

Pharmacodynamics: Integrating Concerns about Resistance and Efficacy in the Practical Care of Patients

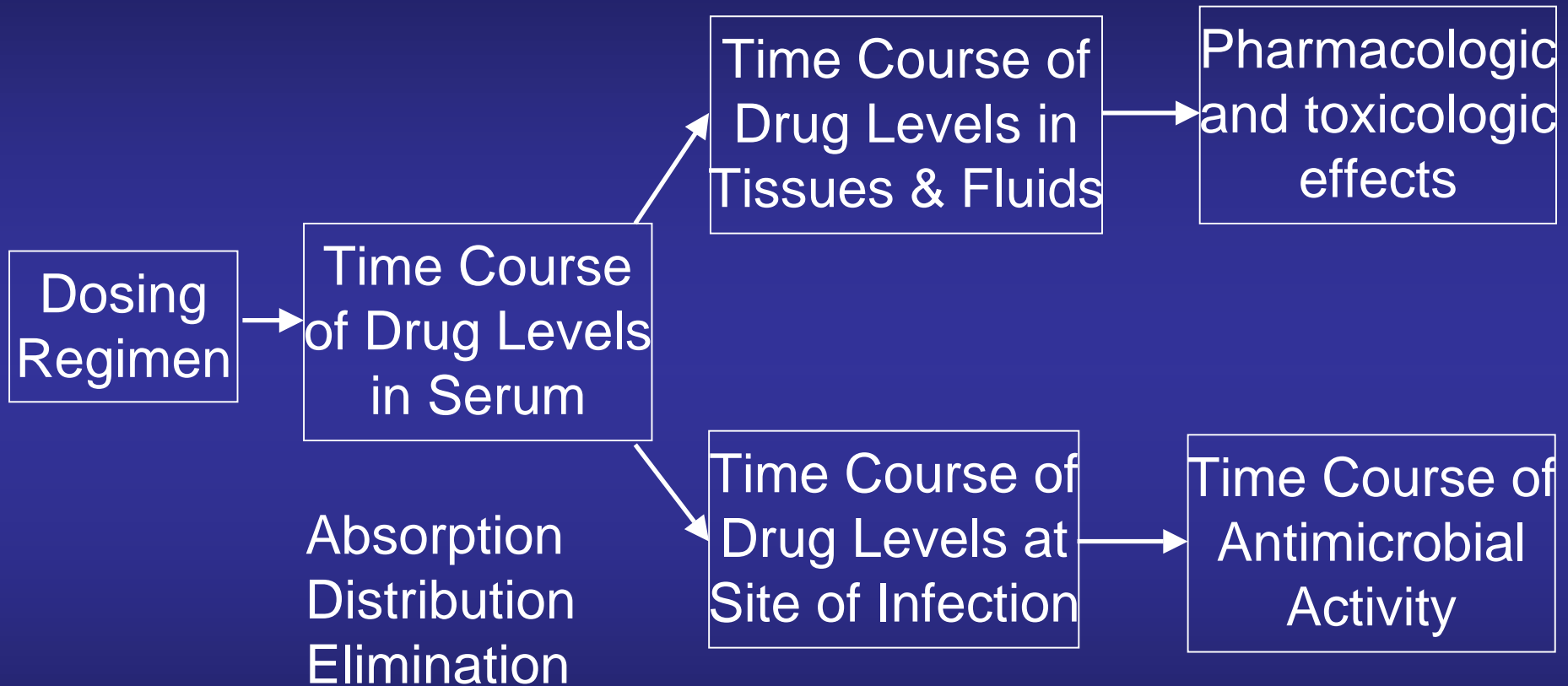
William A. Craig, MD

University of Wisconsin and

Wm S. Middleton Memorial VA Hospital

Madison, WI USA

Pharmacology of Antimicrobials



Pharmacokinetics (PK)

Pharmacodynamics (PD)

Measures of Antimicrobial Activity

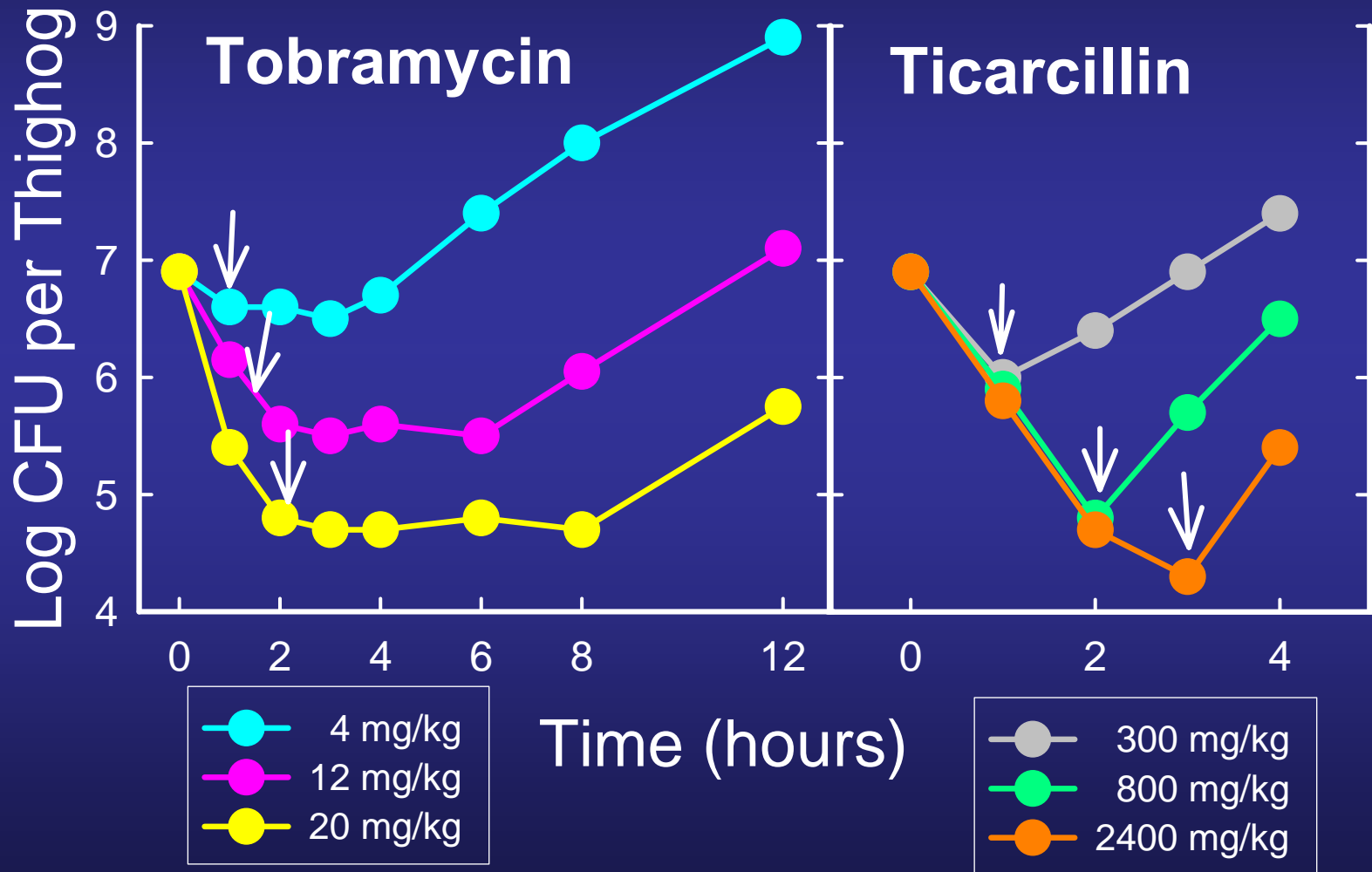
Potency

- MIC
- MBC

Time Course of Activity

- Rate of killing and impact of increasing concentrations (concentration-dependent versus time-dependent killing)
- Persistent effects (postantibiotic effect, postantibiotic sub-MIC effect, postantibiotic leukocyte effect, postantimicrobial effect)

Bactericidal Activity of Tobramycin and Ticarcillin against *Pseudomonas aeruginosa*



1st Pattern of Antimicrobial Activity

- Concentration-dependent killing and prolonged persistent effects
- Seen with quinolones, aminoglycosides, ketolides, and daptomycin
- Goal of dosing regimen: maximize concentrations – amount of drug and peak level are important

2nd Pattern of Antimicrobial Activity

- Time-dependent killing and minimal or no persistent effects (except with staphylococci)
- Seen with all beta-lactams
- Goal of dosing regimen: optimize duration of exposure; maximum killing when levels constantly above 4-5 times MIC

3rd Pattern of Antimicrobial Activity

- Time-dependent killing and moderate to prolonged persistent effects
- Seen with macrolides, azithromycin, clindamycin, tetracyclines, glycylicyclines, streptogramins, glycopeptides, oxazolidinones, deformylase inhibitors
- Goal of dosing regimen: optimize amount of drug; maximum killing when $T > MIC$
100%

Major Goal of Pharmacodynamics

Establish the **PK/PD TARGET** required for effective antimicrobial therapy

- identify which **PK/PD indice** (T>MIC, AUC/MIC, peak/MIC) best predicts in vivo antimicrobial activity
- determine the **magnitude** of the PK/PD parameter required for in vivo efficacy and to prevent resistance

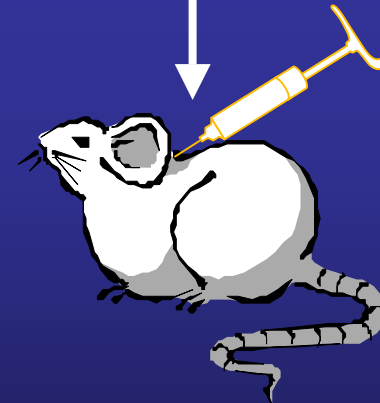
Neutropenic Mouse Thigh-Infection Model



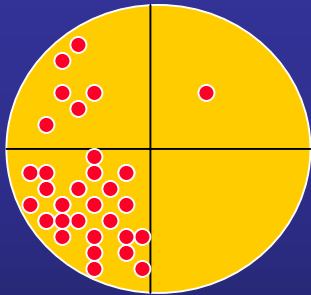
1. Neutropenia induced by 2 injections of cyclophosphamide on days -4 and -1



2. Bacteria injected into thighs on day 0 (10^{6-7})



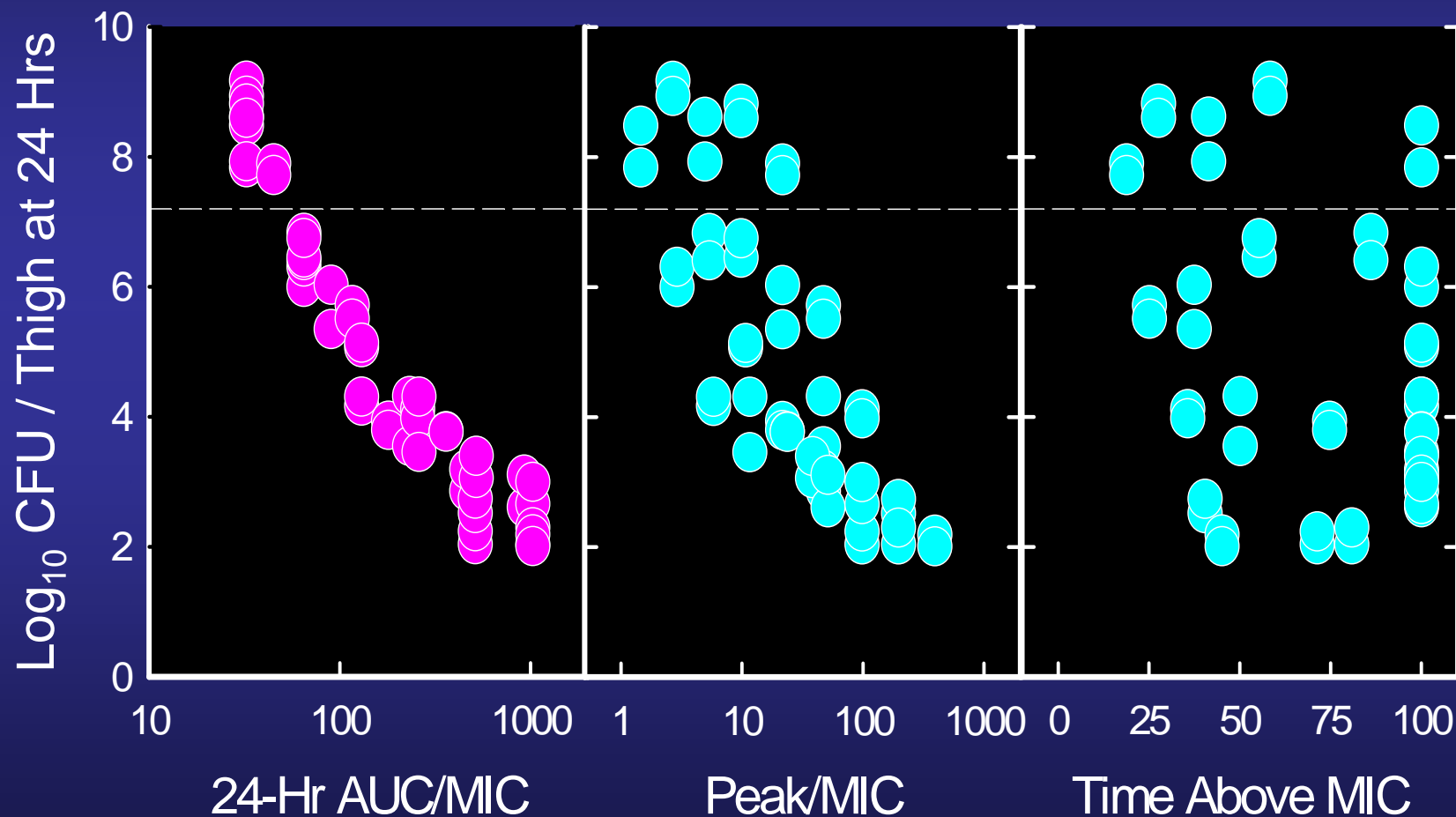
3. Treatment (usually given SQ) started 2 hr after infection and continued for 1-5 days



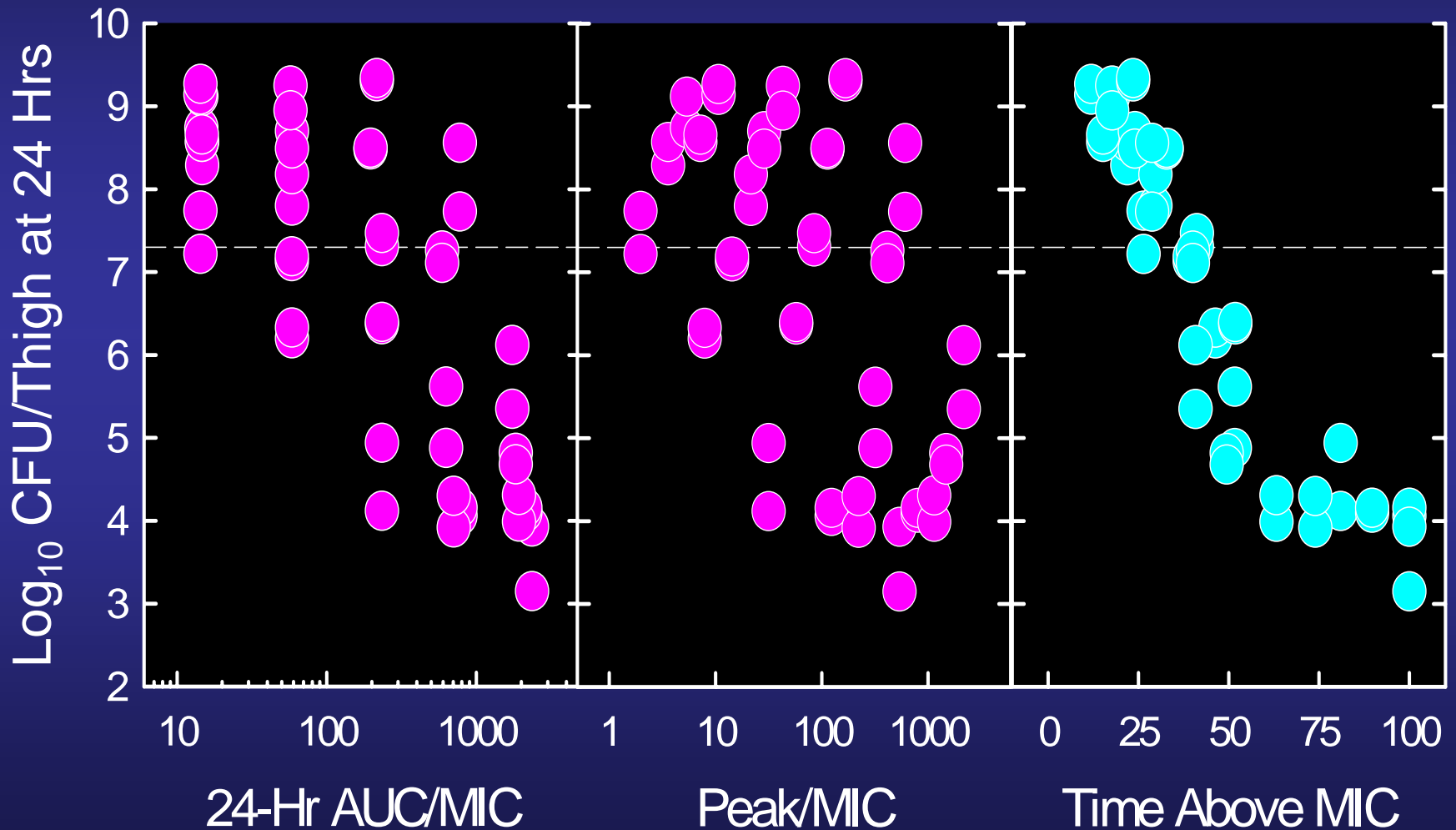
4. Thighs removed, homogenized, serially diluted and plated for CFU determinations

Correlation of PK/PD Parameters with Efficacy

Levofloxacin against *Streptococcus pneumoniae* in Thighs of Neutropenic Mice



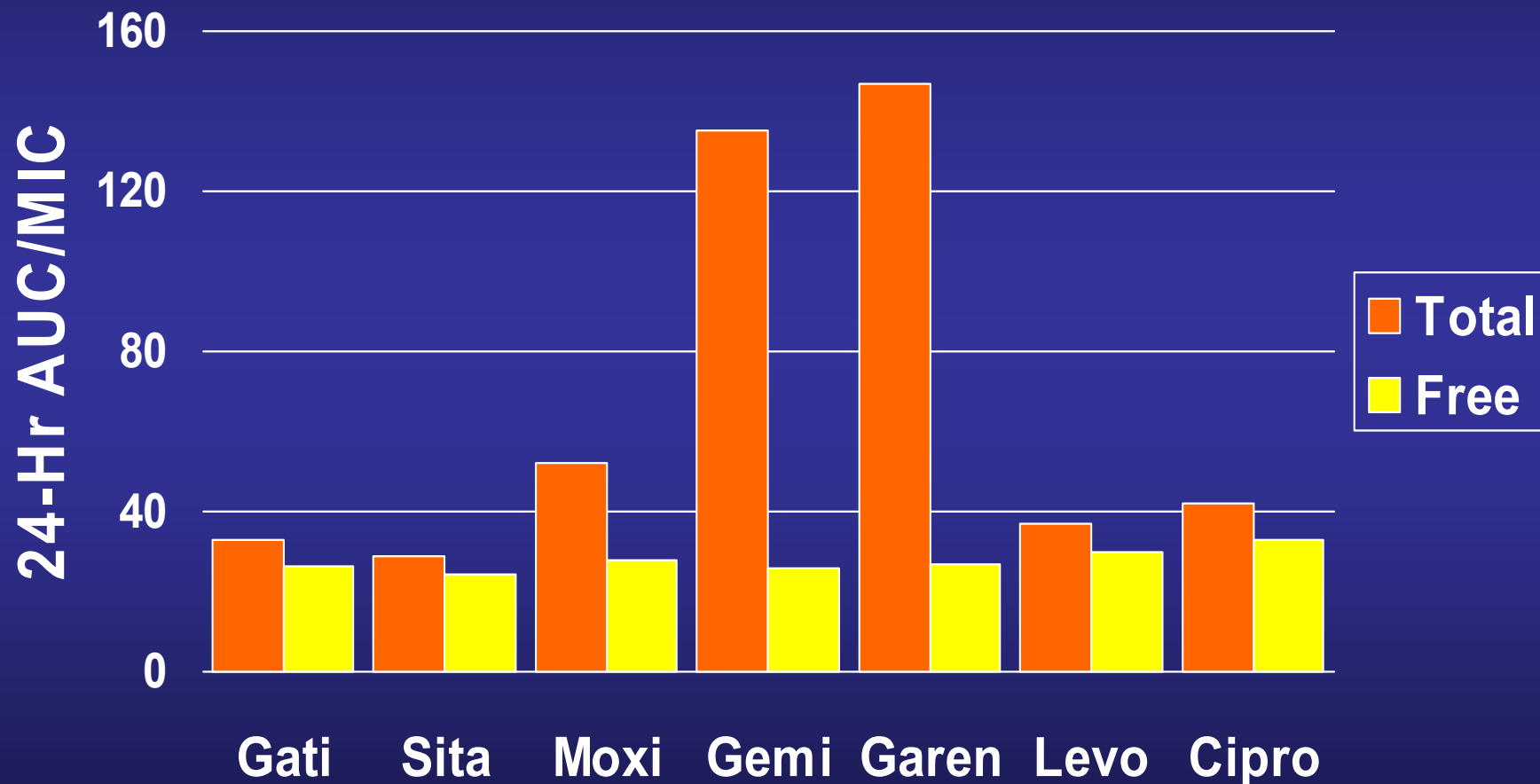
Relationship Between PK/PD Parameters and Efficacy for Cefpirome against *Klebsiella pneumoniae* in Lungs of Neutropenic Mice



Factors That Affect the Magnitude of PK/PD Parameters

- dosing regimen
- drug class
- protein binding
- infecting pathogen
- presence or absence of neutrophils
- site of infection

24-Hr AUC/MIC with Total and Free Drug for the Static Dose of Different Fluoroquinolones with *S. pneumoniae* ATCC 10813

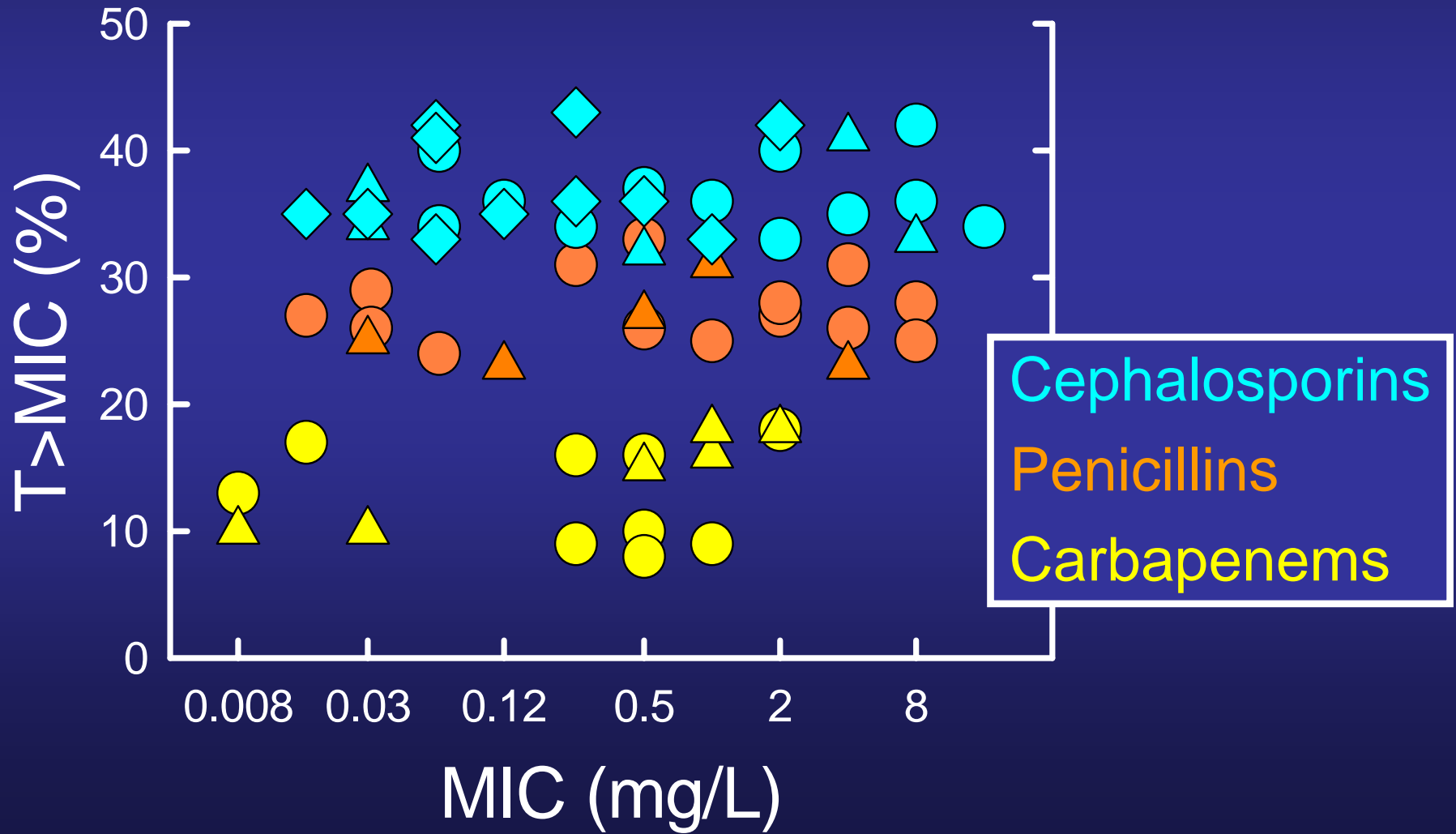


Time Above MIC Required for a Static Effect with 4 Cephalosporins

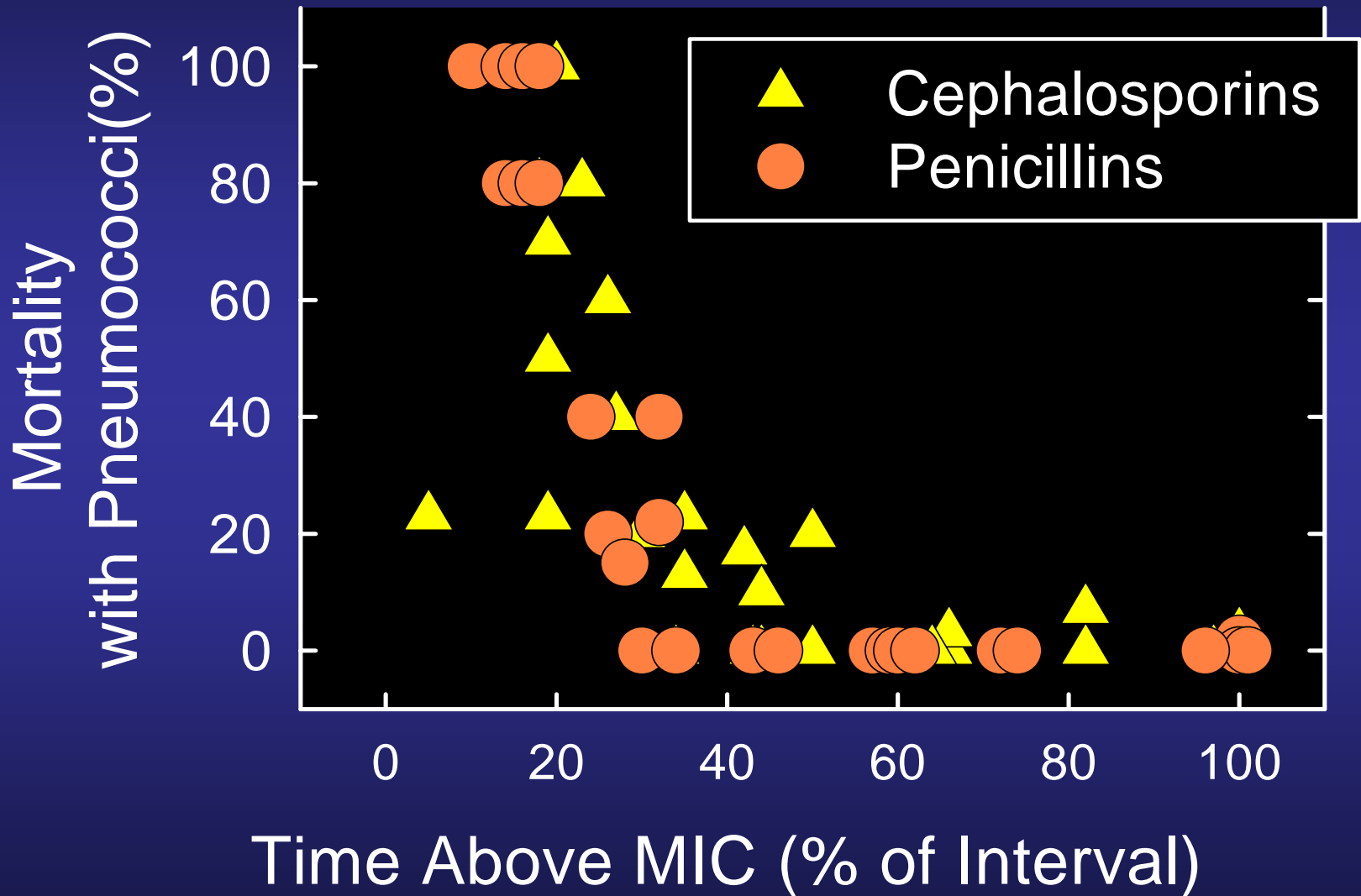
Time Above MIC (% of Dosing Interval)

Drug	GNB	S. pneumoniae	S.aureus
Ceftazidime	36 (27-42)	39 (35-42)	22 (19-24)
Cefpirome	35 (29-40)	37 (33-39)	22 (20-25)
Cefotaxime	38 (36-40)	38 (36-40)	24 (20-28)
Ceftriaxone	38 (34-42)	39 (37-41)	24 (21-27)

T>MIC for Free Drug for Static Doses with Cephalosporins, Penicillins and Carbapenems against Multiple Strains of *S. pneumoniae* with Various Penicillin MICs



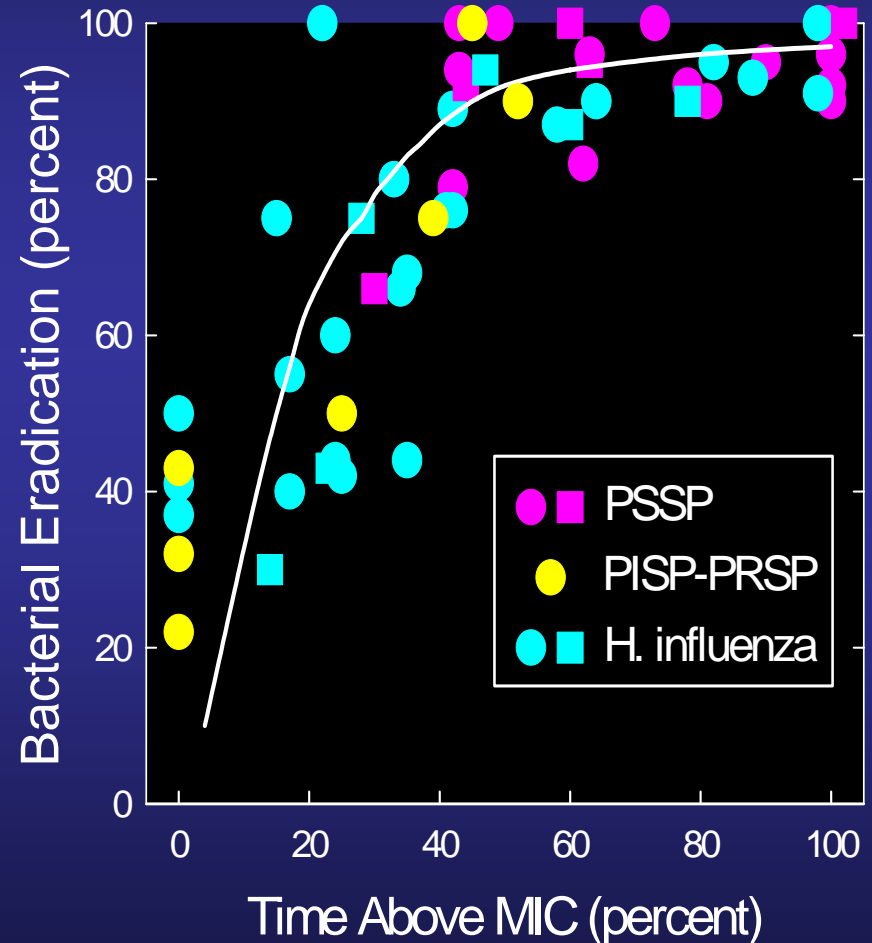
T>MIC for β -Lactams Versus Mortality in Animal Models: Literature Review



Relationship Between T>MIC and Bacterial Eradication with Beta-Lactams in Otitis Media (Circles) and Maxillary Sinusitis (Squares)

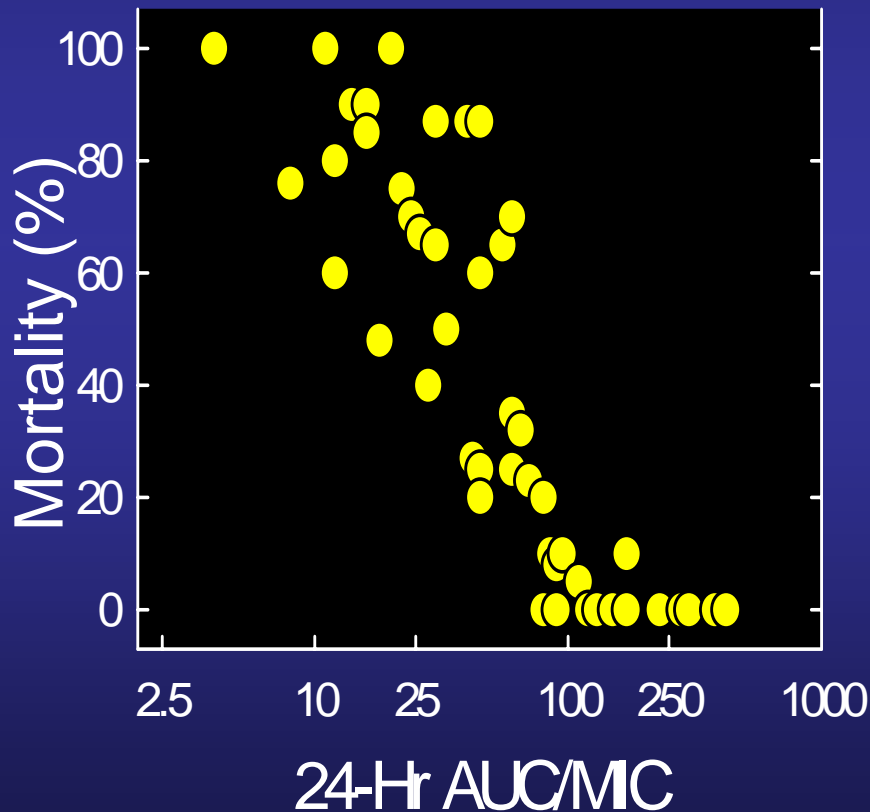
- Bacteriologic cure for beta-lactams with *S. pneumoniae* and *H. influenzae* from double-tap studies in acute otitis media and acute maxillary sinusitis
- Time above MIC calculated from serum levels and MICs

Craig & Andes, *Pediatr Infect Dis J* 15:255, 1996; Dagan et al *JAC* 47:129, 2001; Dagan et al *Pediatr Infect Dis J* 20:829, 2001

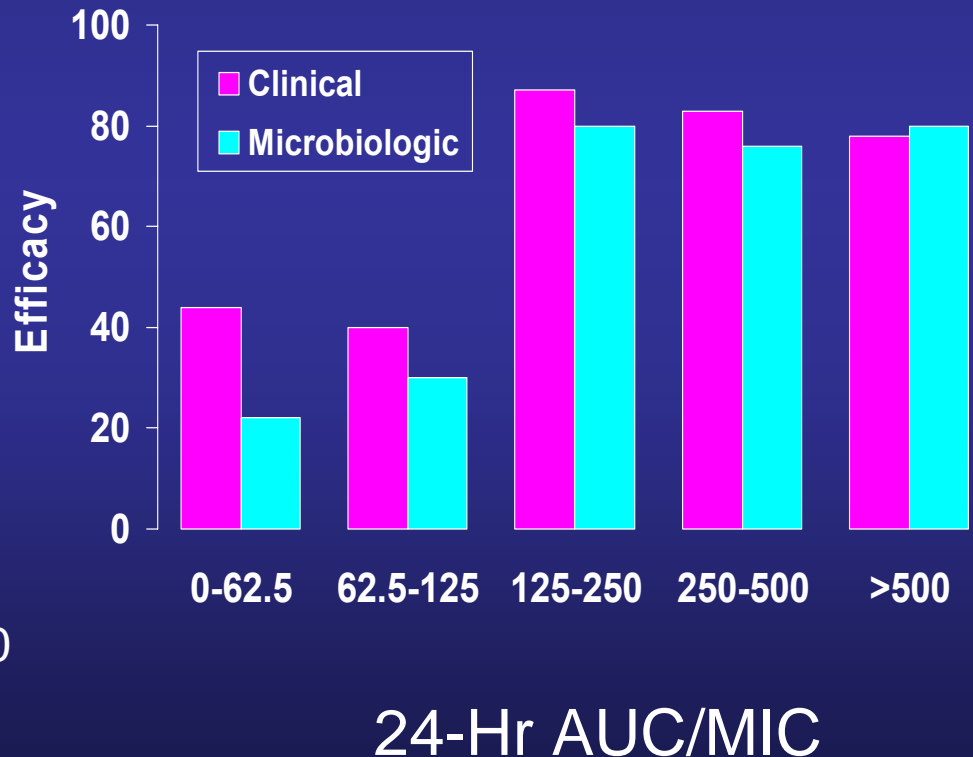


Comparison of the Relationships Between Efficacy and 24-Hr AUC/MIC for Fluoroquinolones in Animal Models and Infected Patients

Animals - Literature Review

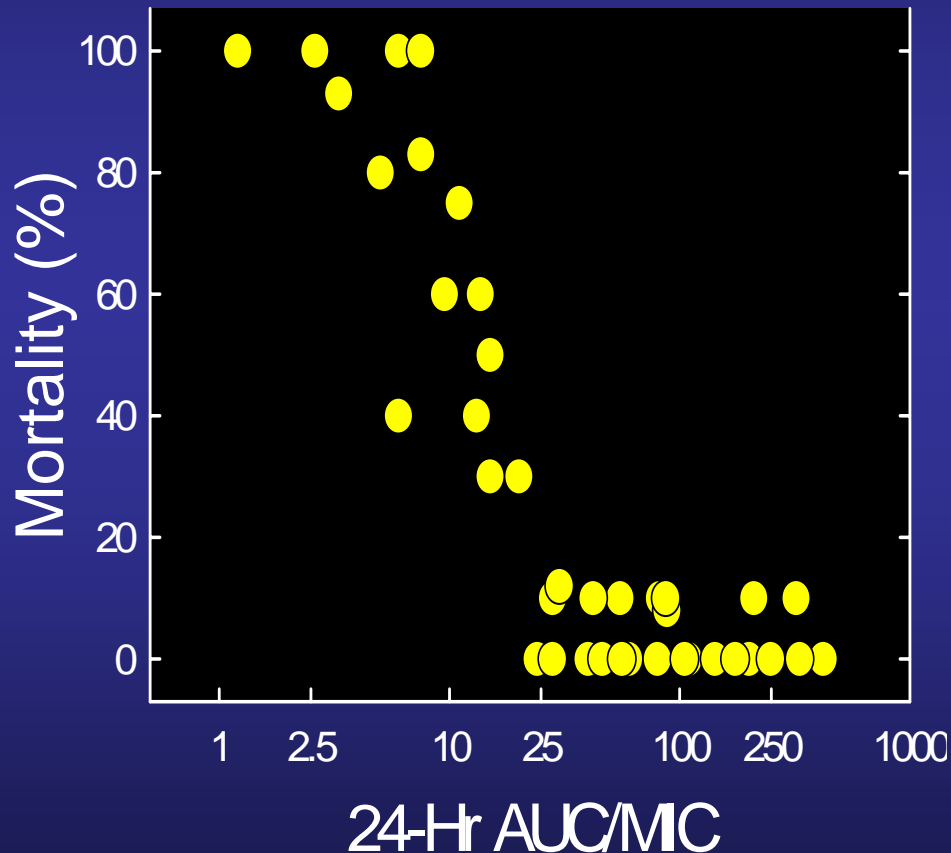


Seriously ill patients + Ciprofloxacin



Comparison of the Relationships Between 24-Hr AUC/MIC and Efficacy against Pneumococci for Fluoroquinolones in Animals and Patients

Animals - Literature Review



Patients with CAP and AECB

- 58 patients enrolled in a comparative trial of levofloxacin vs gatifloxacin
- Free-drug 24-hr AUC/MIC **<33.7**, the probability of a microbiologic cure was **64%**
- Free-drug 24-hr AUC/MIC **>33.7**, the probability of a microbiologic cure was **100%**

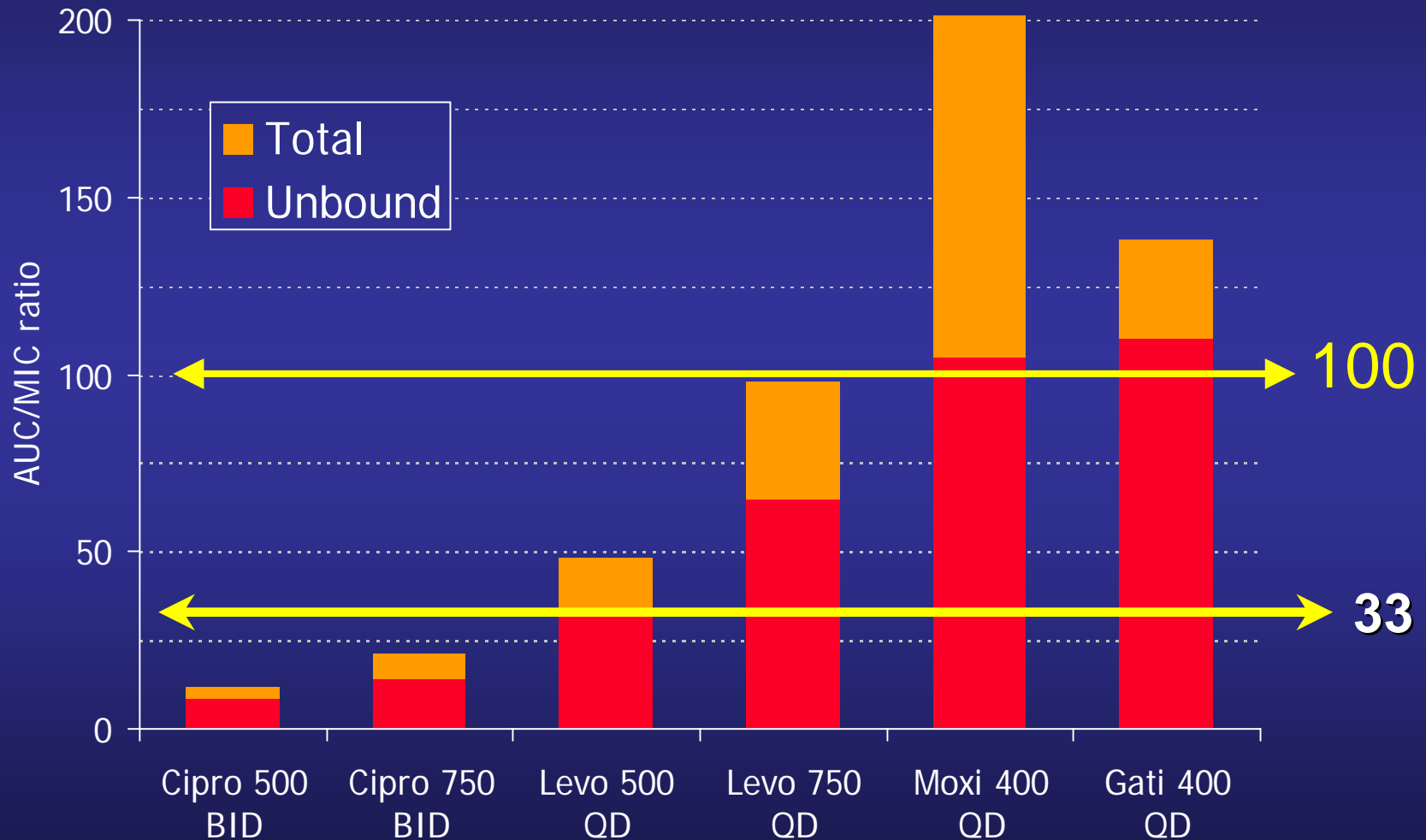
Uses of Pharmacodynamic Studies

- Drug development
 - new formulations active against organisms with high MICs (e.g. high dose amoxicillin/clavunate)
 - dosage regimens for phase II and III clinical trials
 - drug selection for clinical studies
- Optimize dosing regimens
 - longer infusions and continuous infusion of beta-lactams
 - once-daily dosing of aminoglycosides

Uses of Pharmacodynamic Studies

- Guidelines for antimicrobial usage
- Reduction of emergence of resistance
- Modifications of susceptibility and resistance breakpoints
 - parenteral cephalosporins for *S. pneumoniae*
 - fluoroquinolones for *S. aureus*
- Identify problem drug-organism combinations with specific MICs

Fluoroquinolone AUC/MIC₉₀ Ratios for *S. pneumoniae*



PK/PD Parameters versus Emergence of Resistance for Fluoroquinolones

<u>24-Hr AUC/MIC</u>	Resistance Developed	
	<u><i>P. aeruginosa</i></u>	<u>Other GNB</u>
<100 - Monotherapy	80%	100%
>100 – Monotherapy	33%	10%
Combinations	<u>11%</u>	<u>0%</u>
	25%	12%

Magnitude of PK/PD Parameters for Common Drugs Used Against *Pseudomonas aeruginosa*

Drug	Dose	MICs	Peak/MIC	AUC/MIC
Ciprofloxacin	400mg q8	0.25-1	20/4	144/36
Levofloxacin	750mg q24	0.5-4	12/3	125/31
Tobramycin	7 mg/kg q24	1-4	24/6	84/21

Monte Carlo Simulation

**PK Variation
In Normal
Volunteers
or Patients**

Simulate



**PK Variation in
10,000 Patients**



**Determine Percentage of Patients
that would meet the PK/PD Target
required for efficacy**

Monte Carlo Simulation: Cefotaxime Percent of 10,000 Patients Attaining Indicated PK/PD Exposure Target

T>MIC with 1g every 8 hr

<u>MIC</u>	<u>30%</u>	<u>40%</u>	<u>50%</u>	<u>60%</u>	<u>70%</u>
0.5	100	99	97	89	73
1	99	98	89	71	49
2	98	91	67	41	22
4	92	62	29	11	4
8	58	15	3	0	0
16	12	0	0	0	0

Clinical Outcome in 42 Patients with ESBL-Producing Klebsiella/E. coli Bacteremia and Treated with Cephalosporin Monotherapy

Outcome	MIC ≤ 1 $\mu\text{g/L}$	MIC 2 $\mu\text{g/L}$	MIC 4 $\mu\text{g/L}$	MIC 8 $\mu\text{g/L}$
Success	13 (81%)	4 (67%)	3 (27%)	1 (11%)
Failure	3 (19%)	2 (33%)	8 (73%)	8 (89%)

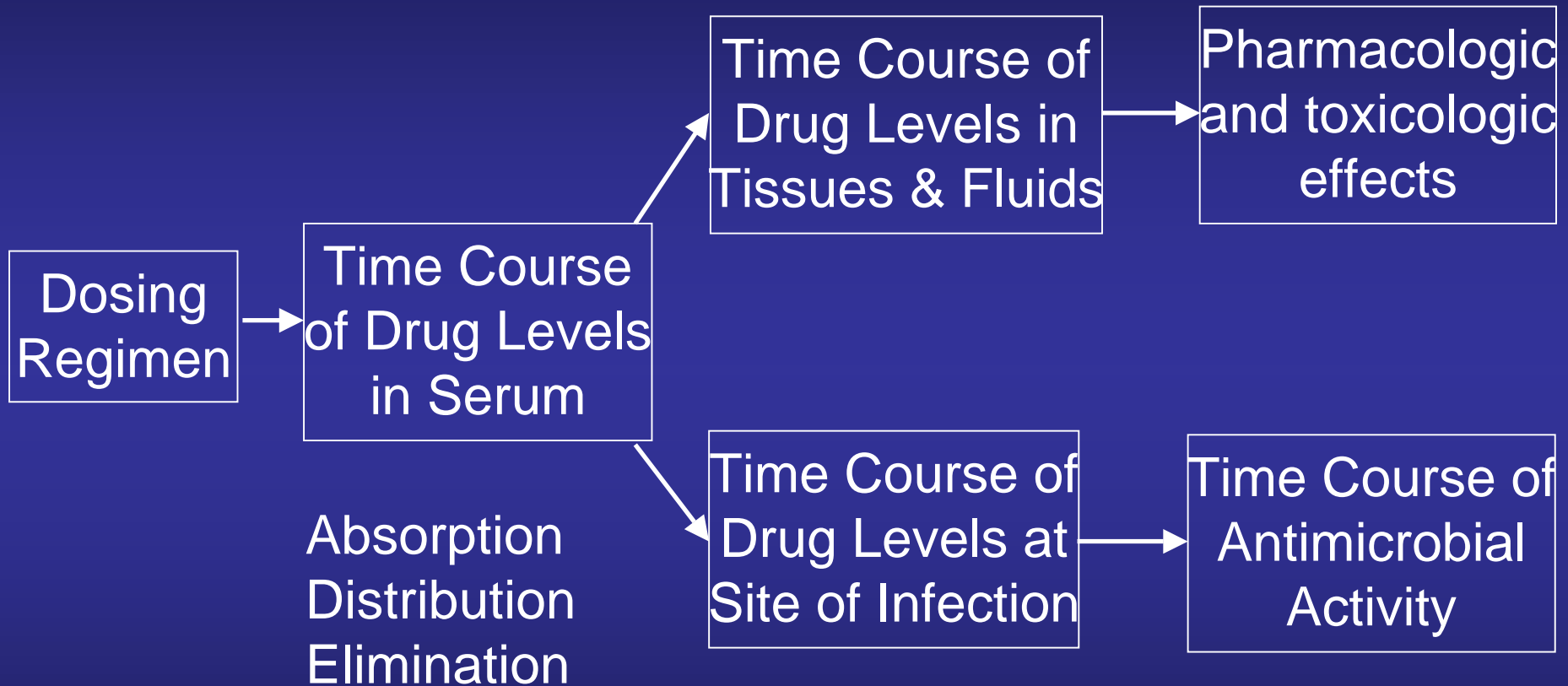
Paterson et al J Clin Micro 39:2206, 2001; Kim et al AAC 46:1481, 2002; Wong-Beringer et al Clin Infect Dis 34:135, 2002; Kang et al AAC In press 2004; Bhavani et al 44rd ICAAC, Abstract K-1588, 2004

Monte Carlo Simulation: Meropenem Percent of 10,000 Patients Attaining Indicated PK/PD Exposure Target

T>MIC of 40% with doses of:

<u>MIC</u>	<u>0.5g q8 (1h inf)</u>	<u>0.5g q8 (3h inf)</u>
0.5	95	100
1	90	100
2	65	99
4	32	80
8	4	14
16	0	1

Pharmacology of Antimicrobials



Pharmacokinetics (PK)

Pharmacodynamics (PD)