

Efflux Mechanisms of Fluoroquinolones and β -lactams

**Paul M. Tulkens, MD, PhD
Françoise Van Bambeke, PharmD, PhD**



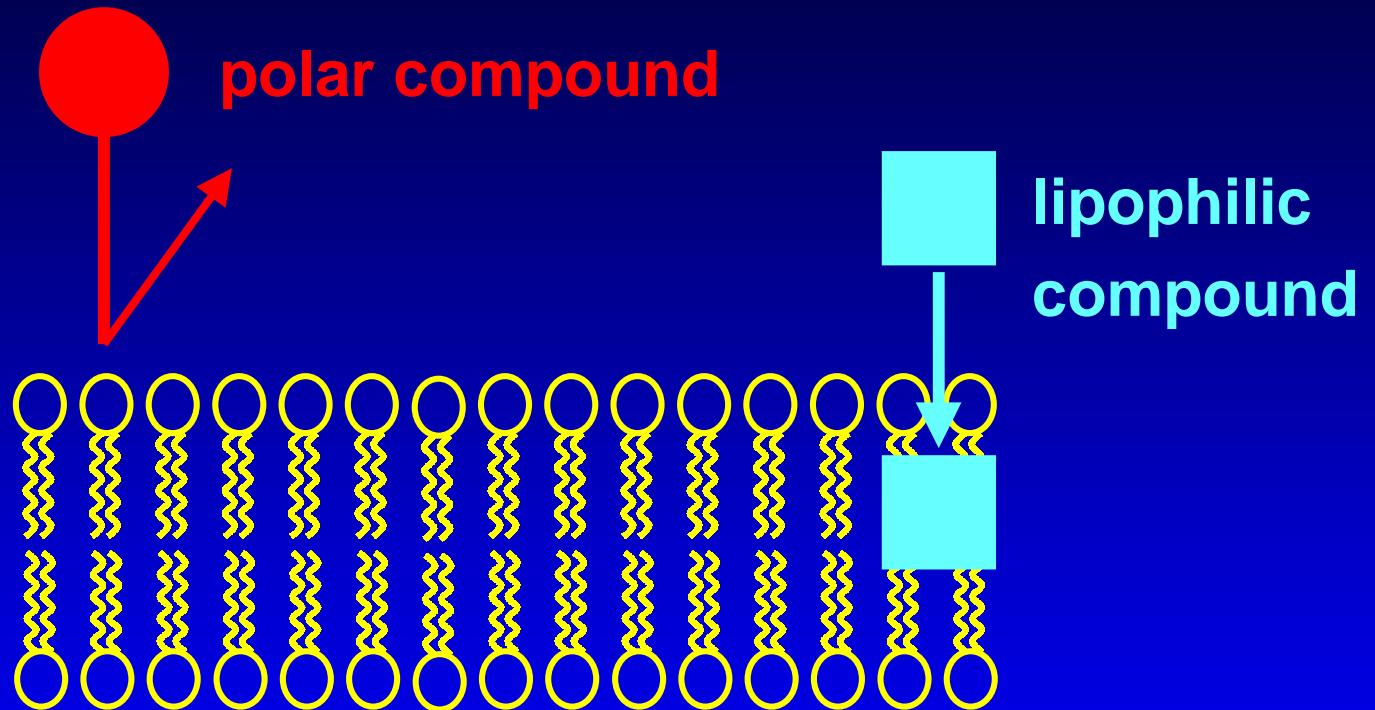
*Cellular and Molecular Pharmacology Unit
Catholic University of Louvain,
Brussels, Belgium*



<http://www.md.ucl.ac.be/facm>

**MSD Closed Research Update
Chicago, IL.
September 14, 2003**

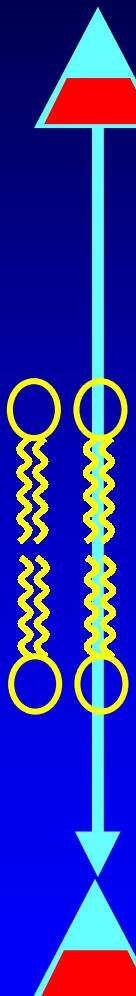
Why efflux ?



highly polar or highly lipophilic compounds
do not easily pass across membranes ...

Why efflux ?

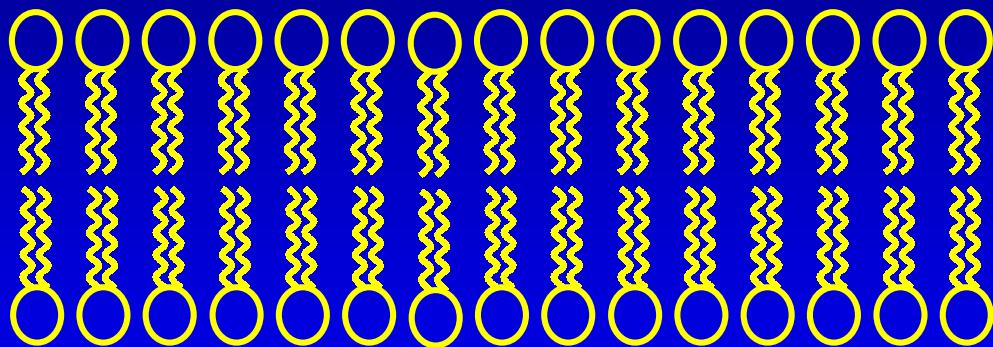
amphiphilic compound



Amphiphilic ??
a compound that is both polar
and non-polar
(ex.: a glucurononoconjugate)

amphiphilic compounds
easily invade cells

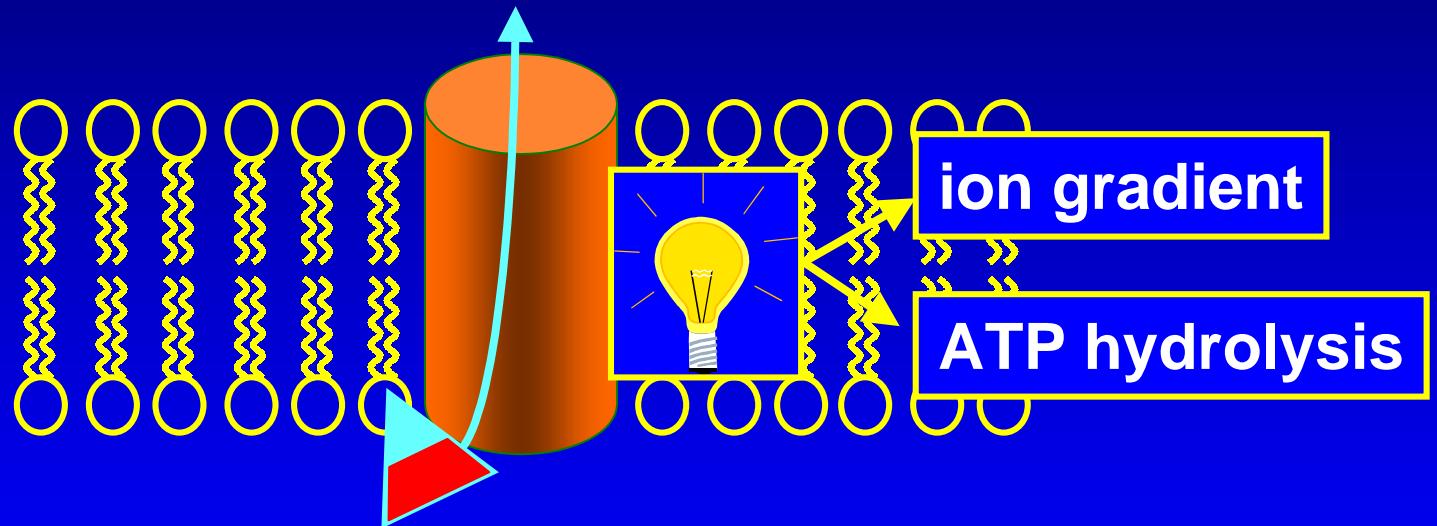
Why efflux ?



But a diffusible compound
may have
**potentially harmful effects in
cells !**



Why efflux ?



**Efflux transporters are a general mean of protection
of the cell against invasion by diffusible molecules**

Why DRUG efflux transporters ?

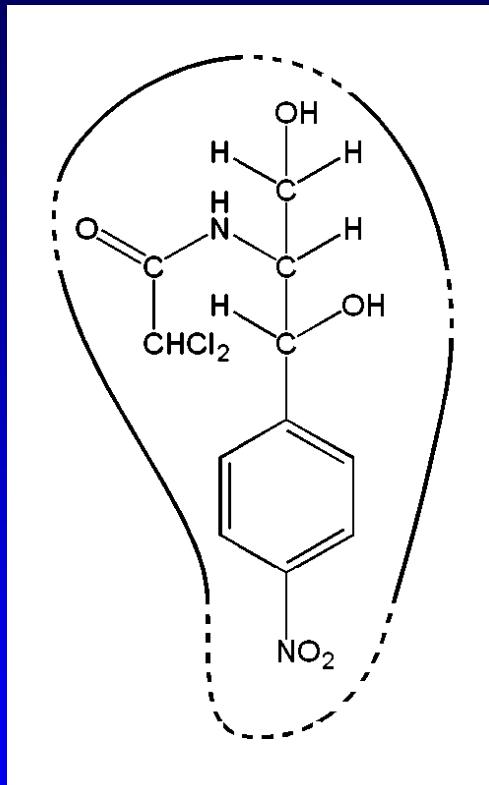
Most of our drugs are made amphiphilic !

to allow them to diffuse and penetrate
in cells and tissues ...



Most antibiotics are amphiphilic !

Neutral

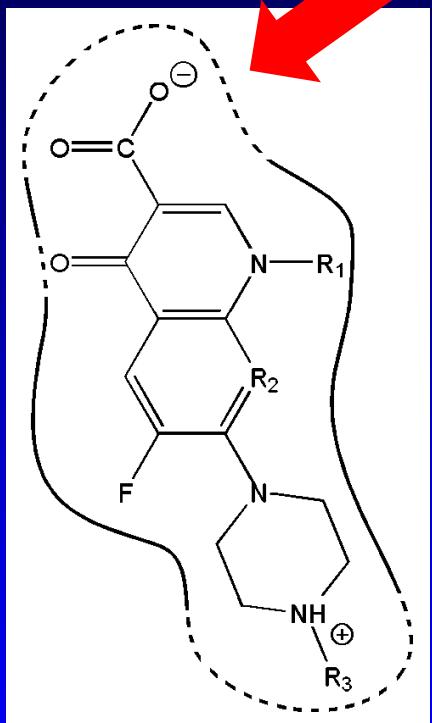


— apolar
..... polar

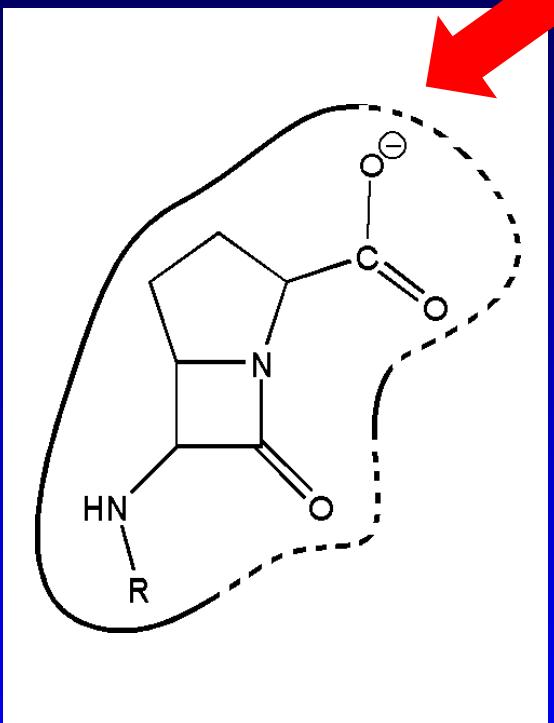
chloramphenicol

Most antibiotics are amphiphilic !

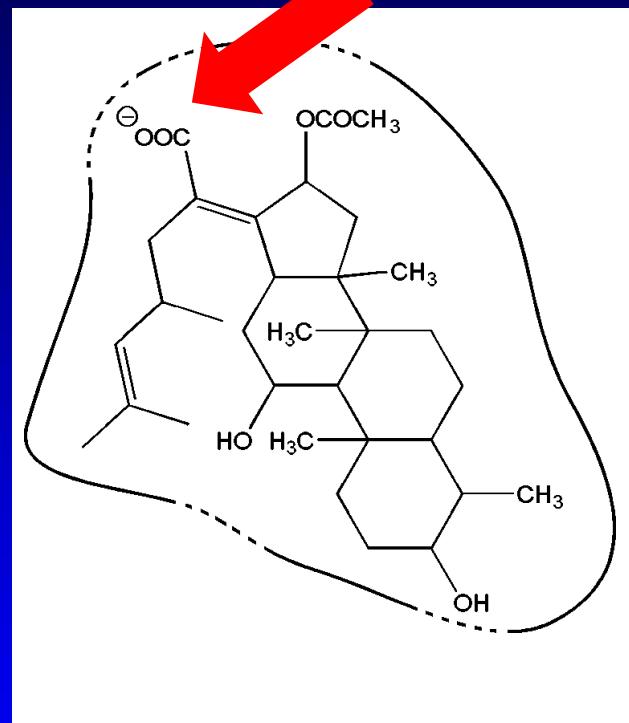
anionic



fluoroquinolones



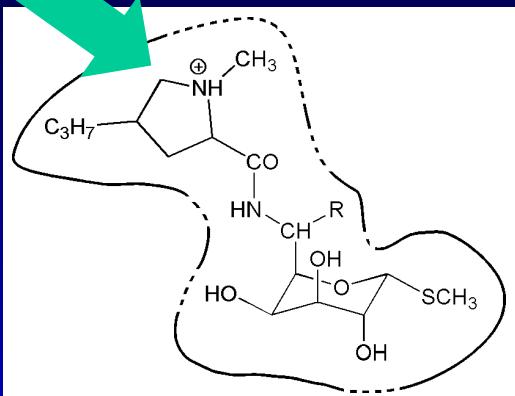
beta-lactams



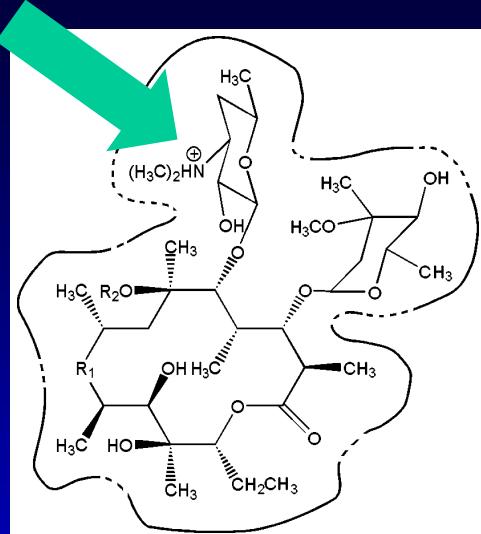
fusidic acid

Most antibiotics are amphiphilic !

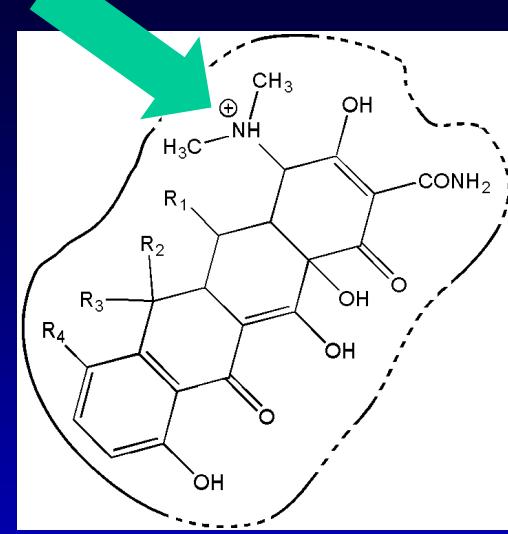
cationic



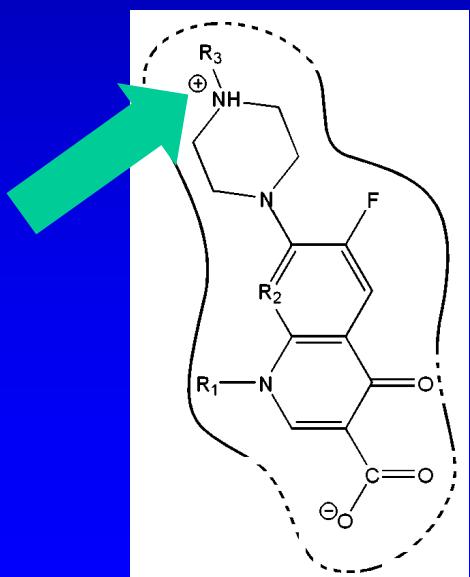
lincosamides



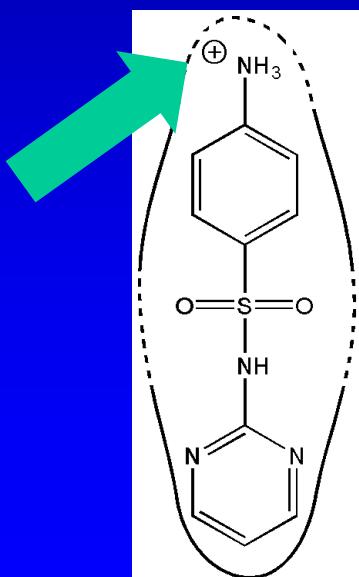
macrolides



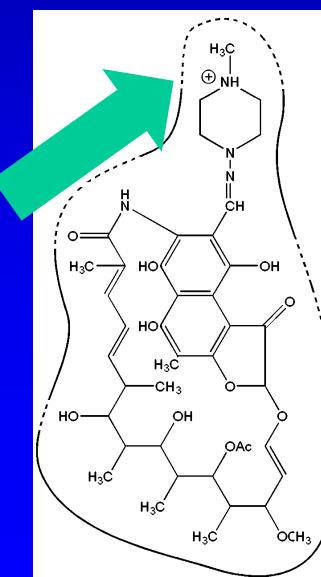
tetracyclines



fluoroquinolones



sulfamides



rifampicin

Antibiotic classes recognized by efflux pumps in different types of organisms

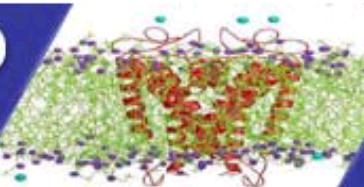
Antibiotic class	bacteria		fungi	superior eucaryotes
	Gram (+)	Gram(-)		
β-lactams	●	●	●	●
fusidic acid		●		
macrolides	●	●	●	●
streptogramins	●			●
tetracyclines	●	●	●	●
aminoglycosides		●	●	
chloramphenicol	●	●	●	
rifamycins				●
sulfamides			●	
trimethoprim		●		
fluoroquinolones	●	●		●

Identification of efflux pumps based on genome sequencing data

<http://www-biology.ucsd.edu/~msaier/transport/>



University of California, San Diego



Transport Protein Database

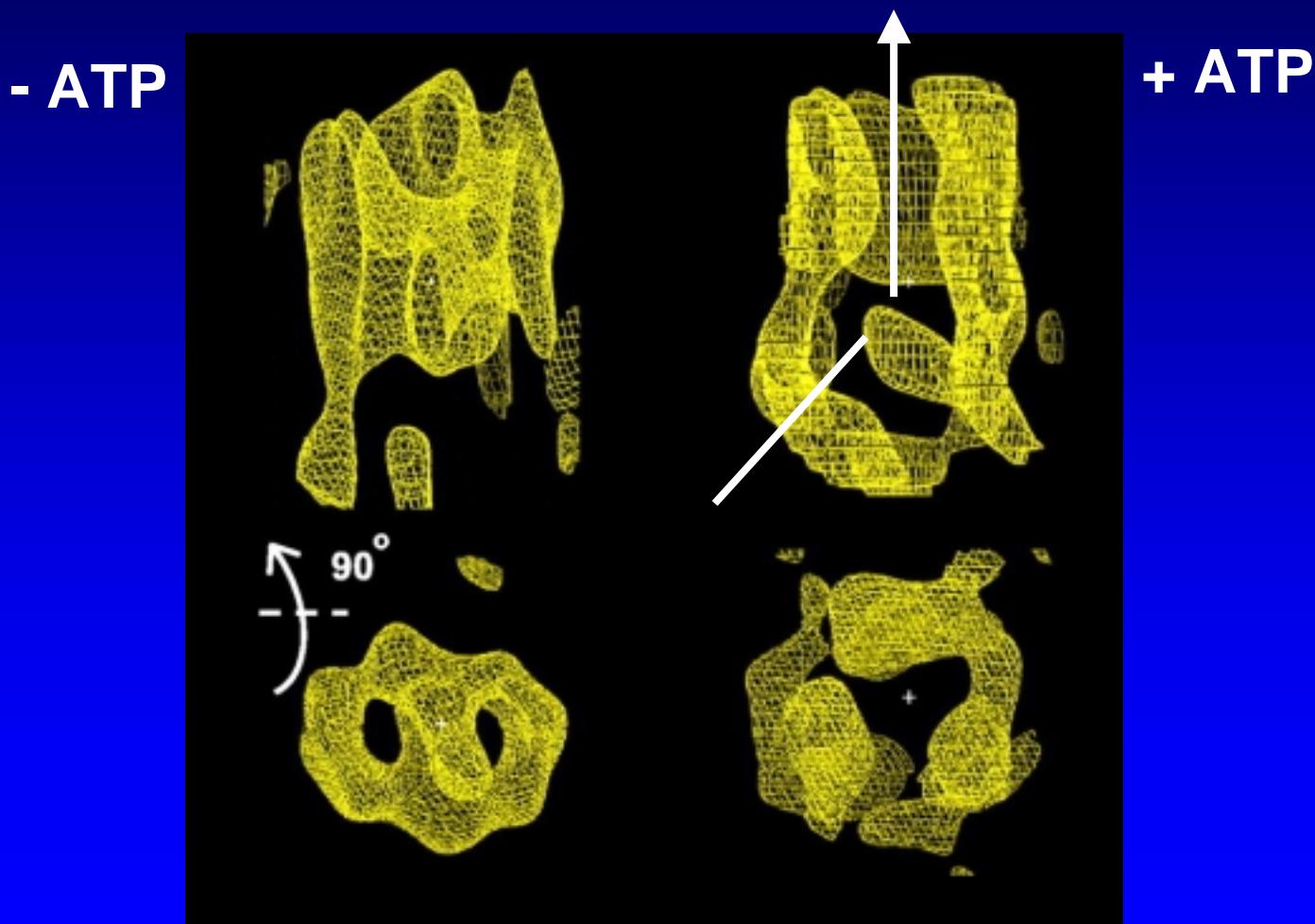
The Saier Laboratory Bioinformatics Group

**identification of genes encoding for putative transporters
in the genome of**

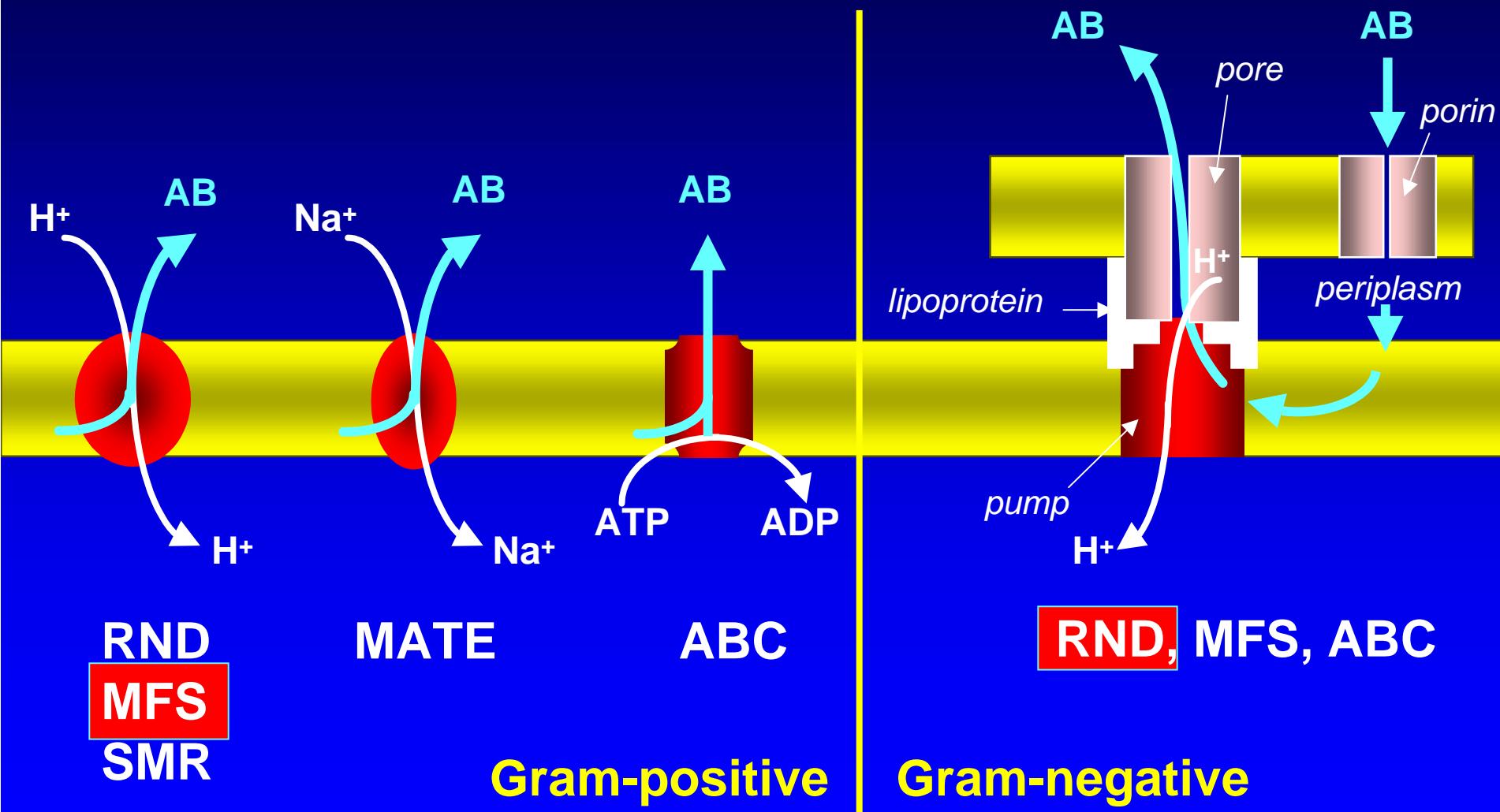
- **87 bacteria** *S. aureus, S. pneumoniae, E. coli, P. aeruginosa, ...*
- **14 archaea**
- **4 eucaryotes** *S. cerevisiae, P. falciparum, ...*

Structure of pumps in eucaryotic cells

Current view of the structure of P-glycoprotein



Structure of pumps in prokaryotic cells



Efflux pumps in bacteria: what does it mean for resistance ?

- **Constitutive expression of efflux pumps**
→ **intrinsic resistance**
- **Inducible expression of efflux pumps**
→ **acquired resistance**
- **Cooperation with other mechanisms of resistance**
- **Selection of other mechanisms of resistance**

P. aeruginosa seems to be constitutively resistant
to many antibiotics ...

Drug	MIC ($\mu\text{g/ml}$) ^a for strain:	
	K372 (wild type)	
Norfloxacin	★	>8
Ciprofloxacin		2 (0.2)
Tetracycline	★	8–16 (2.5)
Chloramphenicol	★★	16 (12.5)
Novobiocin	★	128
Penicillin G	★★	>1,024 (512)
Carbenicillin	★★	32 (16)
Azlocillin	★	16 (2)
Cefoperazone		4 (2)
Ceftriaxone	★	64 (4)
Carumonam	★	8 (0.12)
Moxalactam	★	8
Cefepime		2 (0.5)
Cefpirome		4 (0.5)
Imipenem		2

Disruption of MexAB-OprM restores the activity of several antibiotics against *P. aeruginosa*

Drug	MIC ($\mu\text{g/ml}$) ^a for strain:	
	K372 (wild type)	K590 (<i>mexA::tetA</i>)
Norfloxacin	★	>8 → 1 ★
Ciprofloxacin	★	2 (0.2) → 0.1 (0.1) ★
Tetracycline	★	8–16 (2.5) → ND ^c
Chloramphenicol	★★	16 (12.5) → 4 (3) ★
Novobiocin	★★	128 → 16 ★
Penicillin G	★★	>1,024 (512) → 512 (256) ★
Carbenicillin	★★	32 (16) → ≤0.25 (0.12) ★
Azlocillin	★	16 (2) → 1 (≤ 0.06) ★
Cefoperazone	★	4 (2) → 0.5 (0.12)
Ceftriaxone	★	64 (4) → 8 (0.25) ★
Carumonam	★	8 (0.12) → 8 (≤ 0.06) ★
Moxalactam	★	8 → 2 ★
Cefepime		2 (0.5) → 1 (0.25)
Cefpirome		4 (0.5) → 2 (0.25)
Imipenem		2 → 1–2

Efflux pumps in bacteria: what does it mean for resistance ?

- **Constitutive expression of efflux pumps**
→ **intrinsic resistance**
- **Inducible expression of efflux pumps**
→ **acquired resistance**
- **Cooperation with other mechanisms of resistance**
- **Selection of other mechanisms of resistance**

Overexpression of efflux pumps in *P. aeruginosa* upon exposure to fluoroquinolones in CF patients

Patient	Characteristics of 1997 isolate(s)					
	MIC (μ g/ml) of:		Amino acid change			
	Nor	Cip	GyrA	NfxB	OprN	OprJ
Control	0.25	0.12				

Overexpression of efflux pumps in *P. aeruginosa* upon exposure to fluoroquinolones in CF patients

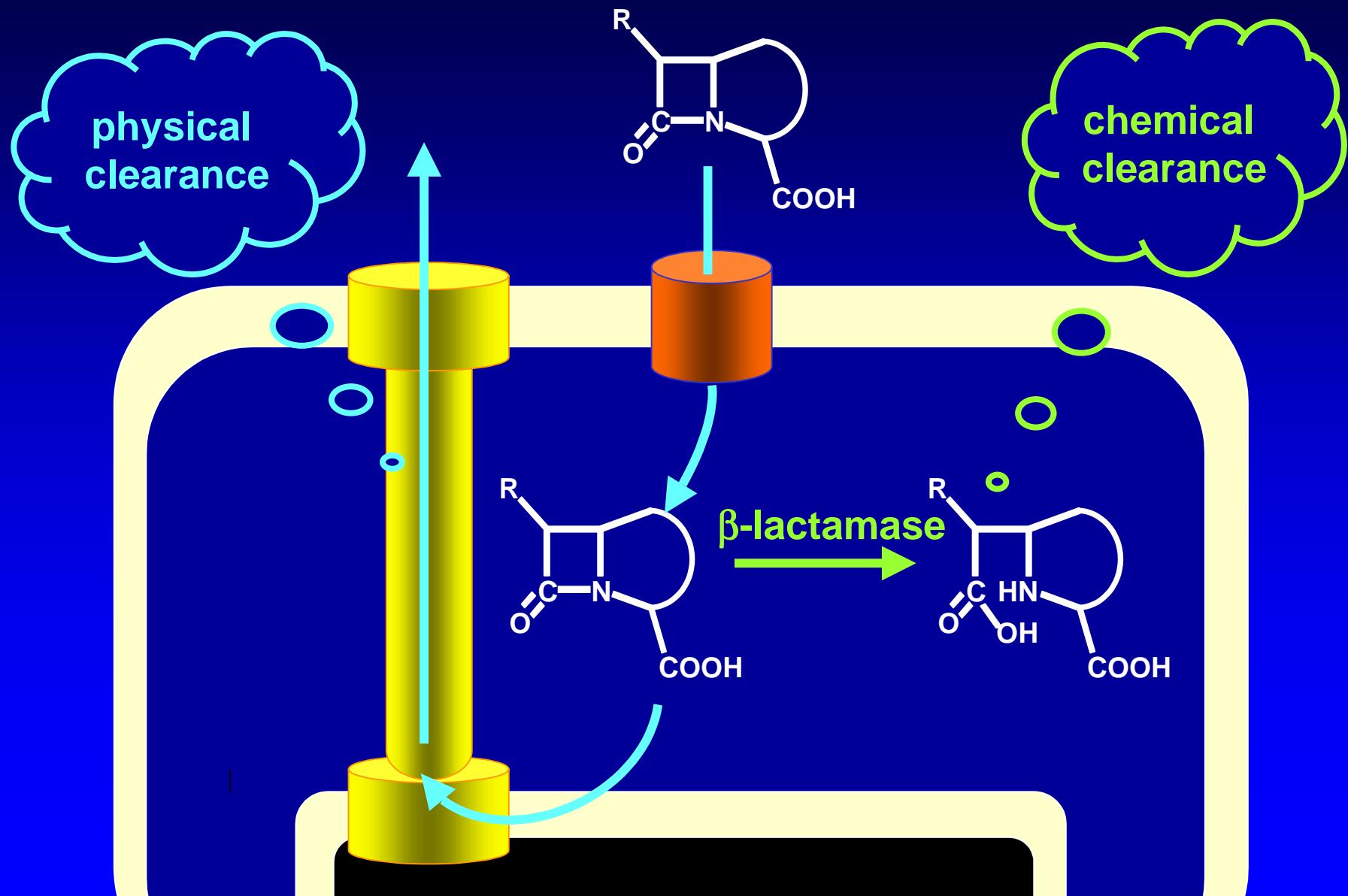
Characteristics of 1997 isolate(s)						
Patient	MIC ($\mu\text{g/ml}$) of:		Amino acid change			
	Nor	Cip	GyrA	NfxB	OprN	OprJ
CF166	2	1		R82L		
CF59	2	0.5	R82L		wk	
Control	0.25	0.12				

Regulator of MexAB expression

Efflux pumps in bacteria: what does it mean for resistance ?

- **Constitutive expression of efflux pumps**
→ **intrinsic resistance**
- **Inducible expression of efflux pumps**
→ **acquired resistance**
- **Cooperation with other mechanisms of resistance**
- **Selection of other mechanisms of resistance**

Efflux in cooperation with other resistance mechanisms



Efflux in cooperation with other resistance mechanisms

Contributions of the AmpC β -lactamase and the AcrAB Multidrug Efflux System in Intrinsic Resistance of *E. coli* to β -lactams

Efflux	β -lactamase	MIC carbenicillin
-	-	0.2
+	-	12.5

Intrinsic low level resistance !

Efflux in cooperation with other resistance mechanisms

Contributions of the AmpC β -lactamase and the AcrAB Multidrug Efflux System in Intrinsic Resistance of *E. coli* to β -lactams

Efflux	β -lactamase	MIC carbenicillin
-	-	0.2
+	-	12.5
+++	-	50
-	+	100
+	+	200
+++	+	400

Intrinsic low level resistance !

high level resistance !

Overexpression of efflux pumps in *P. aeruginosa* upon exposure to fluoroquinolones in CF patients

Characteristics of 1997 isolate(s)						
Patient	MIC ($\mu\text{g/ml}$) of:		Amino acid change			
	Nor	Cip	GyrA	NfxB	OprN	OprJ
CF166	2	1		R82L		
CF59	2	0.5	R82L		wk	
Control	0.25	0.12				

Regulator of MexAB expression

Cooperation of efflux pumps and target mutation in *P. aeruginosa* in CF patients

Characteristics of 1997 isolate(s)						
Patient	MIC ($\mu\text{g/ml}$) of:		Amino acid change			
	Nor	Cip	GyrA	NfxB	OprN	OprJ
CF166	16 2	4 1	T83I	R82L R82L		
CF59	2	0.5		R82L	wk	
Control	0.25	0.12				

+ Mutation in FQ target

Regulator of MexAB expression

Cooperation of efflux pumps and target mutation in *P. aeruginosa* in CF patients

Patient	Characteristics of 1997 isolate(s)				+ Mutation in FQ target		
	MIC ($\mu\text{g/ml}$) of:		Amino acid change				
	Nor	Cip	GyrA	NfxB	OprN	OprJ	
CF166	16	4	T83I	R82L			
	2	1		<u>R82L</u>			
CF222	16	8	T83I	<u>R82L</u>	wk	wk	
	2	0.5			wk		
CF86	16	8	T83I	<u>R82L</u>	wk	+	
	8	2	D87N	<u>R82L</u>		wk	
CF59	2	0.5		<u>R82L</u>	wk		
Control	0.25	0.12					

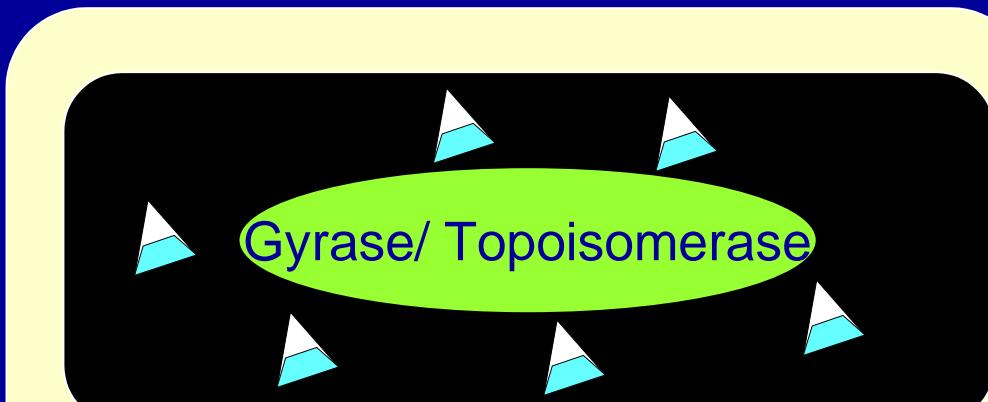
Cooperation of efflux pumps and target mutation in *P. aeruginosa* in CF patients

Patient	Characteristics of 1997 isolate(s)				+ Mutation in FQ target		
	MIC ($\mu\text{g/ml}$) of:		Amino acid change				
	Nor	Cip	GyrA	NfxB	OprN	OprJ	
CF166	16	4	T83I	R82L			
	2	1		R82L			
CF222	16	8	T83I	R82L	wk	wk	
	2	0.5			wk		
CF86	16	8	T83I	R82L	wk	+	
	8	2	D87N	R82L		wk	
CF59	8	4	D87Y	R82L			
	2	0.5		R82L		wk	
CF21	16	4	T83I	R82L		wk	
	2	1			+		
CF89	8	2	T83I	R82L		+	
Control	0.25	0.12					

Efflux pumps in bacteria: what does it mean for resistance ?

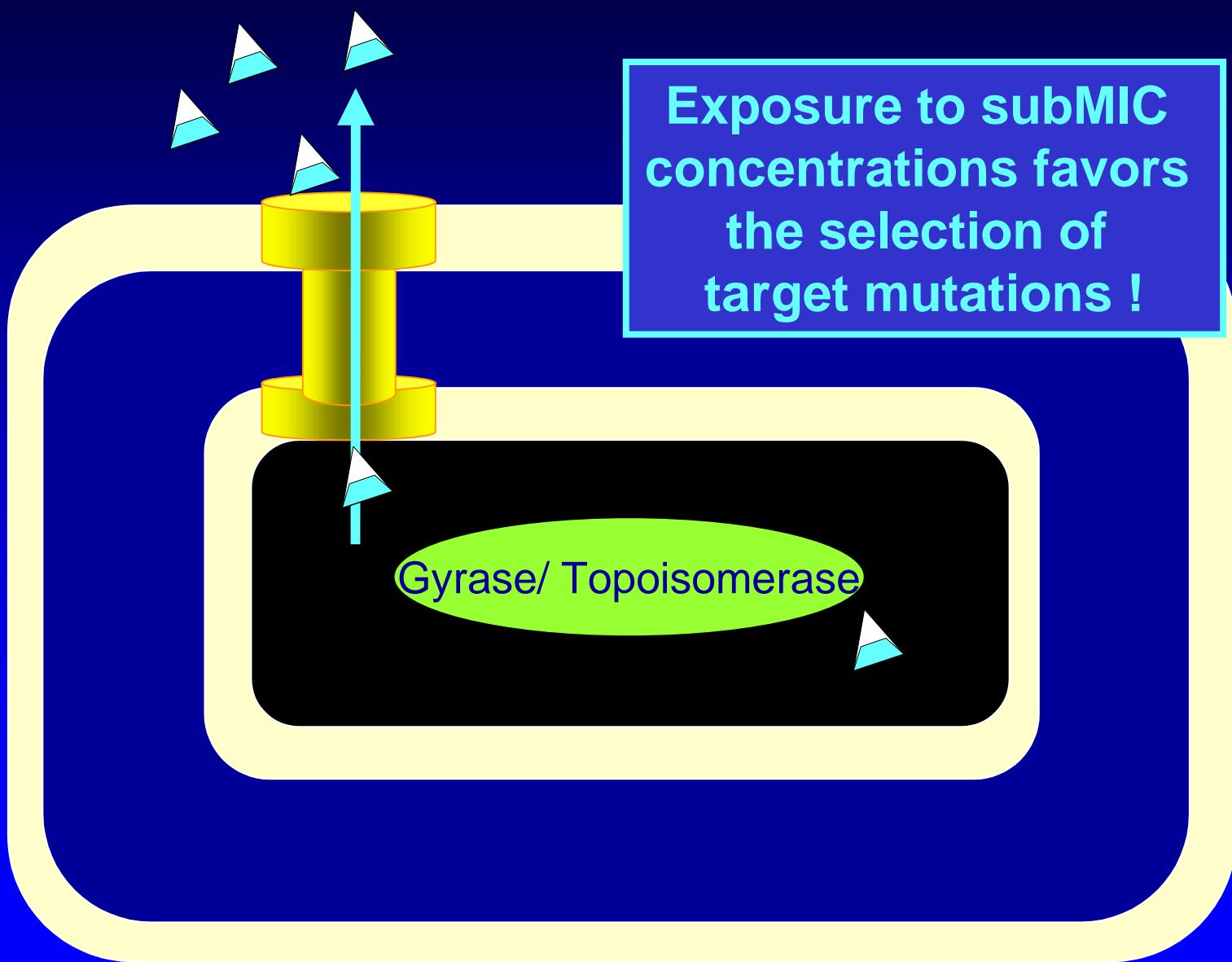
- Constitutive expression of efflux pumps
→ **intrinsic resistance**
- Inducible expression of efflux pumps
→ **acquired resistance**
- Cooperation with other mechanisms of resistance
- Selection of the other mechanisms of resistance

Efflux and selection of resistance to FQ



FQ activity is critically dependent upon a sufficiently large intrabacterial concentration

Efflux and selection of resistance to FQ



Efflux and selection of resistance to FQ

Frequency of Levofloxacin-resistant mutants in *Pseudomonas aeruginosa* with deletions of the efflux pump operons

Pump status	LVX MIC	Frequency of LVX-resistant mutants
WT	0.25	$2 \times 10^7 - 4 \times 10^7$
Δ mexAB-oprM	0.015	$2 \times 10^7 - 4 \times 10^7$
Δ mexCD-oprJ	0.25	$2 \times 10^7 - 4 \times 10^7$
Δ mexEF-oprN	0.25	$2 \times 10^7 - 4 \times 10^7$
Δ mexAB-oprM; Δ mexEF-oprN	0.015	$2 \times 10^7 - 10^7$
Δ mexCD-oprJ; Δ mexEF-oprN	0.25	2×10^6
Δ mexAB-oprM; Δ mexCD-oprJ	0.015	1×10^9
Δ mexAB-oprM; Δ mexCD-oprJ; Δ mexEF-oprN	0.015	$<1 \times 10^{11}$

Selection of mutants in FQ target
undetectable if ALL pumps are disrupted

How to cope with efflux pumps in anti-infective therapy ?

- *S. pneumoniae and the correct choice of "respiratory fluoroquinolones"*
- *P. aeruginosa*
 - quinolones
 - carbapenems

MIC considerations ...

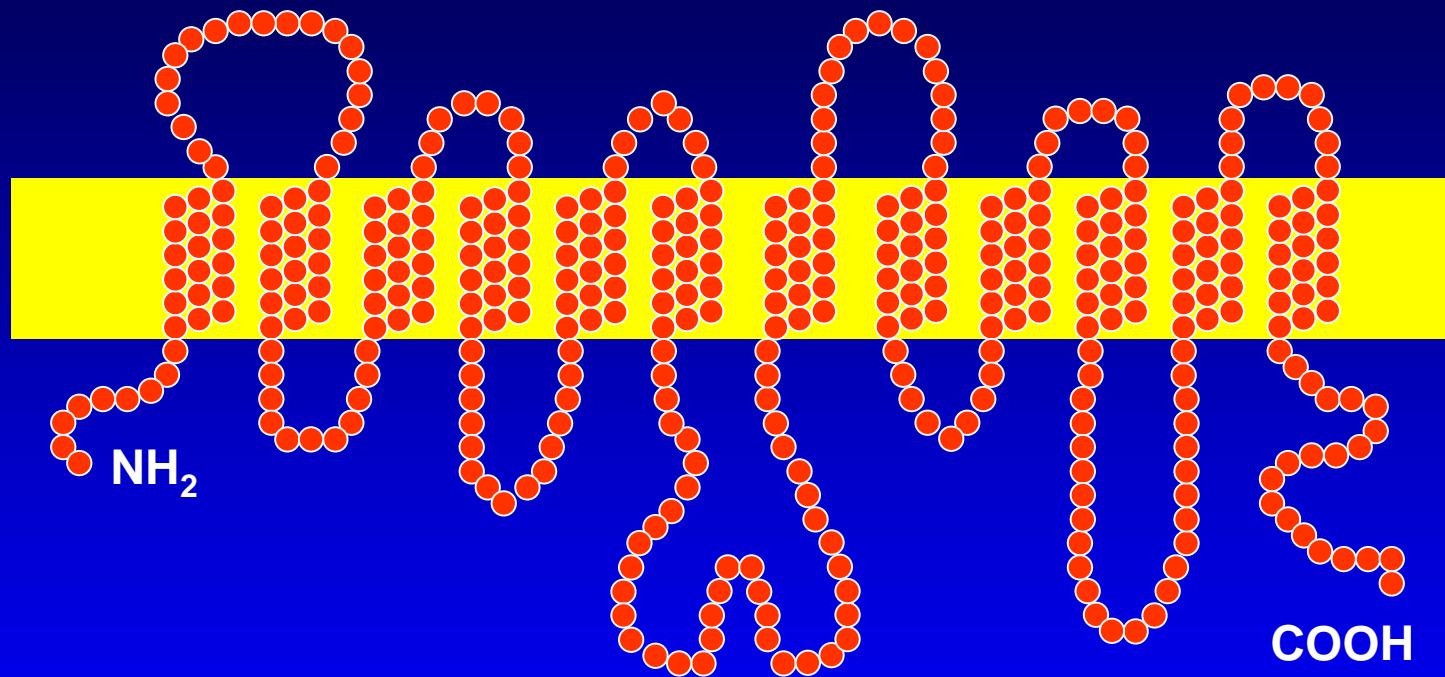
Wild-type strain

Quinolone	MIC
CIP	0.5
LVX	1
MXF	0.25
GAT	0.25



Are those differences important ?

Enters the quinolone pmrA efflux pump ...



12 transmembrane segments

member of the Major Facilitator Superfamily (MFS)
energized by H^+ gradient

MIC considerations ...

Quinolone	Wild-type strain	Efflux resistant strain
	MIC	MIC
CIP	0.5	8
LVX	1	4
MXF	0.25	0.5
GAT	0.25	0.5

And look
at this,
now ...

PK / PD considerations ...

For fluoroquinolones,

- efficacy is linked to AUC/MIC ratio
(must be > 30 for *S. pneumoniae*)
- prevention of resistance is linked to
 C_{max} /MIC ratio
(must be > 10 to prevent mutations)

Optimisation based on pharmacodynamics

Wild-type strain

Quinolone	MIC	AUC/MIC	C _{max} /MIC
-----------	-----	---------	-----------------------

CIP	0.5	92.8	11.2
-----	-----	------	------

LVX	1	63.6	6.4
-----	---	------	-----

MXF	0.25	213.6	18.8
-----	------	-------	------

GAT	0.25	151.8	14.8
-----	------	-------	------

moderate risk of
selection of resistance !

Optimisation based on pharmacodynamics

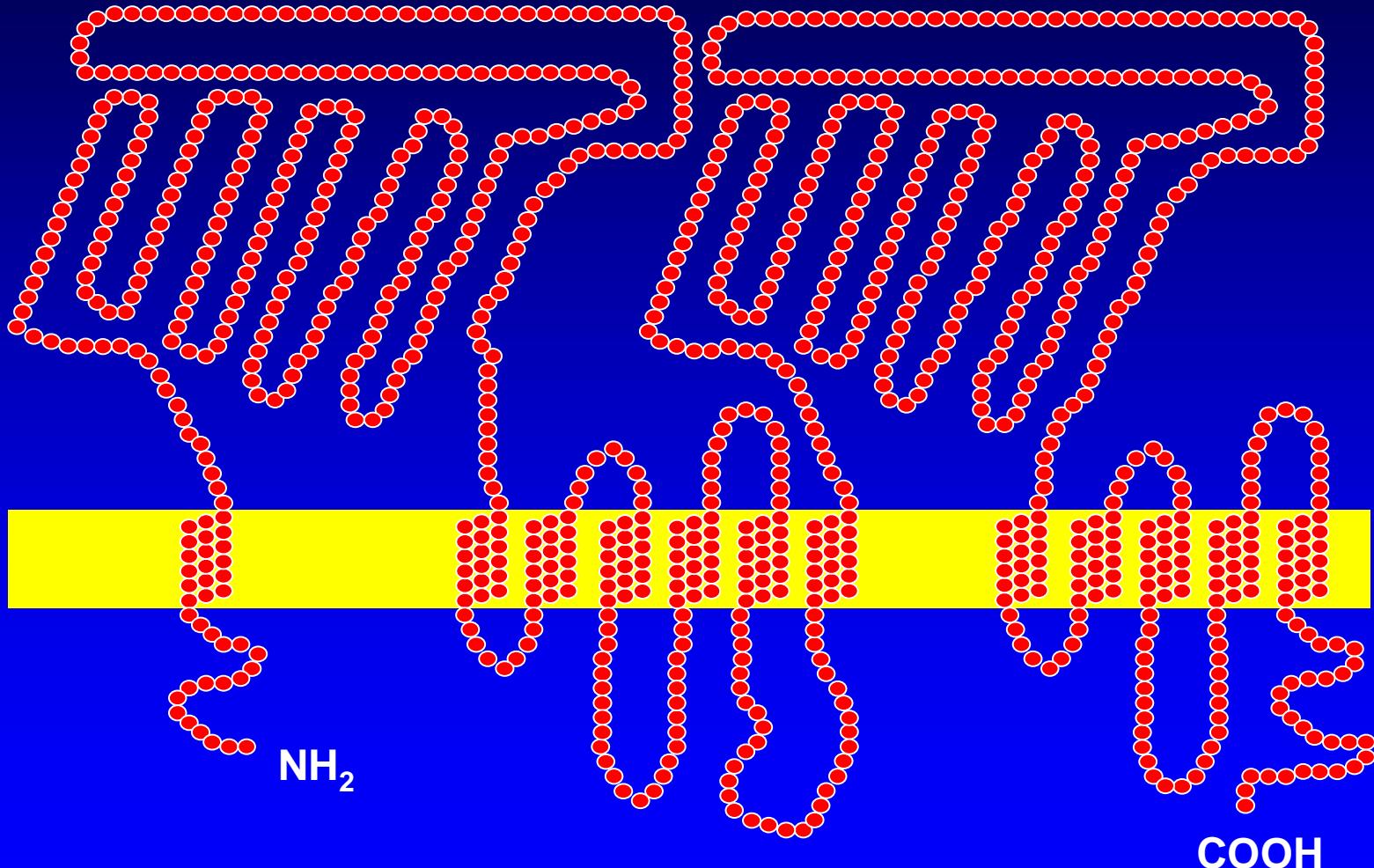
Quinolone	Wild-type strain			Efflux resistant strain		
	MIC	AUC/MIC	Cmax/MIC	MIC	AUC/MIC	Cmax/MIC
CIP	0.5	92.8	11.2	8	5.8	0.7
LVX	1	63.6	6.4	4	15.9	1.6
MXF	0.25	213.6	18.8	0.5	106.8	9.4
GAT	0.25	151.8	14.8	0.5	75.9	7.4

**m
selected** **High risk of
selection of resistance !**

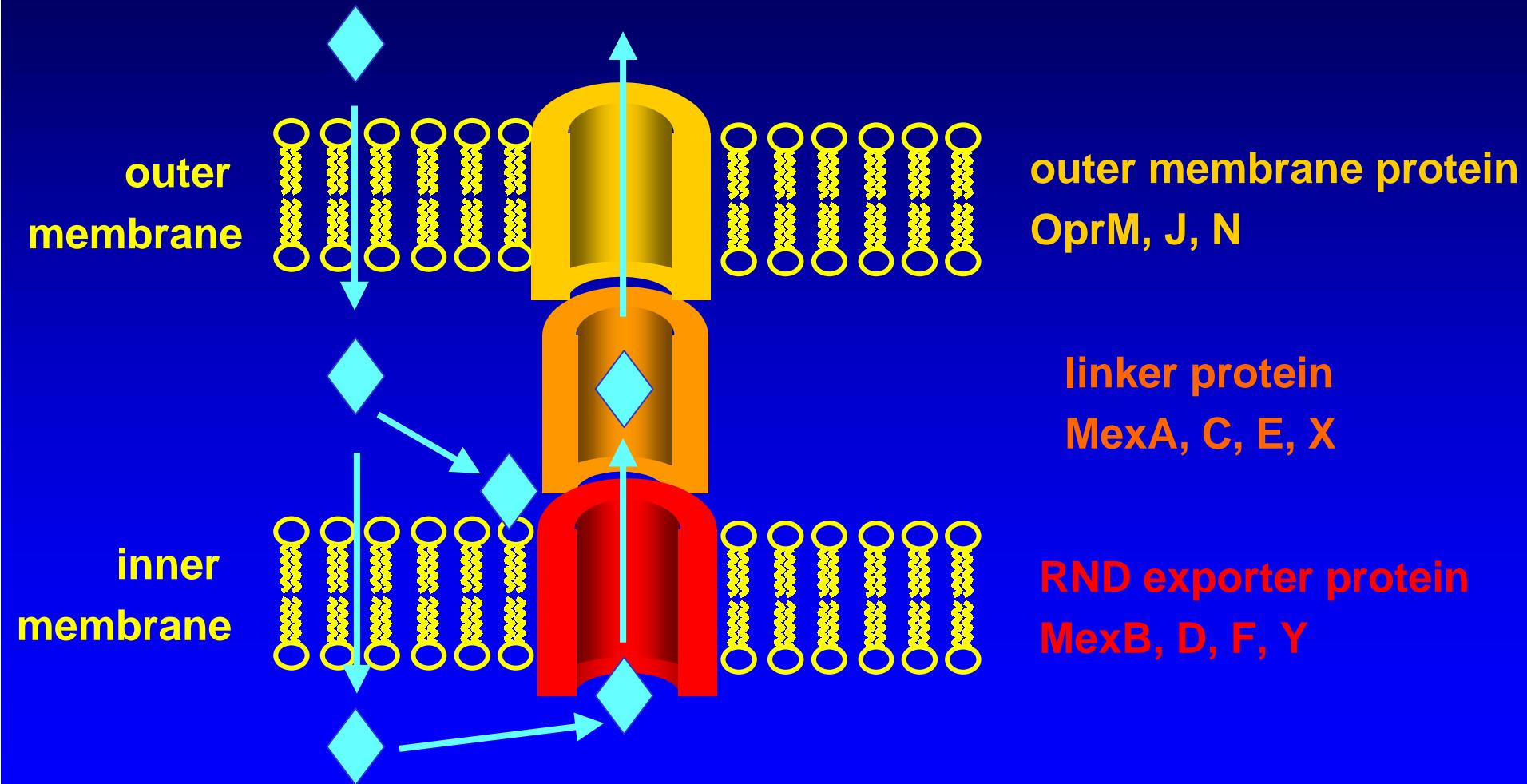
How to cope with efflux pumps in anti-infective therapy ?

- *S. pneumoniae and the correct choice of "respiratory fluoroquinolones"*
- *P. aeruginosa*
 - quinolones
 - carbapenems

Topology of the wide spectrum Mex pumps in *Pseudomonas* (RND superfamily)



Functionning of the wide spectrum Mex pumps in *Pseudomonas*



adapted from Aeschlimann, Pharmacotherapy (2003) 23:916-924

Wide spectrum pumps in *Pseudomonas*

	β -lac	ML	TET	AG	FQ	Chl
MexAB-OprM	●	●	●		●	●
MexCD-OprJ		●	●		●	●
MexEF-OprN	●				●	●
MexHI-OPrD						
MexJK-OprM		●	●		●	
MexXY-OprM	●	●	●	●	●	●

1. wide spectrum transporters

→ cross-resistance among most AB classes

Wide spectrum pumps in *Pseudomonas*

	β -lac	ML	TET	AG	FQ	Chl
MexAB-OprM	●	●	●		●	●
MexCD-OprJ		●	●		●	●
MexEF-OprN	●				●	●
MexHI-OPrD						
MexJK-OprM		●	●		●	
MexXY-OprM	●	●	●	●	●	●

**2. FQ are « universal » substrates
→ easy selection of resistance**

Wide spectrum pumps in *Pseudomonas*

	β -lac	ML	TET	AG	FQ	Chl
MexAB-OprM	●	●	●	●	●	
MexCD-OprJ	●	●	●	●	●	
MexEF-OprN				●		●
MexHI-OPrD						
MexJK-OprM		●	●	●		
MexXY-OprM	●	●	●	●	●	●

3. constitutive expression and/or inducible expression

→ increase of resistance level higher
upon antibiotic exposure

Pseudomonas and quinolone efflux

Overexpressed
Mex pumps

MICs

	AB	CD	EF	CIP ¹	LVX ²	MXF ¹
+				0.1	0.125	0.8
+				0.4	2	3.2
+				0.8	2	6.4
			+	1.6	4	12.8

¹ Zhang et al. JAC (2001) 48: 549-552

² Lomovskaya et al. AAC (2001) 45: 105-116

Pseudomonas and penem efflux

Mex pumps				MICs					
AB	CD	XY		MERO	IMI	BIA	PANI	FARO	RITI
-	-	-		0.032	0.25	0.25	0.25	1	2
+	*	-	-	0.25	1	0.5	4	512	128
++	-	-		1	0.25	0.25	1	4096	256
-	++	-		0.25	0.125	0.063	0.25	16	4
-	-	++		0.063	0.25	0.25	2	4	8

* clinical isolate, basal level of expression

Pseudomonas and penem efflux

Mex pumps				MICs						
AB	CD	XY		MERO	IMI	BIA	PANI	FARO	RITI	
-	-	-		0.032	0.25	0.25	0.25	1	2	
+	*	-	-	0.25	1	0.5	4	512	128	
++	-	-		1	0.25	0.25	1	4096	256	
-	++	-		0.25	0.125	0.063	0.25	16	4	
-	-	++		0.063	0.25	0.25	2	4	8	

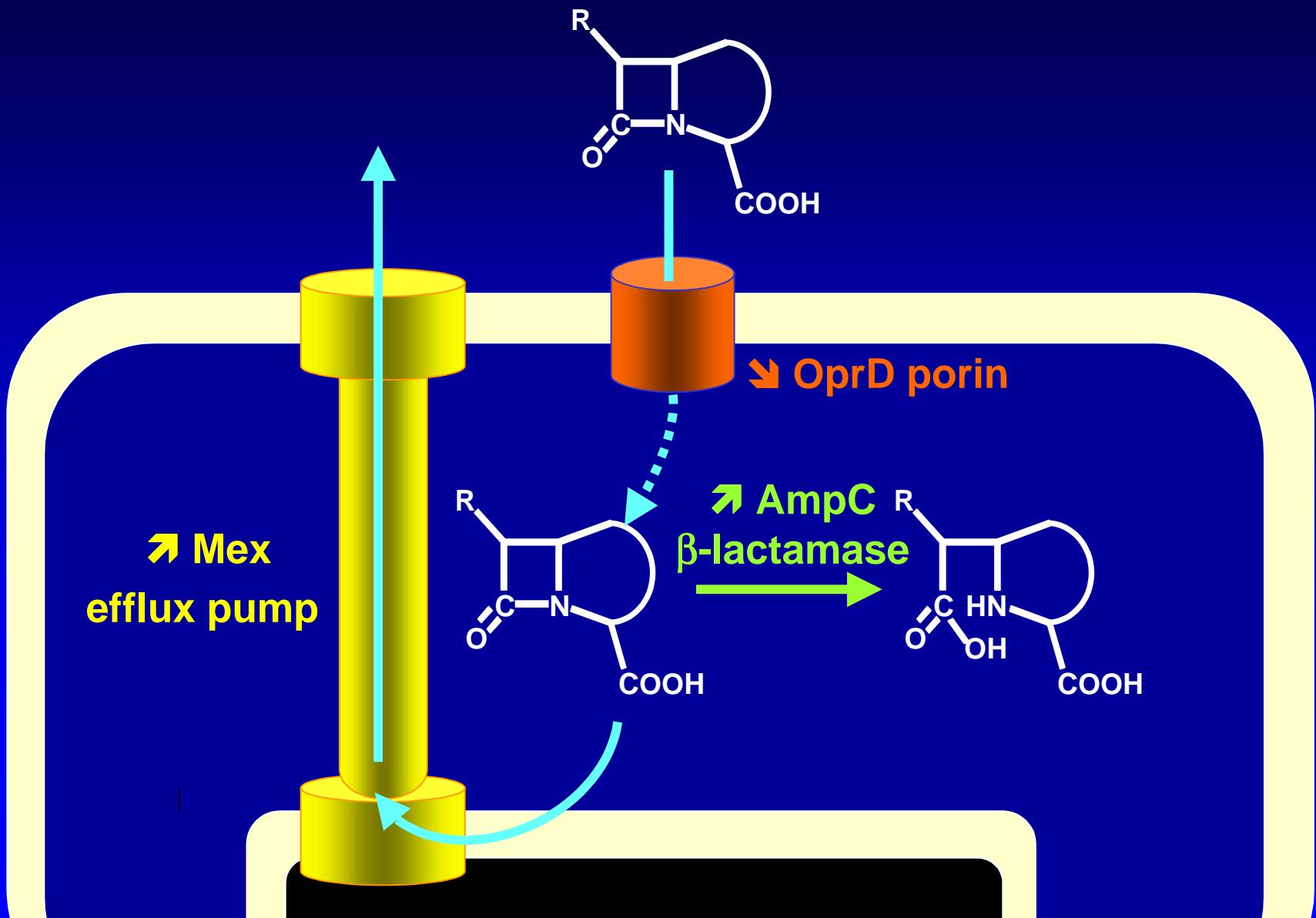
* clinical isolate, basal level of expression

Pseudomonas and penem efflux

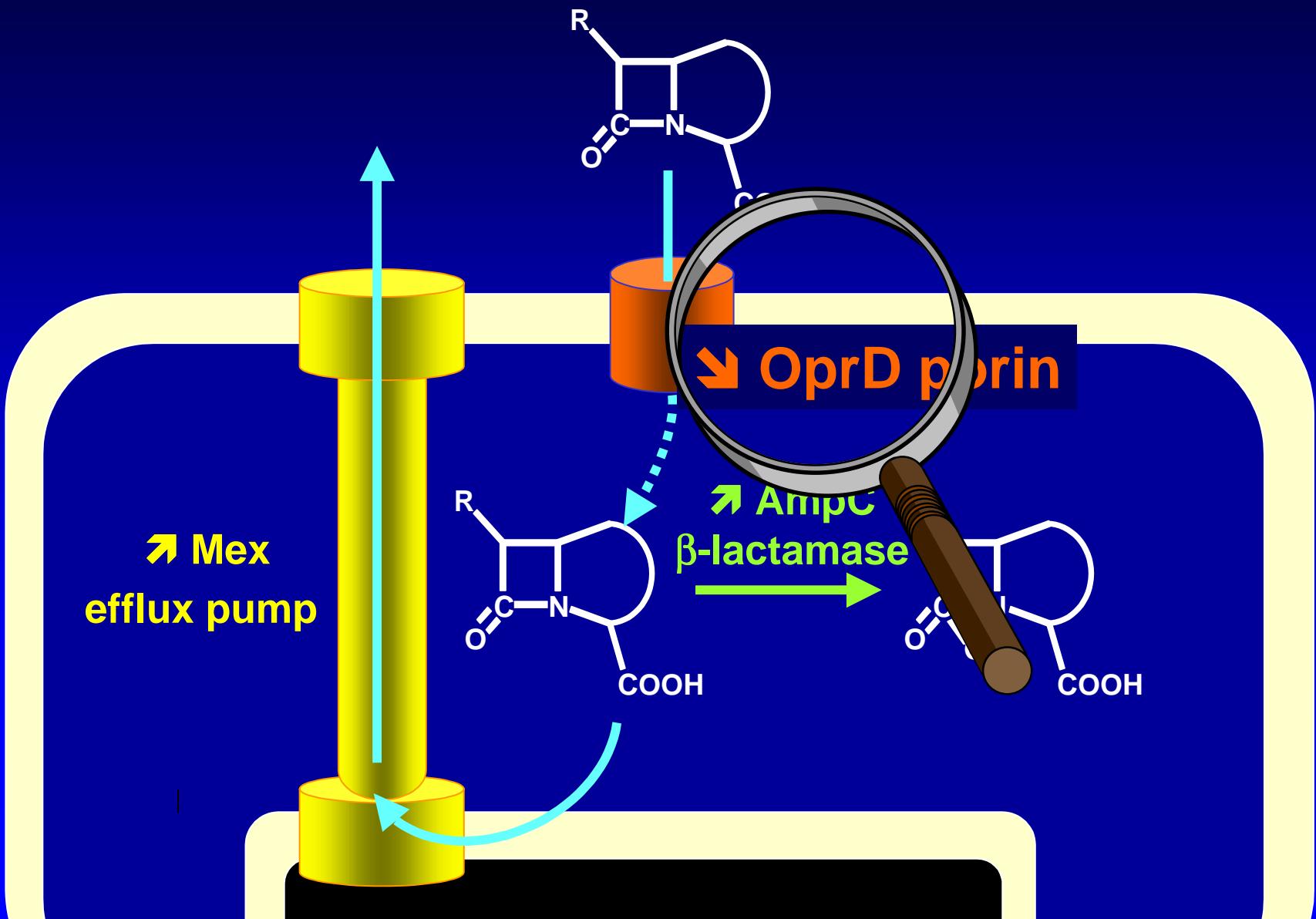
Mex pumps			MICs					
AB	CD	XY	MERO	IMI	BIA	PANI	FARO	RITI
-	-	-	0.032	0.25	0.25	0.25	1	2
+	*	-	0.25	1	0.5	4	512	128
++	-	-	1	0.25	0.25	1	4096	256
-	++	-	0.25	0.125	0.063	0.25	16	4
-	-	++	0.063	0.25	0.25	2	4	8

* clinical isolate, basal level of expression

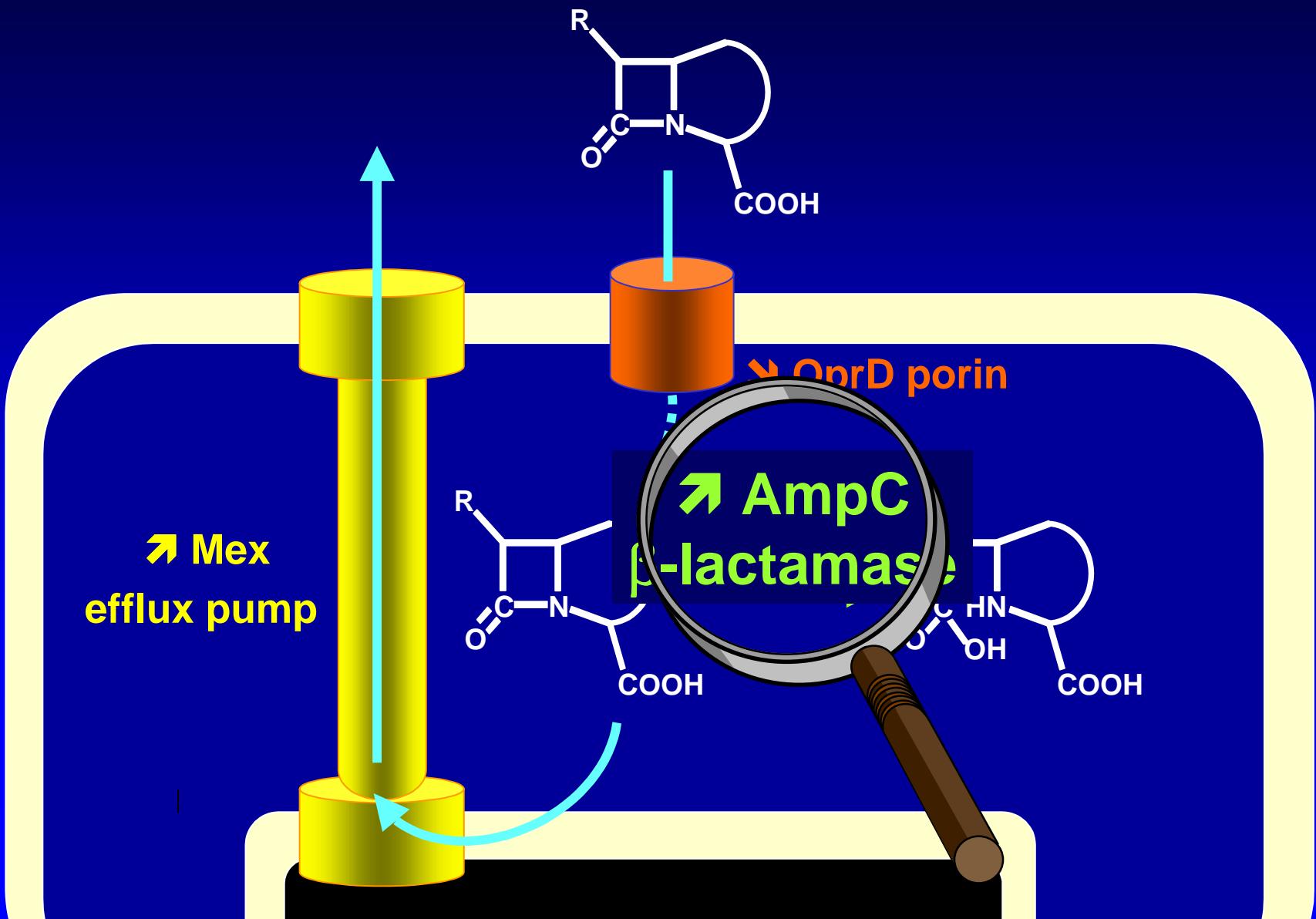
Combined mechanisms of resistance in *Pseudomonas*



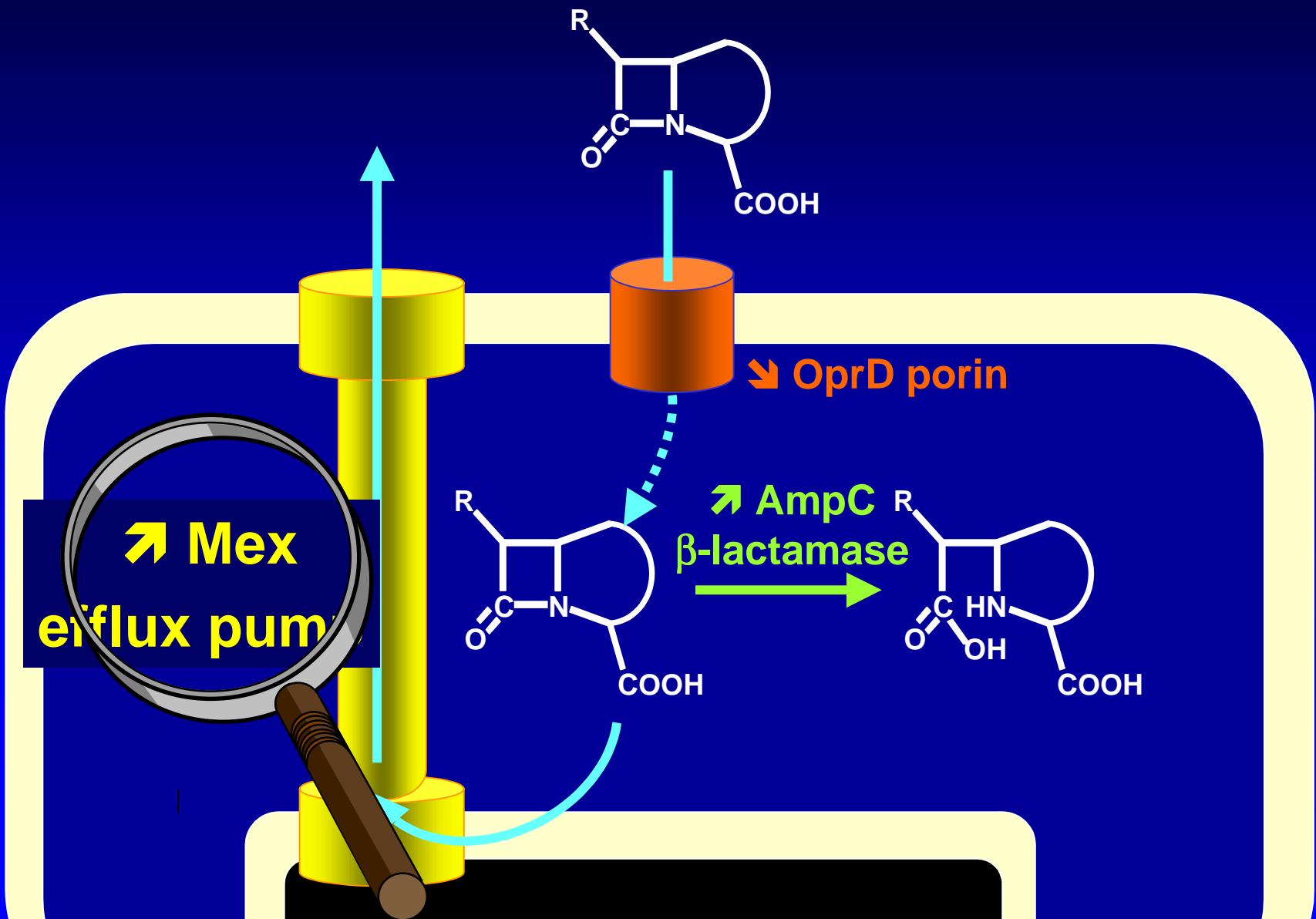
Combined mechanisms of resistance in *Pseudomonas*



Combined mechanisms of resistance in *Pseudomonas*



Combined mechanisms of resistance in *Pseudomonas*



Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

1. Laboratory strains

Resistance mechanism			fold increase in MIC	
AmpC	MexAB	Δ OprD	IMI	MERO
+	-	-	X 1	X 2

|

Kohler *et al.* AAC (1999) 43: 424-427
Nakae *et al.* AAC (1999) 43:1301-1303

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

1. Laboratory strains

Resistance mechanism			fold increase in MIC	
AmpC	MexAB	ΔOprD	IMI	MERO
+	-	-	X 1	X 2
-	+	-	X 1	X 2 - 10

Kohler *et al.* AAC (1999) 43: 424-427

Nakae *et al.* AAC (1999) 43:1301-1303

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

1. Laboratory strains

Resistance mechanism			fold increase in MIC	
AmpC	MexAB	ΔOprD	IMI	MERO
+	-	-	X 1	X 2
-	+	-	X 1	X 2 - 10
-	-	+	X 16	X 4

Kohler *et al.* AAC (1999) 43: 424-427

Nakae *et al.* AAC (1999) 43:1301-1303

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

1. Laboratory strains

Resistance mechanism			fold increase in MIC	
AmpC	MexAB	ΔOprD	IMI	MERO
+	-	-	X 1	X 2
-	+	-	X 1	X 2 - 10
-	-	+	X 16	X 4
-	+	+	X 16	X 32 - 128

|

Kohler *et al.* AAC (1999) 43: 424-427
Nakae *et al.* AAC (1999) 43:1301-1303

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

2. Clinical strains

Resistance mechanism				MIC (mg/L)	
	AmpC	MexAB	Δ OprD	IMI	MERO
# 1 low	-	-		1	0.5

|

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

2. Clinical strains

	Resistance mechanism			MIC	
	AmpC	MexAB	Δ OprD	IMI	MERO
# 1	low	-	-	1	0.5
# 2	low	-	+	8 - 16	2 - 4

Imipenem is affected by a defect in OprD (porin)

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

2. Clinical strains

	Resistance mechanism	MIC		
		IMI	MERO	
# 1	low	-	-	1 0.5
# 2	low	-	+ 8 - 16	2 - 4
# 3	low	+ +	16	16

Meropenem is affected by the expression of Mex AB (efflux)

Contribution of resistance mechanisms to carbapenem resistance in *Pseudomonas*

2. Clinical strains

	Resistance mechanism	MIC		
		IMI	MERO	
# 1	low	-	-	1 0.5
# 2	low	-	+ 8 - 16	2 - 4
# 3	low	+ + 16	16	16
#4	high	-	+ 8 - 16	2 - 16

AmpC does not markedly affect imipenem or meropenem

An what about ertapenem ?

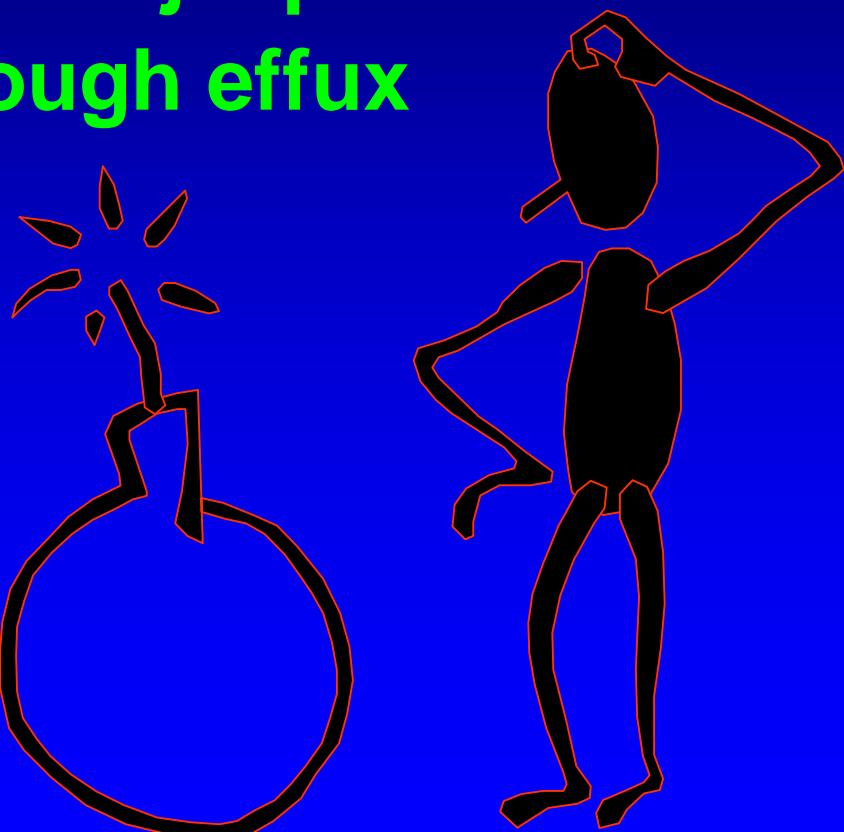
Susceptibility Patterns of Resistant Mutants (PAO -1 and Derivatives)

Resistance mechanism	D2	β -la	OprM	ETP	IPM	MER	CAZ	LVF
None (PAO-1)	+	Ind	+	4-8	1-2	0.5-1	2-4	0.5
D2 (porin) ↓	-	Ind	+	8	8-16	2-4	2	0.5
OprM (efflux) ↑	+	Ind	↑	32	1	4	16	4
βIa↑	+	Con	+	16	2	1	64	0.5
MK- X	+	Ind	+	32	2	2	4	0.5

The major ertapenem resistance seen in PAO-1 is not due to D2 loss, OprM overexpression or β Ia constitutivity - suggesting a new mechanism

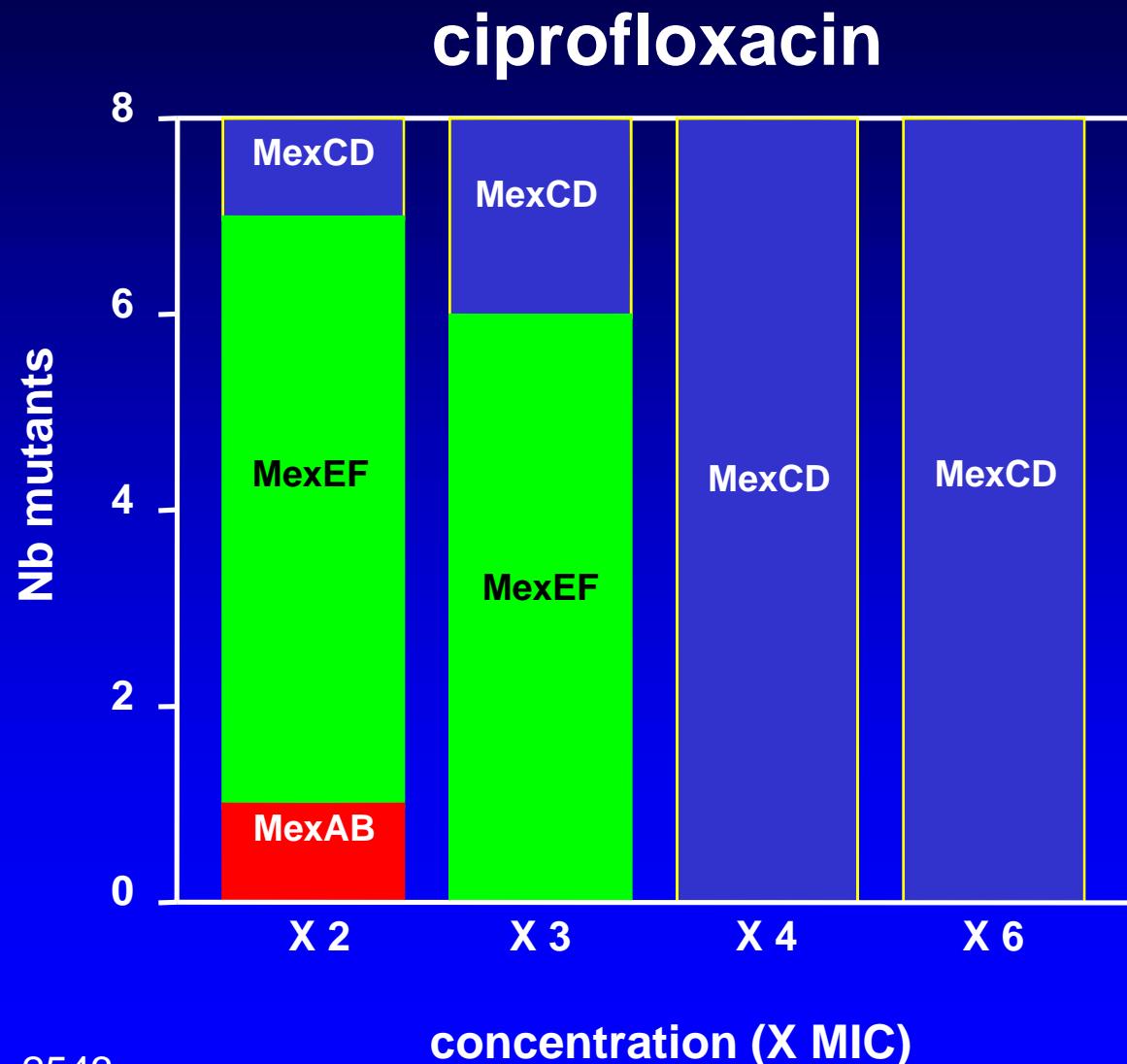
A burning question ...

- Could fluoroquinolones jeopardize other antibiotics through efflux pumps ?



Fluoroquinolones-exposed *P. aeruginosa* overexpress wide spectrum efflux pumps

Incubation of *P.aeruginosa* with (too) low concentrations of fluoroquinolones triggers the expression of the Mex transporters BEFORE it affects the gyrase !



Mex-expressing strains become highly resistant to many antibiotics

MIC profiles of the PAO1 wild-type strain and MDR derivatives selected by quinolones

Antimicrobial agent	PAO1 wild type	MIC ($\mu\text{g/ml}$) for:		
		MexAB-OprM	MexCD-OprJ	MexEF-OprN
Erythromycin	256	128–256	512–2,048	128–256
Chloramphenicol	64	256–512	128–256	$\geq 1,024$
Trimethoprim	128	1,024–2,048	256–1,024	512–1,024
Carbenicillin	32	128–256	8–32	32–64
Cefpirome	1	4–8	8–16	1–2
Ceftazidime	2	4–8	1–2	0.5–1
Ciprofloxacin	0.125	0.25–0.5	0.5–1	0.5–1

Risk of cross resistance !

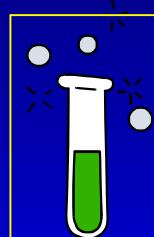
Rearranged from
Kohler et al. AAC (1997) 41: 2540 - 2543

Perspectives:
strategies to overcome resistance by efflux:
en route to a rational design
of efflux pump inhibitors ?

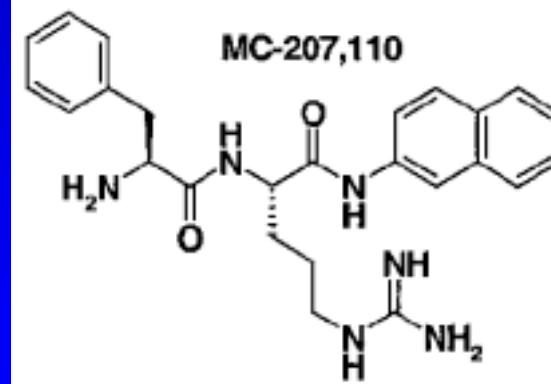
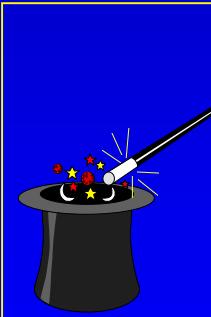
High throughput screening for the discovery of inhibitors of 'large spectrum' transporters



library of 200,000 synthetic and natural compounds

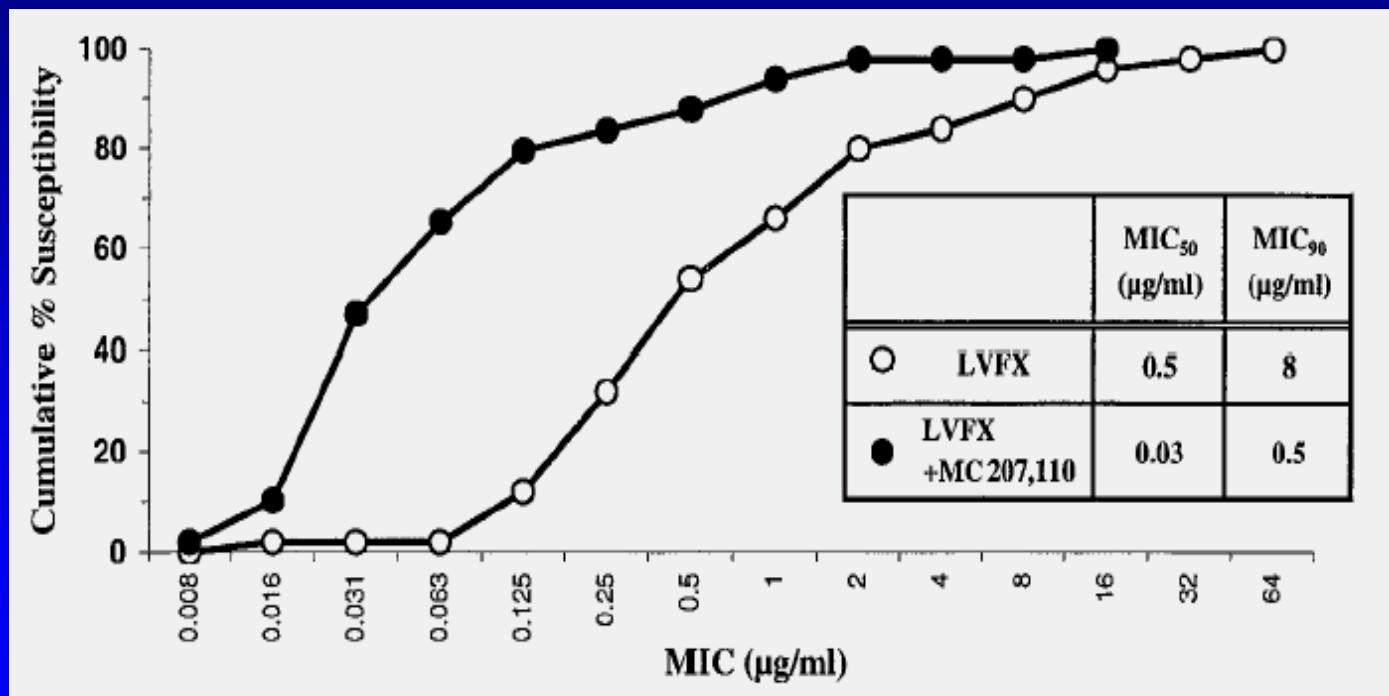


in vitro screening in combination with levofloxacin against *P. aeruginosa* overexpressing Mex pumps



High throughput screening for the discovery of inhibitors of ‘large spectrum’ transporters

→ increase in susceptibility of clinical isolates





you can win !

Shall we have a
better future ?



Do not deny the difficulties ! ...



Thank you for your attention ...

These slides (with a series of additional ones) will be available as PDF file from here ...

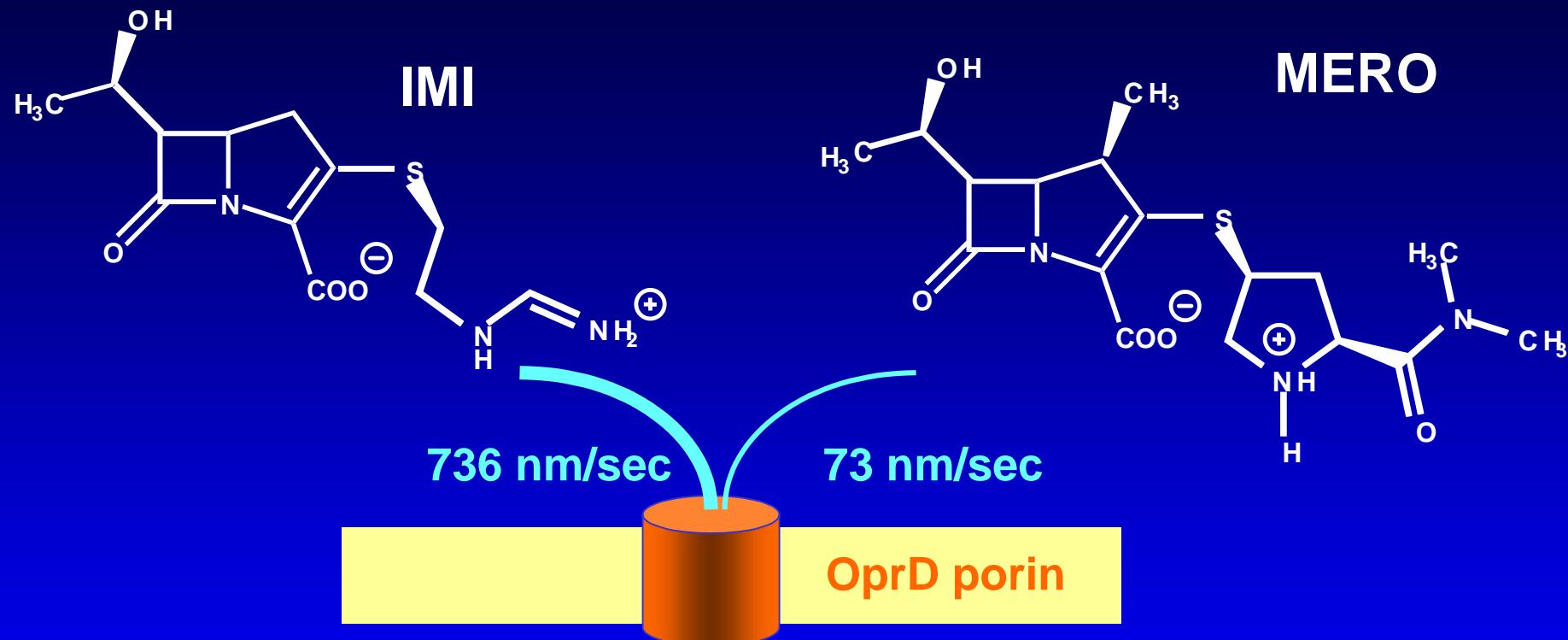
<http://www.md.ucl.ac.be/facm>
click on "**Conferences**" and look for the link to "**Efflux Mechanisms of Fluoroquinolones and β -lactams**", Chicago, IL, September 14th, 2003"



Additional questions

- Is imipenem more affected than meropenem by ΔOprD (porin) ?
- Why is meropenem more affected than imipenem by MexAB (efflux) ?

Why is IMI more affected than MERO by Δ OprD ?



MERO enters only slowly through OprD ...

→ has MERO another route of entry ?

Why is MERO more affected than IMI by MexAB ?

