

# Preliminary evidences of the direct and indirect antimicrobial activity of 12 plants used in traditional medicine in Africa

Lucy Catteau D · Françoise Van Bambeke · Joëlle Quetin-Leclercq



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Abstract In a world of increasing resistance to current antibiotics, search of novel therapeutic options is urgently needed. The aim of this work was to screen plant crude extracts for direct or indirect (inhibition of resistance) antimicrobial activity. Four crude extracts from 12 plants traditionally used in Africa for the treatment of infections were obtained by successive extraction with hexane, dichloromethane, ethyl acetate, and methanol. All extracts were tested against Staphylococcus aureus MRSA ATCC33591 [resistant to  $\beta$ -lactams by production of  $\beta$ -lactamases and of a modified PBP target (PBP2a)]. Direct antimicrobial activity was tested by determination of Minimal Inhibitory Concentrations (MIC), and indirect activity, by determining interactions between antibiotics and extracts using checkerboard titration and calculation of Fractional Inhibitory Concentration Index (FICI; synergy: FICI  $\leq 0.5$ ; additivity: FICI  $\leq 1$ ). Combined antibiotics were ampicillin (sensitive to resistance mediated by  $\beta$ -lactamases and PBP2a) and oxacillin (sensitive to resistance mediated by PBP2a only). The dichloromethane extract of Vitellaria paradoxa leaves, the methanol extracts of Vitellaria paradoxa, Cola gigantea leaves and twigs, and of Tapinanthus bangwensis aerial parts showed direct antimicrobial activity (MIC 250–500 mg/L). The methanol extracts of Vitellaria paradoxa and Cola gigantea leaves and twigs showed additive or synergistic effects with oxacillin and ampicillin on MRSA ATCC33591 (FICI 0.28–1), suggesting a possible inhibition of PBP2a. The methanol extract of Tapinanthus bangwensis aerial parts and Anchomanes difformis roots improved the activity of ampicillin only (FICI 0.38–1), suggesting  $\beta$ -lactamase inhibition. Polyphenols and particularly tannins were shown to be responsible for these last effects, at least partially for Vitellaria paradoxa. These data need further research aiming at identifying the active compounds in these extracts.

**Keywords** Plant extracts  $\cdot$  Resistance modifying agent  $\cdot$  MRSA  $\cdot$   $\beta$ -Lactams  $\cdot$  Tannins

# Introduction

Infections caused by multi-drug resistant bacteria are an increasing problem due to the emergence and propagation of microbial drug resistance and the lack of development of new antimicrobials.

Staphylococcus aureus is a major cause of hospitally-acquired infections, with  $\beta$ -Lactam antibiotics often considered as a first line of treatment. However, widespread use of this class of antibiotics has led to an

L. Catteau (🖂) · F. Van Bambeke · J. Quetin-Leclercq Louvain Drug Research Institute, Université catholique de Louvain, Avenue E. Mounier B1.72.03, 1200 Woluwe-Saint-Lambert, Belgium e-mail: lucy.catteau@uclouvain.be

increasing prevalence of bacterial resistance. The main mechanisms of  $\beta$ -lactams resistance consist in (a) the production of  $\beta$ -lactamases inactivating the antibiotics and (b) the production of PBP2a, an additional penicillin-binding protein with decreased affinity for methicillin and most other  $\beta$ -lactam drugs, the production of which is associated to the so-call MRSA (Methicillin-resistant *Staphylococcus aureus*) phenotype (Tenover 2006). MRSA is one of the most prominent pathogens known to induce a severe threat to human health (Lowy 1998). Recent epidemiological studies indicate that the prevalence of MRSA is high over the world posing a significant public health challenge (Hadler et al. 2012; Johnson 2011).

Therapeutic options available for treating MRSA infections have become seriously limited. Indeed, MRSA have also acquired resistance mechanisms to most of the other available antibiotic classes (Miller et al. 2014; Sandora and Goldmann 2012). Moreover, the rapid widespread and emergence of resistance to newly introduced antimicrobial agents indicates that new families of antimicrobial agents will have a short life expectancy (Coates et al. 2002). Although ceftaroline, telavancin, tedizolid, dalbavancin, and oritavancin have been recently marketed as drugs to treat MRSA infections, the development of new and original strategies to fight them is still needed (Rodvold and McConeghy 2014).

A useful alternative approach consists in inhibiting resistance mechanisms, which has already been widely exploited with  $\beta$ -lactamase inhibitors (Drawz and Bonomo 2010). During the last decade, a few studies reported that plant extracts can contain antimicrobial compounds and/or substances enhancing the in vitro activity of certain antibiotics against multi-drug resistant strains of *Staphylococcus aureus* (Abreu et al. 2012; Chanda and Rakholiya 2011; Gibbons 2004, 2005; Hemaiswarya et al. 2008; Sibanda and Okoh 2007; Taylor 2013).

In this study, we screened 12 plants traditionally used in Africa to treat diverse infections for their direct antimicrobial activity against a MRSA reference strain. We also determined their indirect antimicrobial activity in combination with two  $\beta$ -lactams (ampicillin and oxacillin). For each plant species, twigs, leaves or roots were extracted with hexane, dichloromethane, ethyl acetate and methanol. Crude extracts were also evaluated for their cytotoxicity on two mammalian cell lines.

## Materials and methods

### Plant material

Most of the plant materials (leaves and twigs (=aerial parts), and roots) were collected from the South of Benin, especially from Abomey–Calavi (South–West) to the border area with Nigeria (South-East) between September 2006 and August 2012. *Anthocleista schweinfurthii* was collected in Kinshasa (Democratic Republic of the Congo) in August 2007 and *Spirospermum penduliflorum*, in December 2009 in the Eastern Region of Madagascar. Voucher specimens were identified and deposited at the Herbier National of Abomey-Calavi University in Benin, at the herbarium of the "*Institut Malgache de Recherches Appliquées*" (IMRA) or at the Herbarium of the National Botanic Garden of Belgium, at Meise (see Table 1).

Preparation of crude plant extracts and tannins free fractions

Dried leaves, twigs, or roots (50-100 g) were extracted using a soxhlet apparatus with four solvents of increasing polarity (hexane, dichloromethane, ethyl acetate and methanol) for 8 h each. The quantity of solvent used for each extraction was 250 mL. The extracts obtained were then evaporated to dryness under reduced pressure with a rotary evaporator at a temperature of 30 °C. Yields for each extraction are indicated in Table 2.

Active methanolic extracts were cleared of tannins with a polyamid column (Polyamid CC 6, Macherey—Nagel) according to the method described by Houghton and Raman (1998). 20 g of polyamid were swollen in 200 mL of water during one night. A column was filled with the gel. After one day, the column was conditioned with two column volumes of each solvent used in the elution. 500 mg of extract solubilized in a minimum of solvent (mixture MeOH/H<sub>2</sub>O 50:50) were deposed on the column. For the elution, we used MeOH, a mixture of MeOH/H<sub>2</sub>O 50:50, ethyl acetate and finally dichloromethane.

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Table 1	Plant	species	under	study

Botanical name	Family	Voucher specimen number	Collecting place	Traditional uses
Allophylus africanus P. Beauv	Sapindaceae	AP2131	Benin	To treat headaches, migraines, colic, fever, conjunctivitis and other eye troubles, wounds, infections, diarrhea and malaria <sup>a,b,c,d</sup>
Anchomanes difformis (Blume) Engl.	Araceae	AP2132	Benin	As diuretic, to treat diabetes, oral and anal lesions, tuberculosis and malaria <sup>a</sup>
Anthocleista schweinfurthii (Gilg.)	Gentianaceae	BR0000009752597	Kinshasa	To treat diabetes, malaria, stomach diseases, ovarian problems, veneral disease, bronchitis, fever, abscesses, malaria and to facilitate wound healing <sup>e,f</sup>
Cassia sieberiana DC	Caesalpiniaceae	BR S.P. 848100	Benin	To treat fever, jaundice, stomach ache, gonorrhea, piles, ulcers, abscesses and malaria <sup>g,h</sup>
Cissampelos mucronata A Rich.	Menispermaceae	AA 6347/HNB	Benin	To treat wounds, indigestion, schistosomiasis, infections, malaria <sup>i</sup>
Cola gigantea A. Chev. Var. gigantea	Sterculiaceae	AP2133	Benin	To treat sores, skin infections and other inflammatory conditions including pains <sup>j</sup>
Holarrhena floribunda (G. Don) Durand & Schinz	Apocynaceae	AP2128	Benin	As febrifuge and tonic, to treat dysentery, malaria, female sterility, tripanosomiasis, abdominal pains, nausea, indigestion, diarrhea <sup>k,l,</sup>
Protea elliotii C. H. Wright	Proteaceae	AA 6354/HNB	Benin	To treat carious teeth, hemorrhoids, sores, skin diseases <sup>m,n</sup>
Schrankia leptocarpa DC.	Mimosaceae	Houngnon 954b	Benin	To treat eruptive fever, hypertension, jaundice, abdominal pains, hiccup and malaria <sup>a</sup>
Spirospermum penduliflorum Thouars	Menispermaceae	AML13	Madagascar	To treat malaria, pulmonary tuberculosis, vomiting, colic, liver complains and as cardiac tonic <sup>p</sup>
Tapinanthus bangwensis (Engl. & Krause) Danser	Loranthaceae	AP2242	Benin	To treat snake bites, disorders in female reproductive system, cancer, arthritis, rheumatism, hypertension, asthma, diabetes, wounds, skin infections <sup>n</sup>
Vitellaria paradoxa C.F. Gaertn. ssp. paradoxa	Sapotaceae	AP2130	Benin	To treat hypertension, wound infections, skin infections, dysentery, diarrhea, gastrointestinal tract infections, jaundice, hemorrhoids, fever <sup>m,n,o</sup>

<sup>a</sup>Adjanohoun et al. (1989), <sup>b</sup> Balogun et al. (2014), <sup>c</sup> Oladosu et al. (2013), <sup>d</sup> Oladosu et al. (2015), <sup>e</sup> Mbouangouere et al. (2007), <sup>f</sup> Mezui et al. (2015), <sup>g</sup> Ahua et al. (2007), <sup>h</sup> Zerbo et al. (2011), <sup>i</sup> Nondo et al. (2011), <sup>j</sup> Agyare et al. (2012), <sup>k</sup> Nwodo et al. (2007), <sup>1</sup> Bogne et al. (2007), <sup>m</sup> Tagne et al. (2014), <sup>n</sup> Jiofack et al. (2010), <sup>o</sup> Ayankunle et al. (2012), <sup>p</sup> Schmelzer and Gurib-Fakim (2008)

# TLC analysis

Methanolic extracts were resolubilized in methanol at a concentration of 10 mg/mL. 5  $\mu$ L were then spotted on a TLC Silica gel 60 F<sub>254</sub> plate (Merck, Darmstadt, Germany). The mobile phase consisted in a mixture of butanol/acetic acid/H<sub>2</sub>O (14:5:5). Revelation was done with chlorhydric vanillin prepared according to the method described by Wagner and Bladt (1996).

### Bacteria, cells and media

Crude extracts were tested for their direct and indirect antibacterial activity against *Staphylococcus aureus* ATCC33591 (MRSA; obtained from the American Type Culture Collection). This reference strain is resistant to  $\beta$ -lactams by two main mechanisms, namely the production of  $\beta$ -lactamases and of targets PBP2a.

Two cell lines were used in parallel, and cultivated in a humidified atmosphere with 5 % CO<sub>2</sub> at 37 °C. The J774 macrophage-like cell line, derived from BALB/c murine reticulum cell sarcoma, was cultivated in RPMI 1640 medium (Life Technologies, Paisley, UK) containing 2 mM L-glutamine supplemented with 10 % heat-inactivated fetal bovine serum (Life Technologies) and penicillin–streptomycin (100 UI/mL). The human normal fibroblast cell line, WI38, was cultivated in DMEM medium (Life Technologies) containing 4 mM L-glutamine, 1 mM sodium pyruvate supplemented with 10 % heat inactivated fetal bovine serum (Life Technologies) and penicillin–streptomycin (100 UI/mL).

### Antibiotics and antibiotic susceptibility testing

Ampicillin (potency 87.99 %) and oxacillin (potency 90 %) (Sigma-Aldrich, St Louis, MO) were used as tested antibiotics.

Stock solutions of crude extracts were prepared at 20 mg/mL in dimethylsulfoxide (DMSO) and then serially diluted in the medium to obtain a final concentration range of 500-7.81 mg/L. The highest concentration of solvent to which the bacteria were exposed was 2.5 %, which was shown in preliminary experiments to have no effect on the growth of bacteria.

Minimum Inhibitory Concentrations (MIC) and Fractional Inhibitory Concentration Indices (FICI) were determined by the checkerboard method in cation-adjusted Mueller–Hinton broth (CA-MHB) (Buyck et al. 2015; Eliopoulos and Moellering 1996). In a 96-well plate, the  $\beta$ -lactam antibiotic in the combination was serially diluted starting from a final concentration of 2 × MIC along the ordinate. The crude extract was serially diluted along the abscissa using 500 mg/L as the highest final concentration. After that, a bacterial suspension (final inoculum 0.5 10<sup>6</sup> to 1 10<sup>6</sup> CFU/mL) was added to all wells.

After 20 h of incubation at 37  $^{\circ}$ C, the MICs of antibiotics and crude extracts were determined as the lowest concentration that completely inhibited the growth of the organism.

Interactions between antibiotics were then evaluated using the FIC indices, calculated as the sum of the Fractional Inhibitory Concentrations (FICs) as follows: FICI = FIC A + FIC E, where FIC A is MIC of the antibiotic in the combination/MIC of the antibiotic alone and FIC E is MIC of the extract in the combination/MIC of the extract alone (Bonapace et al. 2002). The combination was considered as synergistic for FICI  $\leq$  0.5, additive for 0.5 < FICI  $\leq$ 1, indifferent for  $1 < FICI \le 4$  and antagonistic for FICI > 4 according to the European Committee for Antimicrobial Susceptibility Testing (EUCAST 2000). To facilitate readings, bacterial growth was detected using resazurin, a blue phenoxazin dye that is reduced by viable bacteria in the pink fluorescent compound resorufin (Sarker et al. 2007). 30 µL of a 0.02 % resazurin (Sigma-Aldrich) solution in CA-MHB was added to each well. Plates were then incubated at 37 °C for 1 h in the dark. MIC corresponded to the lowest concentration of antibiotic or extract for which the well color did not turn to pink.

# Cytotoxicity assay

The cytotoxicity of the extracts for J774 and WI38 cells was evaluated as described by Stevigny et al. (2002), using tetrazolium salt MTT [3-(4,5dimethylthiazol-2-yl)-2,5-diphényltetrazolium bromide] (Sigma-Aldrich) colorimetric method based on the cleavage of the reagent by mitochondrial dehydrogenase in viable cells (Mosmann 1983). Camptothecin (Sigma-Aldrich) was used as a positive cytotoxic reference. Stock solutions of crude extracts at 20 mg/mL in DMSO were diluted in medium with a final concentration range of 100-0.01 mg/L. The cytotoxicity of solvents was tested in parallel and found to be negligible at the highest concentration used for extracts (0.5 %). Each extract was tested in nine serial dilutions in 96-well microtiter plates.

#### **Results and discussion**

Fifty-six extracts were obtained from the 12 plants under study. In vitro direct and indirect antimicrobial and cytotoxic activities of these extracts are summarized in Table 2.

Table 2 In vitro direct and indirect antibacterial activity and cytotoxicity of the selected plant extracts (n = 3)

Plants species	Part studied <sup>a</sup>	Extract	Yield (%)	Antibacterial activity against MRSA ATCC33591			Cytotoxicity (IC <sub>50</sub> , mg/L) average $\pm$ standard deviation	
				MIC (mg/ L)	FICI AMPI	FICI OXA	WI38	J774
Allophylus africanus	AP	HEX	2.33	>500	0.63-1	1	$77.99 \pm 8.89$	97.81 ± 3.10
		DCM	1.26	>500	1	1–2	$60.69 \pm 6.18$	$19.79 \pm 2.24$
		AcOEt	0.89	>500	1	1–2	>100	$62.43\pm 6.27$
		MeOH	5.07	>500	1	1–2	>100	>100
Anchomanes difformis	RT	HEX	0.46	>500	0.18-1	0.60-1	>100	$76.4\pm9.3$
		DCM	0.56	>500	1	1	>100	>100
		AcOEt	0.71	>500	1	1–2	>100	>100
		MeOH	8.93	>500	0.38-1	1	>100	>100
Anthocleista	RB	HEX	0.53	>500	0.62-1	1–2	$66.06 \pm 7.75$	$23.17 \pm 3.36$
schweinfurthii		DCM	0.52	>500	0.75-1	1–2	$67.26 \pm 2.16$	$47.10 \pm 2.00$
		AcOEt	0.63	>500	0.75-1	1–2	>100	$91.92 \pm 7.57$
		MeOH	6.91	>500	1	1–2	>100	>100
Cassia sieberiana	AP	HEX	1.77	>500	1	1	$88.36 \pm 0.89$	44.54 ± 5.39
		DCM	1.35	>500	1–2	1	$63.42 \pm 7.29$	$41.31 \pm 8.92$
		AcOEt	1.32	>500	1–2	1	>100	>100
		МеОН	14.54	>500	1	1	>100	>100
Cissampelos mucronata	AP	HEX	1.65	>500	1	1-2	$29.17 \pm 1.43$	$31.07 \pm 8.64$
eissampeios maeronaia		DCM	0.82	>500	1	1-2	$65.68 \pm 6.91$	$18.32 \pm 2.31$
		AcOEt	0.78	>500	1	1-2	$45.16 \pm 3.78$	$10.32 \pm 2.31$ $19.24 \pm 0.30$
		MeOH	7.91	>500	1	1-2	$49.10 \pm 9.10$ $99.57 \pm 0.54$	$35.46 \pm 6.15$
Cola gigantea	TW	HEX	0.84	>500	1	1-2	$42.69 \pm 8.49$	$35.06 \pm 0.39$
cola gizanica	1.0	DCM	0.45	>500	1	1-2	$42.09 \pm 0.49$ $32.85 \pm 8.95$	$31.54 \pm 3.32$
		AcOEt	0.42	>500	1	1-2 1-2	>100	$31.94 \pm 3.92$ $82.93 \pm 3.48$
		MeOH	12.34	>300 500	0.5–1	0.28–1	>100	$82.93 \pm 0.40$ $88.22 \pm 6.31$
	LF	HEX	3.07	>500	0.5-1 1	0.28–1 1–2	>100	$56.92 \pm 6.94$
	LI	DCM	1.18	>500	1	1–2 1–2	>100	$50.92 \pm 0.94$ $57.69 \pm 2.69$
		AcOEt	0.59	>500	1	1-2 1-2	>100	$37.09 \pm 2.09$ $80.48 \pm 9.83$
		MeOH	12.81	>300 500	0.38–1	0.31–1	>100	>100 >100
Holarrhena floribunda	AP	HEX	3.96	>500	1	1-2	$28.24 \pm 0.68$	$33.04 \pm 1.82$
notarmena jionbunaa	Ar	DCM	2.02	>500	1	1–2 1–2	$28.24 \pm 0.08$ $28.26 \pm 1.64$	$35.04 \pm 1.82$ $36.98 \pm 5.62$
		AcOEt	1.54	>500	1	1–2 1–2	$28.20 \pm 1.04$ $25.80 \pm 4.65$	$35.13 \pm 1.23$
D	٨D	MeOH	16.56	>500	0.56-1	1	$16.53 \pm 0.43$	$22.81 \pm 0.35$
Protea elliotii	AP	HEX	1.25	>500	0.75–1	1-2	$83.16 \pm 6.48$	$27.45 \pm 1.52$
		DCM	0.89 2 7	>500	1	1-2	$88.63 \pm 3.86$	$50.61 \pm 1.37$
		AcOEt McOH	2.7 16.56	>500	0.50-1	1	>100	>100
Caluary Line 1 - 4	٨D	MeOH	16.56	>500	0.75-1	1	>100	>100
Schrankia leptocarpa	AP	HEX	1.98	>500	0.62–1	1	>100	>100
		DCM	0.99	>500	1	1	>100	$51.26 \pm 6.75$
		AcOEt	0.88	>500	1	1	>100	>100
		MeOH	14.51	>500	1	1	>100	>100

Table 2 continued

Plants species	Part studied <sup>a</sup>	Extract	Yield (%)	Antibacterial activity against MRSA ATCC33591			Cytotoxicity (IC <sub>50</sub> , mg/L) average $\pm$ standard deviation	
				MIC (mg/ L)	FICI AMPI	FICI OXA	WI38	J774
Spirospermum	AP	HEX	2.71	>500	1	1–2	$61.10\pm7.38$	31.66 ± 3.11
penduliflorum		DCM	1.76	>500	0.56-1	1–2	$10.10\pm0.20$	$4.82\pm0.67$
		AcOEt	0.91	>500	1	1–2	$75.30\pm8.45$	$21.63\pm4.93$
		MeOH	10.18	>500	1	1–2	>100	$32.03\pm 6.92$
Tapinanthus bangwensis	AP	HEX	2.94	>500	1	1	>100	$71.28\pm2.93$
		DCM	0.68	>500	0.75 - 1	1	$28.89 \pm 1.98$	$29.63\pm8.64$
		AcOEt	0.87	>500	1	1	$85.1\pm7.58$	$63.02\pm2.02$
		MeOH	10.24	500	0.38-1	1	>100	>100
Vitellaria paradoxa	TW	HEX	3.16	>500	1	1–2	$86.83\pm9.23$	$72.56 \pm 1.76$
		DCM	0.39	>500	1	1	$25.85\pm0.92$	$33.92\pm0.88$
		AcOEt	0.33	>500	1	1	>100	>100
		MeOH	7.26	500	0.38-1	0.38-1	$95.90\pm5.80$	$47.74 \pm 1.82$
	LF	HEX	4.62	>500	1	1	$53.86 \pm 2.89$	$43.55\pm2.90$
		DCM	1.83	250	0.14-1	0.51-1	$7.17\pm2.93$	$27.56\pm0.13$
		AcOEt	1.25	>500	0.63-1	1–2	>100	$72.31\pm0.42$
		MeOH	16.06	500	0.50-1	0.50-1	>100	47.74 ± 11.18
Camptothecin				nd	nd	nd	$0.03\pm0.003$	$0.4 \pm 0.2$

MRSA33491 methicillin resistant Staphylococcus aureus, J774 macrophage-like murine cells, WI38 human normal fibroblast cell, nd not determined

<sup>a</sup> Plant part used: LF leaves, TW twigs, RT roots, AP aerial parts (leaves + twigs), RB root bark

Concerning the direct antimicrobial activity on MRSA ATCC33591, 6 extracts had an MIC lower or equal to 500 mg/L, namely the methanol extracts of *Vitellaria paradoxa* (leaves and twigs), *Cola gigantea* (leaves and twigs), and *Tapinanthus bangwensis* aerial parts and the dichloromethane extract from the leaves of *Vitellaria paradoxa*. According to Kuete (2010), those crude extracts may be considered as moderately active (100 < MIC  $\leq$  625 mg/L) and they thus may contain very interesting pure compounds.

To determine the indirect antimicrobial activity, we tested the combinations of the crude extracts with two  $\beta$ -lactams selected to allow us to distinguish between a reversion of two mechanisms of resistance. Thus, while both ampicillin and oxacillin are sensitive to PBP2a-mediated resistance, oxacillin resists to the action of  $\beta$ -lactamases, thanks to a steric hindrance on its lateral chain (Barber and Waterworth 1964; Kalant 1965). A decrease in the MIC of both antibiotics can thus be interpreted as denoting an influence of the extract on PBP2a-mediated resistance while a

decrease in the MIC of ampicillin only would be indicative of an inhibition of the  $\beta$ -lactamases activity.

Globally, 14 extracts, namely the hexane extracts from the aerial parts of *Allophyllus africanus, A. schweinfurthii, Protea elliotii* and *Shrankia leptocarpa,* the dichloromethane extracts from *A. schweinfurthii, S. penduliflorum,* and *Tapinanthus bangwensis,* the ethyl acetate extracts from the leaves of *Protea ellioti, A. schweinfurthii* and *Vitellaria paradoxa* and the methanol extracts from *Anchomanes difformis* and *Holarrhena floribunda,* showed an additional or synergistic effect in combination with ampicillin only. Those extracts may thus contain potential  $\beta$ -lactamases inhibitors.

On the other hand, 6 extracts were active in combination with ampicillin and also showed a FICI  $\leq 1$  when combined with oxacillin. Those are the hexane extract from the roots of *Anchomanes difformis*, the methanol extracts from *Cola gigantea* and *Vitellaria paradoxa* leaves and twigs and the dichloromethane extract from *Vitellaria paradoxa* 

leaves. This could suggest that these extracts may counteract resistance mediated by PBP2a production.

In Table 3, we reported available data on phytochemical screenings of all the plants used in this study. Contradictive results were observed but it is well known that the production of secondary metabolites is influenced by numerous factors such as the age of the plant or the leaves, the geographical localization of the plant, the nutrients present in the soil... (Aniszewski 2007; Gershenzon 1984). The influence of such factors on secondary metabolites could be the cause of this discordance, but also the difference of sensitivity of the detection method used. At this stage of the work, it is difficult to predict which class of compounds could be responsible for their direct or indirect antimicrobial activity, each class (alkaloids, anthraquinones, flavonoids, saponins and tannins) containing compounds with antimicrobial activity (Bruneton 2009; Comini et al. 2011; Cowan 1999; Cushnie and Lamb 2005; Karou et al. 2005). Concerning the indirect antimicrobial activity, the synergy between at least one compound of each class and  $\beta$ -lactams has already been studied (Cha et al. 2009; HS Kim et al. 1987; Lee et al. 2010; Shiota et al. 2000; Yu et al. 2005).

As most active extracts were obtained from methanol and could contain tannins (Table 3) which possess antimicrobial activities, we confirmed their presence by TLC. We then compared the antimicrobial activity of these extracts before and after elimination of tannins on a polyamide column. Results are shown in Table 4.

Except for the extracts from the leaves and twigs of *Vitellaria paradoxa*, elimination of tannins totally suppressed both the direct and indirect antimicrobial activities of the methanolic extracts tested. This is coherent with the fact that tannins have already been reported to be bacteriostatic or bactericidal against *Staphylococcus aureus* (Chung et al. 1993).

Moreover, different tannins extracted from plants have been reported as resistance modifying agents. Tellimagrandin I and rugosin B extracted from rose red and corilagin extracted from *Arctostaphylos uvaursi*, markedly reduced the MIC of  $\beta$ -lactam antibiotics against MRSA (Shimizu et al. 2001; Shiota et al. 2000). Among them, tellimagrandin and corilagin have been reported to be active in combination with oxacillin and revert PBP2a-mediated rather than  $\beta$ lactamase-mediated resistance. (Santiago et al. 2014; Shiota et al. 2004; Stapleton et al. 2007). The presence of compounds of this type may thus explain the *Cola* gigantea and a part of *Vitellaria paradoxa* effects, which showed a synergistic effect with both oxacillin and ampicillin in the present study.

On the other hand, we may suggest that the methanolic extracts from *Anchomanes difformis*, *Holarrhena floribunda*, *Protea elliotii* and *Tapinan-thus bangwensis*, which are only active in combination with ampicillin, could contain tannins inhibiting  $\beta$ -lactamases.

This study being the first one to examine the indirect antimicrobial activity of these plants, it is difficult to compare our results with previously published data. We therefore centered our analysis of literature data on direct antimicrobial activity mainly on *Staphylococcus aureus* strains studied by the broth dilution method and cytotoxicity. We also report here already identified compounds and their known antibacterial potential.

#### Allophylus africanus P. Beauv (Sapindaceae)

Allophylus africanus did not display any antibacterial activity. However, in a study of Sofidiya et al. (2012), the methanolic extract from the leaves showed a direct antimicrobial activity on a strain of *Staphylococcus aureus* with an MIC of 500 mg/L. The difference observed could be explained by the successive extractions made here which could separate plant compounds acting synergistically. Another explanation could be the difference between the bacterial strains used.

Except for pinitol which didn't show any antimicrobial activity, none of identified compounds in this plant were tested for this activity (Manríquez-Torres et al. 2007; Oladosu et al. 2015).

#### Anchomanes difformis (Blume) Engl. (Araceae)

Different studies showed an antimicrobial activity of methanolic, ethanolic and aqueous extracts from roots of *Anchomanes difformis* by a disc diffusion method on *Staphylococcus aureus* at higher concentrations (Abah et al. 2011; Aliyu et al. 2008). The essential oil of the root part had a MIC of 2000 mg/L on a strain of *Staphylococcus aureus* (Adeleke and Adetunji 2010). Those observations were considered sufficient to justify its use for the treatment of abscesses,

inflammation, intertrigo and conjunctivitis. However, in this study, the root extracts from *Anchomanes difformis* did not show any direct antimicrobial activity at the highest concentration tested (500 mg/L) on the strain MRSA ATCC33591.

Concerning cytotoxicity, none of the extracts tested on the J774 and WI38 showed any cytotoxicity (IC<sub>50</sub> > 100 mg/L). These results are in contradiction with those reported in the study of Bero et al. (2009), which reported a strong cytotoxicity of dichloromethane, methanol and water extracts from the roots of *Anchomanes difformis* (2.2 mg/L < IC<sub>50</sub> < 26 mg/ L). However, in this previous study, the extracts were prepared by maceration at room temperature, while we used here a soxhlet apparatus with a heating at the boiling temperature of each solvent. It could explain the absence of toxicity in our extract as it was already reported that the toxicity level decreases when roots were pre-boiled for a long time (Tchiapke et al. 1980).

Concerning isolated compounds, anchominines A & B, catechin and epicatechin were isolated from the roots of *Anchomanes difformis* (Tchiapke et al. 1980). Anchominines A & B were never tested on bacteria while the MIC of both catechin and epicatechin are higher than 256 mg/L on *Staphylococcus aureus* strains (Stapleton et al. 2004).

### Anthocleista schweinfurthii (Gilg.)

No direct antimicrobial activity was detected for all tested root bark extracts of this plant.

This part of plant was never studied for antimicrobial activity while a successive partition of a crude methanolic macerate from the stem bark between water and hexane, dichloromethane, ethyl acetate, and methanol gave four extracts with MICs between 15.625 and 125 mg/L on the strain MRSA ATCC33591 (Ngbolua et al. 2014).

The hexane, dichloromethane and ethyl acetate extracts showed here an additive effect in combination with ampicillin (FICI 0.62–1) with no activity in combination with oxacillin. However, those extracts are quite cytotoxic on the J774 and WI38 cell lines (IC<sub>50</sub> 23.17  $\pm$  3.36 and 47.10  $\pm$  2.00 respectively), but these activities may not be related.

The root bark was shown to contain schweinfurthiin; bauerenone; bauerenol; 1-hydroxy-3,7,8-trimethoxyxanthone and 1,8-dihydroxy-3,7-dimethoxyxanthone with  $\alpha$ -glucosidase inhibitory activity but they were never tested for their antimicrobial activity (Mbouangouere et al. 2007).

# Cassia sieberiana DC (Caesalpiniaceae)

No antimicrobial activity was detected for this plant in the present study. However, the traditional use of *Cassia sieberiana* as treatment for abscesses and other infectious diseases was justified based on the fact that concentrations higher than 500 mg/L of leaves extracts prepared by other methods previously showed activity against different bacterial strains (*Bacillus subtilis, Shigella dysenteriae, Escherichia coli, Staphylococcus aureus*) (Asase et al. 2008; Olutayo et al. 2012).

Two polyphenols named l-epicatechol and leucopelargonidol were isolated in the whole plant of *Cassia sieberiana* but their antimicrobial potential is not known (Paris and Etchepare 1967).

*Cissampelos mucronata* A Rich. (Menispermaceae)

*Cissampelos mucronata* did not show any direct or indirect antibacterial activity on the strain MRSA ATCC33591. The ethanolic and dichloromethane extracts from the leaves of this plant showed a direct antimicrobial activity against another strain of *Staphylococcus aureus* at much higher concentrations (MIC 3125 and 6250 mg/L respectively) (Nondo et al. 2011).

While different anti-plasmodially active bisbenzylisoquinoleinic alkaloids were identified in the roots, no compounds have already been identified in the leaves or twigs of *Cissampelos mucronata* (Tshibangu et al. 2003).

*Cola gigantea* A. Chev. Var. gigantea (Sterculiaceae)

The soxhlet ethanol extract from the leaves and twigs of *Cola gigantea* were already tested on a methicillin

# Table 3 Published phytochemical screenings

Plants species	Part studied <sup>a</sup>	Extract	Alkaloids	Anthraquinones	Flavonoids	Saponins	Tannins	Reference
Allophylus africanus	AP	Ethanolic maceration	_	+	+	+	+	Oladosu et al. (2013)
Anchomanes difformis	RT	EtOH/MeOH/ H <sub>2</sub> O	+	nd	+	+	+	Abah et al. (2011)
		70 :20 :10 maceration						
		Hexane soxhlet	_	_	+	—	—	Doyinsola et al. (2012)
		Ethanolic soxhlet	+	_	-	_	+	Doyinsola et al. (2012)
		Ethanolic maceration	+	_	nd	+	+	Oyetayo (2007)
		Entire plant	_	nd	+	-	+	Aliyu et al. (2008)
Antocleista schweinfurthii	SB	Ethanolic maceration	+	nd	-	-	_	Ngbolua et al. (2014)
		MeOH/DCM 50:50 maceration	_	nd	+	nd	+	(Njayou et al. 2008)
Cassia sieberiana	AP	Ethanolic extract	+	+	+	+	+	(Olutayo et al. 2012)
Cissampelos mucronata	AP	Ethanolic maceration	_	nd	+	+	+	Tanko et al. (2007)
Cola gigantea	TW	MeOH/H2O 4 :1 maceration	+	nd	+	-	_	Onyema and Ajiwe (2014a)
	LF	Ethanolic maceration	+	+	nd	+	+	Sonibare et al. (2009)
Holarrhena floribunda	TW	Methanolic maceration	+	_	-	+	+	Bogne et al. (2007)
	LF	Methanolic maceration on a defatted extract	+	nd	nd	+	+	(Badmus et al. 2009)
		Powder	+	nd	+	nd	+	Nwodo et al. (2007)
Protea elliotii	LF	80 % methanolic maceration	+	_	+	+	+	Raoelison et al. (2013)
Schrankia leptocarpa	AP	Entire plant	+	nd	+	nd	+	Latifou Lagnika (2012)
Spirospermum penduliflorum	AP	Methanolic maceration	+	nd	nd	nd	nd	Udegbunam et al. (2012)
Tapinanthus bangwensis	LF	Methanolic maceration	+	nd	+	+	+	(Ekhaise et al. 2010)
		Methanolic maceration	+	_	+	+	+	Efuntoye et al. (2010)
Vitellaria paradoxa	TW	Ethanolic maceration	+	_	nd	+	+	El – Mahmood et al. (2008)

Plants species	Part studied <sup>a</sup>	Extract	Alkaloids	Anthraquinones	Flavonoids	Saponins	Tannins	Reference
		Methanolic maceration	+	_	+	_	+	Ogunwande et al. (2001)
	LF	Methanolic maceration	+	_	-	-	+	(Ogunwande et al., 2001)
		Crude leaves	+	_	_	+	nd	Ndukwe et al. (2007)

+, Present; -, not detected; nd, not determined

sensitive Staphylococcus aureus (MSSA) reference strain (ATCC25923) and showed MIC of 250 and 125 mg/L (Agyare et al. 2012). We obtained here a bit higher MIC with our methanolic extract on an MRSA strain (500 mg/L). Recently, Onyema and Ajiwe identified in the chloroformic fraction from crude antimicrobial methanolic extracts of leaves and twigs of Cola gigantea several lipophilic compounds possessing antimicrobial properties on different bacterial strains including a strain of Staphylococcus aureus (Onyema and Ajiwe 2014a, b). However, these compounds should only be present, probably in low concentration in our lipophilic extracts (hexane or DCM) and not in the most active methanolic extract whose activity is mostly related to the presence of tannins.

# *Holarrhena floribunda* (G. Don) Durand & Schinz (*Apocynaceae*)

Holarrhena floribunda which was shown to be active on different *Bacillus* strains and on *Mycobacterium ulcerans* responsible for the Buruli ulcer (Bogne et al. 2007; Yemoa et al. 2014) appeared to be not directly active at a concentration of 500 mg/L on the strain of MRSA used in this study. The tannins, already evidenced in this plant (Bogne et al. 2007), appeared to be responsible for the indirect antimicrobial activity of the methanol extract in combination with ampicillin. However, this extract is quite cytotoxic with IC<sub>50</sub> of  $16.53 \pm 0.43$  and  $22.81 \pm 0.35$  mg/L on WI38 and J774 cell lines respectively.

*Holarrhena floribunda* contains large amount of identified alkaloids (Bogne et al. 2007; Janot et al. 1960; Leboeuf et al. 1969; Nwodo et al. 2007; Paris and Foucaud 1959). Some of them, as berberine, possesses antimicrobial activity on *Staphylococcus* 

*aureus* strains (MIC 32–128 mg/L) and shows an additive effect with ampicillin and a synergistic one in combination with oxacillin but targets were not identified (Yu et al. 2005). Some other compounds identified in the plant (conessine, isoquercitroside, progesterone, trichothecolone, and lupeol) were only tested for their direct effect on *Staphylococcus aureus* and for cytotoxicity (Bogne et al. 2007; Chen et al. 2012; Chinworrungsee et al. 2008; Dua et al. 2013; Fotie et al. 2006; Leboeuf et al. 1969; Loukaci et al. 2000; Mathabe et al. 2008; Moriarity et al. 1998; Otsuka et al. 2008; Surup et al. 2014; Yotis and Stanke 1966).

Our results show that isolated antimicrobial compounds seem to be present at low concentration in our extracts and diluted in non active compounds although cytotoxic ones may explain, at least in part, the cytotoxicity observed.

#### Protea elliotii C. H. Wright (Proeteaceae)

*Protea elliotii* was mainly studied for its antioxidant properties and its ability to inhibit melanin synthesis (Kamagaju 2014; Tagne et al. 2014). The antimicrobial potential of its aerial parts was explored for the first time in this study. The tested extracts did not show any direct antibacterial activity on the strain MRSA ATCC33591. However, the hexane, ethyl acetate and methanol extracts showed an additive effect in combination with ampicillin (FICI 0.5–1). Tannins were shown to be responsible for the methanol extract effects.

Except for the hexane extract (IC<sub>50</sub> of 83.16  $\pm$  6.48 and 27.45  $\pm$  1.52 mg/L on the WI38 and J774 cell lines respectively), none of those active extracts appeared to be cytotoxic (IC50 > 100 mg/L).

<b>Table 4</b> In vitro direct and indirect antibacterial activity on the strain MRSA33591 of the active methanolic extracts before and after polyamide column (n = 3)	Plants species	Part studied	Antibacter	ial activity ag	ainst MRSA A	ATCC33591
			MIC (mg/	Ĺ)	FICI AMPI	
			Before	After	Before	After
	Anchomanes difformis	AP	>500	>500	0.38-1	1
(n = 3)	Cola gigantea	TW	500	>500	0.5-1	1
		LF	500	>500	0.38-1	1
	Holarrena floribunda	AP	>500	>500	0.56-1	1
	Protea elliotii	AP	>500	>500	0.75-1	1
	Tapinanthus bangwensis	AP	500	>500	0.38-1	1
	Vitellaria paradoxa	TW	500	>500	0.38-1	0.56-1
		LF	500	>500	0.5-1	0.63-1

No pure compounds were isolated from the aerial parts of Protea elliotii. Three compounds were isolated from the root bark of this plant : oleic acid, β-sitosterol and 2-tridecanone (Kamagaju Léocadie 2014). The MIC of oleic acid is 1000 mg/L and that of β-sitosterol is 25 mg/mL on Staphylococcus aureus (Dilika et al. 2000; Odiba et al. 2014).

#### Shrankia leptocarpa DC. (Mimosaceae)

Different extracts from Schrankia leptocarpa are reported to have MICs comprised between 0.625 and 2.5 mg/L on a methicillin sensitive Staphylococcus aureus. The diethylether extract was the most active one (Latifou Lagnika 2012). Those results are in accordance with the activity we found with the hexane extract, in combination with ampicillin (FICI 0.62-1). Further fractionation of this extract would be of interest because it did not show any cytotoxicity (IC<sub>50</sub> > 100 mg/L on both cell lines used here).

By a trypanocidal bioassay-guided fractionation of aerial parts of S. leptocarpa, different compounds were isolated, namely 1,7-bis-(4-hydroxyphenyl)-3-hepten-5-one; 5-hydroxy-1,7-bis(4-hydroxyphenyl)heptan-3one; methyl-1-chlorogenate; éthyl-1-chlorogenate; caffeic acid; p-coumarylagmatine; manghasline; mauritianin; quercetin 3-neohesperidoside (Lagnika et al. 2012). Amongst them, only caffeic acid was tested for his antimicrobial activity and showed a MIC higher than 50 mg/L on Staphylococcus aureus (Fu et al. 2010).

# Spirospermum penduliflorum Thouars (Menispermaceae)

Spirospermum penduliflorum was mainly studied for its antiplasmodial alkaloids content but also for its vasorelaxant activity (Raoelison et al. 2013; Ratsimamanga-Urverg et al. 1992). However, this plant was never studied for its antimicrobial activity. We detected here that the dichloromethane extract from the aerial parts of this plant presented an additive effect in combination with ampicillin (FICI 0.56-1). However, this extract showed a quite high cytotoxicity with IC50 of  $10.10 \pm 0.20$  and  $4.82 \pm 0.67$  mg/L on the WI38 and J774 cell lines. Further studies are needed to determine whether indirect antimicrobial activity and cytotoxicity are due to the same compounds but aporphine alkaloids could be responsible for the observed cytotoxicity (Stévigny et al. 2002).

Two vasorelaxant aporphine alkaloids were isolated from the leaves of S. penduliflorum namely dicentrine and néolitsine (Raoelison et al. 2013). Those two compounds are antihelmintic and a dicentrine derivative (dicentrine methane) has a MIC comprised between 50 and 300 mg/L on Staphylococcus aureus strains.

# Tapinanthus bangwensis (Engl. & Krause) Danser (Loranthaceae)

The dichloromethane extract from the aerial parts showed an additive effect in combination with ampicillin. However, this extract is cytotoxic at much more

lower concentrations with IC<sub>50</sub> of  $28.89 \pm 1.98$  and  $29.63 \pm 8.64$  mg/L on WI38 and J774 cell lines respectively.

We showed that tannins were responsible for the direct and indirect antimicrobial activity of the methanolic extract which did not show any cytotoxicity on both cell lines used in this study (IC<sub>50</sub> > 100 - mg/L on WI38 and J774).

Gallic acid derivatives were identified in the plant, among which methyl syringate possessing a significant antibacterial activity against Staphylococcus aureus (Patrick-Iwuanyanwu et al. 2014; Russell et al. 1990). Shibata et al. (2005) also demonstrated that alkyl gallates intensified beta-lactam susceptibility in methicillin-resistant Staphylococcus aureus. Catechin, epicatechin and derivatives were also identified. While the MIC of catechin and epicatechin are higher than 256 mg/L, it is known that epicatechin 3-O-gallate has a MIC comprised between 64 and 128 mg/L on Staphylococcus aureus strains (Agbo et al. 2013; Ogechukwu et al. 2012; Stapleton et al. 2004). Moreover, catechin derivatives may possess, as epicatechin-3-O-gallate, the capacity to modulate  $\beta$ lactam resistance in MRSA strains (Stapleton et al. 2004; Shiota et al. 1999). Other compounds were also identified but were not tested for their antimicrobial properties (Agbo et al. 2013; Ogechukwu et al. 2011; Omeje et al. 2011).

# *Vitellaria paradoxa* C.F. Gaertn. ssp. *paradoxa* (Sapotaceae)

*Vitellaria paradoxa* is an immensely popular tree because the fat extract from the kernels called shea butter is widely used in cosmetic industries (Hall et al. 1996). The antimicrobial activity of its stem bark and leaves was already studied on strains of *Staphylococcus aureus* but with an agar well diffusion method at high concentration (50 g/L) (Ayankunle et al. 2012; Ogunwande et al. 2001).

The dichloromethane extract from the leaves showed the best direct and indirect antimicrobial activities. However, this extract was also cytotoxic with an IC<sub>50</sub> of  $7.17 \pm 2.93$  and  $27.56 \pm 0.13$  mg/L on the WI38 and J774 cell lines respectively. In fact, it has already been described that the prolonged administration of the plant extract at high doses may adversely affect the functions of some vital organs, but compounds responsible for both effects may be different (Ayankunle et al. 2012). Tannins already identified in this plant (Ndukwe et al. 2007; El-Mahmood et al. 2008) were shown to be only responsible for a part of the indirect antimicrobial activity of both twigs and leaves methanol extracts. However, it is the only plant which showed a residual activity after the polyamide separation.

Though many studies focused on shea butter and kernels, only a few identified compounds from the root bark of *Vitellaria paradoxa* among which two antibacterial compounds named 2-*O*-butyl-1-*O*-(2'-ethylhexyl) benzene-1,8-dicarboxylate and 1-phenyl-1,4-pentanedione (Garba and Salihu 2011; Tapondjou et al. 2011). However leaves and twigs were not much studied and no compounds were isolated from them.

# Conclusion

In our study, we tested for the first time the direct and indirect antimicrobial activity of 12 plants used in traditional medicine in Africa on a methicillin resistant *Staphylococcus aureus* strain. Several extracts showed direct antimicrobial activity or seem to reverse the resistance of MRSA to  $\beta$ -lactams. Though reported activities may be considered as moderate, they may contain low concentrations of interesting compounds and this may explain at least to some extend their use in traditional medicine. Nevertheless, some extracts showed cytotoxicity which may be related to different compounds than those responsible for the antimicrobial effects, but needs further research to determine their safety in traditional use.

We also showed that tannins were responsible for most antimicrobial activities of methanolic extracts (Anchomanes difformis, Cola gigantea, Holarrhena floribunda, P. eliotii, Tapinanthus bangwensis and Vitellaria paradoxa). The last one is the only methanolic extract presenting a residual activity after removal of tannins on a polyamide column.

The best direct and indirect antimicrobial activity was obtained with the dichloromethane extract from the leaves of *Vitellaria paradoxa* which presented a MIC of 250 mg/L on MRSA33591 and FICI ranges of 0.14–1 and 0.51–1 in combination with ampicillin and oxacillin respectively. Further research is needed in order to identify active molecules and also determine those responsible for the high cytotoxicity of this extract. The hexane extract from the roots of *Anchomanes difformis* also shows interesting properties, with FICI ranges of 0.18–1 and 0.60–2 in combination with ampicillin and oxacillin respectively, warranting additional studies to identify the active compounds therein.

We also showed here that only a few pure antimicrobial compounds were isolated from the plants studied. It will be thus really interesting to fractionate active extracts.

We have however to acknowledge some limitations of this study, related to the fact that that we studied a single bacterial strain and looked for synergy with two  $\beta$ -lactams only. This design was adopted in order to obtain a first indication about the potential mechanisms of the synergisms observed. In spite of this, and pending for further studies aiming at identifying the active compounds and extending our observation to other bacterial strains or drugs, this work opens the doors to the identification of new resistance modifying agents active on the  $\beta$ -lactams resistance mechanisms from methicillin resistant *Staphylococcus aureus*.

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