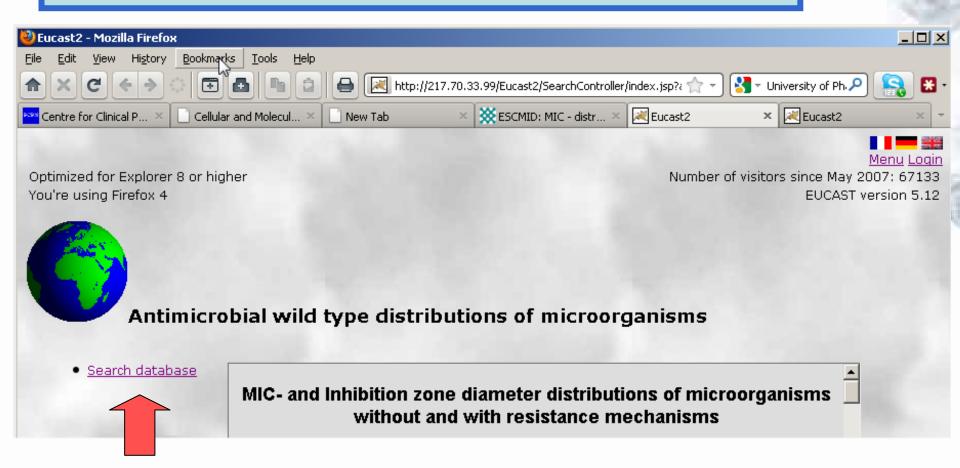
- a microorganism is defined as wild type (WT) for a species by the absence of acquired and mutational resistance mechanisms to the drug in question.
- a microorganism is categorized as wild type (WT) for a species by applying the appropriate cut-off value in a defined phenotypic test system.
- wild type microorganisms may or may not respond clinically to antimicrobial treatment.

#### Microbiological resistance - non-wild type (NWT)

- a microorganism is defined as non-wild type (NWT) for a species by the presence of an acquired or mutational resistance mechanism to the drug in question.
- a microorganism is categorized as non-wild type (NWT) for a species by applying the appropriate cut-off value in a defined phenotypic test system.
- non-wild type microorganisms may or may not respond clinically to antimicrobial treatment.

Epidemiological cut-off values will NOT be altered by changing circumstances.

### http://www.eucast.org/mic\_distributions/

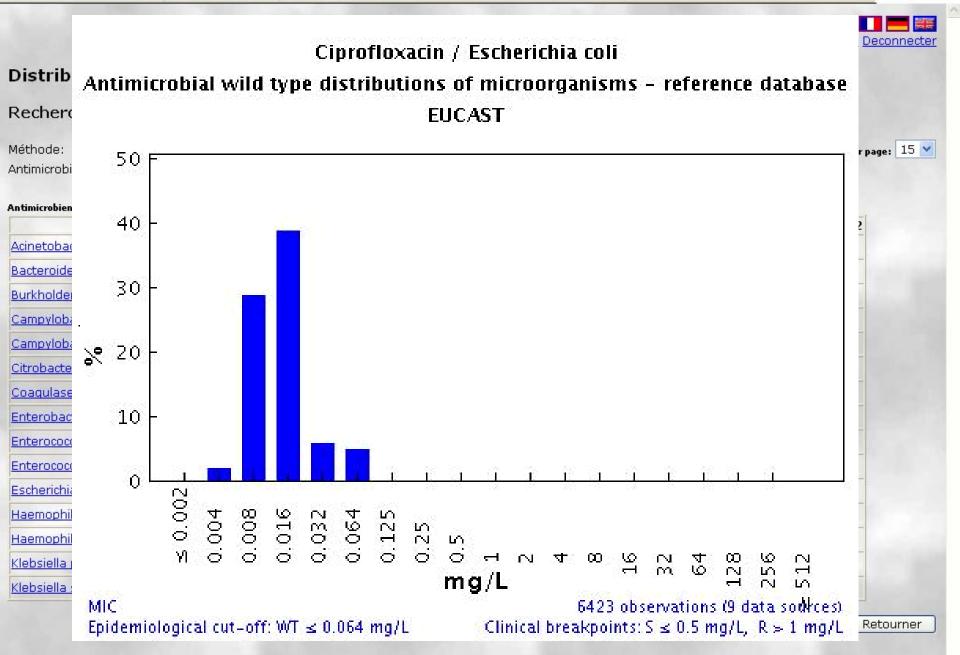


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osfomycin	0	0	0	0	0	0	0	0	348	611		_	200	0	0	0	0	-	0	
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### **Use of EUCAST wild type MIC distributions**

### The wild type MIC distributions provide

- 1. reference material for **epidemiological cut-off values** for antimicrobial resistance surveillance
- 2. an international reference for calibration of antimicrobial susceptibility testing methods
- 3. reference **MIC ranges of wild type organisms** for a wide spectrum of species and antimicrobials
- 4. reference material for committees involved in decisions on **clinical breakpoints**

### **EUCAST definitions of clinical breakpoints**

#### **Clinically Susceptible (S)**

level of antimicrobial activity associated with a high likelihood of therapeutic success

#### **Clinically Intermediate (I)**

Ievel of antimicrobial activity associated with indeterminate therapeutic effect

#### Clinically Resistant (R)

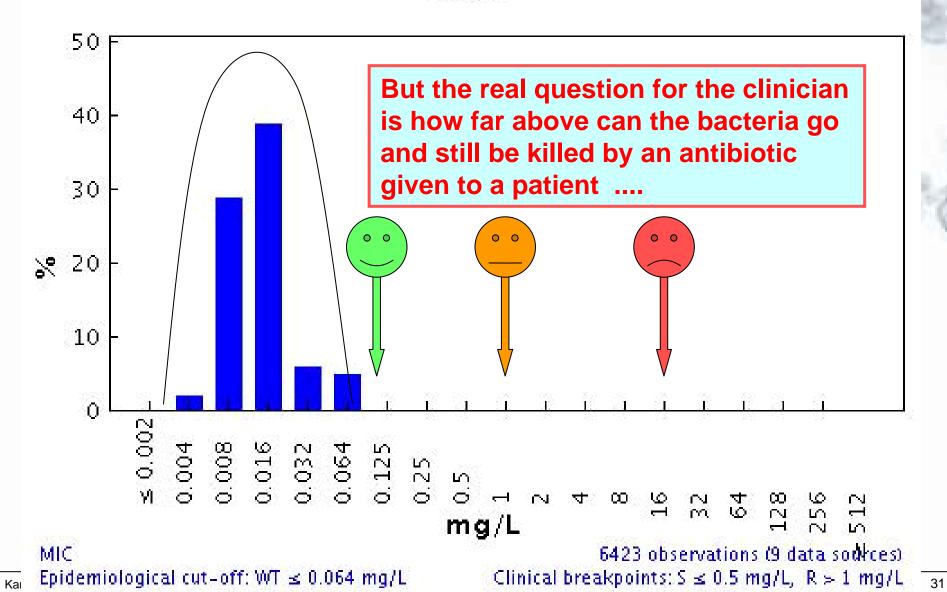
level of antimicrobial activity associated with a high likelihood of therapeutic failure.

a microorganism is categorized as S, I or R by applying the appropriate breakpoint in a defined phenotypic test system

Clinical breakpoints may be altered with legitimate changes in circumstances Clinical breakpoints are presented as  $S \le x mg/L$ ;  $I > x, \le y mg/L$ ; R > y mg/L

#### Ciprofloxacin / Escherichia coli

Antimicrobial wild type distributions of microorganisms - reference database EUCAST





# EUCAST procedure for setting breakpoints

The next slides describe the EUCAST procedure for harmonizing European breakpoints and reach rational values.

All subsequent slides are an example with ciprofloxacin ... and, for some points, with levofloxacin...

#### **EUCAST method of determining clinical breakpoints**

- 1. Data on dosing, formulations, clinical indications and target organisms are reviewed and differences which might influence breakpoints are highlighted
- Multiple MIC-distributions are collected, the wild type MIC distribution is defined and tentative epidemiological cut-off values determined (WT 
   X mg/L)
- 3. Comparison is made between available breakpoints (for already registered antibiotics

#### 4. Pharmacokinetic data are collected and evaluated

Pharmacokinetic data are collected from various sources, particularly data from patients. If the data allow it and if necessary, population pharmacokinetic models are developed.

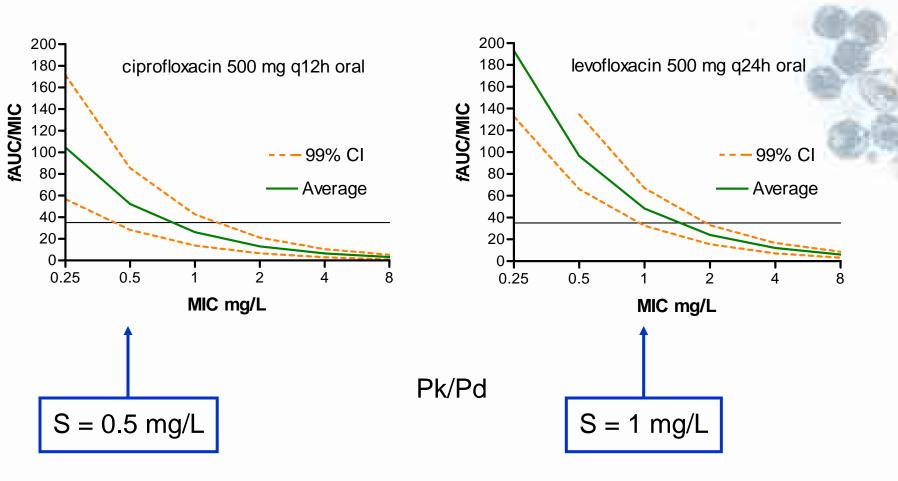
These are necessary for PK/PD analyses, including Monte Carlo simulations

#### 5. Pharmacodynamic data are evaluated

- The PK/PD index value of the <u>pertinent</u> PK/PD parameter (time above MIC, AUC/MIC, C<sub>max</sub>/MIC...) resulting in optimal outcome is determined from:
- in vitro data
- animal studies
- clinical trials
- The efficacy of the drugs is assessed quantitatively.

Relationships between concentration time profiles and emergence of resistance are evaluated

# Monte Carlo simulations are performed and a PK/PD breakpoint calculated based on conventional dosing regimens



#### **EUCAST method of determining clinical breakpoints**

- 5. Clinical data relating outcome to MIC-values, wildtype and resistance mechanisms are assessed in relation to the tentative breakpoint
- 6. Pk/Pd breakpoints are checked against target species wild type MIC distributions to avoid splitting the wild type to obtain tentative breakpoints - example levofloxacin

7. Tentative breakpoints by the EUCAST Steering Committee are referred to the national breakpoint committees for comments.

When steering committee and national committees agree the tentative breakpoints are subjected to the EUCAST consultation process:

- 8. Consultation process on tentative breakpoints:
  - EUCAST general committee
  - Expert committees (Neisseria, Anaerobes, others)
  - pharmaceutical industry, AST device manufacturers
    others via EUCAST website

#### 9. Rationale document prepared and published on website

#### 🕞 🗔 💥 http://www.eucast.org/clinical\_breakpoints/

## EUCAST EUCAST SUSCEPTIBILITY TESTING

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Clinical breakpoints

**EUCAST** 

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European Society of Clinical Microbiology and Infectious Diseases

#### Organization

**Clinical breakpoints** 

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Expert rules

MIC - distributions and QC

#### Zone diameter distributions

**EUCAST disk diffusion test** 

Frequently Asked Questions (FAQ)

Meetings

**EUCAST Presentations** 

**Documents** 

Information for industry

Website changes

Links

#### In clinical breakpoints - fungi (MIC breakpoints)

Clinical breakpoints

S-breakpoint and the R-breakpoint

(technically >1 - 8) mg/L.

therapy.

Idefinitions of clinical breakpoints and epidemiological cut off values

Clinical breakpoints are for everyday use in the clinical laboratory to advise on patient

In EUCAST tables, the I-category is not listed. It is implied as the values between the

For a breakpoint listed as S<=1 mg/L and R>8 mg/L the intermediate category is 2 - 8

Clinical breakpoints - bacteria (v 1.1) - pdf-file for printing (April 27, 2010)

Clinical breakpoints - bacteria (v 1.1) - Excelfile for screen (April 27, 2010)

For a breakpoint listed as S>=22 mm and R<18 mm the intermediate category is 18-21 mm.

Procedure for harmonizing and defining breakpoints

### http://www.eucast.org

📨 Recommend page

### And here are the results... (April 2011)

#### Enterobacteriaceae

Fluoroquinolones		eakpoint g/L)	Disk content (µg)	Zone diameter breakpoint (mn					
	S ≤	R >		S≥	R <				
Ciprofloxacin <sup>1</sup>	0.5	1	5	22	19				
Levofloxacin	1	2	5	22	19				
Moxifloxacin	0.5	1	5	20	17				
Nalidixic acid (screen)	Note <sup>2</sup>	Note <sup>2</sup>	30	16 <sup>A</sup>	16 <sup>4</sup>				
Norfloxacin	0.5	1	10	22	19				
Ofloxacin	0.5	1	5	22	19				

These are much lower than the CLSI (current) breakpoints which are between 1 - 2 - 4 (ciprofloxacin) en 2 - 4 - 8 (ofloxacin)

but compare now with the PK/PD breakpoints ...

# PK/PD breakpoints for fluroquinolones

		Typical PK val	ues		PD upper limit
Drug	Typical daily dosage <sup>a</sup>	C <sub>max</sub> in mg∕L total∕free (dose)	AUC <sub>24 h</sub> (mg × h/L) total/free		ty (μg/ml) for
Norfloxacin	800 mg	1.4/1.1 (400 mg PO)	14/11	0.1–0.4	0.5-1
Ciprofloxacin	1000 mg	2.5/1.75 (500 mg PO)	24/18	0.2–0.8	0.5-1
Ofloxacin	400 mg	4/3 (400 mg PO)	40/30	0.3–0.9	0.5-1
Levofloxacin	500 mg	4/2.8 (500 mg PO)	40/28	0.3–0.9	1-2
Moxifloxacin	400 mg	3.1/1.8 (400 mg PO)	35/21	0.2–0.7	0.5-1
	JM, Van Eldere J, Tulkens Pl Ipdate. Clin Microbiol Infect. 2		15760423		EUCAST breakpoints



European Society of Clinical Microbiology and Infectious Diseases

## **EUCAST** and carbapenems

### Enterobacteriaceae

Carbapenems <sup>1</sup>		eakpoint g/L)	Disk content	Zone diameter breakpoint (mm						
	S≤	R >	(µg)	S≥	R <					
Doripenem	1	4	10	24	18					
Ertapenem	0.5	1	10	25	22					
Imipenem <sup>2</sup>	2	8	10	21	15					
Meropenem	2	8	10	22	16					

- The carbapenem breakpoints for Enterobacteriaceae will detect all clinically important resistance mechanisms (including the majority of carbapenemases).
- Some strains that produce carbapenemase are categorized as susceptible with these breakpoints and should be reported as tested, i.e. the presence or absence of a carbapenemase does not in itself influence the categorization of susceptibility.
- In many areas, carbapenemase detection and characterization is recommended or mandatory for infection control purposes.

# EUCAST and cephalosporins

Cephalosporins <sup>1</sup>		eakpoint g/L)	Disk content (µg)	Zone diameter breakpoint (mm					
	S≤	R >		S≥	R <				
Cefepime	1	4	30	24	21				
Ceftazidime	1	4	10	21	18				
Ceftriaxone	1	2	30	23	20				
EUCAST breakpoints v1.1.pdf	-	-							

EUROPEAN COMMITTEE ON ANTIMICROBIAL

European Society of Clinical Microbiology and Infectious Diseases

SUSCEPTIBILITY TESTING

1. The cephalosporin breakpoints for Enterobacteriaceae will detect all clinically important resistance mechanisms (including ESBL, plasmid mediated AmpC). Some strains that produce beta-lactamases are susceptible or intermediate to 3rd or 4th generation cephalosporins with these breakpoints and should be reported as found, i.e. the presence or absence of an ESBL does not in itself influence the categorization of susceptibility. In many areas, ESBL detection and characterization is recommended or mandatory for infection control purposes.



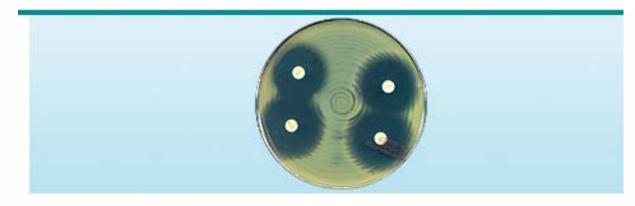
Why so low ?

🗙 EUCAST

### Can we have access to the rationale ?

#### Enterobacteriaceae

	icyclines		eakpoint g/L)	Disk content (µg)		iameter int (mm)
		S≤	R >		S≥	R <
Doxyc	ycline		-		-	-
	veline	-	-		-	-
Tetrac	sycline	-	-		-	-
Tigecy	<mark>رداine</mark> 1	1	2	15	18 <sup>A</sup>	15 <sup>A</sup>
	ale1.0.pdf	gecyclineration				



### **EUCAST Disk Diffusion Test**

EUCAST has developed a European disk (not tablet) diffusion test based on MH-agar and disks from several manufacturers for non-fastidious organisms and on MH-agar with 5% defibrinated horse blood and 20 mg/L beta-NAD (MH-F) for fastidious microorganisms (streptococci, H.influenzae and others). Tentative breakpoints were published on the 21 st of December, 2009.

Manufacturers of disks, tablets, media and automated AST systems are working to calibrate their products to the EUCAST standards. Some are ready while others are still facing difficulties. Users of European breakpoints are adviced to consult with EUCAST before choosing AST systems alternative to:

- 1. MIC-determination using European breakpoints
- 2. European disk test method calibrated to European breakpoints

 Automated susceptibility testing with a machine validated for use with European breakpoints.





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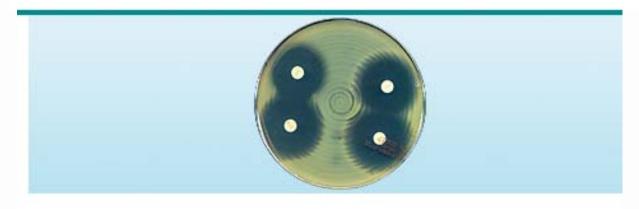
to calibrate their products to th others are still facing difficultie consult with EUCAST before o 1. MIC-determination using E

2. European disk test method

Check list for implementation of EUCAST Susceptibility Testing (v. 1.0 May 28, 2010)

Automated susceptibility testing with a machine validated for use with European breakpoints.

#### http://www.eucast.org





### **EUCAST Disk Diffusion Test**

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(MH-F) for fastidious microorganisms ( Tentative breakpoints were published o

Manufacturers of disks, tablets, media a to calibrate their products to the EUCAS others are still facing difficulties. Users consult with EUCAST before choosing /

- 1. MIC-determination using European b
- 2. European disk test method calibrated

Automated susceptibility testing with a machine validated for use with European breakpoints.

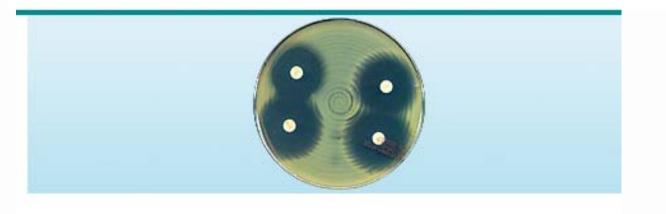
🙁 Preparation of media for disk diffusion

🛄 EUCAST Disk Diffusion - Manual (V. 1.0 Dec 18, 2009)

🛄 EUCAST Disk Diffusion - Slide Show (v. 1.1 Jun 3, 2010)

EUCAST Disk Diffusion - Reading Guide (V. 1.0 Apr 30, 2010)

http://www.eucast.org



### EUCAST Disk Diffu

EUCAST has developed a Euro; MH-agar and disks from several and on MH-agar with 5% defibri (MH-F) for fastidious microorgar Tentative breakpoints were publ

Manufacturers of disks, tablets, i to calibrate their products to the others are still facing difficulties, consult with EUCAST before cho

1. MIC-determination using Euro

# EUCAST MIC- and Zone diameter breakpoint tables

EUCAST MIC and Zone diameter breakpoint tables

- 🛄 Clinical breakpoint tables v 1.3 (2011-01-05) for printing
- 🖳 Clinical breakpoint tables v 1.3 (2011-01-05) for screen
- 🔛 List of errata in EUCAST tables (update 2011-05-05)
- 2. European disk test method calibrated to European breakpoints

3. Automated susceptibility testing with a machine validated for use with European breakpoints.

#### http://www.eucast.org

### Can we have access to the zone dimeter values ?

ESCMID: Zone diameter distributions	× 🔣 Eu	cast2	2							×																			_														
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Antimicrobial wild	type dist	rib	out	cior:	ns (	of	mi	cro	10(	ga	nis	m	5																														
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Method: O MIC O Dis	k diffusion																			Ε.								٠.									F	Elem	ents p	er pa	ige:	50 💽	-
Antimicrobial: Ciprofituacia										-	Sp	ecie	s:	Spe	cies.										D	isk o	onte	nt: [	Disk	con	iten	t j	-										
		-																																									
Antimicrobial: Ciprofloxacin (Method:	Disk diffusion )																																										
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Moraxella catarrhalis	5	0	00	00	0 0	0 0	0	0	0	0 0	0	0	0	0	0 0	1	. 1	1	2	8	7	21	25	27	38	54	50	52	23 1	5 11	11	2	2	1	1	0 0	0 0	1		0	23	23	
Morganella morganii	5	1	00	00	0 0	0 0	0	0	0	0 0	0	0	1	1	1 3	0	0	0	1	2	1	0	9	1	3	4	2	1	0	0 1	0		0		0	0 0	0 0	0	0	0	22	19	
Pasteurella multocida	5	0	oc	50	0 0	0 0	0	0	0	0 0	0		0	0	0 0	0		0	1	3	0	9	6	15	17	25	23	21	27	8 17	8	5	3	5	6	6 6	6 6	6	0	2	23	23	
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# Why could (should ?) non-EU countries follow EUCAST breakpoints ?

#### Pros

- The procedure is rational and transparent
- All proposals are subject to open discussions through the web site and/or by direct contact
- All breakpoints and the supporting material ("rational documents") is available free on the web site for inspection and analysis \*
- Adaptation to local conditions can, therefore, be made seamlessly if needed (changes in dosages, PK, resistance patterns...)

### Cons

- There is no specific procedure for requesting and implementing changes based on national realities outside of EU \*
- Starting material must be submitted by the organization requesting a breakpoint.

\* except via country representatives (see www.eucast.org), ISC (me) or FESCI (Dr D. Livermore)



Will good (EUCAST ?) breakpoints solve everything ?

- Breakpoints should only be used as a guidance for a the general usage of an existing drug (is it still worth to use it ?) or for the positioning of a new drug (has it any chance of being successful ?)
- MIC distributions (local and national) must be obtained regularly to check for decreased susceptibilities (epidemiology) and reassessment of dosing and/or therapeutic choices (hospital...)
- Difficult-to-treat patients must be evaluated individually (and MIC obtained ...)

# Useful web sites...

- http://www.eucast.org
  - breakpoints and rational documents
- http://www.ema.europa.eu
  - SPCs and European Assessment report
- <u>http://www.facm.ucl.ac.be</u>
  - This lecture and many others







